	GAME:	INITIATION: IDEAL ENTRY INTO THE SPORT		ONGOING PARTICIPATION: CONTINUE PLAYING FOR FUN/FITNESS		
	(Participants Play	Children	Youth	Junior =	Senior =	Masters
	any of 3 Games)	6-10 yrs. old, Gr. K-5	11-14 yrs. old, Gr. 6-9	15-19 yrs. old, Gr. 10-12	20-39 yrs. old, University +	40 yrs. +, Veterans
		X	Х	Х	Х	Х
		Initiation to kicking Skills	Initiation to Basics of the Sport	Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness
	REGU	Focus: FUNdamentals	Focus: FUNdamentals	Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills
	SEPAK TAKRAW	Use Modified Equipment	Play Modified Games/Rules	Play Full Matches	Play Full Matches	Play Full Matches
	(3-on-3 / or more)	Intro. to Modified Games/Rules	Intro. to Modified Competition	Community Competitions	Community Competitions	Community Competitions
	1-2 X per week	Program Host: Elementary Sch.,	Program Host: Elementary Sch.,	Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec.
		Club, and/or Rec. Centre	JHS, Club, Rec. Centre, Summer	Rec. Centre, Summer Camp and/	University, Club, Rec. Centre,	Centre, and/or Training Camp
			Camp, and/or Training Camp	or Training Camp	and/or Training Camp	
				1		Ţ
		(Children do not play Doubles)	(Youth do not play Doubles here)	Χ =	X =	X
	DOUBLES			Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness
	SEPAK TAKRAW			Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills
DOOR	(2-on-2)			Play Full Matches	Play Full Matches	Play Full Matches
ASON	1-2 X per week			Community Competitions	Community Competitions	Community Competitions
ep-May)	·			Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec.
,				Rec. Centre, Summer Camp and/	University, Club, Rec. Centre,	Centre, and/or Training Camp
CHOOL				or Training Camp	and/or Training Camp	
AGUES						1
ar-May)				Χ =	X =	X
	HOOP*			Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness
	SEPAK TAKRAW			Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills
	(teams of 5)			Play Full Matches	Play Full Matches	Play Full Matches
	1-2 X per week			Community Competitions	Community Competitions	Community Competitions
				Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec.
				Rec. Centre, Summer Camp and/	University, Club, Rec. Centre,	Centre, and/or Training Camp
				or Training Camp	and/or Training Camp	
	DISTRICT &			1		
	PROVINCIAL		Χ =	X =		Χ
	TOURNEYS		Keen/skilled players advance	e to Competition Stream (distr	icts, provincials, etc.) through	such Competitive
	(End of May)		Programs offered by Hosts			

	<u>GAME</u> :	INITIATION: IDEAL EN	ITRY INTO THE SPORT	ONGOING PARTICIPATION: CONTINUE PLAYING FOR FUN/FITNESS			
	(Participants Play	Children	Youth =	Junior =	Senior	Masters	
	any of 3 Games)	6-10 yrs. old, Gr. K-5	11-14 yrs. old, Gr. 6-9	15-19 yrs. old, Gr. 10-12	20-39 yrs. old, University +	40 yrs. +, Veterans	
		Х	Х	Х	Х	Х	
		Initiation to kicking Skills	Initiation to Basics of the Sport	Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness	
	REGU	Focus: FUNdamentals	Focus: FUNdamentals	Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills	
	SEPAK TAKRAW	Use Modified Equipment	Play Modified Games/Rules	Play Full Matches	Play Full Matches	Play Full Matches	
	(3-on-3 / or more)	Intro. to Modified Games/Rules	Intro. to Modified Competition	Community Competitions	Community Competitions	Community Competitions	
	2-4 X per week	Program Host: City Day Camp,	Program Host: City Day Camp,	Program Host: Sports Camp,	Program Host: College/Institute,	Program Host: Club, Rec.	
		Club, Summer Camp/Program,	Club, Rec. Centre, Summer	Club, Rec. Centre, Summer	University, Club, Rec. Centre,	Centre, Summer Program,	
		and/or Rec. Centre	Camp/Program, Training Camp	Camp/Program, Training Camp	Summer Program, Training Camp	Training Camp	
				1	1	1	
			X	X =	X =	X	
			Initiation to Basics of the Sport	Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness	
	DOUBLES		Focus: FUNdamentals	Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills	
	(2-on-2)		Play Modified Games/Rules	Play Full Matches	Play Full Matches	Play Full Matches	
	2-4 X per week		Intro. to Modified Competition	Community Competitions	Community Competitions	Community Competitions	
			Program Host: City Day Camp,	Program Host: Sports Camp,	Program Host: College/Institute,	Program Host: Club, Rec.	
JTDOOR			Club, Rec. Centre, Summer	Club, Rec. Centre, Summer	University, Club, Rec. Centre,	Centre, Summer Program,	
ASON			Camp/Program, Training Camp	Camp/Program, Training Camp	Summer Program, Training Camp	Training Camp	
ın-Aug)				1		1	
			Х	X =	X =	X	
			Initiation to Basics of the Sport	Focus: Fun, Fitness	Focus: Fun, Fitness	Focus: Fun, Fitness	
	BEACH*		Focus: FUNdamentals	Aquire Basics Skills	Refine Basic Skills	Maintain Refined Skills	
	(4-on-4 / sand)		Play Modified Games/Rules	Play Full Matches	Play Full Matches	Play Full Matches	
	2-4 X per week		Intro. to Modified Competition	Community Competitions	Community Competitions	Community Competitions	
			Program Host: City Day Camp,	Program Host: Sports Camp,	Program Host: College/Institute,	Program Host: Club, Rec.	
			Club, Rec. Centre, Summer	Club, Rec. Centre, Summer	University, Club, Rec. Centre,	Centre, Summer Program,	
			Camp/Program, Training Camp	Camp/Program, Training Camp	Summer Program, Training Camp	Training Camp	
				1	Į.	1	
	NATIONAL			X =	→	X	
	TOURNAMENT			Best players advance to Competition	n Stream (to regionals, nationals, etc.) through such	
	(Jul/Aug)			Competitive Programs offered by STAC and/or Co-Hosts, leading to nationals			

SEP	AK TAKRAW	ASSOCIATION OF CA	ANADA (STAC) PARTI	CIPANT DEVELOPME	NT MODEL - <u>COMPE</u>	TITIVE STREAM
	GAME:	(Continue Community)	INTRODUCTION:	DEVELOPMENT:	HIGH PERFORMANCE:	ONGOING IN COMP:
	(Participants Play	Children	Youth	Junior =	Senior =	Masters
	any of 3 Games)	6-10 yrs. old, Gr. K-5	11-14 yrs. old, Gr. 6-9	15-19 yrs. old, Gr. 10-12	20-39 yrs. old, University +	40 yrs. +, Veterans
			X	X	X	X
		(Do not develop beyond the	Skills, Game Strategies, FUN	Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness
	REGU	Community Stream at this age)	Intro. to Full Matches/Competitions	Aquire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.
	SEPAK TAKRAW		Local/Regional/Prov. Competitions	Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos
	(3-on-3 / or more)		Modified or Non-Mod. Competition	Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches
	2-3 X per week		Program Host: Elementary Sch.,	Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec. Cent.
			JHS, Club, Rec. Centre, Summer	Rec. Centre, Summer Camp and/	University, Club, Rec. Centre,	College/Institute, University,
			Camp, and/or Training Camp	or Training Camp	and/or Training Camp	and/or Training Camp
				1	1	1
			(Youth do not compete in Doubles)	X -	× X -	X
	DOUBLES			Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness
	SEPAK TAKRAW			Aquire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.
INDOOR	(2-on-2)			Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos
SEASON	2-3 X per week			Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches
(Sep-May)				Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec. Cent.
				Rec. Centre, Summer Camp and/	University, Club, Rec. Centre,	College/Institute, University,
SCHOOL				or Training Camp	and/or Training Camp	and/or Training Camp
LEAGUES				Į.	, v	Į.
(Mar-May)	HOOD*			X	A Constant Define Adv. Oblin/Test	A Matalata Ada Olitha/Taal/Eilaaa
	HOOP*			Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness
	SEPAK TAKRAW			Aquire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.
	(teams of 5)			Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos
	2-3 X per week			Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches
					Program Host: College/Institute,	Program Host: Club, Rec. Cent.
					University, Club, Rec. Centre,	College/Institute, University,
	DISTRICT 9			or Training Camp	and/or Training Camp	and/or Training Camp
	DISTRICT &		• • • • • • • • • • • • • • • • • • •	.	.	V
	PROVINCIAL		Root Players compete in Press	vincials (and mays an to Nation		X 200 200 15 ±)
	TOURNEY		•	vincials (and move on to Nation	•	· · ·
	(End of May)	*NOTE: Hear CompleTalment		adership Qualitites may be Spo		
		"NOTE: Hoop Sepak Takraw is	not currently developing, but late	er when it is slated for developme	ent, it will be developed within th	e cycle of this model.

	CAME.	(Continuo Communitu)	INTRODUCTION	DEVELOPMENT:	LICH DEDECOMANCE.	ONGOING IN SPORT	
	GAME:	(Continue Community)	INTRODUCTION:	DEVELOPMENT:	HIGH PERFORMANCE:	ONGOING IN SPORT:	
	(Partisis auto Place	Children	Youth =	lunior	Senior =	Montoro	
	(Participants Play			Junior =		Masters 40 yrs 1 Veterans	
	any of 3 Games)	6-10 yrs. old, Gr. K-5	11-14 yrs. old, Gr. 6-9	15-19 yrs. old, Gr. 10-12 X	20-39 yrs. old, University +	40 yrs. +, Veterans	
		(Do not develop beyond the	Skills, Game Strategies, FUN	Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness	
	REGU	Community Stream at this age)	Intro. to Full Matches/Competitions	Aguire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.	
	SEPAK TAKRAW	Community Stream at this age)	Local/Regional/Prov. Competitions	Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos	
	(3-on-3 / or more)		Modified or Non-Mod. Competition	Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches	
	3-4 X per week		Program Host: Elementary Sch.,	Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec. Cent.	
	3-4 X per week		JHS, Club, Rec. Centre, Summer	Rec. Centre, Summer Camp,	University, Club, Rec Cent, Sum.	College/Institute, University, Sum.	
			Camp/Program, Training Camp	Sum. Program, Training Camp	Program and/or Training Camp	Program, and/or Training Camp	
			Camp/i Togram, Training Camp	Sum: Frogram, Training Camp	Trogram and/or Training Camp	1 Togram, and/or Training Camp	
			(Youth do not compete in Doubles)	X	X	X	
			(Todal de liet compete in Bodoloc)	Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness	
	DOUBLES			Aguire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.	
	(2-on-2)			Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos	
	3-4 X per week			Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches	
				Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec. Cent.	
OUTDOOR				Rec. Centre, Sum. Camp/Progr.	University, Club, Rec. Centre,	College/Institute, University, Sum.	
SEASON				and/or Training Camp	Sum. Camp/Prog, Training Camp	Program and/or Training Camp	
(Jun-Aug)				1	1	1	
ν, σ,				X	X -	X	
				Coached to Refine Skills/Strateg.	Coached: Refine Adv. Skills/Tact.	Maintain Adv. Skills/Tact./Fitness	
	BEACH*			Aquire Advanced Skills/Tacticts	Achieve Optimum Fitness Levels	Local/Prov./Nat'l./Int'l Comp.	
	(4-on-4 / sand)			Specialize in a Specific Position	Individual & Team Training	And/Or Official Game Demos	
	3-4 X per week			Full Matches/Prov.&Nat'l. Comp.	National & International Comp.	Become Mentors/Coaches	
	·			Program Host: High Sch., Club,	Program Host: College/Institute,	Program Host: Club, Rec. Cent.	
				Rec. Centre, Sum. Camp/Progr.	University, Club, Rec. Centre,	College/Institute, University, Sum.	
				and/or Training Camp	Sum. Progr., Training Camp	Program and/or Training Camp	
	NATIONAL			X		X	
	TOURNAMENT			Best Players compete in Nati	onals & International Competit	tions, ages 15 +)	
	(Jul/Aug)	Keen/skilled players with Leadership Qualitites may be Sport Demonstrators/Mentors/Coaches/Instructors					