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## A Handbook of Interactive Exercises for Groups

By Barlow, Constance A.; Blythe, Judith A.; Edmonds, Margaret

Pearson, 1998. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: 1. Introduction. Using This Book. Purposes of Interactive Exercises. Factors in Choosing Exercises. Questions to Ask Yourself as You Choose an Exercise. Role of the Facilitator. Techniques to Accompany Interactive Exercises. Considerations When Working with Diverse Groups. 2. Ice Breakers. Short Division: Managing Large Groups by Subdividing. Introductions. Who's Done It? Getting Acquainted. The Round. The Game of the Name. What's in Your Name? The Baggage Department. I'll Tell You if You'll Tell Me. The First Blush. Singing in the Rain. 3. Enhancing Group Functioning. Let's Get Together. Elephant in the Meeting Room. What's Your Screen? Centre Stage. The Belt. Fish Bowl 1. Fish Bowl 2. Solution Circle. Dream Catcher. 4. Middle Phase and Transitions. Breathing Lessons. Simple Soothers. Relaxation Script. Wake up! Shake up! Mysterious Happenings. Truth and Lies. Temperature Check. Positive Gossiping. Recalling the Past. 5. Teaching Concepts and Developing Skills. The Feelings Charade. Pick a Word, Any Word. Complete the Sentence. The Launching. Freewriting. The Participant as Teacher. Chinese Practice. Mind Reading. Dirty Words. Simulation for Stimulation. 6. Values. Privacy Zone. Miracle Workers. Three Characters. Catastrophe Strikes! What's Most Important? The Ideal Pie Deal. Where Do I Stand? 7....



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