



Stop Smoking The Right Way: 7 Steps to Breaking the Habit (Paperback)

By Sabine G. Price

AUTHORHOUSE, United States, 2004. Paperback. Book Condition: New. 223 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****. Quit Smoking? It s the easiest thing in the world! I ve done it many times myself. Does that quite describe you? Have you tried to quit unsuccessfully many times before? If so, then Stop Smoking - The Right Way is for you! Stop Smoking - The Right Way provides a fresh approach to achieving faster results than you ever thought possible. This guide combines cutting edge neuro-linguistic programming to reprogram your brain with creative visualization and behavior changes that affect your unconscious mind in positive ways for lasting success. Stop Smoking - The Right Way leads you from being a smoker to becoming a non-smoker easily and effortlessly while having fun in the process. Sit back, relax, and enjoy yourself. You can do it!.



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