

# Types of Variables in Statistical Modeling

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### Review: Types of Variables when Summarizing Data

Categorical variables: take on small number of discrete values

**Examples:** gender, race/ethnicity, political party preference, region, binary indicators of events

Asked: Are the categories ordered in any way, or are they simply discrete values?



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Asked: Are the categories ordered in any way, or are they simply discrete values?

Continuous variables: take on many possible values

**Examples**: height, age, income, blood pressure.

Asked: What does the distribution look like (shape, center, spread)? Is the variable normally distributed?



# Classifying Variables for Model Fitting

#### Dependent Variables (DVs)

Other names: outcome, response, or endogenous variables, or variables of interest

Model distributional features of these variables of interest as a function of independent variables (i.e., their distributions depend on the values of these other variables)



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#### Independent Variables (IVs)

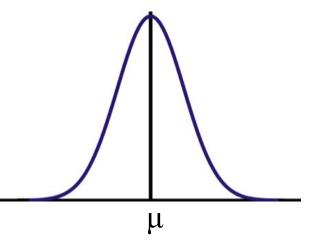
Other names: predictor variables, covariates, regressors, or exogenous variables

When fitting models, we examine the distributions of dependent variables **conditional** on the values of these independent variables



## Dependent Variables (DVs)

- "Model" the DV, which is a variable of primary interest, as a function of other theoretically relevant IVs
   → our research question defines all of these variables!
- Involves selecting reasonable distribution for DV (e.g., norn and defining parameters of that distribution (e.g., the mean) as a function of (or conditional on) the IVs



- DVs could be continuous, categorical, binary, etc.
  - **Example:** Assume blood pressure is normally distributed, where mean **depends on** a person's age, BMI, and gender.



 Theoretically relevant predictors of dependent variables Interested in estimating relationships of IVs with DVs



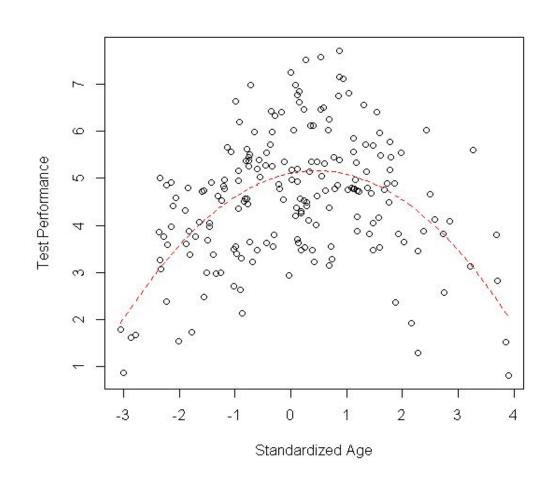
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- Might be manipulated by an investigator
   Randomized experiment: cases randomly assigned to an intervention or a control group ("group" is the predictor)
- Could simply be observed
   Observational studies: hard to make causal inference about relationships

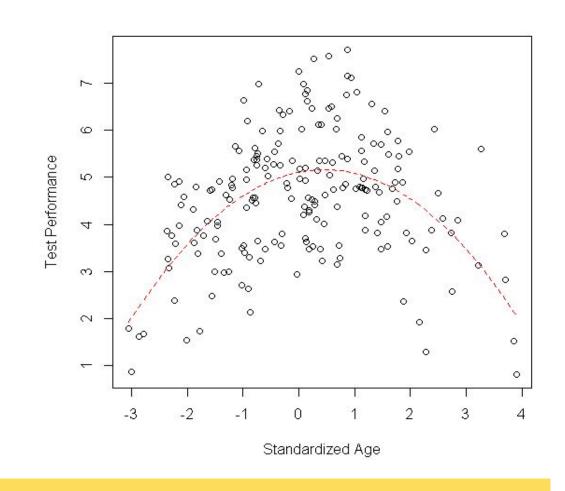


- If IVs continuous: estimate functional relationships of those IVs with distributional features of the DVs
- If IVs categorical, compare groups defined by the categories in terms of distributions on the DV





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#### **Best Practice**

Avoid estimating <u>functional</u> relationships of categorical IVs (e.g., race) with DVs, since actual values of categorical IVs may not have any numerical meaning!



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- Randomized study designs: attempt to ensure randomized groups are balanced with respect to other "confounding" variables that may have negative impact on estimation of relationship of group with DV
- Non-randomized (observational) designs: groups that define IV may not be balanced. Example: males generally may weigh more than females, and an analysis looking at relationship of gender with DV related to weight may not yield clear estimate of the gender DV relationship.



## "Control" Variables, cont'd

When fitting models, include several IVs

→ effectively adjusting for this **confounding problem** 



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**Example:** Interested in comparing distribution of blood pressure (DV) between males and females, and weight is related to blood pressure.

→ Include weight as a **control variable**, and make inference about the gender – blood pressure relationship **given a value for weight** 



#### Key:

Before fitting models ...conduct simple descriptive and bivariate analyses of DVs and IVs

→ check for missing data on both DVs and IVs



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Listwise Deletion = units of analysis with any missing data on any of IVs or DVs dropped from analysis!

If cases dropped are systematically different from cases analyzed → introduce bias in estimated IV- DV relationships!



• If units with missing data identified in descriptive analyses, can compare units with missing data (would be dropped) to units with complete data (would be retained) in terms of distributions on variables that are fully observed:

Are there differences?



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#### Are there differences?

 If evidence of differences → other techniques can be used (e.g. imputation) to address missing data issue



### What's Next?

• Implications of study design (cluster sample, longitudinal study, cross-sectional convenience sample, volunteer clinical trial) on types of models to be fitted.



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- Implications of study design (cluster sample, longitudinal study, cross-sectional convenience sample, volunteer clinical trial) on types of models to be fitted.
- Recognize that study designs affect properties of collected data,
   and models need to reflect these properties!

**Example:** Repeated measures of DV from the same person over time will be correlated!