```
Windows
press Win + R
in the window type cmd # to open the terminal
cd Documents
py -m venv env_tools_3_10
env_tools_3_10\Scripts\activate
pip install -U pip
pip install jupyter
deactivate
create a desktop shortcut for env_tools_3_10\Scripts\jupyter-notebook.exe
change the start-in directory of the shortcut
double click the shortcut to launch jupyter notebook
Mac0S
cd Documents
python3 -m venv env_tools_3_10
source env_tools_3_10/bin/activate
pip install -U pip
pip install jupyter
deactivate
create a desktop alias for env_tools_3_10/bin/jupyter-notebook
double click the shortcut to launch jupyter notebook
        == Adding kernels
create the new vertual environment (new kernel) if it does not already exist
activate that vertual environment
upgrade pip is not yet done
# Windows
python -m ipykernel install --name env_ds_3_10 --display-name "env_ds_310"
sudo python -m ipykernel install --name env ds 3 10 --display-name "env ds 310"
```

deactivate