

## Disability and Diving Reference

### Training Organizations

Organizations that offer specialist training systems, including limited certifications for divers with physical and/or mental challenges:

- **Disabled Divers International (DDI)** - [www.ddivers.org](http://www.ddivers.org)
- **DiveHeart** - [www.diveheart.org](http://www.diveheart.org)
- **Handicapped Scuba Association (HSA)** - [www.hsascuba.com](http://www.hsascuba.com)
- **International Association for Handicapped Divers (IAHD)** - [www.iahd.org](http://www.iahd.org)
- **Open Waters (Administered by Rollins Scuba)** - [www.rollinsscuba.com](http://www.rollinsscuba.com)

Organizations that seek to train divers with physical or mental challenges through the PADI system using adaptive techniques and/or raise awareness of the therapeutic effects of PADI training for divers with physical or mental challenges.

- **Cody Unser Foundation** - [www.codysfirststep.org](http://www.codysfirststep.org)
- **Patriots for Disabled Divers (PFDD)** - [www.patriotsfordisableddivers.org](http://www.patriotsfordisableddivers.org)
- **Stay-Focused.org** - [www.stay-focused.org](http://www.stay-focused.org)

### Other Useful References

#### **British Thoracic Society Guidelines on Fitness to Dive**

- <https://www.brit-thoracic.org.uk/document-library/clinical-information/diving/divingguideline/guidelines-on-respiratory-aspects-of-fitness-for-diving/>

#### **Christopher & Dana Reeve Foundation**

- The Reeve Foundation is dedicated to curing spinal cord injury by funding innovative research, and improving quality of life for people living with paralysis.
- <https://www.christopherreeve.org/>

#### **Diabetes and Recreational Diving - Summary Guidelines**

- <https://dan.org/alert-diver/article/diving-with-diabetes-2/>

#### **Diabetes and Recreational Diving – Guidelines for the Future - Full Workshop Proceedings**

- <https://dan.org/health-medicine/health-resource/health-safety-guidelines/guidelines-for-diabetes-and-recreational-diving/>



### National Institutes of Health (NIH)

- <https://www.nih.gov/health-information>
- Official website of the National Institutes of Health (NIH). NIH is one of the world's foremost medical research centers. An agency of the U.S. Department of Health.

### National Institute of Neurological Disorders and Stroke

- <https://www.ninds.nih.gov/Disorders>

### Spina Bifida Association

- The mission of the Spina Bifida Association is to promote the prevention of Spina Bifida and enhance the lives of all affected.
- <https://www.spinabifidaassociation.org>

### Style Guide

- <http://ncdj.org/style-guide>
- National Center on Disability and Journalism's style guide for disability language. A style guide intended for journalists, communication professionals and members of the general public who are seeking appropriate and accurate language to use when writing or talking about people living with disabilities.

### UK Diving Medical Committee medical guidelines

- <http://www.ukdmc.org/medical-conditions/>