

EIGHT LANE PROGRESSION SYSTEMS WITH REPECHAGES

EIGHT-LANE PROGRESSION OPTIONS USING REPECHAGES

Number of Entries	Number of Heats/Progression	Number of Reps/Progression	No. of Semis/Progression	Total number of races required per event
0-8	Race For Lanes:	0-5 entries in one race; 6-8 entries into 2 "heats"	0	2 or 3 (1 or 2 Sat & 1 Sun)
9-14	2 heats, 3 to final	1 rep, 2 to final, no B final	0	5 (3 Sat & 2 Sun)
15-16	2 heats, 3 to final	2 reps, 1 to final, 3+ to B final	0	6 (4 Sat & 2 Sun)
17-22	3 heats, 2 to final	2 reps, 1 to final, 2-5 to B final, 6+ to C F.	0	8 (5 Sat & 3 Sun)
23-28	4 heats, 3 to semi-final	2 reps, 2 to Semi-Final, 3-5 to C Final, 6+ to D Final	2 semis, 4 to Final, 5+ to B Final	12 (6 Sat & 6 Sun)
29-32	5 heats, 2 to semi-finals	3 reps, 2 to Semi-Final, 3-4 to C Final, 5-6 to D, 7-8 to E	2 semis, 4 to Final, 5+ to B Final	15 (8 Sat & 7 Sun)
33+	Time Trial, 8 to semi-finals, Places 41+ sorted into F+ finals	4 reps, 2 to Semi-Final	2 semis, 4 to Final, 5+ to B Final	12+ (5+ Sat & 5 Sun)

ACRA PROGRESSION MODEL 8L-914

9-14 Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Initial Heat Placements	3 to Grand			INITIAL HEATS			Random or seeded	(seeded listed)
Heat 1	13	9	5	1	4	8	12	
Heat 2	14	10	6	2	3	7	11	
Options for Reps	2 to Grand			OPTION A				
Reps, Option A	7 th Heat 1	6 th Heat 2	5 th Heat 1	4 th Heat 2	4 th Heat 1	5 th Heat 2	6 th Heat 1	7 th Heat 2
				OPTION B				
Reps, Option B	7 th Heat 2	6 th Heat 1	5 th Heat 2	4 th Heat 1	4 th Heat 2	5 th Heat 1	6 th Heat 2	7 th Heat 1
Options for Finals				OPTION A				
Grand Final, Option A	1 st in Rep	3 rd Heat 1	2 nd Heat 2	1 st Heat 1	1 st Heat 2	2 nd Heat 1	3 rd Heat 2	2 nd in Rep
				OPTION B				
Grand Final, Option B	2 nd in Rep	3 rd Heat 2	2 nd Heat 1	1 st Heat 2	1 st Heat 1	2 nd Heat 2	3 rd Heat 1	1 st in Rep
B Final (Optional)		7 th in Rep	5 th in Rep	3 rd in Rep	4 th in Rep	6 th in Rep	8 th in Rep	

ACRA PROGRESSION MODEL 8L-1516

15-16 Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Initial Heat Placements	3 to Grand			INITIAL HEATS			Random or seeded	(seeded listed)
Heat 1	13	9	5	1	4	8	12	16
Heat 2	14	10	6	2	3	7	11	15
Options for Reps	1 to Grand			OPTION A				
Reps, Option A, Rep 1		8 th Heat 1	5 th Heat 2	4 th Heat 1	6 th Heat 1	7 th Heat 2		
Reps, Option A, Rep 2		8 th Heat 2	5 th Heat 1	4 th Heat 2	6 th Heat 2	7 th Heat 1		
				OPTION B				
Reps, Option B, Rep 1		8 th Heat 1	5 th Heat 2	4 th Heat 1	6 th Heat 2	7 th Heat 1		
Reps, Option B, Rep 2		8 th Heat 2	5 th Heat 1	4 th Heat 2	6 th Heat 1	7 th Heat 2		
Options for Finals				OPTION A				
Grand Final, Option A	1 st Rep 2	3 rd Heat 1	2 nd Heat 2	1 st Heat 1	1 st Heat 2	2 nd Heat 1	3 rd Heat 2	1 st Rep 1
				OPTION B				
Grand Final, Option B	1 st Rep 1	3 rd Heat 2	2 nd Heat 1	1 st Heat 2	1 st Heat 1	2 nd Heat 2	3 rd Heat 1	1 st Rep 2
B Final, Both Options	5 th Rep 2	4 th Rep 1	3 rd Rep 2	2 nd Rep 1	2 nd Rep 2	3 rd Rep 1	4 th Rep 2	5 th Rep 1

ACRA PROGRESSION MODEL 8L-1722

17-22 Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Initial Heat Placements	2 to Final			INITIAL HEATS			Random or seeded	(seeded listed)
Heat 1	19	13	7	1	6	12	18	22
Heat 2	20	14	8	2	5	11	17	
Heat 3	21	15	9	3	4	10	16	
Options for Reps	1 to Final			OPTION A				
Reps, Option A, Rep 1	7 th Heat 3	5 th Heat 2	4 th Heat 3	3 rd Heat 1	4 th Heat 2	5 th Heat 3	6 th Heat 1	7 th Heat 2
Reps, Option A, Rep 2	7 th Heat 1	6 th Heat 3	4 th Heat 1	3 rd Heat 2	3 rd Heat 3	5 th Heat 1	6 th Heat 2	8 th Heat 1
				OPTION B				
Reps, Option B, Rep 1	7 th Heat 2	5 th Heat 2	4 th Heat 3	3 rd Heat 2	4 th Heat 1	5 th Heat 3	6 th Heat 1	7 th Heat 3
Reps, Option B, Rep 2	6 th Heat 3	5 th Heat 1	4 th Heat 2	3 rd Heat 3	3 rd Heat 1	6 th Heat 2	7 th Heat 1	8 th Heat 1
Options for Finals				OPTION A				
Grand Final, Option A	1 st Rep 2	2 nd Heat 1	1 st Heat 3	1 st Heat 2	1 st Heat 1	2 nd Heat 2	2 nd Heat 3	1 st Rep 1
				OPTION B				
Grand Final, Option B	1 st Rep 1	2 nd Heat 2	1 st Heat 3	1 st Heat 1	1 st Heat 2	2 nd Heat 3	2 nd Heat 1	1 st Rep 2
B Final, Both Options	5 th Rep 2	4 th Rep 1	3 rd Rep 2	2 nd Rep 1	2 nd Rep 2	3 rd Rep 1	4 th Rep 2	5 th Rep 1
C Final, Both Options		8 th Rep 1	7 th Rep 2	6 th Rep 1	6 th Rep 2	7 th Rep 1	8 th Rep 2	

(If 17 entries then out of the reps 1st goes to final, 2-4 to B final, 5+ to C Final))

ACRA PROGRESSION MODEL 8L-2328

23-28 Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Initial Heat Placements	3 to Semi-Final			INITIAL HEATS			Random or seeded	(seeded listed)
Heat 1	25	17	9	1	8	16	24	
Heat 2	26	18	10	2	7	15	23	
Heat 3	27	19	11	3	6	14	22	
Heat 4	28	20	12	4	5	13	21	
Options for Reps	2 to Semi-Final	3-5 to C Final	6-8 to D Final	OPTION A				
Reps, Option A, Rep 1	7 th Heat 3	6 th Heat 4	5 th Heat 2	4 th Heat 1	4 th Heat 4	5 th Heat 3	6 th Heat 1	7 th Heat 2
Reps, Option A, Rep 2	7 th Heat 4	6 th Heat 3	5 th Heat 1	4 th Heat 2	4 th Heat 3	5 th Heat 4	6 th Heat 2	7 th Heat 1
				OPTION B				
Reps, Option B, Rep 1	7 th Heat 2	6 th Heat 3	5 th Heat 4	4 th Heat 1	4 th Heat 3	5 th Heat 2	6 th Heat 1	7 th Heat 4
Reps, Option B, Rep 2	7 th Heat 1	6 th Heat 4	5 th Heat 3	4 th Heat 2	4 th Heat 4	5 th Heat 1	6 th Heat 2	7 th Heat 3
Options for Semi-Finals	Top 4 to Final	5+ to B Final		OPTION A				
Semi-Finals, Option A, SF1	2 nd Rep 2	3 rd Heat 4	2 nd Heat 2	1 st Heat 1	1 st Heat 4	2 nd Heat 3	3 rd Heat 1	1 st Rep 1
Semi-Finals, Option A, SF2	1 st Rep 2	3 rd Heat 3	2 nd Heat 1	1 st Heat 2	1 st Heat 3	2 nd Heat 4	3 rd Heat 2	2 nd Rep 1
				OPTION B				
Semi-Finals, Option B, SF1	2 nd Rep 1	3 rd Heat 3	2 nd Heat 4	1 st Heat 1	1 st Heat 3	2 nd Heat 2	3 rd Heat 1	1 st Rep 2
Semi-Finals, Option B, SF2	1 st Rep 1	3 rd Heat 4	2 nd Heat 1	1 st Heat 2	1 st Heat 4	2 nd Heat 3	3 rd Heat 2	2 nd Rep 2
Options for Finals				OPTION A				
Grand Final, Option A	4 th Semi-Final 2	3 rd Semi-Final 1	2 nd Semi-Final 2	1 st Semi-Final 1	1 st Semi-Final 2	2 nd Semi-Final 1	3 rd Semi-Final 2	4 th Semi-Final 1
				OPTION B				
Grand Final, Option B	4 th Semi-Final 1	3 rd Semi-Final 2	2 nd Semi-Final 1	1 st Semi-Final 2	1 st Semi-Final 1	2 nd Semi-Final 2	3 rd Semi-Final 1	4 th Semi-Final 2
B Final, Both Options	8 th Semi-Final 2	7 th Semi-Final 1	6 th Semi-Final 2	5 th Semi-Final 1	5 th Semi-Final 2	6 th Semi-Final 1	7 th Semi-Final 2	8 th Semi-Final 1
C Final, Both Options	(6 th Rep 2)	5 th Rep 1	4 th Rep 2	3 rd Rep 1	3 rd Rep 2	4 th Rep 1	5 th Rep 2	(6 th Rep 1)
D Final, All Options		8 th Rep 2	7 th Rep 1	6 th Rep 2	6 th Rep 1	7 th Rep 2	8 th Rep 1	

(if there are 23 or 24 entries only a C final is needed)

ACRA PROGRESSION MODEL 8L-2932

29-32 Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Initial Heat Placements	2 to Semi-Final			INITIAL HEATS			Random or seeded	(seeded listed)
Heat 1	25	17	9	1	8	16	24	32
Heat 2	26	18	10	2	7	15	23	31
Heat 3	27	19	11	3	6	14	22	30
Heat 4	28	20	12	4	5	13	21	29
Options for Reps	2 to Semi-Final	3-4 to C Final	5-6 to D Final	OPTION A				
Reps, Option A, Rep 1		8 th Heat 2	5 th Heat 3	3 rd Heat 1	4 th Heat 2	6 th Heat 4	7 th Heat 1	
Reps, Option A, Rep 2		8 th Heat 3	5 th Heat 4	3 rd Heat 2	4 th Heat 3	6 th Heat 1	7 th Heat 2	
Reps, Option A, Rep 3		8 th Heat 4	5 th Heat 1	3 rd Heat 3	4 th Heat 4	6 th Heat 2	7 th Heat 3	
Reps, Option A, Rep 4		8 th Heat 1	5 th Heat 2	3 rd Heat 4	4 th Heat 1	6 th Heat 3	7 th Heat 4	
				OPTION B				
Reps, Option B, Rep 1		7 th Heat 3	5 th Heat 4	3 rd Heat 1	4 th Heat 3	6 th Heat 2	8 th Heat 1	
Reps, Option B, Rep 2		7 th Heat 4	5 th Heat 1	3 rd Heat 2	4 th Heat 4	6 th Heat 3	8 th Heat 2	
Reps, Option B, Rep 3		7 th Heat 1	5 th Heat 2	3 rd Heat 3	4 th Heat 1	6 th Heat 4	8 th Heat 3	
Reps, Option B, Rep 4		7 th Heat 2	5 th Heat 3	3 rd Heat 4	4 th Heat 2	6 th Heat 1	8 th Heat 4	
Options for Semi-Finals	Top 4 to Final	5+ to B Final		OPTION A				
Semi-Finals, Option A, SF1	2 nd Rep 2	1 st Rep 1	2 nd Heat 4	1 st Heat 1	1 st Heat 4	2 nd Heat 1	1 st Rep 4	2 nd Rep 3
Semi-Finals, Option A, SF2	2 nd Rep 4	1 st Rep 2	2 nd Heat 3	1 st Heat 2	1 st Heat 3	2 nd Heat 2	1 st Rep 3	2 nd Rep 1
				OPTION B				
Semi-Finals, Option B, SF1	2 nd Rep 4	1 st Rep 3	2 nd Heat 3	1 st Heat 2	1 st Heat 4	2 nd Heat 1	1 st Rep 1	2 nd Rep 2
Semi-Finals, Option B, SF2	2 nd Rep 1	1 st Rep 4	2 nd Heat 2	1 st Heat 1	1 st Heat 3	2 nd Heat 4	1 st Rep 2	2 nd Rep 3
Options for Finals				OPTION A				
Grand Final, Option A	4 th Semi-Final 2	3 rd Semi-Final 1	2 nd Semi-Final 2	1 st Semi-Final 1	1 st Semi-Final 2	2 nd Semi-Final 1	3 rd Semi-Final 2	4 th Semi-Final 1
				OPTION B				
Grand Final, Option B	4 th Semi-Final 1	3 rd Semi-Final 2	2 nd Semi-Final 1	1 st Semi-Final 2	1 st Semi-Final 1	2 nd Semi-Final 2	3 rd Semi-Final 1	4 th Semi-Final 2
B Final, Both Options	8 th Semi-Final 2	7 th Semi-Final 1	6 th Semi-Final 2	5 th Semi-Final 1	5 th Semi-Final 2	6 th Semi-Final 1	7 th Semi-Final 2	8 th Semi-Final 1
C Final, Both Options	4 th Rep 2	4 th Rep 4	3 rd Rep 3	3 rd Rep 1	3 rd Rep 2	3 rd Rep 4	4 th Rep 1	4 th Rep 3
D Final, Both Options	6 th Rep 3	6 th Rep 1	5 th Rep 2	5 th Rep 4	5 th Rep 3	5 th Rep 1	6 th Rep 2	6 th Rep 4

ACRA PROGRESSION MODEL 8L-33+

33+ Entries	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Round 1:	TIME TRIAL FOR ALL ENTERED. Top 8 Finishers to the semi-finals. Places 9-40 to Reps. Places 41+ get placed into F, G, H, etc. Finals							
Reps Placement	2 to Semi-Final			REPECHAGE			Random or seeded	(seeded listed)
Rep 1	33	25	17	9	16	24	32	40
Rep 2	34	26	18	10	15	23	31	39
Rep 3	35	27	19	11	14	22	30	38
Rep 4	36	28	20	12	13	21	29	37
Options for Semi-Finals	Top 4 to Final	5+ to B Final		OPTION A				
Semi-Finals, Option A, SF1	2 nd Rep 3	1 st Rep 1	5 th Time Trial	1 st Time Trial	4 th Time Trial	8 th Time Trial	1 st Rep 4	2 nd Rep 2
Semi-Finals, Option A, SF2	2 nd Rep 4	1 st Rep 2	6 th Time Trial	2 nd Time Trial	3 rd Time Trial	7 th Time Trial	1 st Rep 3	2 nd Rep 1
				OPTION B				
Semi-Finals, Option B, SF1	2 nd Rep 3	1 st Rep 2	5 th Time Trial	1 st Time Trial	4 th Time Trial	8 th Time Trial	1 st Rep 4	2 nd Rep 1
Semi-Finals, Option B, SF2	2 nd Rep 4	1 st Rep 1	6 th Time Trial	2 nd Time Trial	3 rd Time Trial	7 th Time Trial	1 st Rep 3	2 nd Rep 2
Options for Finals				OPTION A				
Grand Final, Option A	4 th Semi-Final 2	3 rd Semi-Final 1	2 nd Semi-Final 2	1 st Semi-Final 1	1 st Semi-Final 2	2 nd Semi-Final 1	3 rd Semi-Final 2	4 th Semi-Final 1
				OPTION B				
Grand Final, Option B	4 th Semi-Final 1	3 rd Semi-Final 2	2 nd Semi-Final 1	1 st Semi-Final 2	1 st Semi-Final 1	2 nd Semi-Final 2	3 rd Semi-Final 1	4 th Semi-Final 2
B Final, Both Options	8 th Semi-Final 2	7 th Semi-Final 1	6 th Semi-Final 2	5 th Semi-Final 1	5 th Semi-Final 2	6 th Semi-Final 1	7 th Semi-Final 2	8 th Semi-Final 1
C Final, Both Options	4 th Rep 2	4 th Rep 4	3 rd Rep 3	3 rd Rep 1	3 rd Rep 2	3 rd Rep 4	4 th Rep 1	4 th Rep 3
D Final, Both Options	6 th Rep 3	6 th Rep 1	5 th Rep 2	5 th Rep 4	5 th Rep 3	5 th Rep 1	6 th Rep 2	6 th Rep 4