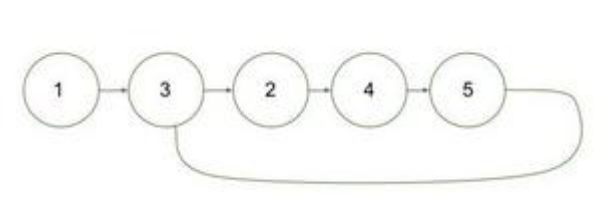
Find the first node of loop in linked list

Given a singly linked list of **N** nodes. Find the first node of the loop if the linked list has a loop. If a loop is present return the node data of the first node of the loop else return -1.

Example 1:

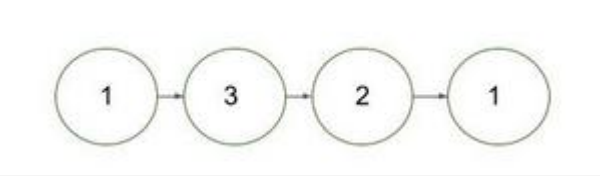
Input:



Output: 3
Explanation:
We can see that there exists a loop
in the given linked list and the first
node of the loop is 3.

Example 2:

Input:



Output: -1
Explanation: No loop exists in the above
linked list.So the output is -1.

Your Task:
The task is to complete the function **findFirstNode()** which contains reference to the head as only argument. This function should return the value of the first node of the loop if the linked list contains a loop, else return -1.

Expected Time Complexity: O(N)
Expected Auxiliary Space: O(1)

Constraints:
$1 <= N <= 10^5$
$1 <=$ Data on Node $<= 10^6$
$0 <= pos <= N$