Spicy Tuna Avocado Wrap

🍅 10 min

🍽 4 Servings

INGREDIENTS

- ☐ Tuna Can (300 g)
- ☐ Avocado (1)
- ☐ Sriracha (1 tbsp)
- ☐ Dijon Mustard (1 tbsp)
- ☐ Celery (2 tbsp)
- ☐ Red Onion (1)
- ☐ Green Onion (2)
- ☐ Cilantro (1 tbsp)
- ☐ Lettuce (2 cups)
- ☐ Carrots (1 cup)
- ☐ Tortillas (4)

PREPARATION

Chop the carrots into matchsticks and the rest of the ingredients.

COOKING

① In a medium bowl, mash together tuna and avocado until combined. Add in the rest of the ingredients through the salt and pepper, mixing well.

② To assemble, top each tortilla with a 1/2 cup leafy greens, 1/4 cup matchstick carrots and divide the tuna mixture evenly among the wraps.

③ Tightly roll up the tortilla, slice and enjoy!