

HTF BIAS CHEAT SHEET

DOJO GAINS - Determine Your Direction Before You Trade

1 STRUCTURE (Daily/4H)

✓ BULLISH BIAS

- Higher Highs (HH)
- Higher Lows (HL)
- Last BOS = broke high

✓ BEARISH BIAS

- Lower Highs (LH)
- Lower Lows (LL)
- Last BOS = broke low

2 PREMIUM vs DISCOUNT

— SWING HIGH — ← PREMIUM (Sell Zone)
- - - 50% EQ - - - ← Equilibrium
— SWING LOW — ← DISCOUNT (Buy Zone)

BUY in Discount

- Price below 50% of range

SELL in Premium

- Price above 50% of range

3 LIQUIDITY TARGETS

Bullish Target

- Clean high above (untaken)
- Equal highs
- PDH not swept

Bearish Target

- Clean low below (untaken)
- Equal lows
- PDL not swept

4 SESSION CONTEXT

NY Bullish If:

- London swept the LOWS
- Asia built liquidity below

NY Bearish If:

- London swept the HIGHS
- Asia built liquidity above

5 PRE-TRADE CHECKLIST

- ☐ Daily/4H structure direction? (HH/HL or LH/LL)
- ☐ Premium or Discount?
- ☐ Where is nearest liquidity?
- ☐ What did London/Asia sweep?
- ☐ Do 3+ confluences align?

✓ **3-4 Align = TRADE WITH CONFIDENCE**

✗ Mixed signals = NO TRADE or reduced size