

## 2015 A.C.R.A. Awards

The goal of these awards is to give recognition in the sport, schools and community to the many club coaches, and rowers who work hard, often out of sight of even their peers. Please take a few minutes to read over the following document and nominate coaches and rowers that you feel meet the requirements listed. We are relying on the Head Coaches to recommend people for these awards. In the week leading up to ACRA's we will release the Regional Coaches of the Year, Regional All-American boats, and Academic All-Americans. Following ACRA's, the board will announce the ACRA Coach of the Year, All-Freshman boat, and All-American teams. All Regional and National recognition winners will be documented on the ACRA website. In the following document you will find an explanation of the requirements for each award, a timeline and what information you need to include in your submission and who you need to send it to.

### Coaches of the Year:

#### Regional Coaches

- Each region has a regional Men's and Women's Coach of the year.
- Include in your submission a summary of results, improvements, hardships or other factors to consider why this coach should be Regional Coach of the Year. The information that is submitted will be compiled and shared with the rest of the coaches in that region for voting purposes. Keep this in mind when you are evaluating how private the information you are submitting is.
- Names can be submitted by the Coach themselves or any other coach for regional consideration. Coaches submitted for consideration do not need to bring a team to the National Championship regatta to be eligible.
- Programs must have paid the ACRA membership dues to be eligible.
- Send your submissions to your REGIONAL REPRESENTATIVE by Friday **May 15<sup>th</sup>, 2015**.
- The regional reps will compile the submissions and send them out to their region for voting on **May 17<sup>th</sup>, 2015**.
- The Head Coach from each school in the region is eligible to vote for one Men's and one Women's coach of the year. Please send your vote to your REGIONAL REPRESENTATIVE no later than **May 19<sup>th</sup>, 2015**.
- The board will compile the results and have a news release in the week leading up to the ACRA National Championship.
- Regional Coaches of the Year that attend the ACRA will be recognized at the awards ceremony following racing.

#### National Coach of the Year

- All Regional Coaches of the Year will automatically be nominated for National Coach of the Year.
- Additional nominations for National Coach of the Year can be made by any member of ACRA until **Thursday May 28<sup>th</sup> 2015**.
- National Coach of the year is voted on following the ACRA National Championship by the ACRA board.
- Following the National Championship regatta a press release will announce the ACRA Men's and Women's Coach of The Year.
- A certificate will be presented to each regional and the national coach of the year.

## ACRA All-Americans:

### REGIONAL ALL-AMERICANS

- Each region has a regional Men's and Women's All-American Eight (with coxswain).
- The Head Coach from each school needs to submit names for consideration of this recognition by **May 15<sup>th</sup>, 2015**. Please submit names on the Google Form provided.
- Submissions should include Erg Scores, Seat in Boat, Results, and any other information that would be deemed important such as Team Captain, President, Under-23 camp invites, etc.
- Coaches should submit their submissions in ranked order. **FOR EXAMPLE: If you are nominating 4 athletes for your Men's Regional Team please select which one is the highest ranked out of your group and rank them 1, the 2<sup>nd</sup> most deserving 2 and so on.** If you do not rank your athletes your 3<sup>rd</sup> best guy may get the nod over your most deserving.
- To be eligible All-American candidates must be eligible to row under ACRA rules. Candidates must also have been in their schools top priority boats. Candidates do not need to attend the ACRA National Championship regatta to be eligible for consideration.
- Programs nominating members must have paid the ACRA membership dues for the nominated athletes to be eligible.
- Up to four All-American rowers can be submitted from each school for each men's and women's boat plus one coxswain each from the women's and men's team.
- The composition of the Regional All-American boats is nominated by the regional reps.
- Each regional representative will forward their Regional Men's and Women's All-American boat to Nathan Lantz (wnlantz@gmail.com). Nominations will be provided to the Executive Board for approval. Upon discussion and/or debate, the Regional Teams will be approved.
- ACRA Regional All-Americans of the year are announced by the ACRA the week leading up to the ACRA National Championship Regatta.
- Regional All-Americans that attend the ACRA will be recognized at the regatta award ceremony. A photo at the awards ceremony of each regional All-American boat will be taken with the rowers in uniform and added to the ACRA website.
- A certificate will be presented to each Regional All-American.

### NATIONAL ALL-AMERICANS

- All rowers composing regional All-American boats will be considered for ACRA All-American honors.
- Additional nominations will be accepted via email to Nathan Lantz (wnlantz@gmail.com) until **Thursday May 28<sup>th</sup> 2015**.
- 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> team All-Americans boats will be decided after the ACRA National Championship by the ACRA Board on a conference call.
- The ACRA 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> team All-Americans will be announced following the ACRA National Regatta.

### **ACRA Academic All-American:**

- Names are to be submitted by the coach for consideration no later than **May 19<sup>th</sup>, 2015**. This will allow most submissions to include the current academic semester or quarter.
- Send your submissions via the link provided.
- Candidates must meet all the following requirements to be ACRA Academic All-Americans:
  - o Candidates must be eligible to row under ACRA rules.
  - o Candidates must have completed their second year of school and be a scholastic **Junior** or **Senior**.
  - o Candidates must have at minimum a **3.5** cumulative GPA from their current institution to make the 2<sup>nd</sup> Team Academic All-American.
  - o Candidates must have at minimum a **3.85** cumulative GPA from their current institution to make the 1<sup>st</sup> Team Academic All-American
- Candidates do not need to attend the ACRA regatta to be eligible.
- Programs must have paid the ACRA membership dues to be eligible.
- The coach's submission should include the School, Academic Year, Major, Cumulative GPA and any other academic awards, clubs or positions of honor associated with the rower.
- Academic All-Americans will be announced leading up to the ACRA regatta.
- Academic All-Americans that attend the ACRA regatta will be recognized at the regatta award ceremony.
- A certificate will be presented to each Academic All-American.
- A rower/coxswain can be an All-American and Academic All-American.

### **ACRA All-Freshman Boat:**

- Only one boat of freshman/novice (with coxswain) per gender will be selected for this award.
- Nominations will be accepted via the Google Form provided by **Thursday May 28<sup>th</sup> 2015**.
- Submissions should include Erg Scores, Seat in Boat, Results, and any other information that would be deemed important such as Team Captain, President, Under-23 camp invites, etc.
- Coaches should submit their submissions in ranked order.
- To be eligible All-Freshman candidates must be eligible to row under ACRA rules. Candidates do not need to attend the ACRA National Championship regatta to be eligible for consideration.
- Programs nominating members must have paid the ACRA membership dues for the nominated athletes to be eligible.
- Up to three All-Freshman rowers can be submitted from each school for each men's and women's boat plus one coxswain each from the women's and men's team.
- The ACRA All-Freshman Boats will be announced following the ACRA National Regatta.