

Smart and Bio-compatible Ostomy Bag Hydrogel Adhesive

WILLIAM PAN¹ (williampan4032@gmail.com), MATT MARSHALL¹ (mattmarshall@iisd.org), DAVID MONGE¹ (davidmunge@iisd.org)

¹Northwood High School, Irvine, CA, 92620

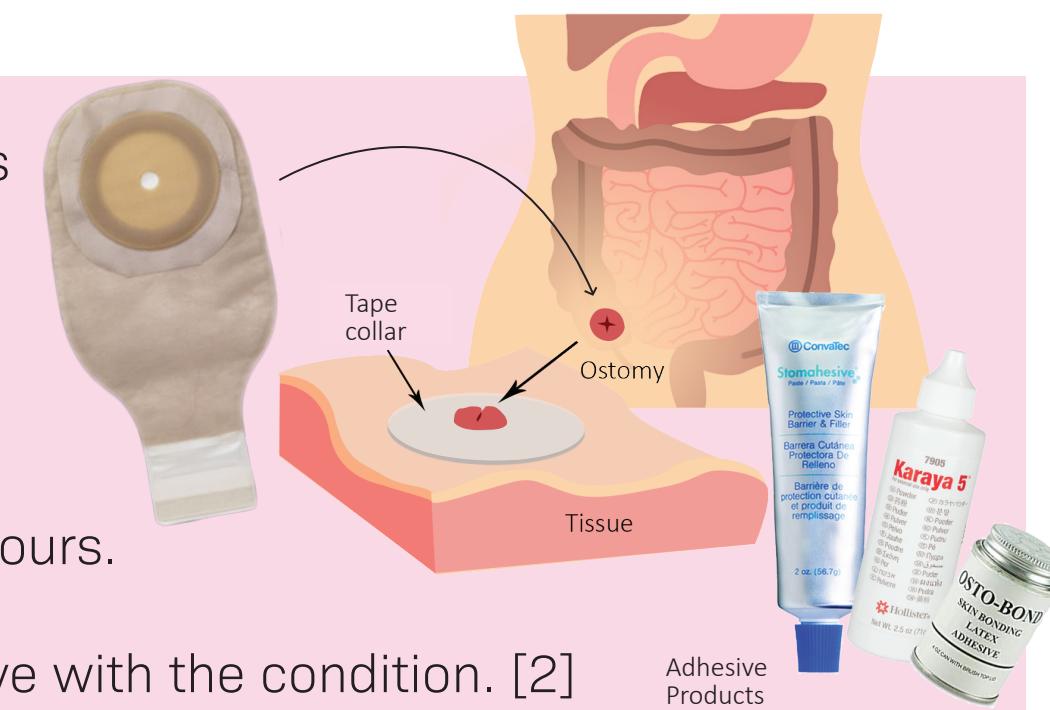


Background.

Ostomies are digestive and excretory surgeries where waste is redirected through the abdomen, requiring a bag to catch excrement. [1]

Current methods have adhesives along with pastes or powders to create adhesion for 24 hours.

Estimated that 700,000 in the United States live with the condition. [2]



Motivation.

Create a novel and smart hydrogel device that prevents ostomy leaks and has strong adhesion.

Challenge.

- Current adhesives are weak, leading to leakages of bodily wastes onto the skin, which causes dermatitis (34% of patients affected) [3].
- No methods today have strong adhesion to prevent skin damage from accidental ostomy leaks or blowouts.

Key Idea. A novel combination of the hydrogel ostomy adhesive (HOA) and chitosan ostomy bonding solution (COBS) was formulated. A bridging-polymer network between the skin and hydrogel creates strong adhesion, allowing for a wide range of movement, long wear times, and less leakages.

Methods.

HYDROGEL OSTOMY ADHESIVE (HOA)

1) acrylamide and sodium alginate monomers were dissolved in distilled water.

2) N,N'-methylenebisacrylamide, N,N,N',N'-tetramethylenebisacrylamide, calcium sulfate, ammonium persulfate used as covalent and ionic crosslinkers.

3) reagents are mixed, done so no air bubbles appear in the solution

4) 1 hour UV curing (365 nm) in glass mold with 1 mm silicone buffer.

5) laser cut with laser printer (Epilog Zing 24) in predesigned shape.



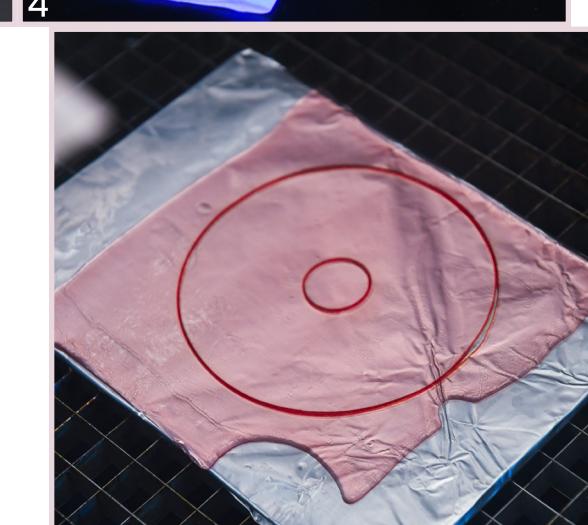
CHITOSAN OSTOMY BONDING SOLUTION (COBS & COBSEN)

1) Chitosan was dissolved in 0.1 M MES hydrate for 1 hour.

(Chitosan ostomy bonding solution EDC-NHS (COBSEN) was an alternative solution for stronger adhesion used in the adhesion tests. N-Hydroxysuccinimide (NHS) and 1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide (EDC) were added into COBS.)

2) Solution was evenly spread on the skin prior to adhesion.

HOA applied for a minimum of 5 minutes for bonding to occur.

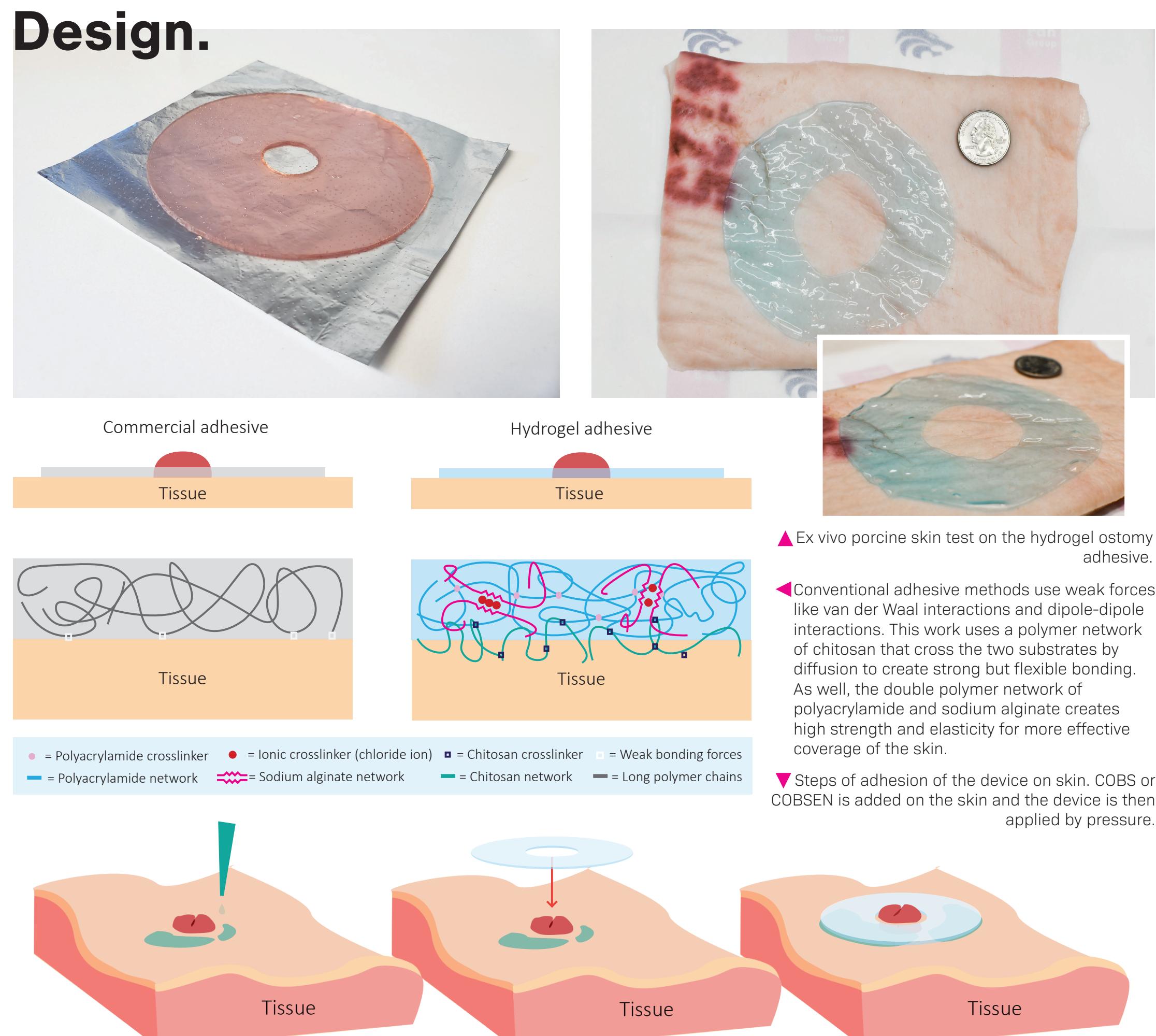


Additional information about the creation of the device and other mechanical tests can be found in Materials and Methods and Supplementary Information.

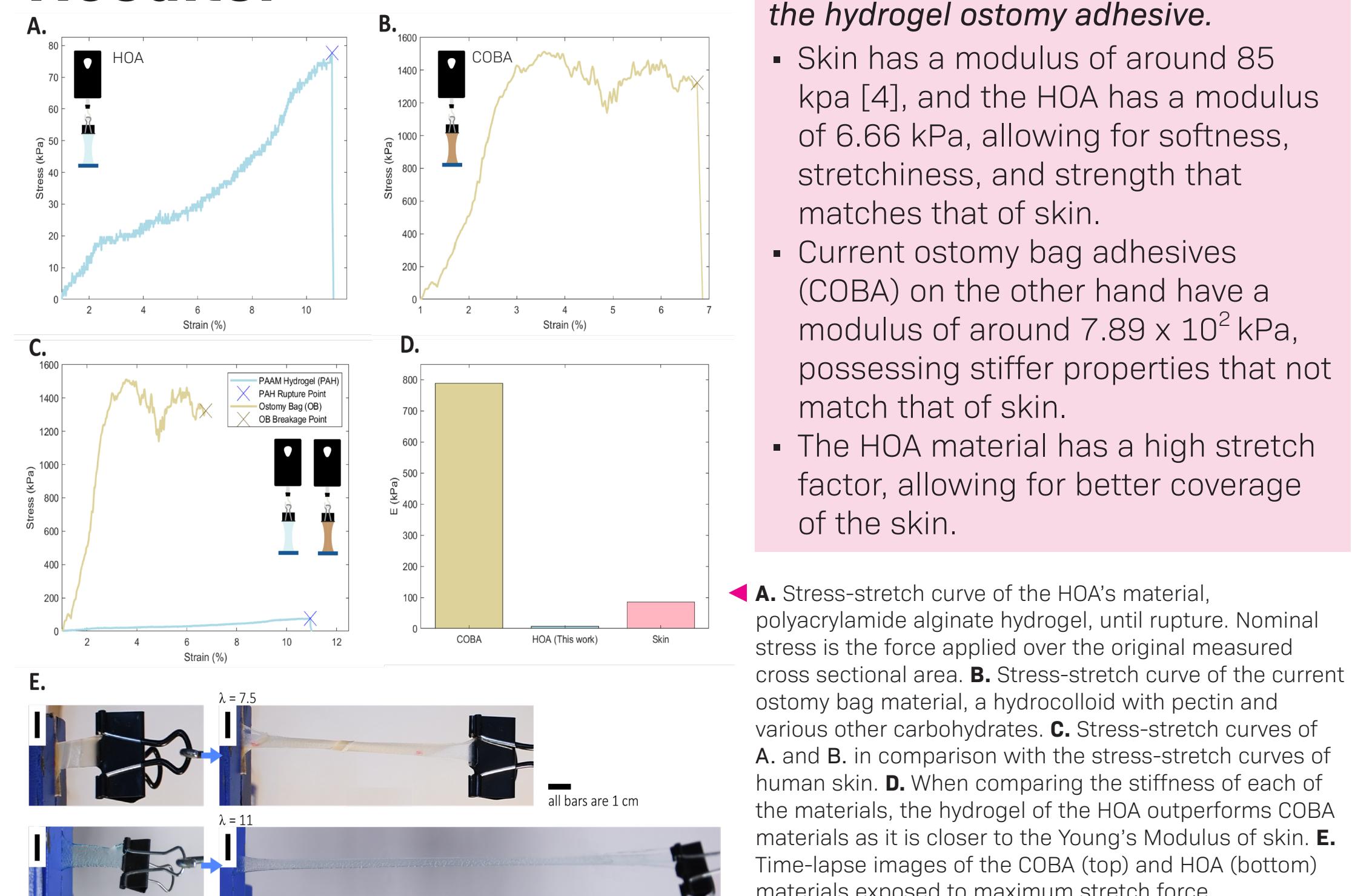
References.

- [1] Steinhagen, E., Colwell, J., & Cannon, L. M. Intestinal Stomas—Postoperative Stoma Care and Peristomal Skin Complications. *Clin Colon Rectal Surg* 30, 184–192 (2017). [2] Cressey, B. D. et al. Stoma care products represent a common and previously underreported source of peristomal contact dermatitis. *Contact Dermatitis* 76, 27–33 (2017). [3] Leong, A. P. K., Londono-Schimmer, E. E., & Phillips, R. K. S. Life-table analysis of stomal complications following ileostomy. *Br J. Surg.* 81, 727–729 (1994). [4] McKee, C. T., Last, J. A., Russell, P., & Murphy, C. J. Indentation versus tensile measurements of Young's modulus for soft biological tissues. *Tissue Eng Part B Rev* 17, 155–164 (2011). [5] Yuk, H., Zhang, T., Parada, G. A., Liu, X., & Zhao, X. Skin-inspired hydrogel-elastomer hybrids with robust interfaces and functional microstructures. *Nat Commun* 7, 12028 (2016).

Design.



Results.



Mechanical softness and strength of the hydrogel ostomy adhesive.

- Skin has a modulus of around 85 kPa [4], and the HOA has a modulus of 6.66 kPa, allowing for softness, stretchiness, and strength that matches that of skin.
- Current ostomy bag adhesives (COBA) on the other hand have a modulus of around 7.89×10^2 kPa, possessing stiffer properties that do not match that of skin.
- The HOA material has a high stretch factor, allowing for better coverage of the skin.

A. Stress-stretch curve of the HOA's material, polyacrylamide alginate hydrogel, until rupture. Nominal stress is the force applied over the original measured cross sectional area. B. Stress-stretch curve of the current ostomy bag material, a hydrocolloid with pectin and various other carbohydrates. C. Stress-stretch curves of A. and B. in comparison with the stress-stretch curves of human skin. D. When comparing the stiffness of each of the materials, the hydrogel of the HOA outperforms COBA materials as it is closer to the Young's Modulus of skin. E. Time-lapse images of the COBA (top) and HOA (bottom) materials exposed to maximum stretch force.

Results (cont.).

Robust adhesion in ex vivo porcine models of the hydrogel ostomy adhesive.

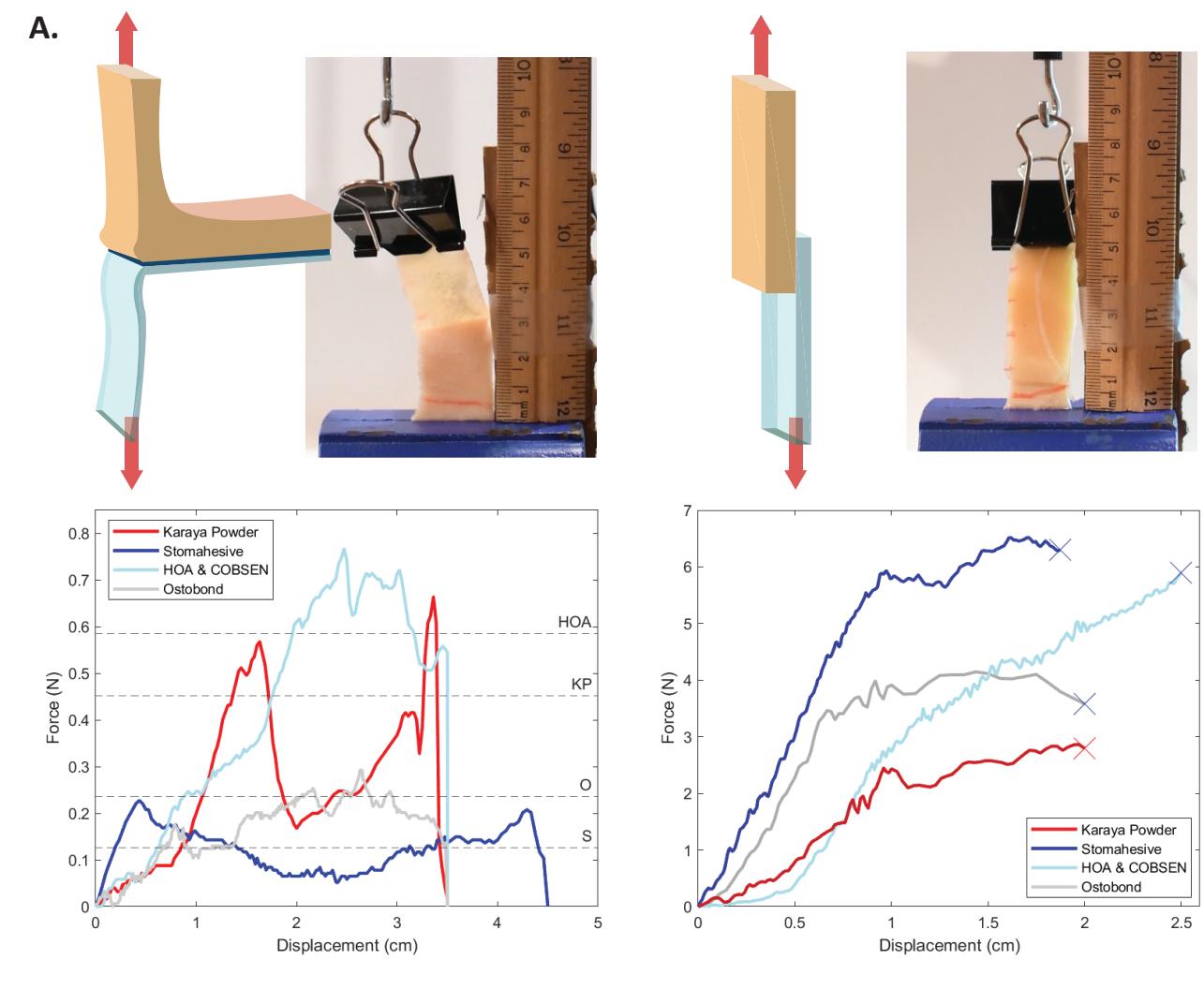
- The HOA with COBSEN provides high adhesive strength with an interfacial toughness of 58.5 J m^{-2} and a shear strength of 9.822 kPa.
- This device does better than most commercial ostomy pastes and powders like Karaya Powder, Stomahesive, and Ostobond.

A. A 180° degree peel test was to determine the interfacial toughness of each of the different solutions (left). A lap shear test was used to determine shear strength of each of the different solutions (right).

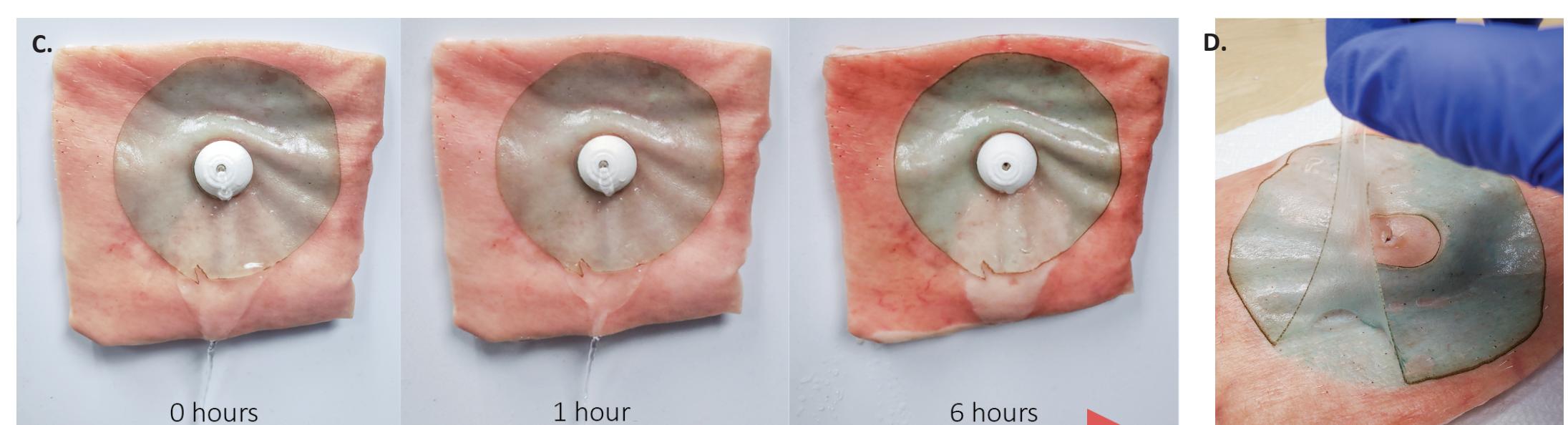
B. The HOA with the COBSEN exceeds in adhesion compared to conventional ostomy pastes and powders in terms of interfacial toughness and shear strength.

High wear endurance of the hydrogel ostomy adhesive.

The HOA can hold 4.9 N of shear force even after 12 hours of wear, as shown by hanging a 500 g mass on the device.

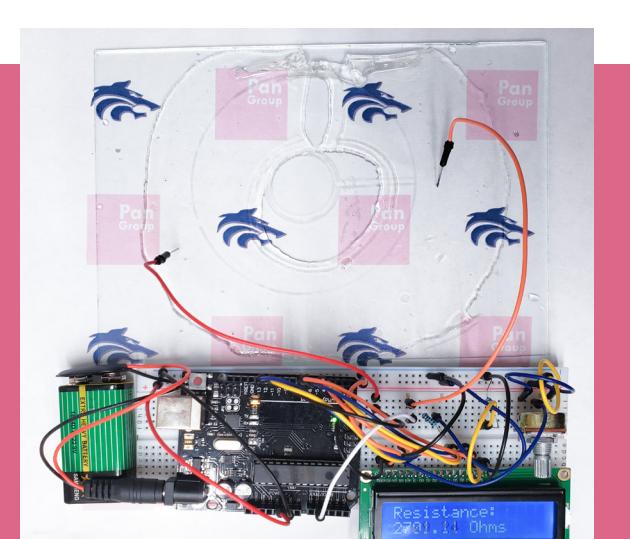


C. Time-lapse images of mock ostomy endurance flow tests over 6 hours. The HOA exhibits barely any change to its adhesive and mechanical strength. D. After 12 hours of continuous water flow to simulate ostomy conditions, the HOA still had strong adhesion.



Future Directions.

- **Drug Delivery:** to administer medication to reduce inflammation after a leak.
- **Leak Detection:** to detect ion flow under the device before a leak occurs. (shown on the right).
- **Improvement:** The HOA can be improved by adding a layer of polydimethylsiloxane (PDMS) to prevent drying, similar to the methods in Yuk et al. 2016 [5]



Conclusions. This work presents the HOA, a stronger, biocompatible, and smart adhesive device that is made of hydrogels, along with the COBS, a tough interconnected polymer network with the skin that creates adhesion for up to 24 hours. The HOA can allow for ostomy patients to live with ease and live truer to who they want to be.

Acknowledgements.

Thank you all for supporting our research: HYUNWO YUK (Massachusetts Institute of Technology) for help with helpful discussion about the device. LESLIE FUCHS M.D. (University of California Berkeley), CLAIRE THOMAS Ph.D. (University of California Berkeley), PRABUDH BHATTACHARYA (University of California Berkeley), MARCUS CHAO (Rhode Island Institute of Design) for developing the idea of a hydrogel adhesive at MIT GrandHack San Francisco 2019. DAVID MONGE (Northwood High School), MATT MARSHALL (Northwood High School), NICOLE MIDIANI (Northwood High School), KYLE KUKE (Northwood High School) for supervising experiments and development of the device. DR. BEVERLY MATUDA Ph.D. (Northwood High School) for helping design the mechanical tests and reviewing the paper. DR. XIAOYU GONG (Innomed), PROFESSOR ZHIGANG SUO (Harvard University), and SONG CHENG Ph.D. (Suzhou Soft Intelligent Materials) for the introduction into the field. As well, DAT NGUYEN (University of California Irvine), ZACHARY HUANG-QIATU, and my parents.