## Seasonal forecasting of the polar stratosphere and its coupling with the troposphere

## Figures and captions

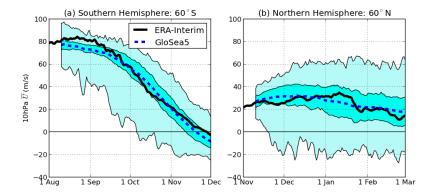


Figure 1: Time series of 10 hPa zonal-zonal mean zonal wind  $(\overline{U})$  at 60°S for GloSea5 hindcasts initialised near 1st August (a) and at 60°N for hindcasts initialised near 1st November (b). The ERA-Interim mean over 1996-2009 (black line) and the GloSea5 mean over all ensemble members (blue dashed line) are shown, along with the interquartile range and range of all ensemble members.