

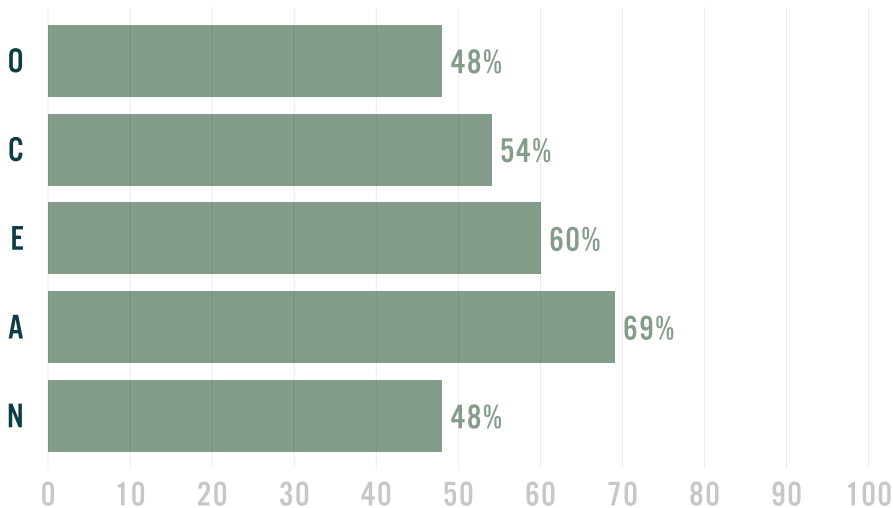
THE BIG FIVE PERSONALITY TEST

RESULTS FOR GUEST

MARCH 20, 2022, 9:20 AM

Your Personality Trait Scores

This Big Five assessment measures your scores on five major dimensions of personality: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism (sometimes abbreviated OCEAN). Check out your scores on each of the five dimensions in the graph below, then read on to discover what each score means.



Openness

Openness describes a person’s tendency to think in abstract, complex ways. High scorers tend to be creative, adventurous, and intellectual. They enjoy playing with ideas and discovering novel experiences. Low scorers tend to be practical, conventional, and focused on the concrete. They tend to avoid the unknown and follow traditional ways.

Openness is strongly related to a person’s interest in art and culture. People who are high in openness tend to enjoy the arts and creative activities. People who are low in openness tend to be more practical and focused on the concrete. **FREE RESULTS ARE DELETED AFTER 30 DAYS. UPGRADE TO A PREMIUM ACCOUNT TO SAVE YOUR RESULTS FOREVER! (USER/REGISTER/DESTINATION/TESTRESULTS/BIGFIVE/17315/29058691) OR REGISTER**

Conscientiousness

Conscientiousness describes a person's ability to exercise self-discipline and control in order to pursue their goals. High scorers are organized and determined, and are able to forego immediate gratification for the sake of long-term achievement. Low scorers are impulsive and easily sidetracked.

The concept of Conscientiousness focuses on a dilemma we all face: shall I do what feels good now, or instead do what is less fun but will pay off in the future? Some people are more likely to choose fun in the moment, and thus are low in Conscientiousness. Others are more likely to work doggedly toward their goals, and thus are high in this trait.

Extraversion

Extraversion describes a person's inclination to seek stimulation from the outside world, especially in the form of attention from other people. Extraverts engage actively with others to earn friendship, admiration, power, status, excitement, and romance. Introverts, on the other hand, conserve their energy, and do not work as hard to earn these social rewards.

Extraversion seems to be related to the emotional payoff that a person gets from achieving a goal. While everyone experiences victories in life, it seems that extroverts are especially thrilled by these victories, especially when they earn the attention of others. Getting a promotion, finding a new romance, or winning an award are all likely to bring an extrovert great joy. In contrast, introverts do not experience as much of a "high" from social achievements. They tend to be more content with simple, quiet lives, and rarely seek attention from others.

Agreeableness

Agreeableness describes a person's tendency to put others' needs ahead of their own, and to cooperate rather than compete with others. People who are high in Agreeableness experience a great deal of empathy and tend to get pleasure out of serving and taking care of others. They are usually trusting and forgiving.

People who are low in Agreeableness tend to experience less empathy and put their own concerns ahead of others. Low scorers are often described as hostile, competitive, and antagonistic. They tend to have more conflictual relationships and often fall out with people.

Neuroticism

Neuroticism describes a person's tendency to experience negative emotions, including fear, sadness, anxiety, guilt, and shame. While everyone experiences these emotions from time to time, some people are more prone to them than others.

This trait can be thought of as an alarm system. People experience negative emotions as a sign that something is wrong in the world. You may be in danger, so you feel fear. Or you may have done something morally wrong, so you feel guilty. However, not everyone has the same reaction to a given situation. High Neuroticism scorers are more likely to react to a situation with fear, anger, sadness, and the like. Low Neuroticism scorers are more likely to brush off their misfortune and move on.

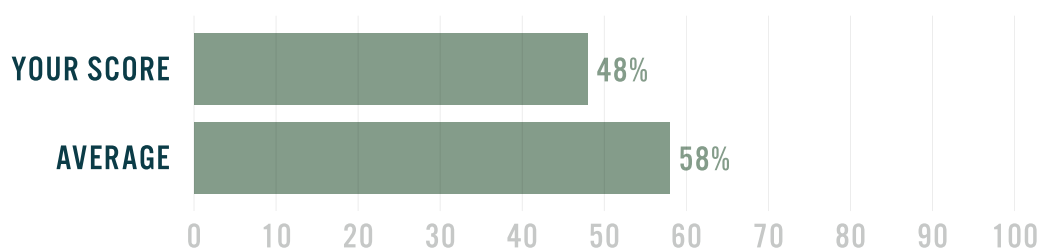
Your Traits in Depth

Now, we'll take a detailed look at each of your scores and how they compare with average scores for the population. We'll see what your scores mean for your individual experiences, and how the latest scientific research can help you to understand what your traits really mean.

FREE RESULTS ARE DELETED AFTER 14 DAYS. [UPGRADE \(/UPGRADE-TEST-RESULTS/29058691\)](/UPGRADE-TEST-RESULTS/29058691) OR [REGISTER \(/REGISTER-TEST-RESULTS/BIGFIVE/17315/29058691\)](/REGISTER-TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

Your Openness Score in Depth

Openness describes an individual's tendency to think in complex, abstract ways. People who are high in Openness are abstract thinkers, while people who are low in Openness are concrete thinkers.



As a person who is low in Openness, you are less likely than the average person to make connections and associate unrelated ideas. You are practical and straightforward, and have little use for theories and abstract ideas, preferring instead to dwell in the real world.

Because you are low in Openness, you probably have little interest in the arts or other cultural experiences which do not have a practical purpose. You see little use in artistic endeavors which do not produce or achieve anything in particular. While others may enjoy spending time simply considering a work of art, you prefer to spend your time in pursuits that have a tangible payoff. In your leisure time, you are likely to enjoy popular culture (sports, pop music, blockbuster movies) and useful hobbies (cooking, exercise, working on homes or cars).

Unlock your full report to discover the complete story of your personality traits.

[UNLOCK MY REPORT \(/UPGRADE-TEST-RESULTS/29058691\)](/UPGRADE-TEST-RESULTS/29058691)

Or, check out a [sample report \(/sites/default/files/big_five_sample.html\)](/sites/default/files/big_five_sample.html)

Your Personality Patterns

Your personality traits interact to create unique patterns of thought and behavior. In this section, you'll learn how your traits work together to drive the way you interact with the world.

To describe your personality patterns, we use a circular graph called a *circumplex*. The circumplex is used by psychologists to illustrate how two traits intersect to create more complex patterns of thought and behavior. Each circumplex has four sections, with each section describing a typical pattern. The area of each section shows how well that pattern describes you. A larger area indicates a better fit for that pattern.

Some circumplex graphs will show a clear preference for one pattern. Others will show a more even spread over two or even three patterns. Where you have nearly equal scores for two or more patterns, you can expect that both patterns may describe you equally well.

Core Pattern

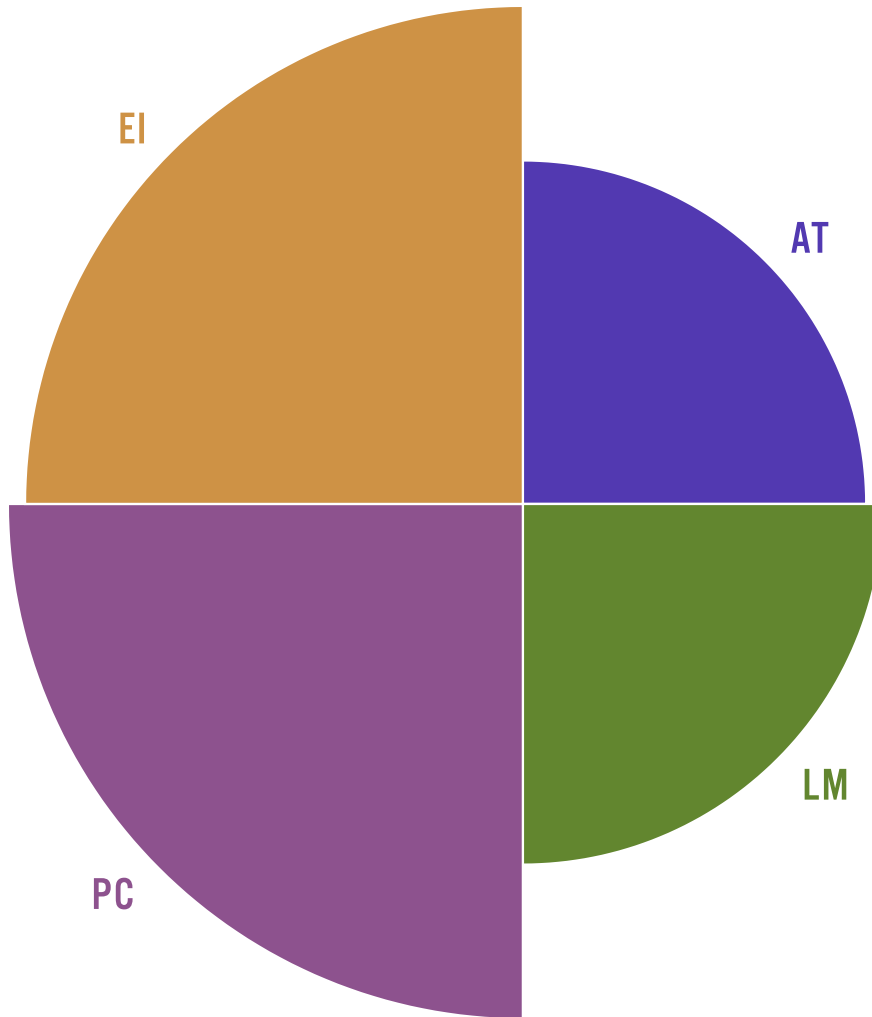
This circumplex describes the essential role you take on in approaching the world. This role is a reflection of your core values and motivations, as well as the way you think about things.

Empathic Idealist

FREE RESULTS ARE DELETED AFTER 14 DAYS. UPGRADE (/UPGRADE-TEST-RESULTS/29058691) OR REGISTER (/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

Practical Caretaker

Helps other people in practical, everyday ways. Uses established institutions to maintain stability and security.



Analytical Thinker

Solves logical problems with rational, complex analysis. Thinks about innovative ways to improve systems.

Logical Mechanic

Ensures accuracy and efficiency in logical systems. Uses proven methods to accomplish real-world goals.



FREE RESULTS ARE DELETED AFTER 14 DAYS. [UPGRADE \(/UPGRADE-TEST-RESULTS/29058691\)](#) OR [REGISTER \(/USER/REGISTER?DESTINATION=TEST-RESULTS-BIGFIVE/17315/29058691\)](#) TO SAVE YOUR RESULTS FOREVER!

Emotional Pattern

Logical Mechanic

Social Pattern



Unlock your full report to see all 9 of your personality patterns.

UNLOCK MY REPORT (/UPGRADE-TEST-RESULTS/29058691)

Or, check out a [sample report \(/sites/default/files/big_five_sample.html\)](/sites/default/files/big_five_sample.html)

Your Traits in Action

Now we'll look at how your personality traits express themselves in all areas of life, from your daily routine to your relationships and your work life. Each section covers one key area and explains how your individual traits influence your experiences in this aspect of life.

Your Inner Life

Your personality governs the most fundamental things about you, including how you think, what you value, and what motivates you. This section explores how your traits drive your internal life.

How does your mind work?

You are a concrete thinker who focuses on straightforward facts. You are good at noticing and remembering details that you have observed. You are not particularly creative or imaginative in your thinking, preferring to think about what is clear and observable in your environment. In making decisions, you rely on provable facts and evidence. You focus on real life and first-hand experience, and you are occupied with thoughts of practical action.

What do you value?

Your ideal world is a kind, equitable one, where people treat each other fairly and with compassion. You value justice and mercy in equal measure, believing that people should be forgiven when it is reasonable to do so. You do your best to make the world a better place, although you also work toward your own personal achievements. You want to distinguish yourself, but you do not want to step on any toes to do so.

You value tradition and the security of established institutions. You are drawn to structures and organizations with a strong, stable foundation. You like to do things in the same way that previous generations have done them, benefitting from the wisdom of the past. You are wary of new ideas, feeling that they are usually unnecessary and a waste of time. You feel that preserving the established way of life is of primary importance.

Unlock your full report to find out how your traits impact every area of your life.

UNLOCK MY REPORT (/UPGRADE-TEST-RESULTS/29058691)

FREE RESULTS ARE DELETED AFTER 14 DAYS. UPGRADE (/UPGRADE-TEST-RESULTS/29058691) OR REGISTER (/USER/REGISTER?destination=test-results/29058691) TO SAVE YOUR RESULTS FOREVER!

What our customers think

Check out reviews from customers who have purchased their premium reports.

March 17, 2022 - 8:08pm

BY CHARLES SHARP

()

This is one of the best personality traits site that I have used. This site gives a full breakdown of your personality traits and explain everything very well. I highly recommend paying for the PDF results.

March 15, 2022 - 11:19am

BY ANGI

()

This provides some absolutely fantastic insights into how I work with people, and the impact my personality has on my relationships.

March 14, 2022 - 7:18pm

BY MICHELLE

()

So interesting and fun to read! My report was spot on and helped me both personally and professionally learn more about myself. Anyone wanting to gain insight as to what personality traits may drive your career choices - this report is for you!

March 13, 2022 - 4:30pm

BY SYLVIA

()

The descriptions are helpful.

March 13, 2022 - 2:58pm

BY JEREMY

()

I gained a lot of valuable insight into how I score on the Big 5 personality test. I do feel it is an accurate assessment that will provide a person useful knowledge on their personality and why do they do the things that they do. I will be re-taking the test due to me not answering the questions as accurately as I should have and therefore received an assessment that doesn't truly align with how I am as a person. Take your time and don't rush through the test like I did!

March 13, 2022 - 7:39am

BY JONATHAN COOL

()

I was required to take the assessment for an assignment in a psychology class am taking. When I received my results, I was amazed at how accurately they described me. I shared them with my wife and she was astonished how they were able to "hit the nail on the head" when describing my personality.

March 13, 2022 - 12:41am

BY HITOMI HOSHINO

FREE RESULTS ARE DELETED AFTER 14 DAYS. [UPGRADE \(/UPGRADE-TEST-RESULTS/29058691\)](/UPGRADE-TEST-RESULTS/29058691) OR [REGISTER \(/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691\)](/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

Very interesting to see myself in terms of big five traits.

March 12, 2022 - 3:12pm

BY SERENA

()

I feel so validated! After a lifetime of introspection, inner work, and all that jazz, having finally come to some definite conclusions in the way of what truly makes me tick, rather than what I think SHOULD do so, it was absolutely goosebump-inducing to read my report and find my own assessments validated with such precision! It feels physically, mentally, and emotionally healing for me to be able to own my strengths and drop any feelings of guilt for having certain proclivities above others. Even more so, knowing that what I was otherwise seeing as weaknesses are actually a sort of balance for helping me prioritize what I'm truly good at, and lean more fully into those things, over the things that bring me no joy and sap my energy. But also, the info in this report will help me in knowing and dealing with the areas that I DO need to work on and shore up. The thoroughness of this report is really uncanny. It's precision definitely exceeded all my expectations.

March 11, 2022 - 1:40am

BY ROSE

()

I feel extremely identified with the report analysis. It gave me really great insight as to who I am and possible different ways that I can make my life better.

This report made me feel more confident about my decisions regarding my bacon life choices. I was searching the web for the best personality test to purchase and I am so glad that I chose this one.

March 8, 2022 - 8:58pm

BY KLR

()

The report provides a basic overview of your scores in each domain. It was helpful to know how my scores impact my life and I'm interesting in purchasing a more detailed report in the future.

1 2 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=1)
 3 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=2)
 4 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=3)
 5 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=4)
 6 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=5)
 7 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=6)
 8 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=7)
 9 (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=8) ...
 NEXT › (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=1)
 LAST » (/TEST-RESULTS/BIGFIVE/17315/29058691?PAGE=89)

Our no-risk guarantee

FREE RESULTS ARE DELETED AFTER 14 DAYS. UPGRADE (/UPGRADE-TEST-RESULTS/29058691) OR REGISTER (/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

We're so sure that your results will bring you insight and improve your understanding of yourself, we offer a no-questions-asked **money-back guarantee**.

If you purchase your results and don't find them accurate, enlightening, and full of new discoveries, we'll promptly provide you with a full refund.

UNLOCK MY REPORT (/UPGRADE-TEST-RESULTS/29058691)

CONTINUE YOUR SELF DISCOVERY JOURNEY

Get a Free BetterUp 1:1 Coaching Session

The guide you want, the push you need.

BetterUp's world-class network of Coaches and programs in positive psychology, peak performance, wellness and mental health can level up your personal growth journey. Whether you're feeling stuck in your career or are seeking more balance and fulfillment in your personal life, you no longer have to

FREE RESULTS ARE DELETED AFTER 14 DAYS! UPGRADE (/UPGRADE-TEST-RESULTS/29058691) OR REGISTER (/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

Get your free 1:1 BetterUp coaching session.

Just take an assessment, choose your coach, and get started today.

Get started

([https://get.betterup.com/for-individuals/truity?](https://get.betterup.com/for-individuals/truity?utm_source=truity&utm_medium=website&utm_campaign=fre)

[utm_source=truity&utm_medium=website&utm_campaign=fre](https://get.betterup.com/for-individuals/truity?utm_source=truity&utm_medium=website&utm_campaign=fre)

Latest Tweets

What is Extraverted Thinking? Here's what to know about the function that drives the #ENTJ ([//twitter.com/#!/search?q=%23ENTJ](https://twitter.com/#!/search?q=%23ENTJ)) and #ESTJ ([//twitter.com/#!/search?](https://twitter.com/#!/search?)

Get Our Newsletter

Type your email



TRUITY
(/)

FREE RESULTS ARE DELETED AFTER 14 DAYS. [UPGRADE \(/UPGRADE-TEST-RESULTS/29058691\)](/UPGRADE-TEST-RESULTS/29058691) OR [REGISTER \(/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691\)](/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691) TO SAVE YOUR RESULTS FOREVER!

[PERSONALITY BLOG \(/BLOG\)](#)

[ABOUT US \(/PAGE/ABOUT-US\)](#)

[CUSTOMER SERVICE \(HTTPS://TRUITY.ZENDESK.COM/HC/EN-US\)](https://truity.zendesk.com/hc/en-us)

[SEARCH \(/SEARCH\)](#)

[PRIVACY POLICY \(/PAGE/PRIVACY-POLICY\)](#)

[WORK FOR TRUITY \(/FORM/WORK-TRUITY\)](#)

[AFFILIATE PROGRAM \(/FORM/PERSONALITY-TEST-AFFILIATE-PROGRAM\)](#)

[CAREER TESTING FOR NONPROFITS \(/CONTENT/CAREER-ASSESSMENTS-CHARITIES-NONPROFITS-AND-SCHOOLS\)](#)

[PERSONALITY TEST API \(/FORM/PERSONALITY-TEST-API\)](#)

COPYRIGHT © 2021, TRUITY. ALL RIGHTS RESERVED.

FREE RESULTS ARE DELETED AFTER 14 DAYS. [UPGRADE \(/UPGRADE-TEST-RESULTS/29058691\)](#) OR [REGISTER \(/USER/REGISTER?DESTINATION=TEST-RESULTS/BIGFIVE/17315/29058691\)](#) TO SAVE YOUR RESULTS FOREVER!