

# ANETA WYZGA

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## PROFESSIONAL SUMMARY

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Aspiring dental student with a B.S. in Human Biology from UC San Diego and hands-on experience as an orthodontic assistant. Demonstrated commitment to community service, teamwork, and scientific research. Former Division I NCAA scholar-athlete with strong time management, communication, and perseverance. Passionate about patient care, oral health education, and contributing to the community outside of dentistry.

## EDUCATION

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### Bellevue High School

- *High School Diploma*

*Class of 2019*

### University of California San Diego: School of Biological Sciences

- *B.S. Human Biology*

*Class of 2023*

## EXPERIENCE

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### Orthodontic Assistant

Mercer Island, WA

*David J Weed Orthodontics*

*October 2023 - Current*

- Certified Dental Assistant supporting orthodontic procedures with a focus on patient comfort and efficiency.
- Prepared patient treatments, ensuring smooth transitions between appointments.
- Maintained accurate and up-to-date patient records, documenting treatment plans and outcomes.
- Sterilized instruments and upheld high standards of hygiene and safety.

### Studio Experience Team (SET) Member

Bellevue, WA

*CorePower Yoga*

*October 2023 - Current*

- Maintained a clean and welcoming environment by performing daily studio cleaning tasks including mopping, sanitizing equipment, and restocking supplies.
- Supported front desk staff and instructors to ensure smooth class transitions and positive member experiences.
- Demonstrated strong time management and reliability by consistently completing duties within assigned shifts.
- Collaborated with team members to uphold studio standards and create a positive atmosphere for clients.

### Laboratory Assistant

San Diego, CA

*Sanford Burnham Prebys Medical Discovery Institute*

*September 2022 - July 2023*

- Contributed to the Protein Production and Analysis team within Conrad Prebys Center for Chemical Genomics.
- Supported lab experiments by preparing samples and adhering to safety protocols.
- Ensured data integrity and lab organization while handling sensitive chemical and biological materials.
- Collaborated with researchers to streamline workflows and meet project deadlines.

### Division I NCAA Athlete

San Diego, CA

*UC San Diego Women's Swimming and Diving*

*September 2019 - June 2023*

- Competed at the Division I level after qualifying for Division II NCAA Championships.
- Balanced rigorous training (20+ hours/week), academics, and travel, demonstrating time management and resilience.
- Worked closely with coaches and teammates to develop and execute training strategies.
- Contributed to a high-performance culture, emphasizing discipline, teamwork, and goal setting.

### Lifeguard

San Diego, CA

*UC San Diego Recreation*

*May 2021 - November 2021*

- First AID and CPR certified; ensured guest safety at pools through vigilant monitoring and prompt response.

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- Communicated pool rules clearly to guests to prevent injuries and ensure a safe environment.
- Collaborated with recreation staff to maintain a clean and safe environment.

## Lifeguard (seasonal)

Bellevue, WA

*Western Academy of Beaux Arts*

*June 2017 - August 2021*

- Ensured waterfront safety at a seasonal beach setting, enforcing rules and responding to emergencies.
- Built rapport with children and families, promoting safe and fun experiences through daily “Questions of the Day.”
- Maintained vigilance and a positive presence in a dynamic outdoor environment.

## Competitive Swimmer

Bellevue, WA

*Bellevue Club Swim Team (BCST)*

*September 2015 - August 2019*

- Committed to a 15+ hour weekly training schedule while maintaining academic responsibilities.
- Developed leadership skills by mentoring younger swimmers and supporting team development.
- Prepared for collegiate-level competition through disciplined training and strategic performance planning.

## VOLUNTEER WORK

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### Reading Buddy

King County, WA

*King County Library Systems*

*August 2024 - Present*

- Paired with young readers to encourage literacy and foster a love of books.
- Maintained a positive learning environment.

### Events Volunteer

Bellevue, WA

*Bellevue Art Museum*

*August 2024 - Present*

- Assisted during youth art workshops and museum events.
- Helped keep exhibit spaces clean and interacted with museum guests to enhance their experience.
- Encouraged community involvement in the arts and creative expression.

### Habitat Maintenance and Stewardship

Issaquah, WA

*Friends of Issaquah Salmon Hatchery*

*November 2024 - Present*

- Helped with hatchery maintenance tasks to support fish habitat preservation and maintain safety for guests.