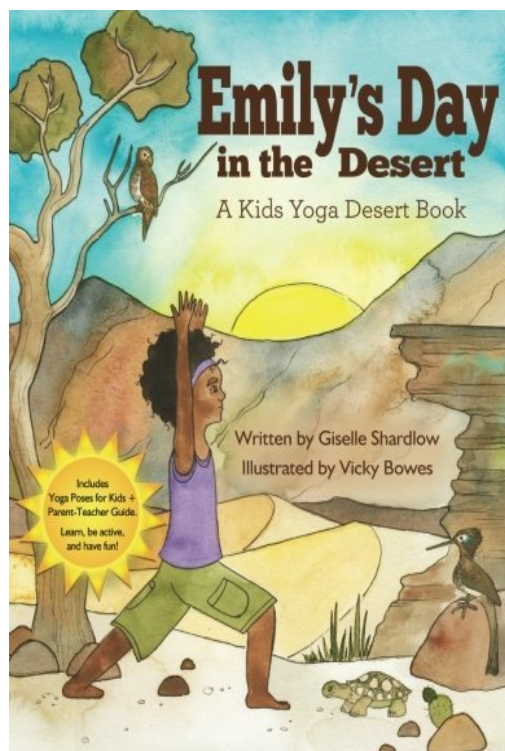


PDF/EPUB Emily's Day in the Desert: A Kids Yoga Desert Book Full Online



Author : Giselle Shardlow


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Book Description

Experience the benefits of yoga while learning about the desert! Join Emily as she spends a day in the Death Valley desert with her parents. Learn about the desert through easy yoga poses for kids while you glide like a hawk, dart like a fox, and slither like a snake! The storybook includes a list of kids yoga poses and a parent-teacher guide. Kids Yoga Stories introduce you to engaging characters who will get your child laughing, moving, and creating. Reading is good for the mind AND body! The story links several yoga poses in a specific sequence to create a coherent and meaningful story. This desert yoga story for ages 4 to 7 is more than a storybook, but it's also a unique experience for children.