

## REACH PERSONAL TRAINING

Reach Personal Training uses a systematic approach to help clients reach their personal best. For one price, each client receives a personalized training program that includes a combination of;

- BioSignature Modulation™
- Detoxification through FIR sauna sessions
- A private focused setting with minimal distractions

## ONE-ON-ONE TRAINING

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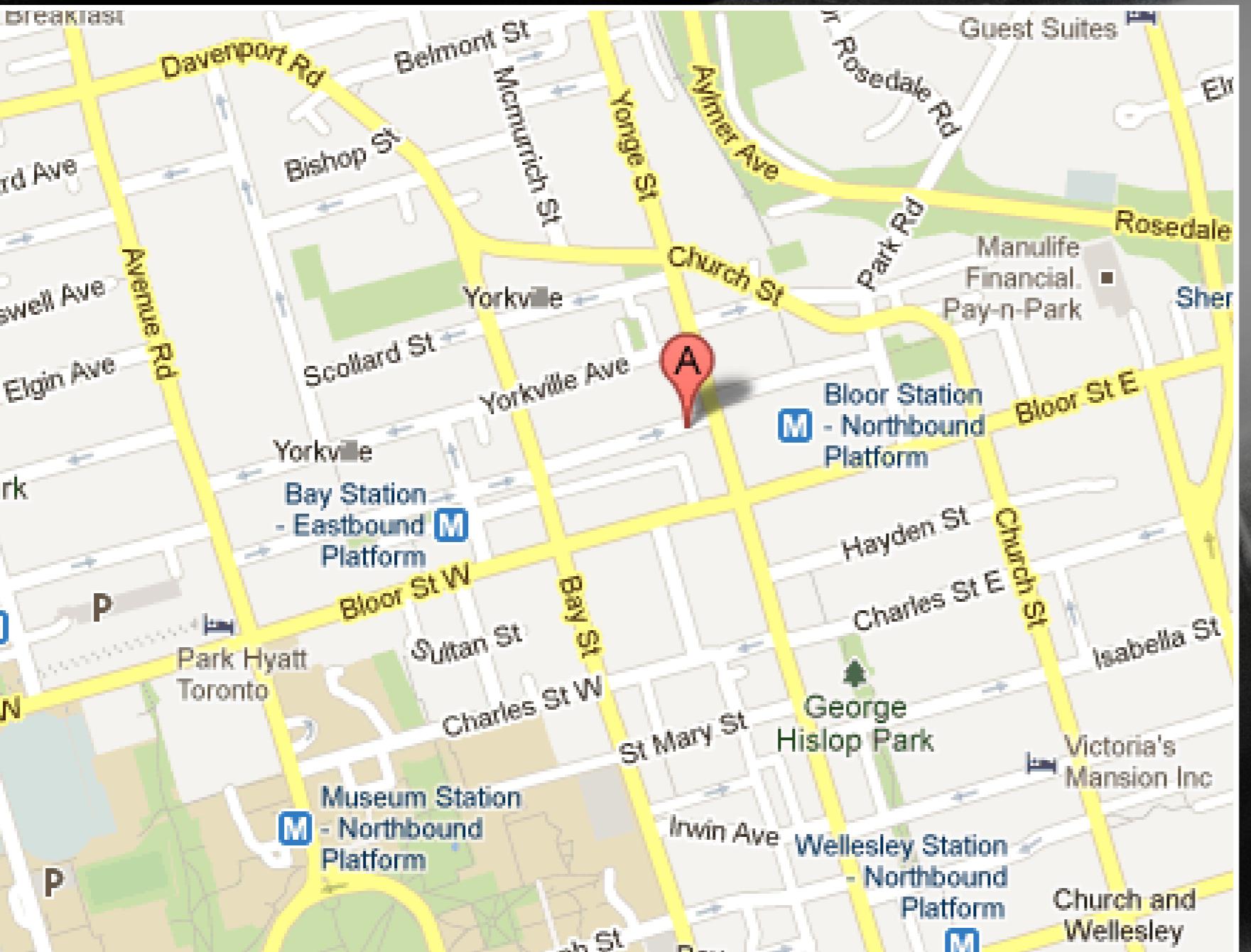
- Fitness and structural balance assessment- explain this in clearer words?
- Individualized program design- explain this in clearer

## MASSAGE THERAPY

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- Fitness and structural balance assessment- explain this in clearer words?
- Individualized program design- explain this in clearer





## ADDRESS

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