



Interview with Ocd: Forty-Five Days to End of a New Beginning (Paperback)

By Ph D Engin Ozertugrul

Ebookit.com, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The author/researcher explores the process of self-healing during his encounters with OCD using a unique self-search method and integral psychology framework. The book contains the unaltered self-dialogue (self-interview) scripts of the doctoral research. The dialogue is designed to capture the sensual attention through manifestation of OCD s common attributes. Through heightened awareness, author invites us to pathways to self-discovery and change, exploring an experience in and by itself, rather than numbing it with the next dose of treatment. Although, this book is self-contained, it demonstrates the application of the self-healing method described in the author s doctoral dissertation entitled, Heuristic Self-Search Inquiry into One Experience of Obsessive-Compulsive Disorder . Readers are strongly encouraged to read the dissertation, which is provided as a free supplement, to gain a fuller understanding of the method. The book contains a link to download the dissertation (no registration or membership is required).



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