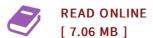




# Under Construction: 25 Life-Building Tools for Addicts in Recovery

By Rick H

WestBow Press A Division of Thomas Nelson. Hardcover. Book Condition: New. Hardcover. 182 pages. Dimensions: 8.5in. x 5.5in. x 0.6in. Rick H. often starts his talk at recovery meetings with this statement: I come here because the Rick of old will drink again. So I need to change, and this is where my professors are. He then adds that, to live a sober, happy life, he had to find a replacement for the alcohol that he used in his struggles to cope with the realities of life. That replacement includes a set of tools that he relies on to contend with all of lifes ups and downs They reflect a wide range of powerful insights and practical wisdom gathered over twenty years from fellow recovering addicts in countless meetings, retreats, and workshops. Realizing the power of compiling and sharing this life-changing information in one source, and recognizing that every addict needs such a toolkit, Rick wrote Under Construction. Its primary purpose is to provide a simple reference guide consisting of twenty-five liferecovery tools, described in a practical, easy-to-read format along with real-life stories of how these tools have been applied. In addition, he includes probing questions that will challenge the...



#### Reviews

The most effective publication i at any time go through. This is certainly for all those who statte that there had not been a worthy of looking at. Its been printed in an extremely straightforward way which is merely soon after i finished reading this publication where basically changed me, change the way in my opinion.

# -- Madyson Rutherford

This book is definitely not effortless to begin on reading through but extremely fun to read. Sure, it can be enjoy, continue to an amazing and interesting literature. I realized this book from my dad and i recommended this pdf to understand.

-- Ezequiel Schuster

# Other Kindle Books



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DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured duck to the vet, it is just...



#### DK Readers Day at Greenhill Farm Level 1 Beginning to Read

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in.This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



#### The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



#### Harts Desire Book 2.5 La Fleur de Love

Cajunflair Publishing. Paperback. Book Condition: New. Paperback. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in.lts late 1974, and high school student, Melinda Dawson is in serious trouble. Within two hours of revealing her suspected pregnancy to her parents, shes whisked off against...



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Barron's Educational Series. Paperback. Book Condition: New. Paperback. 24 pages. Dimensions: 8.9in. x 5.7in. x 0.3in.This is volume six, Reading Level 1, in a comprehensive program (Levels 1 and 2)for beginning readers. Two nine-book sets teach reading to children from preschool to...



#### DK Readers Disasters at Sea Level 3 Reading Alone

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