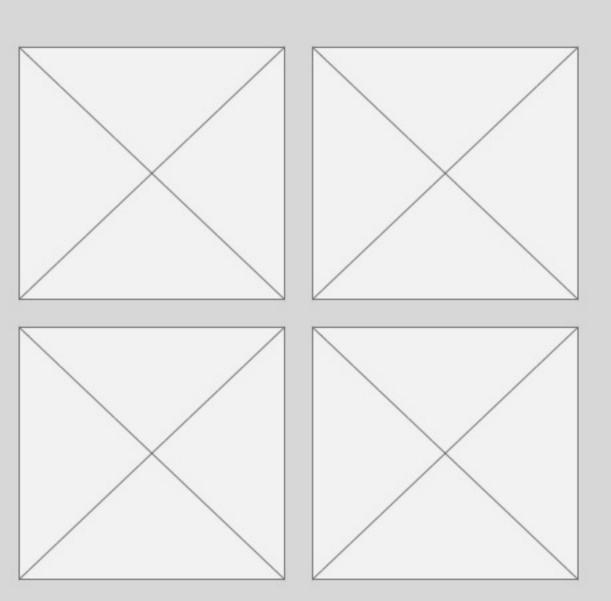
HOW IT WORKS

PROMOTIONAL OFFER

HAND CRAFTED

When it comes to healthy eating we pay attention to one key ingredient, our hands. All of our meals are hand crafted by professional chefs under the guidance of nutritionists and meal planning experts. We take every effort to ensure only the finest ingredients make it into our recipes and we rely on years of experience and training to formulate the healthiest, best tasting options available today. Never frozen, never modified, never preprocessed, we only accept the best so we can deliver the best.



HEALTHY MEALS

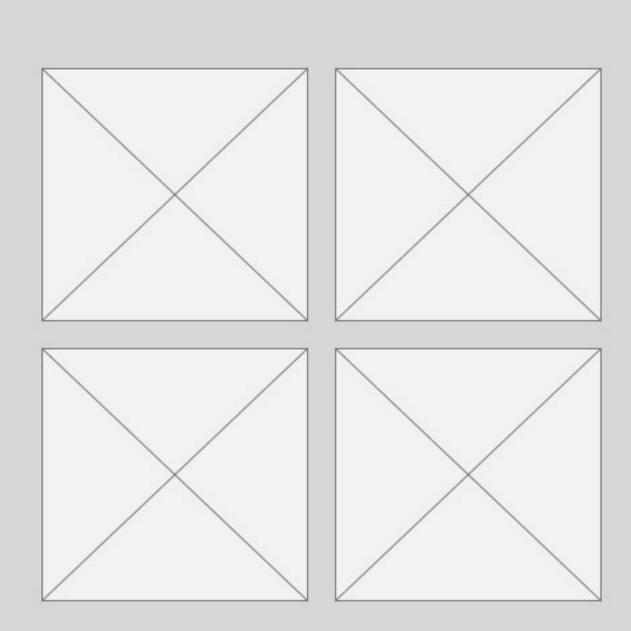
If you are starting a new health regimen, continue on the path to success, or simply looking for affordable healthy meal options, we have the solution. When you order our meals, we not only ensure they meet your guidelines for success, we also make sure they are packed full or energy and nutrition to get you through your busy day. We know life gets in the way and the quickest option is usually your only option...not anymore. Order a meal plan today and find the missing ingredient needed in your health routine. Your success truly is our success.

AT HOME

We know the stresses of rushing home and trying to cook a meal for you or your family, not to mention trying to cook something that is reasonably healthy. Let us help you get back to your regular life while still providing a great meal.

When you order a meal from us, we provide all of the ingredients and instructions needed to start and finish in under 45 minutes. All of our products come fully prepared, ready to craft, cook and serve in a snap. Best of all there is no need to stop at the store on your way home.

Simple, honest, healthy meals right at your door.





MEALS
MY HEALTH PLAN
MY PROFILE

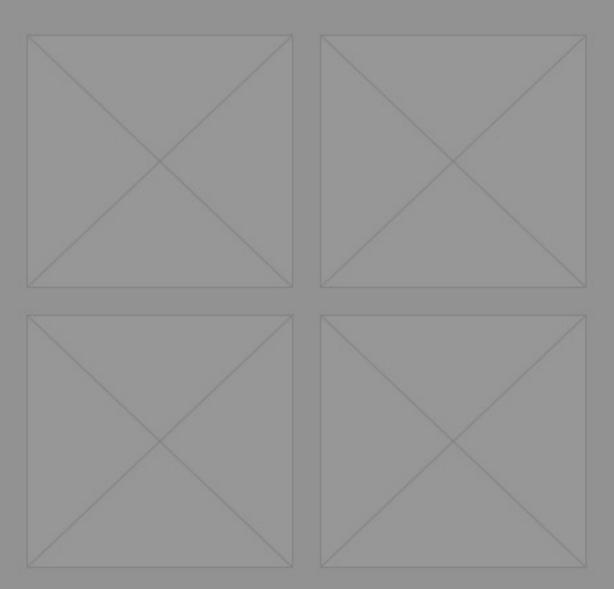
SUPPORT/FAQ CONTACT US ABOUT US MENU ITEM 1
MENU ITEM 2
MENU ITEM 3

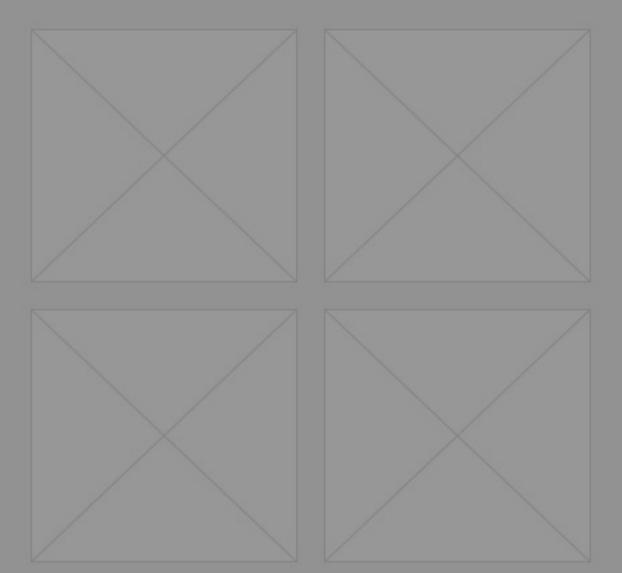
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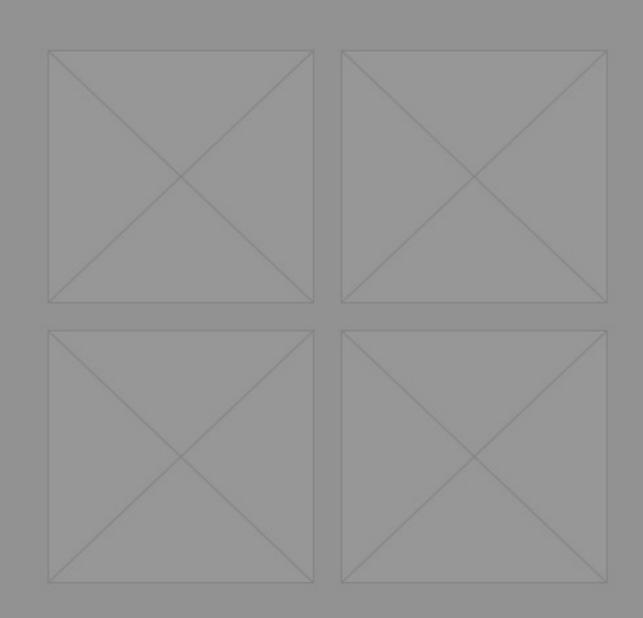
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MY HEALTH PLAN

CONTACT US

MENU ITEM 2
MENU ITEM 3

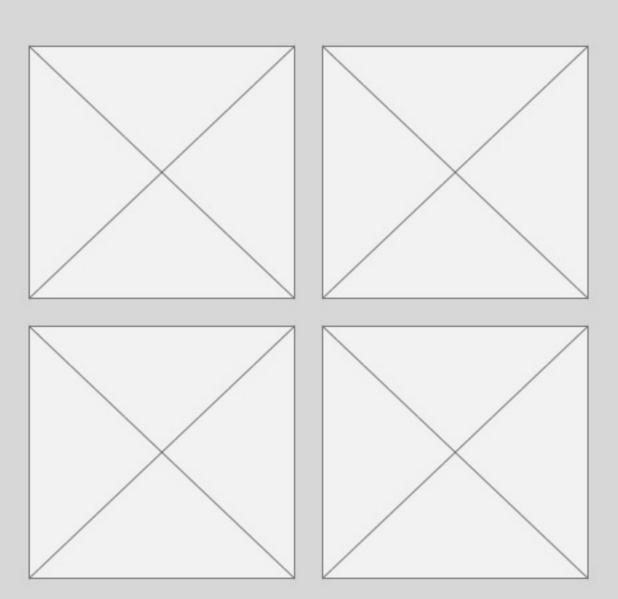
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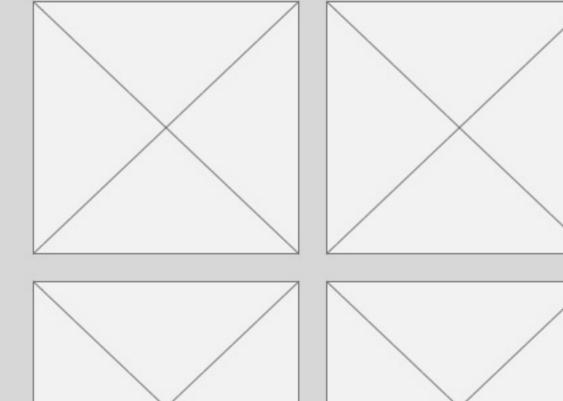
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HEALTHY MEALS

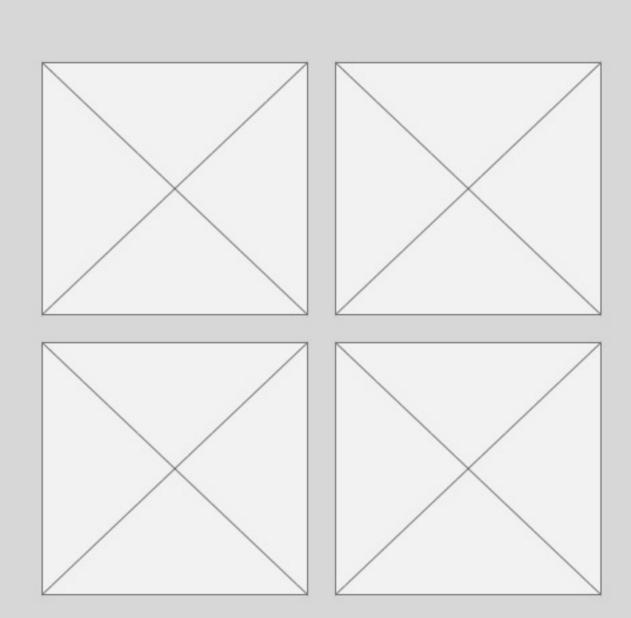
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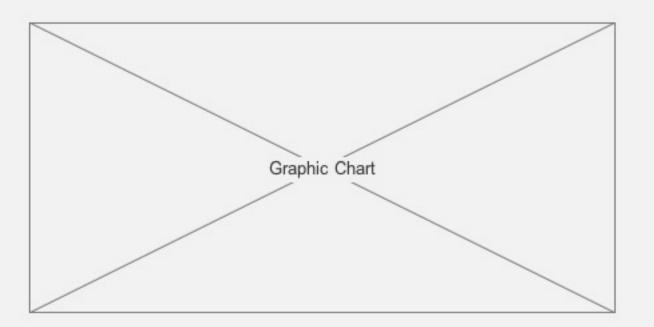
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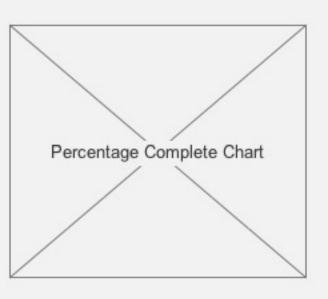
Simple, honest, healthy meals right at your door.



MY PROGRESS



UPDATE CURRENT WEIGHT



At this rate you will reach your goal in: 22 days!

Show More Progress



LOG A MEAL

It all starts here. Nutrition and Fitness go hand in hand. Log often to see your progress really transform



LOG A WORKOUT

The power to transform comes from your dedication and hard work. Record your workouts and reap the benefits



UPDATE GOALS

Ready to start the next steps, or looking to add a new goal? It's all done here.

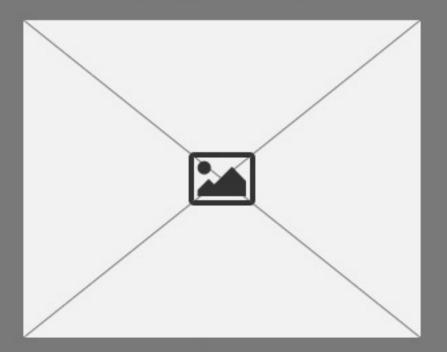


ORDER MEALS

An empty fridge is a missed opportunity for great success. Restock your shelves and re-energize your body!

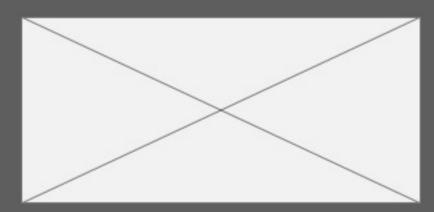
Stay Motivated

LOGO



When you feel like quitting...
Think about why started!

Stay Educated



This week's best article

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Stay Active



Here is a great video on a new exercise you should try this week!



MEALS

MY HEALTH PLAN

MY PROFILE

SUPPORT/FAQ

CONTACTUS

ABOUT US

MENU ITEM 1

MENU ITEM 2

MENU ITEM 3

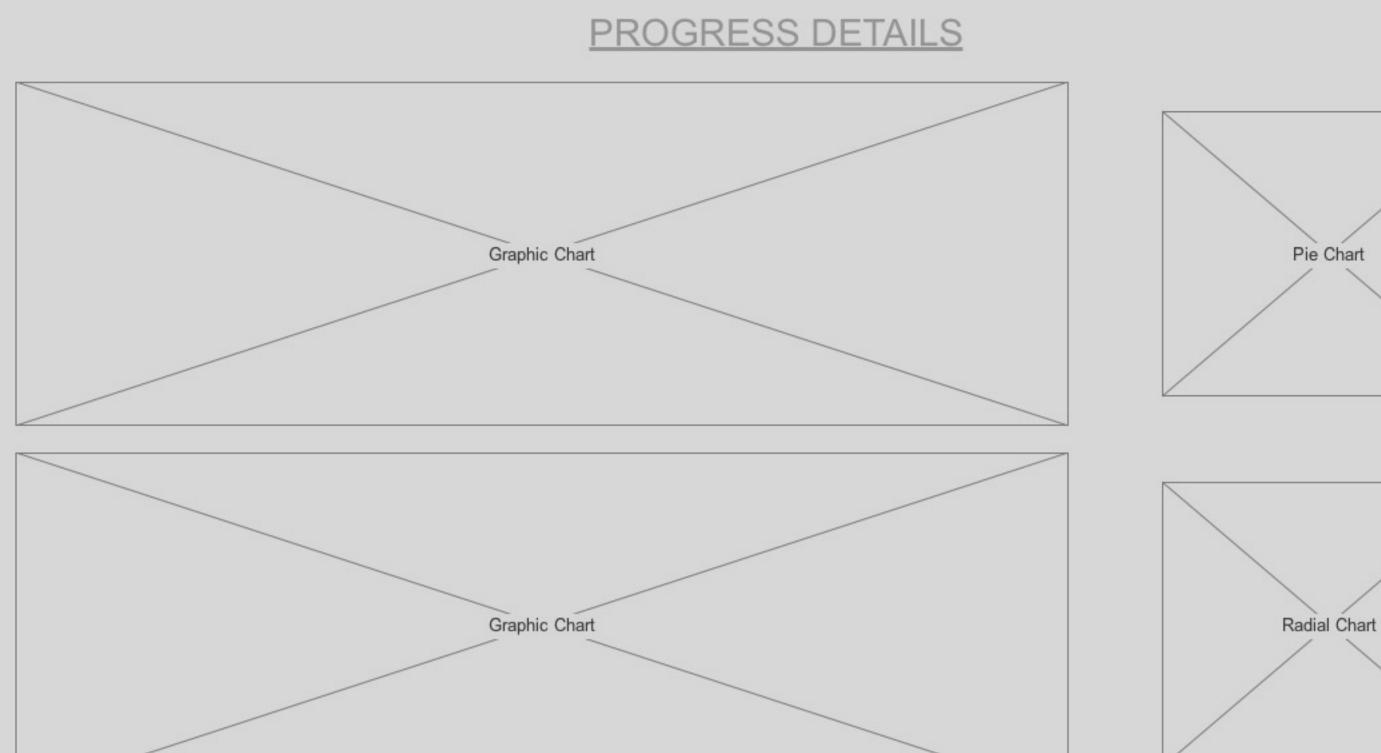
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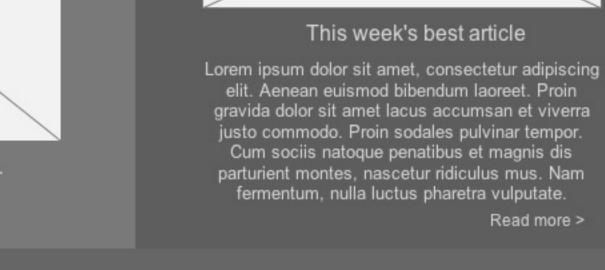
At this rate you will reach your goal in:

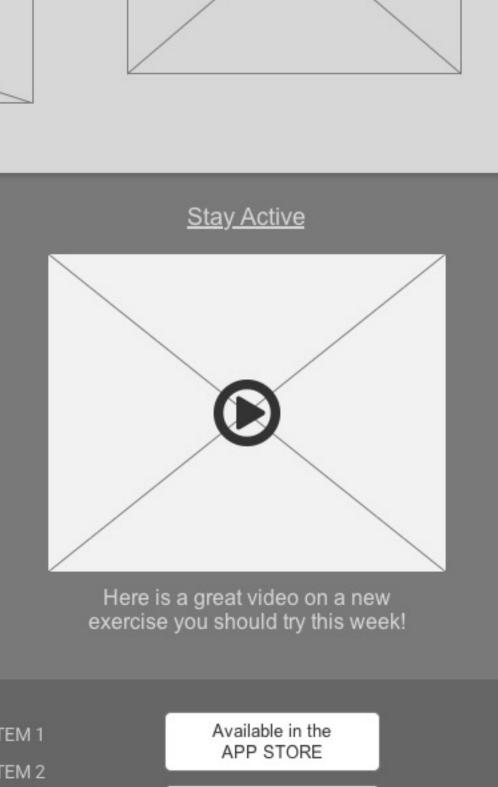
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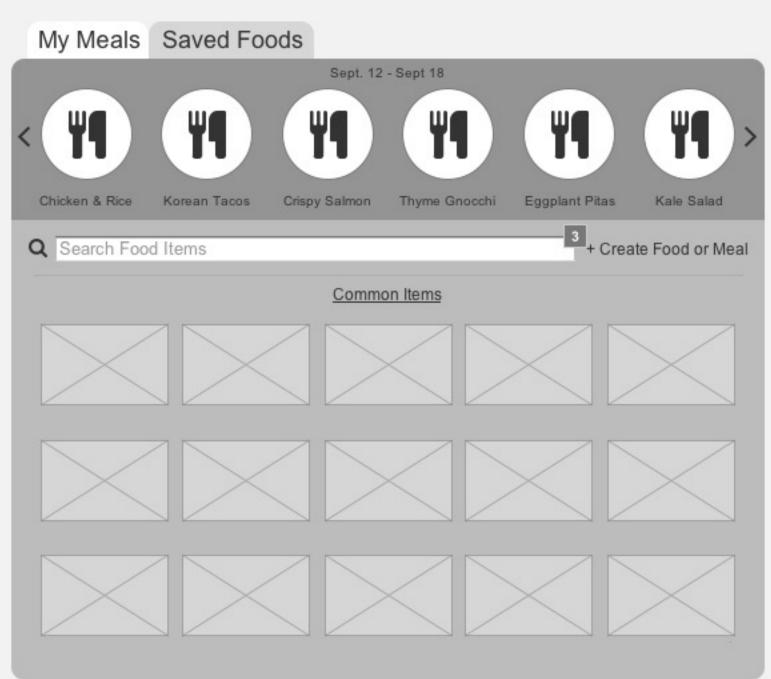
MEALS
MY HEALTH PLAN
MY PROFILE

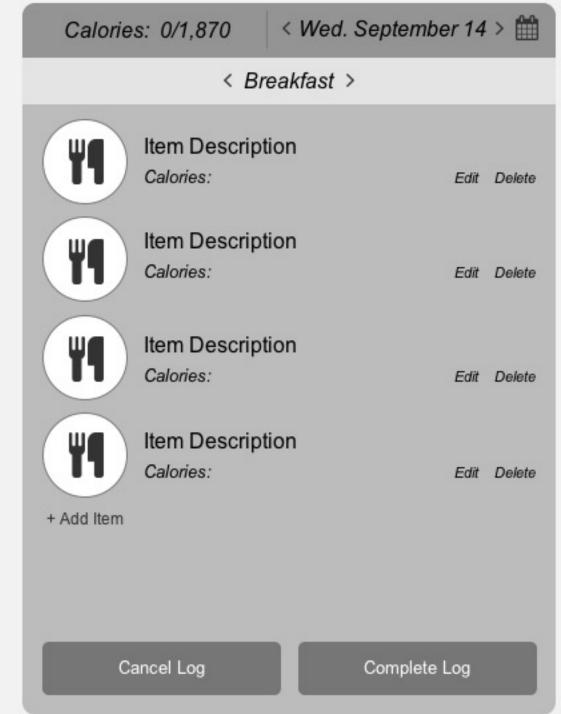
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MENU ITEM 3



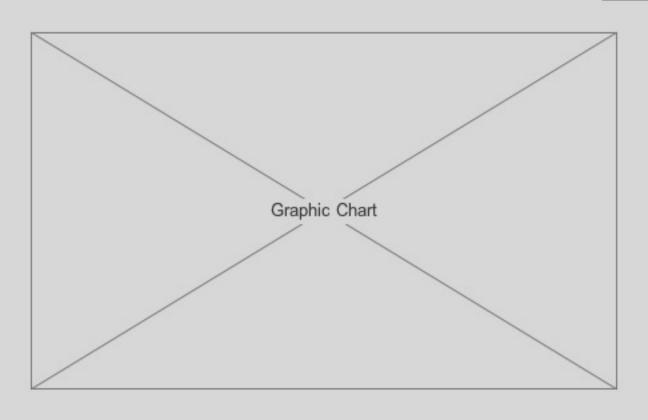


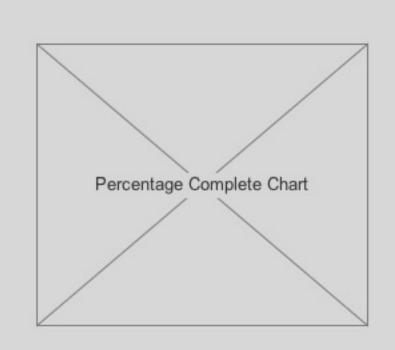


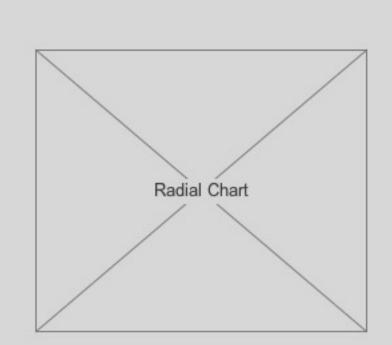


Close Meal Log

MY PROGRESS







Show More Progress



When you feel like quitting... Think about why started!



This week's best article

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Stay Active



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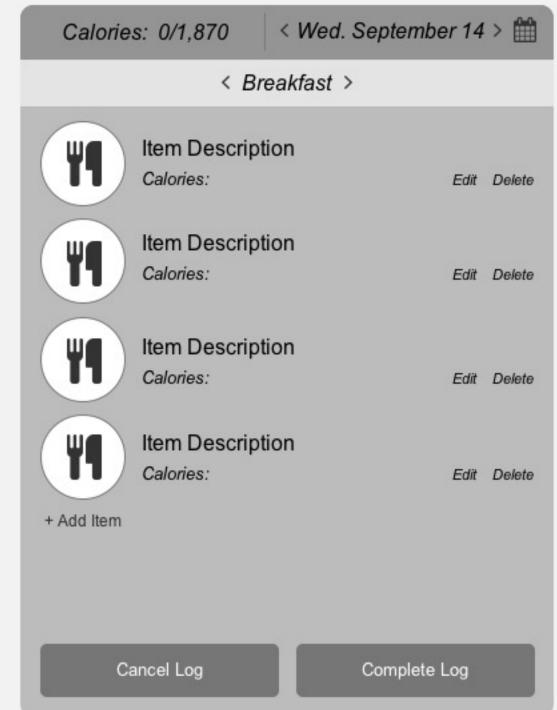


MEALS
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MY PROFILE

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MENU ITEM 2
MENU ITEM 3

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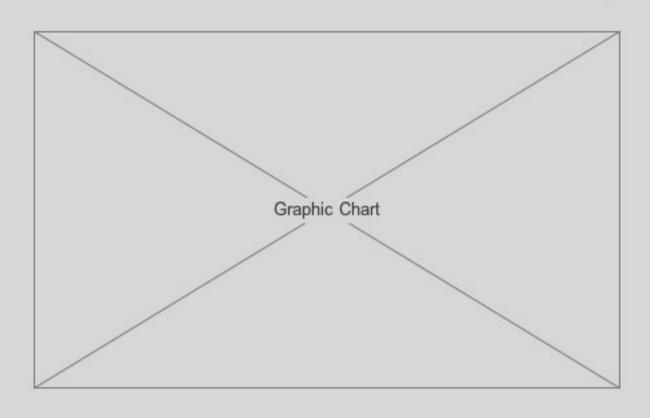


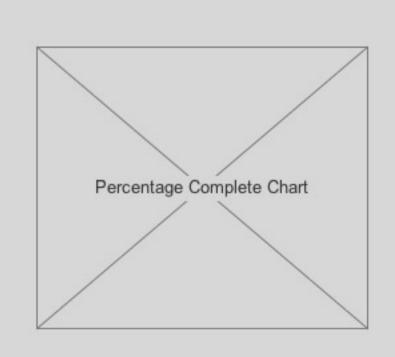


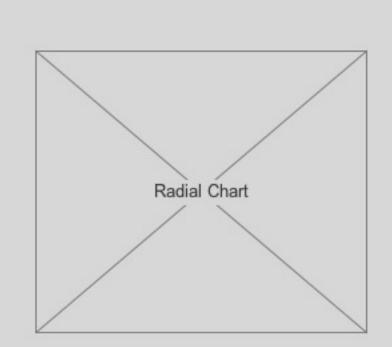


Close Meal Log

MY PROGRESS



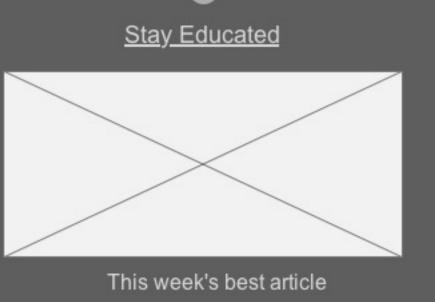




Show More Progress



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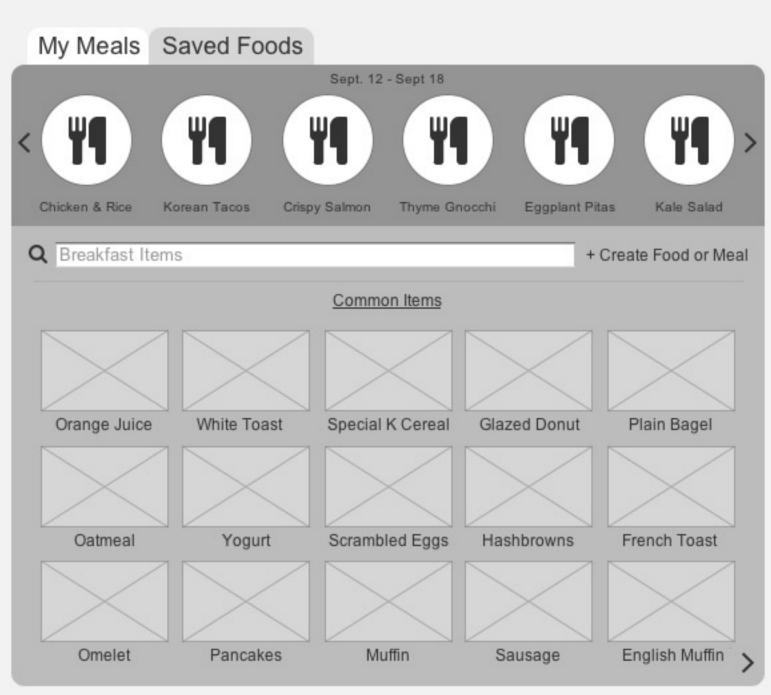
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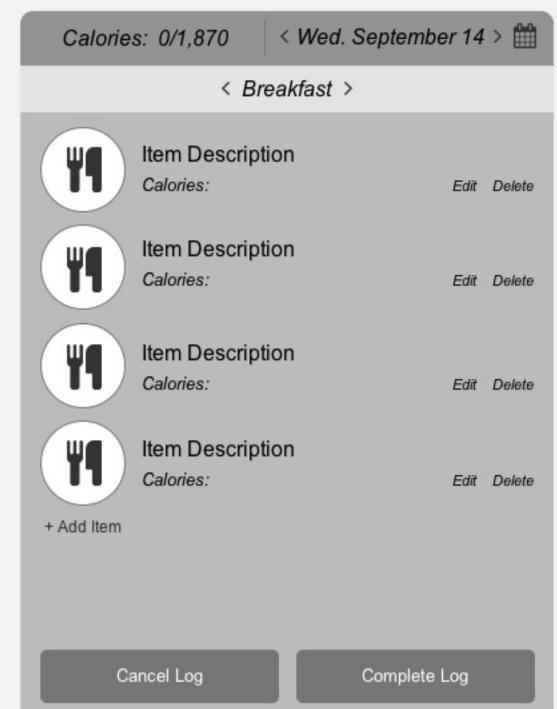


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MY HEALTH PLAN
MY PROFILE

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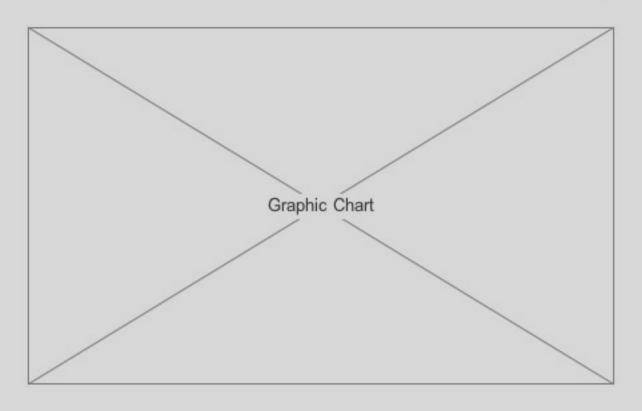


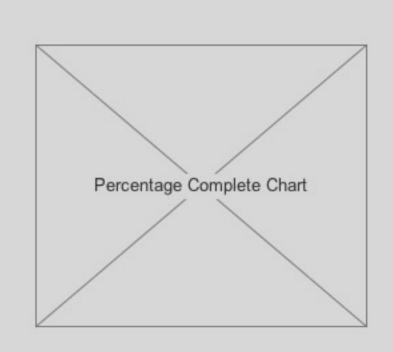


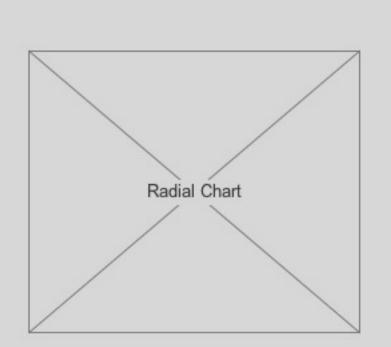


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MY PROGRESS



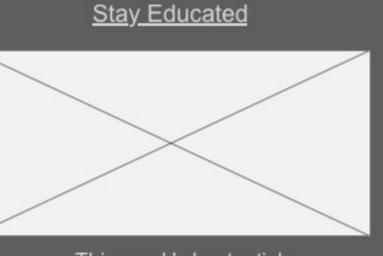




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When you feel like quitting... Think about why started!



This week's best article

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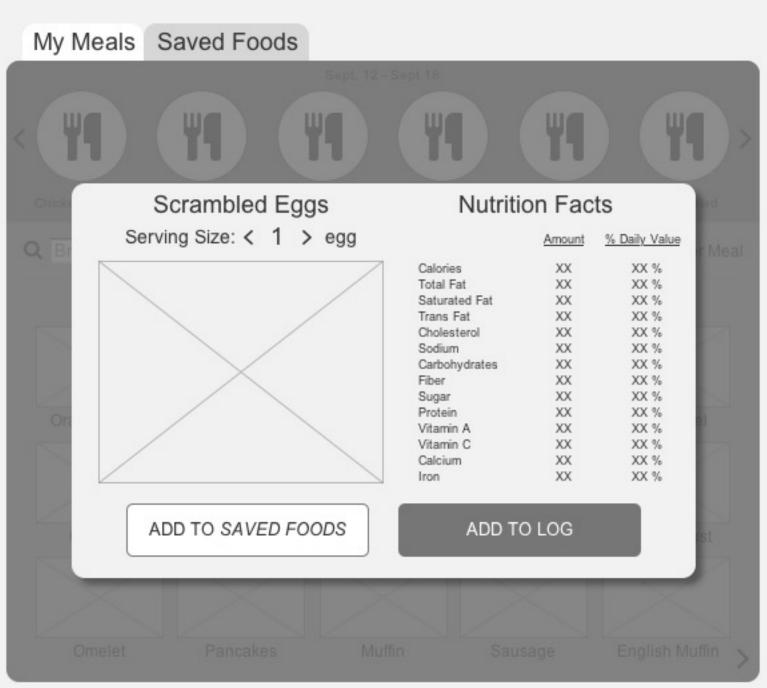


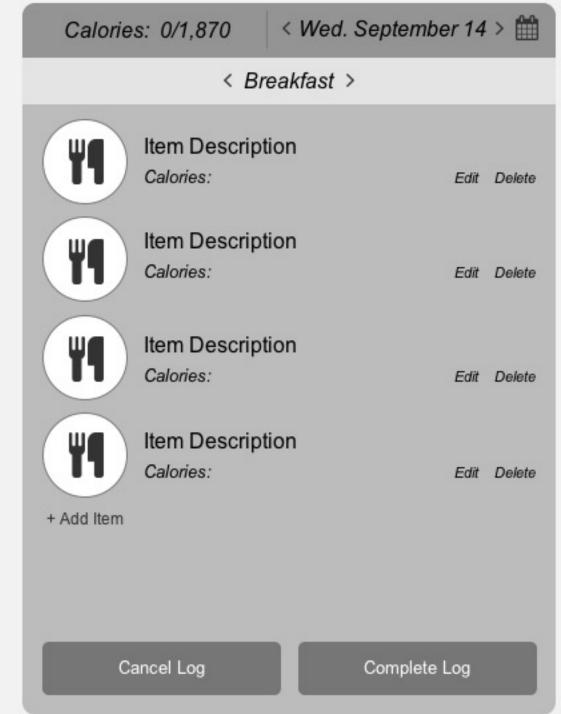
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MY HEALTH PLAN
MY PROFILE

SUPPORT/FAQ CONTACT US ABOUT US MENU ITEM 1
MENU ITEM 2
MENU ITEM 3

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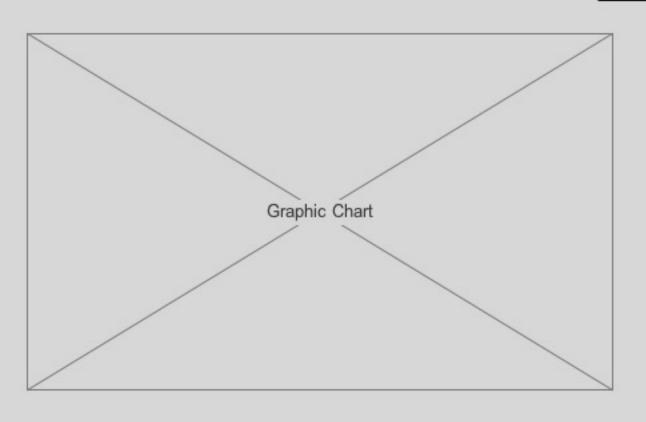


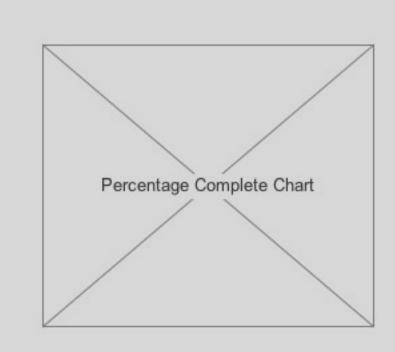


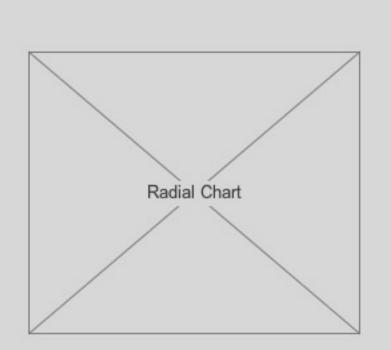


Close Meal Log

MY PROGRESS



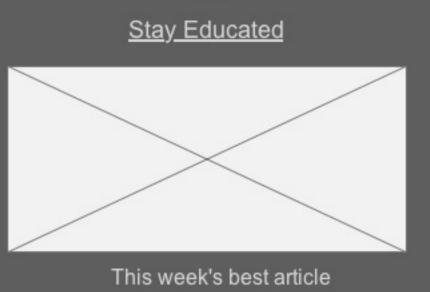




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When you feel like quitting... Think about why started!



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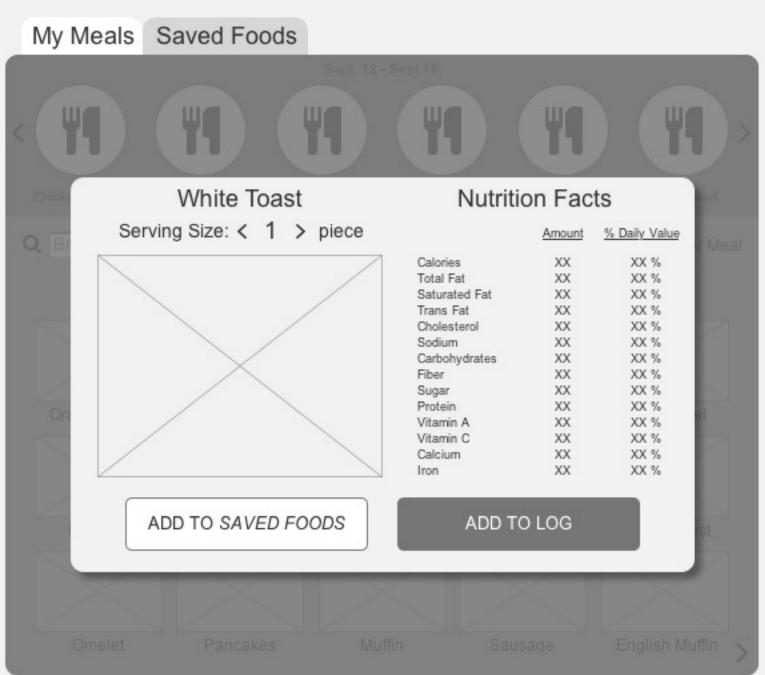


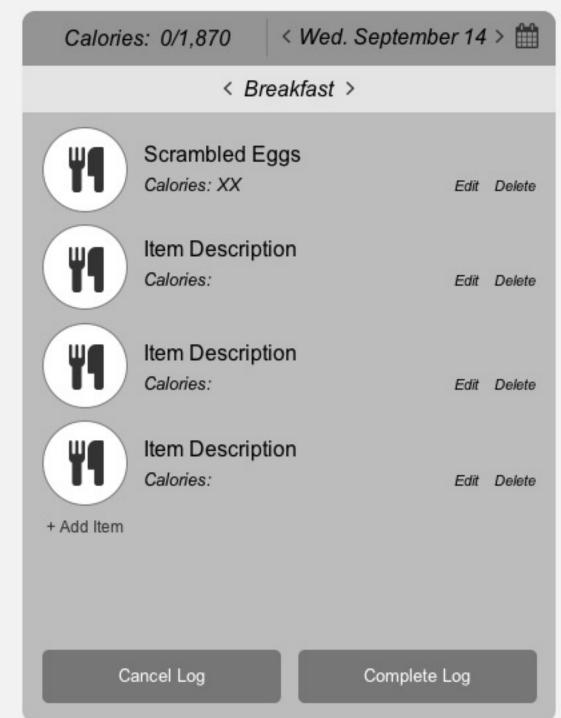
MEALS
MY HEALTH PLAN
MY PROFILE

SUPPORT/FAQ CONTACT US ABOUT US MENU ITEM 1
MENU ITEM 2
MENU ITEM 3

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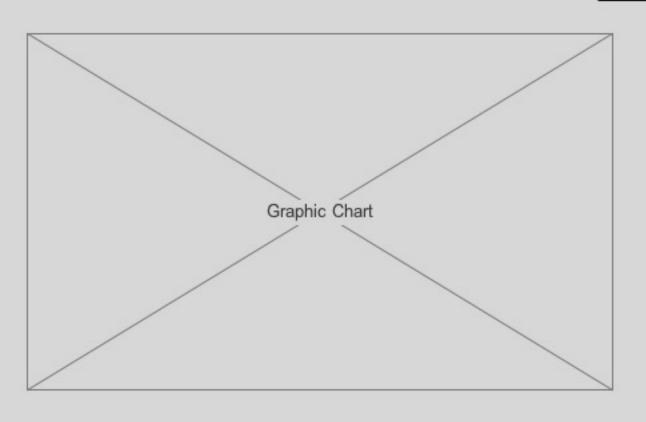


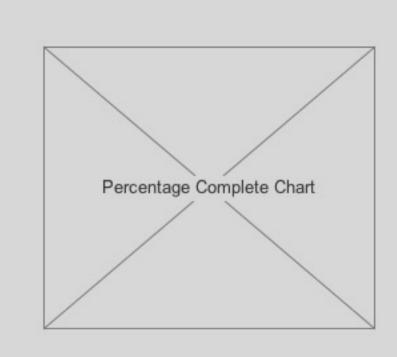


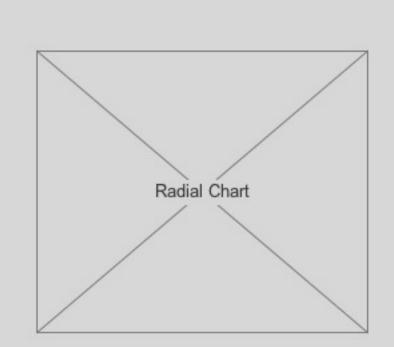


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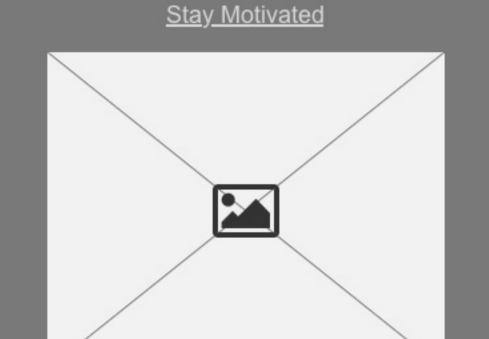
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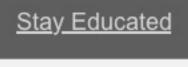


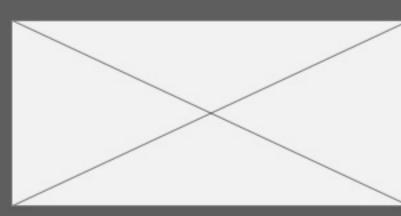


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This week's best article

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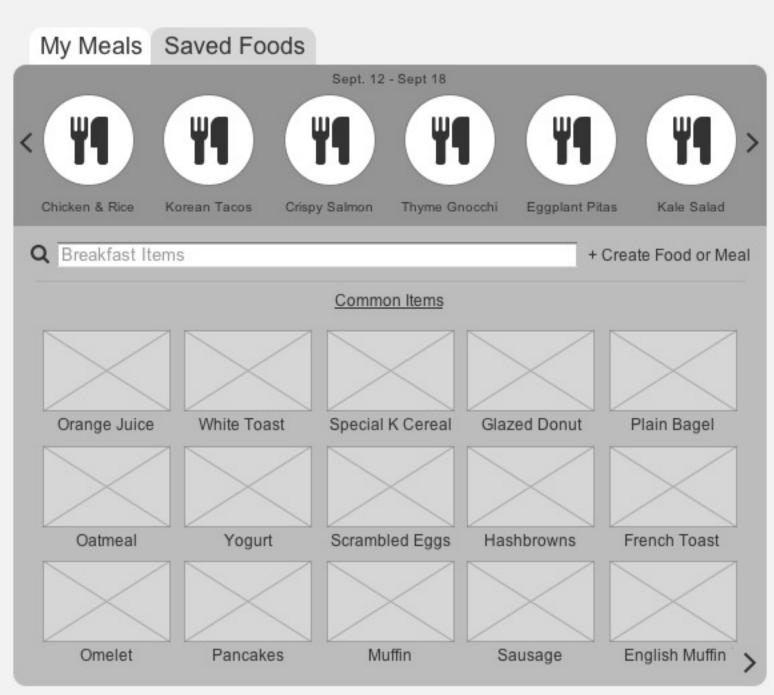
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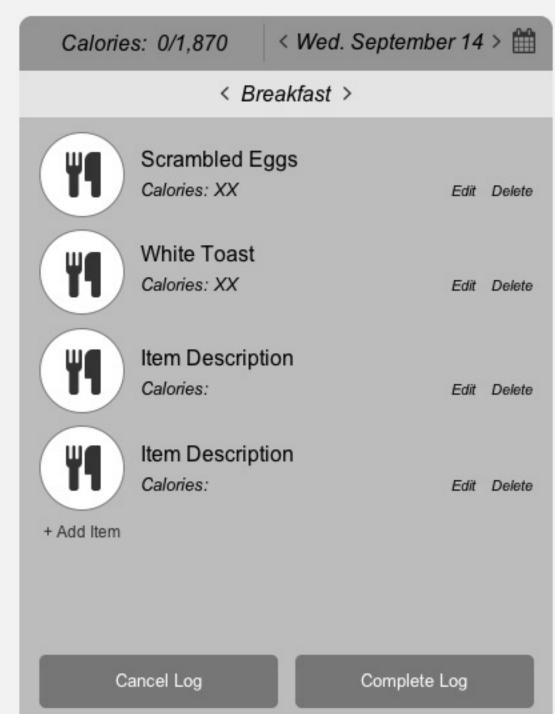


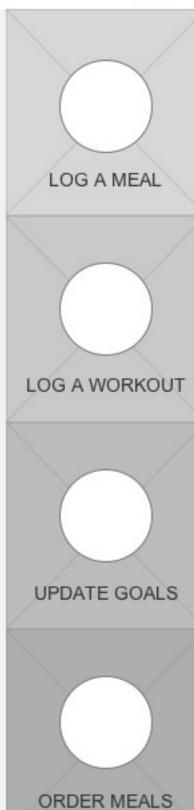
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MY HEALTH PLAN
MY PROFILE

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MENU ITEM 2
MENU ITEM 3

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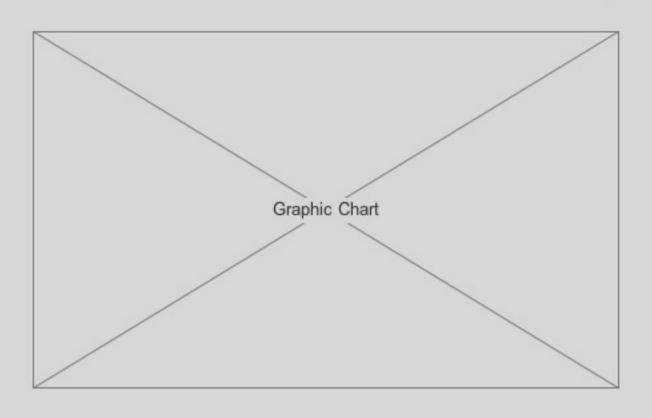


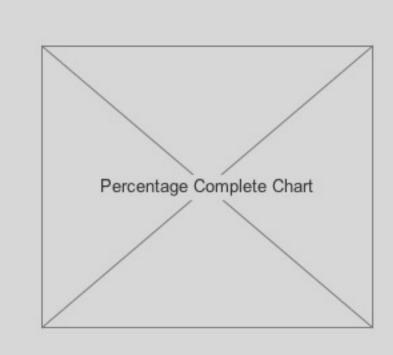


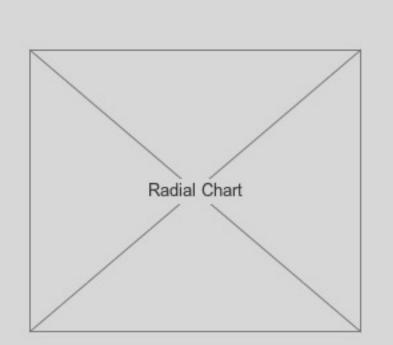


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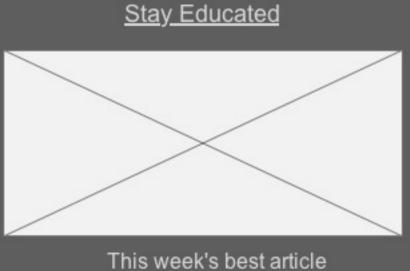




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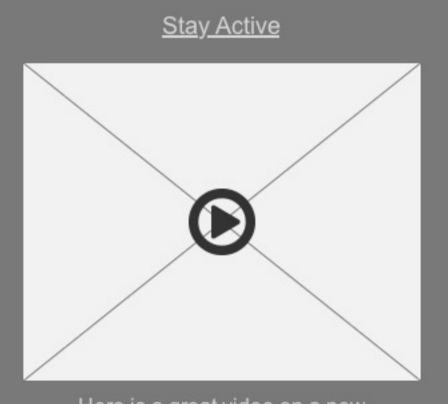


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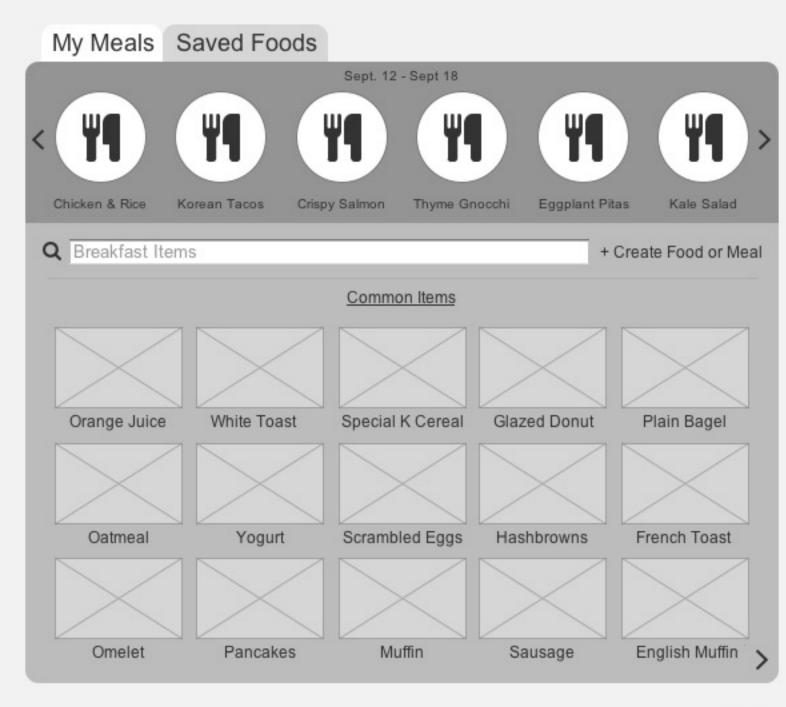


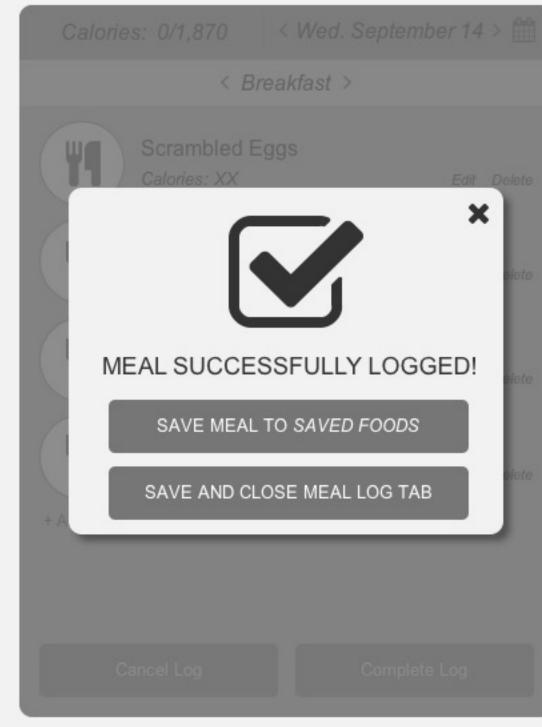
MEALS
MY HEALTH PLAN
MY PROFILE

SUPPORT/FAQ CONTACT US ABOUT US

MENU ITEM 1
MENU ITEM 2
MENU ITEM 3

Available in the APP STORE

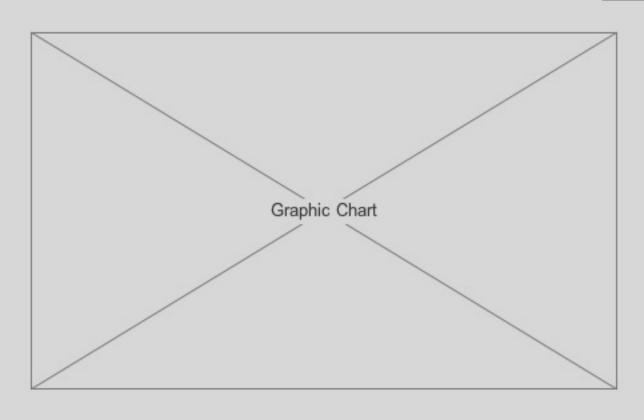


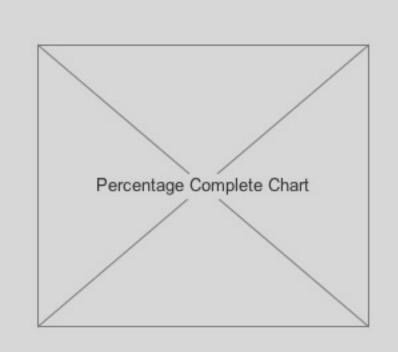


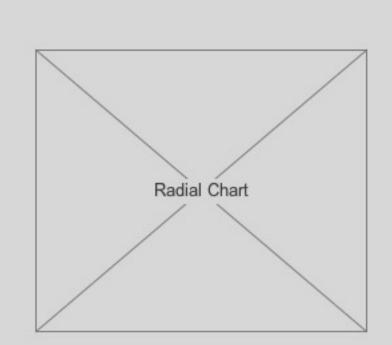


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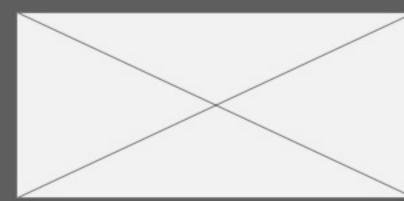


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Stay Educated



This week's best article

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MY HEALTH PLAN
MY PROFILE

SUPPORT/FAQ CONTACT US ABOUT US MENU ITEM 1
MENU ITEM 2
MENU ITEM 3

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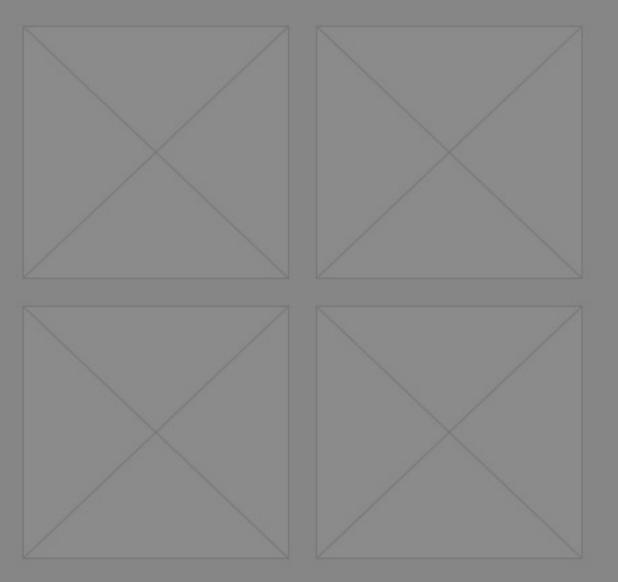


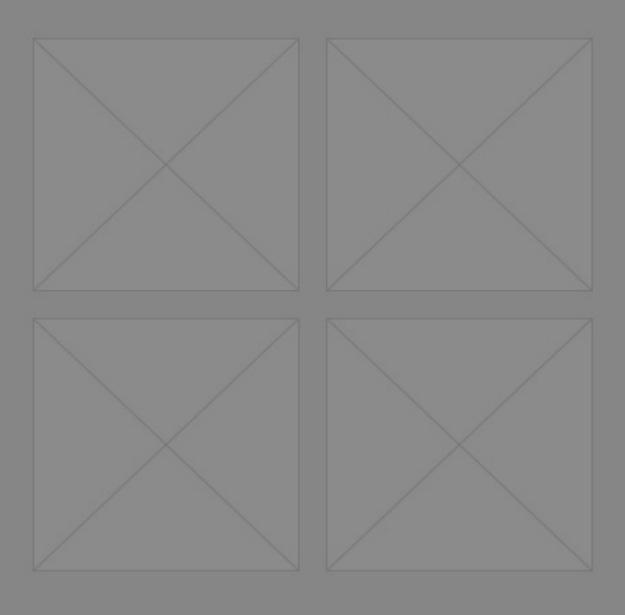
PROMOTIONAL OFFER

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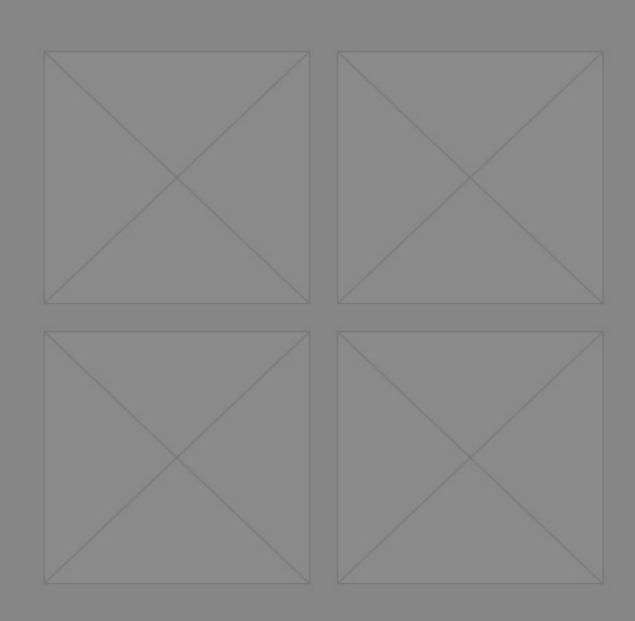
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CONTACT US

AROUT US

MENU ITEM 1
MENU ITEM 2
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