It seems that most (a lot of) commands implement option arguments like this:

1. if a short option requires an option argument, the option is separated by a space from the option argument, e.g.

   ```
   $ head -n 10
   ```

2. if a long option requires an option argument, the option is separated by a `=` from the option argument, e.g.

   ```
   $ head --lines=10
   ```