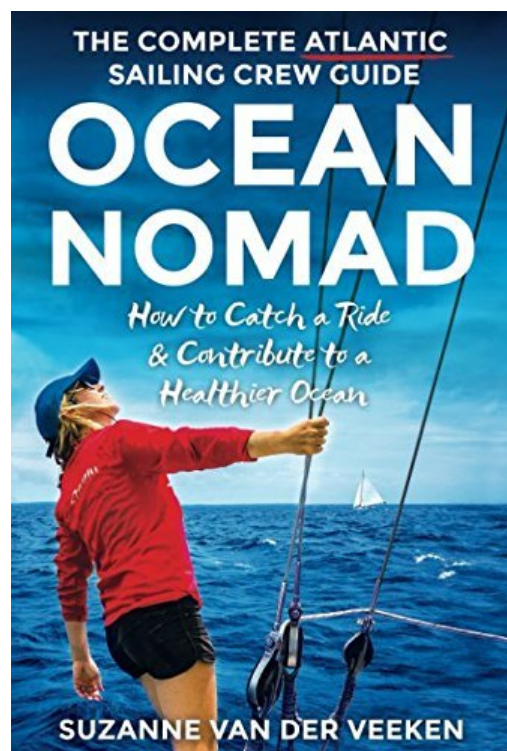


EPUB Download OCEAN NOMAD: The Complete Atlantic Sailing Crew Guide - How to Catch a Ride & Contribute to a Healthier Ocean Full Books



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Book Description

No boat? No budget? No sailing experience? But an urge for ocean adventure... No problem! Sail the Atlantic Ocean as a Crew Member Discover what it feels like to wake up on the ocean, breathe the ocean air, have the wind in your hair, navigate by the stars, live simple and resourceful, and be eye to eye with dolphins. Day in, day out. Travelling an ocean on someone else's sailing boat is not a straightforward endeavour. To be ready to expect the unexpected, careful investigation and preparation is essential. In this Atlantic ocean sailing guide you will discover HOW TO: Start the adventure! Take that first step out the door. Find a sailboat ride: where, when and why. Plan, pack, prepare and provision as crew. Check safety, reliability and the happy-factor of the boat, captain & crew. Deal with seasickness, limited resources, waste, watch-keeping & more. Make a positive difference for the health of the ocean. Packed with practical advice and stories, Ocean Nomad guides you from the idea of "someday I would like to go on a sailing trip", to sipping a coconut on the other side of the Ocean celebrating the achievement. JUMP ON BOARD! This is the Black and White print edition of the book. About the Author Suzanne Van Der Veeke hitched her first sailboat ride across the Atlantic as a complete newbie to the world of sailing. She has now sailed across the Atlantic Ocean three times on a strangers' sailboat. In fact, she has explored almost every ocean on the planet