Find Nth root of M

You are given 2 numbers **(n , m)**; the task is to find $\sqrt[n]{m}$ (n^{th} root of m).

Example 1:

```
Input: n = 2, m = 9
Output: 3
Explanation: 3^2 = 9
```

Example 2:

```
Input: n = 3, m = 9
Output: -1
Explanation: 3rd root of 9 is not
integer.
```

Your Task:
You don't need to read or print anyhting. Your task is to complete the function **NthRoot()** which takes n and m as input parameter and returns the nth root of m. If the root is not integer then returns -1.

Expected Time Complexity: O(n* log(m))
Expected Space Complexity: O(1)

Constraints:
1 <= n <= 30
1 <= m <= 10^9