



Low Carb Mexican Recipes: 25 of Your Favorite Mexican Recipes Made Low Carb!: (Low Carbohydrate, High Protein, Low Carbohydrate Foods, Low Carb, Low Carb) (Paperback)

By Kelly Cazier

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE BonusDownload this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Low Carb Mexican Recipes: (FREE Bonus Included)25 Of Your Favorite Mexican Recipes Made Low Carb!The human body is dependent upon a healthy intake and a keen concentration towards its care. But the modern era is based upon increased dependence on technology for daily life activities as well as for the processing of food. This has led us all towards a greater vulnerability of becoming obese. But the eventual destination of human life must be an accurate intake, which can ensure vigor and strength of the human body. In this book, the recipes have been taken out especially with a close attention towards weight loss needs of millions of readers around. Weight loss is usually denoted with tasteless recipes but Mexican cuisine is full of flavor and aroma and you can alter it effectively even during your weightless days. The low carb recipes make it sure that you get the necessary energy input along with...



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