

THE WATCHTOWER

ANNOUNCING JEHOVAH'S KINGDOM



WHY BE
HONEST?

THIS MAGAZINE, *The Watchtower*, honors Jehovah God, the Ruler of the universe. It comforts people with the good news that God's heavenly Kingdom will soon end all wickedness and transform the earth into a paradise. It promotes faith in Jesus Christ, who died so that we might gain everlasting life and who is now ruling as King of God's Kingdom. This magazine has been published continuously since 1879 and is nonpolitical. It adheres to the Bible as its authority.

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WHAT DO YOU THINK?

Would the world be a better place if everyone lived by this Bible principle?

“We wish to conduct ourselves honestly in all things.”—Hebrews 13:18.

This issue of *The Watchtower* discusses how honesty touches every aspect of our life.

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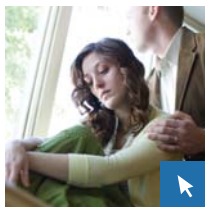
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Is Honesty Outdated?

Hitoshi worked in the accounting office of an employment agency in Japan. While reviewing a financial account with his superior, Hitoshi was told that he was expected to make a falsified report. Hitoshi explained that his conscience would not let him do dishonest work. As a result, Hitoshi's superior threatened to fire him, and he ultimately lost his job.

In the months that followed, Hitoshi became downhearted over his employment prospects. During one job interview, for instance, Hitoshi mentioned that he could not engage in dishonest work. The interviewer responded, "Your way of thinking is strange!" Hitoshi's family and friends encouraged him to remain firm in his resolve to be honest, yet he began to have some doubts. For instance, he said, "I wondered if being honest about my faith was a good idea."

Hitoshi's experience is a disturbing reminder that not everyone prizes honesty. In fact, some may even view it as a liability, particularly in the business community. "I'm surrounded by people who are dishonest," said a working woman in South Africa, "and sometimes the pressure to conform is very great."

One form of dishonesty that is particularly widespread today is lying. Some years ago, a study by Robert S. Feldman, a psychologist at the University of Massachusetts Amherst, determined that 60 percent of adults lie at least once during a ten-minute conversation. "It was a very surprising result," says Feldman. "We didn't expect lying to be such a common part of daily life." Is it not strange that most people abhor the idea of being lied to yet there are few practices more common than lying?

Why are lying, stealing, and other forms of dishonesty so common today? How does dishonesty affect society as a whole? And more important, how can we avoid getting caught up in these dishonest practices?



How Dishonesty Affects You

“There are always difficult situations that can be solved with a little dishonesty.” —Samantha, South Africa.

Do you agree with that statement? Like Samantha, all of us have faced difficult situations at one time or another. How we react to situations that tempt us to be dishonest can reveal what values we hold dear. For example, if saving face is paramount to us, we would likely view being dishonest as just another tool used to accomplish the task. When the truth comes to light, however, dishonesty often brings negative consequences. Consider the following.

DISHONESTY DESTROYS TRUST

Relationships are built on trust. When two people trust each other, they feel safe and secure. But trust does not happen overnight. People build trust when they spend time together, engaging in honest communication and acting unselfishly. Trust can be shattered, however, by just one act of dishonesty. And when trust has been broken, it can be very difficult to rebuild.

Have you ever been deceived by someone you thought was a good friend? If so, how did you feel? Likely you felt hurt, even betrayed. That certainly is understandable. There is little doubt that dishonesty can destroy the fabric of precious relationships.

DISHONESTY BREEDS DISHONESTY

A study by Robert Innes, a professor of economics at the University of California, found that “dishonesty is indeed contagious.” Thus, dishonesty could be likened to a virus—the more contact you have with a person who is deceitful, the greater your risk of being “infected” with dishonesty yourself.

How can you avoid falling into the trap of dishonesty? The Bible can help you. Please consider a few Bible principles.

Forms of Dishonesty

Lying

WHAT IS IT? Saying something false to someone who is entitled to know the truth. Lying can include misrepresenting or distorting facts in order to mislead a person, omitting key information to deceive someone, and exaggerating the truth in order to give a false impression.

WHAT THE BIBLE SAYS: “Jehovah detests a devious person, but His close friendship is with the upright.” (Proverbs 3:32) “Now that you have put away deceit, each one of you speak truth with his neighbor.”—Ephesians 4:25.



Slander

WHAT IS IT? Uttering false and malicious statements that injure a person's reputation.

WHAT THE BIBLE SAYS: “A troublemaker causes dissension, and a slanderer separates close friends.” (Proverbs 16:28) “Where there is no wood, the fire goes out, and where there is no slanderer, quarreling ceases.”—Proverbs 26:20.



Fraud

WHAT IS IT? Inducing someone to part with money or property on false pretenses.

WHAT THE BIBLE SAYS: “You must not defraud a hired worker who is in need and poor.” (Deuteronomy 24:14, 15) “The one who defrauds the lowly one insults his Maker, but whoever shows compassion to the poor glorifies Him.”—Proverbs 14:31.



Stealing

WHAT IS IT? Taking property from a person without permission.

WHAT THE BIBLE SAYS: “Let the one who steals steal no more; rather, let him do hard work, doing good work with his hands, so that he may have something to share with someone in need.” (Ephesians 4:28) “Do not be misled. . . . Thieves, greedy people, drunkards, revilers, and extortioners will not inherit God's Kingdom.” —1 Corinthians 6:9, 10.



Why It Pays to Be Honest

“We trust we have an honest conscience, as we wish to conduct ourselves honestly in all things.”—Hebrews 13:18.

In the Bible, the original Greek word that is sometimes translated “honesty” literally means “something that is intrinsically good.” It can also carry the meaning of something beautiful to behold in a moral sense.

Christians take seriously the apostle Paul’s inspired words: “We wish to conduct ourselves honestly *in all things*.” What does that involve?

THE STRUGGLE WITHIN

Most people glance at themselves in a mirror every morning before going out in public. Why? Because they want to look their best. But there is something much more important than having a stylish haircut or fashionable clothes. Indeed, the person we are on the inside can either add to or detract from our outward appearance.

God’s Word frankly admits that we are inclined to do what is bad. “The inclination of the heart of man is bad from his youth up,” says Genesis 8: 21. Thus, to be honest, we must fight against our inborn sinful tendencies. The apostle Paul gave a vivid description of his own fight against sin, saying: “I really delight in the law of God according to the man I am within, but I see in my body another law warring against the law of my mind and leading me captive to sin’s law that is in my body.”—Romans 7:22, 23.

For example, when our heart urges us to do what is bad and we have a strong inclination to be dishonest, we do not have to be a slave to our heart’s impulses. We still have a choice in the matter. When we choose to reject a bad thought, we can remain honest despite the dishonesty surrounding us.



WINNING THE BATTLE

To be honest, we need a strong moral code. Sadly, however, many people spend more time deciding on their personal ‘dress code’ than they do on thinking about a personal moral code. As a result, they justify the amount of dishonesty that will suit their situation. The book *The (Honest) Truth About Dishonesty* put it this way: “Essentially, we cheat up to the level that allows us to retain our self-image as reasonably honest individuals.” Is there, though, a reliable standard that can help us decide for ourselves how much—if any—dishonesty is acceptable? Thankfully, there is.

Millions of people the world over have found that the Bible perfectly fills that need. The Bible has a moral code that is beyond compare. (Psalm 19:7) It gives reliable guidance on such matters as family life, employment, morality, and spirituality. It has stood the test of time. Its

laws and principles apply to all national groups, races, tribes, and peoples. By peering into the Bible, meditating on what it says, and applying its counsel, we can train our heart to be honest and upright.

Still, there is more to winning the battle against dishonesty than gaining an accurate knowledge of the Bible. After all, we live in a morally depraved world that pressures us to accept its corrupt standards. That is why we need to pray to God for his help and support. (Philippians 4:6, 7, 13) By doing so, we can have the courage to stand up for what is right and to be honest in all things.

REWARDS OF HONESTY

Hitoshi, quoted in the opening article, profited from having a reputation of being an honest worker. He now works for an employer who appreciates his honesty. “I am thankful,” says Hitoshi, “that I was able to find work that allows me to keep a clean conscience.”

Others have found the same to be true. Consider some examples of those who have benefited by applying the Bible principle to “conduct ourselves honestly in all things.”



Clean Conscience

“I left school at age 13 in order to work with thieves. As a result, 95 percent of my income was obtained by dishonest means. Later, I married, and my husband and I began studying the Bible with Jehovah’s Witnesses. We learned that Jehovah* God hates dishonest practices, so we decided to change our lifestyle. In 1990 we dedicated our lives to Jehovah and got baptized as Jehovah’s Witnesses.”—Proverbs 6: 16-19.

“In the past, my house was full of stolen goods, but now it is free from such things; and

this gives me a clean conscience. Thinking back over my many years of dishonesty, I am grateful to Jehovah for his great mercy. It is so satisfying to go to sleep each night knowing that Jehovah is now pleased with me.”—Cheryl, Ireland.



“When my boss found out that I had turned down a bribe from a potential customer, he said to me: ‘Your God makes you such a trustworthy person! It truly is a blessing to have you here in our company.’ To be honest in all things enables me to have a clean conscience before Jehovah God. It also allows me to help my family and others to do the same.”—Sonny, Hong Kong.



Peace of Mind

“I work as an executive assistant at an international bank. In this business, honesty is often shoved aside for the sake of gaining wealth. The widespread view is, ‘What’s the harm in a little dishonesty if it promotes wealth and helps the economy?’ But by being honest, I have peace of mind. I am resolved to remain honest and face whatever consequences may come. My employers know that I will not lie to them or for them.”—Tom, United States.



Self-Respect

“My supervisor at work encouraged me to lie about some missing supplies at work, but I refused. When the thieves were finally revealed, my employer thanked me for being honest. Being honest in a dishonest world calls for courage. But in the end, we can gain the trust and respect of others.”—Kaori, Japan.

A clean conscience, peace of mind, and self-respect—such rewards show that it really does pay to be honest. Do you not agree? ■

* Jehovah is the name of God as revealed in the Bible.



AS TOLD BY ALAIN BROGGIO

YEAR BORN

1971

COUNTRY OF ORIGIN

FRANCE

HISTORY

INVOLVED WITH VIOLENT CRIME,
IMMORALITY, AND DRUGS



Give me just one year of peace and happiness

MY PAST: My family lived in Tellancourt, a village in north-eastern France. My father was French, and my mother is Italian. When I was eight years old, we moved to a poor working-class suburb of Rome, Italy. There, home life became difficult. My parents argued violently because of their financial problems.

When I was 15 years old, my mother encouraged me to get out of the house and make some friends. So I began to leave home for longer and longer periods of time. Soon I fell into bad company. One day a man, who seemed friendly, approached me. He offered me drugs, which I took because I wanted to appear grown-up. I was quickly drawn into an underworld of drugs and immorality. On many occasions, I was violated sexually. Life became unimportant to me; I did not care if I lived or died. I was desperately lonely. At age 16, I attempted suicide by drinking a bottle of whiskey and jumping into a lake. I wound up in a coma for three days.

I began to appreciate life, but I also became violent and vicious. I would offer people sex, drug them in their home, and then steal anything they had that was valuable. Large crime syndicates used me to traffic drugs around Italy. I was frequently in trouble with the police. My life seemed pointless and out of control. However, I did believe that there had to be a reason for my existence. I prayed to God, asking him to give me just one year of peace and happiness.

HOW THE BIBLE CHANGED MY LIFE: When I was 24 years old, I decided to move to England. Because of my activities with drug dealers, my life was in danger. Before I left, I visited my mother and was surprised to see a man named Annunziato Lugarà talking to her about the Bible.* Knowing his criminal history, I became afraid and asked him why he was there. He told me about the major changes he had made in his life in order to become one of Jehovah's Witnesses, and he made me promise

* See the article "The Bible Changes Lives—I Never Went Anywhere Without My Gun," as told by Annunziato Lugarà, in the July 1, 2014, issue of *The Watchtower*, pages 8-9.

At last, I have the stable family life that I always craved,
and I have the loving Father that I always wanted

to speak to the Witnesses when I arrived in England. I agreed to do so. However, once I arrived there, I quickly reverted to my previous lifestyle.

One day, I met a Witness who was offering the *Watchtower* and *Awake!* magazines on a busy London street. Remembering my promise to Annunziato, I asked the Witness if I could have a Bible study.

What I learned from the Bible truly amazed me. For example, I was moved by the passage recorded at 1 John 1:9, which says concerning God: “If we confess our sins, he is faithful and righteous so as to forgive us our sins and to cleanse us.” That verse had a dramatic effect on me because I felt very dirty on account of my lifestyle. I immediately started to attend meetings at the Kingdom Hall of Jehovah’s Witnesses. The Witnesses welcomed me warmly. When I saw the closeness of their friendships—something I had always longed for—I wanted to be a part of their familylike congregation.

Although I did not have a lot of difficulty quitting drugs and leaving my immoral lifestyle, I found it much harder to refine my personality. I saw that I needed to treat people with respect and consideration. In fact, I am still fighting some bad traits. But with Jehovah’s help, I have made progress. Within six months of beginning to study the Bible, I was baptized as one of Jehovah’s Witnesses. That was in 1997.

HOW I HAVE BENEFITED: After baptism, I married a young woman named Barbara who had also recently become one of Jehovah’s Witnesses. When one of my old friends saw how much I had changed, he started to study the Bible. In time, he

became a Witness, and so did his sister. Then my grandmother’s sister, who was over 80 years of age, began to study and was baptized before she died.

I now serve as an elder in a local congregation, and my wife and I are full-time ministers, helping to teach the Bible to Italian-speaking people in London. At times, I get depressed about my former lifestyle, but Barbara is an enormous support to me. At last, I have the stable family life that I always craved, and I have the loving Father that I always wanted. I asked God for one year of peace and happiness, but he has given me so much more! ■





LATER LEATHER AND VELLUM SCROLLS
OF THE BIBLE BOOK OF ESTHER, FROM
THE 18TH CENTURY C.E.

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In Bible times, how were scrolls made, and how were they used?

The Gospel of Luke speaks of Jesus' opening the scroll of Isaiah, reading from it, and then rerolling it. At the end of John's Gospel, John too spoke of a scroll, saying that he was not able to include in his scroll all the signs that Jesus had performed. —Luke 4:16-20; John 20:30; 21:25.

How were scrolls made? Pieces of such materials as leather, parchment, or papyrus were glued together to form a strip, or a roll. This could then be wrapped around a rod with the written face on the inside. The writing appeared in short vertical columns across the width of the roll. If the scroll was long, it would have rods at both ends, which the reader would use to unroll the text with one hand and roll it up with the other, until the desired place was found.

"A scroll had the advantage of being long enough [often about 33 feet (10 m)] to contain a whole book in a small volume, once it was rolled up," says *The Anchor Bible Dictionary*. It is estimated that the Gospel of Luke, for example, would have required a roll some 31 feet (9.5 m) in length. In some cases, a scroll's top and bottom edges were trimmed, rubbed smooth with pumice stone, and dyed. ■



Who may have been the "chief priests" who were mentioned in the Christian Greek Scriptures?

From the inception of the Israelite priesthood, only one man at a time served in the capacity of high priest, which initially was a lifelong appointment. (Numbers 35:25) Aaron was the first to serve in this capacity. Subsequently, the honor generally passed from father to oldest son. (Exodus 29:9) Many of Aaron's male descendants served as priests, but only relatively few as high priests.

When Israel came under foreign domination, non-Israelite rulers appointed and removed Jewish high priests at will. It appears, however, that new appointees were almost always chosen from a select number of privileged families, mostly from the line of Aaron. The expression "chief priests" evidently refers to principal members of the priesthood. The chief priests may have included the heads of the 24 divisions of the priesthood; prominent members of high-priestly families; and former high priests who had been deposed, such as Annas.—1 Chronicles 24:1-19; Matthew 2:4; Mark 8:31; Acts 4:6. ■



How to Overcome Feelings of Insecurity

NOTHING seems more helpless than a newborn baby. When we came into the world our security depended entirely on our parents. When we learned to walk, we met strangers who towered over us like giants. They frightened us unless our parents were close at hand. But we felt safe when we grasped the hand of our mother or father.

During childhood, our well-being depended on the love and encouragement that our parents gave us. When we realized that our parents loved us, it reinforced our sense of security. When they assured us that we were doing well, we felt more confident and we made progress.

As we got a bit older, close friends also provided additional security. We felt comfortable in their presence, and they made the school environment seem less intimidating.

Those thoughts, of course, describe the ideal childhood. Some youngsters find few close friends, and too many children receive scant parental support. “Whenever I see pictures of united families doing things together, I think to myself, ‘I wish I had enjoyed that when I was a young

girl,’” confesses Melissa.* Perhaps you feel the same way.

PROBLEMS OF AN INSECURE UPBRINGING

Maybe you lacked confidence during your formative years. Perhaps you received little love and encouragement. Possibly, you remember the constant fights between your parents that led to the breakup of their marriage—a separation you may have mistakenly blamed on yourself. Or even worse, perhaps one of your parents abused you verbally or physically.

How may an insecure child react? Some turn to drugs or binge drinking during their teenage years. Others join gangs in search of a sense of belonging. Insecure teenagers may jump into a romantic relationship, seeking love and affection. But these relationships rarely last long, and the breakup often causes even more insecurity.

Vulnerable teenagers who avoid such major pitfalls may still grow up with little sense of self-worth. “I became convinced that I was useless,

* All names have been changed.

The Face of Insecurity

“When my drunken father used to explode in anger, his appearance changed. He became like a wolf baring its teeth before attacking its prey without mercy. And I was like a frightened lamb, cowering out of sight, hoping he wouldn’t see me. I lived this nightmare almost every day.”—**Caroline’s memories of her childhood.**

“I felt I couldn’t trust anyone. It seemed as if I were lost on top of a mountain shouting for help, but there was nobody who could hear me, no one who could lead me to safety.”
—**Eva, a recently divorced woman.**

“My father would often yell at me, ‘You’re bad. Nobody will ever love you!’ For years I have tried to convince myself that I am not a bad person and that others really like me. I felt like a puppy with its tail between its legs, always looking for a kindly pat, but never getting one.”—**Mark, whose father demeaned him.**

“I sometimes look at an attractive woman and compare her to a beautiful orchid that people would love to have in their home. But I am more like a common weed that wouldn’t interest anyone.”—**Maria, a young woman who struggles with feelings of inferiority.**

“When I was just 12 years old, my parents emigrated to another country and left me behind to care for my two younger sisters. I felt so lonely. I wanted somebody to look after me and to tell me I was doing well. But I felt I was lost in a big, dark forest. Although I carried on day by day, I wanted to find an escape from this forest. I wanted to feel secure and happy.”—**Rachel, a daughter of emigrant workers.**

since that is what my mother told me time and time again,” explains Ana. “I can’t remember receiving any commendation or affection from her.”

Our upbringing is not the only cause of insecurity. We may feel insecure as a result of a traumatic divorce, the trials of old age, or even concern about our appearance. Whatever the cause, it can rob us of happiness and damage our relationships with others. What can we do to overcome those feelings?

GOD DOES CARE ABOUT US

We need to know that help is available. We all have someone who can help us, someone who wants to help us—God himself.

This is the message God set out through his prophet Isaiah: “Do not be anxious, for I am your God. I will fortify you, yes, I will help you, I will really hold on to you with my right hand of righteousness.” (Isaiah 41:10, 13) How comforting to think that God figuratively wants to take us by the hand! We have no need to feel anxious!

The Bible describes worshippers of God who felt anxious but who learned to hold God’s hand. Hannah, the mother of Samuel, felt that she was a failure, since she could not have a baby. She was often ridiculed for her barrenness. As a result, Hannah lost her appetite and often wept. (1 Samuel 1:6, 8) But after she poured out her feelings to God, she no longer felt miserable.—1 Samuel 1:18.

The psalmist David also felt insecure at times. For years, King Saul tried to hunt him down. David survived several attempts on his life, and he sometimes felt he was drowning in his problems. (Psalm 55:3-5; 69:1) Despite this, he wrote: “I will lie down and sleep in peace, for you alone, O Jehovah, make me dwell in security.”—Psalm 4:8.

Both Hannah and David threw their emotional burdens on Jehovah, and they found that he did sustain them. (Psalm 55:22) How can we do the same today?



THREE WAYS TO FEEL MORE SECURE

1. Learn to trust in Jehovah as a Father.

Jesus urged us to get to know his Father, “the only true God.” (John 17:3) “He is not far off from each one of us,” the apostle Paul assures us. (Acts 17:27) “Draw close to God, and he will draw close to you,” wrote James.—James 4:8.

Knowing that we have a heavenly Father who loves and cares for us is a vital step in overcoming feelings of anxiety. True, it may take time to build this trust, but many have found that doing so really helps. “When Jehovah became my Father, I finally had someone to whom I could express my inner feelings,” says Caroline. “This brought me so much relief!”

“Jehovah is the one who helped me to feel secure when I was left all alone without my parents,” recalls Rachel. “I could talk to him and ask him to help me with my problems. And he did help me.”*

* Jehovah’s Witnesses offer free Bible studies to those who would like to draw closer to God.

2. Find a spiritual family.

Jesus taught his disciples to think of one another as brothers and sisters. “All of you are brothers,” he told them. (Matthew 23:8) He wanted his true disciples to love one another and become what we could call a large spiritual family.—Matthew 12:48-50; John 13:35.

Congregations of Jehovah’s Witnesses sincerely try to provide the warmth and comfort of a true spiritual family. (Hebrews 10:24, 25) Many have found that congregation meetings can serve as a soothing ointment that cures their emotional cuts and bruises.

“I had a special friend in my local congregation, who understood the pain I was suffering,” recalls Eva. “She listened to me, read to me, and prayed with me. She made sure I was not alone. She helped me talk things through and unburden myself. Thanks to her support, I began to feel more secure.” “I found a ‘mother and father’ in the congregation,” Rachel adds. “They really made me feel loved and secure.”



3. Show love and kindness to others.

Showing love and kindness to others builds lasting friendships. Jesus said: “There is more happiness in giving than there is in receiving.” (Acts 20: 35) And we will doubtless discover that the more love we show, the more we receive. “Practice giving, and people will give to you,” Jesus told his disciples.—Luke 6:38.

By giving and receiving love, we feel much more secure. As the Bible points out, “love never fails.” (1 Corinthians 13:8) “I know that some negative views I have about myself are simply not true,” Maria admits. “I escape from this frame of mind by helping others and forgetting myself. I always feel satisfied when I do something for others.”

SECURITY FOR EVERYONE

The above steps are not a ‘magic formula’ that provides instant, lasting relief. But they can make a big difference. “I still have feelings of insecurity,” Caroline admits. “But now I have more self-worth. I know God cares for me, and I have many close friends who also make me feel secure.” Ra-

chel feels the same way. “From time to time, sadness overwhelms me,” she says. “But I have spiritual brothers and sisters I can turn to for advice, ones who help me see things positively. And above all, I have a heavenly Father whom I talk to every day. That makes all the difference.”

There is also a lasting solution. The Bible describes a coming new world, where each one of us will feel secure. God’s Word promises: “They will sit, each one under his vine and under his fig tree, and no one will make them afraid.” (Micah 4:4) At that time, nobody will make us feel unprotected, nor will anyone do us harm. Even deep-rooted traumas of the past “will not be called to mind.” (Isaiah 65:17, 25) God and his Son, Christ Jesus, will establish “true righteousness.” The result “will be lasting tranquillity and security.”—Isaiah 32:17. ■

The Bible describes a coming new world, where each one of us will feel secure

Do Not Be Anxious

BIBLE PRINCIPLE: “Stop being anxious about your lives.”
—Matthew 6:25.

What does it mean? Jesus spoke those words in his Sermon on the Mount. According to one Bible dictionary, the Greek verb rendered “to be anxious” can refer to “the natural reaction of man to poverty, hunger and other troubles which befall him in his daily life.” Anxiety often involves being worried about things that may take place in the future. It is normal and proper to be concerned about our material needs and the welfare of our loved ones. (Philippians 2:20) But when Jesus said, “never be anxious,” he was advising his followers to avoid undue worry—an excessive fear of tomorrow that can take the joy out of living today.—Matthew 6:31, 34.

Is it practical today? We are wise to heed Jesus’ advice. Why? Some reference works suggest that when people worry a great deal, their sympathetic nervous system is in a constant state of activation and that this condition “is associated with medical problems that include ulcers, heart disease, and asthma.”

Jesus gave a compelling reason for avoiding undue anxiety: *It is pointless.* “Who of you by being anxious can add one cubit to his life span?” asked Jesus. (Matthew 6:27) Focusing on our worries will not extend our life by even a fraction of a second, let alone improve it. Besides, things often do not turn out as we feared. One scholar put it this way: “Worry about the future is wasted effort, and the future of reality is seldom as bad as the future of our fears.”

How can we avoid anxiety? First, *trust in God.* If God provides food for birds and clothes flowers with beauty, will he not provide the necessities of life for humans who make his worship a priority in their life? (Matthew 6:25, 26, 28-30) Second, *take one day at a time.* “Never be anxious about the next day,” said Jesus, “for the next day will have its own anxieties.” Would you not agree that “each day has enough of its own troubles”?—Matthew 6:34.

By heeding Jesus’ wise advice, we can spare ourselves physical harm. More than that, we will find an inner calm—what the Bible calls “the peace of God.”—Philippians 4:6, 7. ■





What happens when we die?

SOME PEOPLE BELIEVE that we live on in another form, while others feel that death is the end of everything. **What do you believe?**

WHAT THE BIBLE SAYS

“The dead know nothing at all.” (Ecclesiastes 9:5) When we die, we cease to exist.

WHAT ELSE WE LEARN FROM THE BIBLE

- The first man, Adam, returned to the dust when he died. (Genesis 2:7; 3:19) Likewise, all others who die return to the dust.—Ecclesiastes 3:19, 20.
- People who die are acquitted of, or pardoned for, their sins. (Romans 6:7) There is no further punishment for sin after a person dies.

Can the dead live again?

WHAT WOULD YOU SAY?

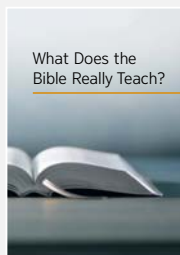
- Yes
- No
- Maybe

WHAT THE BIBLE SAYS

“There is going to be a resurrection.”
—Acts 24:15.

WHAT ELSE CAN WE LEARN FROM THE BIBLE?

- The Bible often compares death to sleep. (John 11:11-14) God can awaken the dead, just as we can awaken a person from sleep. —Job 14:13-15.
- The Bible records several resurrections, thus giving us a solid basis for believing that the dead will be raised up.—1 Kings 17:17-24; Luke 7:11-17; John 11:39-44.



Please send me a copy of
What Does the Bible Really Teach?

For more information,
see chapter 6 of this book,
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