Spirally traversing a matrix

Given a matrix of size r*c. Traverse the matrix in spiral form.

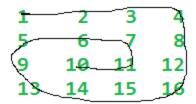
Example 1:

Output:

1 2 3 4 8 12 16 15 14 13 9 5 6 7 11 10

Explanation:

Input:



Output:

1 2 3 4 8 12 16 15 14 13 9 5 6 7 11 10

Example 2:

Your Task:

You dont need to read input or print anything. Complete the function **spirallyTraverse()** that takes **matrix**, **r** and **c** as input parameters and returns a list of integers denoting the spiral traversal of matrix.

Expected Time Complexity: O(r*c)

Expected Auxiliary Space: O(r*c), for returning the answer only.

Constraints:

$$1 \le r, c \le 100$$

 $0 \le matrix_i \le 100$