

核心替换 400

背了就是你的!

背了就能提分!

背了记得复习!

贝勒, 快快行动!









01. 能力

ability

capacity

faculty

competence

able to do

capable of doing

competent to do

02. 天赋

genius

talent

gift

aptitude

03. 废除

abolish

cancel

repeal

04. 吸收

absorb

digest

incorporate

05. 大量的

many

abundant

large quantities

plentiful

ample

sufficient

massive

numerous

considerable

06. 接受

accept

receive

adopt

take in

07. 承认

admit

acknowledge

confess

recognize









08. 事件

accident

incident

event

affair

occurrence

happening

09. 报道

account

report

description

10. 收集

accumulate

assemble

amass

collect

gather

11. 准确的

accurate

correct

exact

precise

12. 控告

accuse

charge

sue

13. 痛苦

pain

hurt

ache

agony

torment

torture

14. 得到

acquire

achieve

obtain

attain

gain

win

earn

15. 青少年









adolescent

teenager

juvenile

16. 行为

action

operation

performance

17. 活跃的

active

energetic

vigorous

lively

18. 演员

actor/actress

comedian

performer

19. 建议

advise / advice

propose / proposal

suggestion

recommendation

20. 成人

adult

mature

grown-up

senior

veteran

21. 前进

progress

proceed

advance

move on

forward

22. 促进

promote

facilitate

boost

encourage

accelerate

contribute

push

further









23. 利益

benefit

advantage

interest

profit

gain

24. 飞机

airplane

aircraft

jet engine

helicopter

aviation

airspace

25. 影响

affect

influence

impact

consequence

26. 同意

agree

consent

consensus

approve

recognize

accept

subscribe

settle on

27. 遵守

comply with

conform to

abide by

28. 符合

accord with

coincide

correspond with

29. 不认可

disapprove

disagree

frown

differ

beg to differ (恕我不能苟同)

30. 争执









disagree

dispute debate conflict

argue / argument

controversy

31. 消失

disappear

vanish

extinct

die away

fade (away)

evaporate

32. 消灭

eradicate erase

eliminate

get rid of

wipe off

rule out

exterminate

extinguish

33. 清除

clear

remove

withdraw

extract out of

34. 时间

time

age

era

period

long/short term

decade

35. 恐惧

alarm

fear

fright / frighten

horror

panic

terror / terrify

dread

36. 害怕的

afraid

fearful

awful

dreadful









frightful

terrible

horrible

37. 吸引人的

attractive

moving

appealing

absorbing

38. 后来

afterward

later

since

subsequently

39. 开始

start

begin

advent of

arrival of

initiate to do

40. 矛盾的

contradictory

conflicting

incompatible

paradoxical

opposing

41. 免受

free from

dispense with

exempt

avoid

42. 有抗性的

resistant

develop resistance to

immune to

43. 潮湿的

moist

wet

damp

humid

44. 侵犯

aggression

invasion









assault

attack

45. 令人不悦的

offensive

unpleasant

46. 悲伤

sad

grief

misery

distress

sorrow

47. 相似

like

alike

resemble

be similar to

analogue

comparable

parallel

48. 可能性

likelihood

possibility

probability

incidence

49. 相同

same

uniform

identical

equal (to/with)

equivalent (to)

amount to

share the same thing

50. 存活的

alive

living

existing

surviving

51. 抛弃

abandon

derelict

discard

desert

give up









disuse

52. 允许

allow

permit

authorize

license

53. 考虑到

allow for

consider

take sth into consideration

54. 几乎

almost

nearly

approximately

roughly

about

55. 高度

altitude

height

elevation

56. 取悦

amuse

entertain

interest

please

57. 古老的

old

historical

past

earlier

ancient

ancestor / ancestral

58. 公开

publish

advertise

broadcast

announce

pronounce

declare

proclaim

59. 发表

publish

distribute









issue decided

release transparent

launch 63. 提升

60. 回复 lift

reply raise

respond elevate

react heave

61. 假设 boost

suppose 64. 新闻,出版物等

presume press

assume broadcast

guess newspaper

postulate magazine

62. 明显的 journal

periodical

obvious publication

apparent review

evident

clear 65. 质疑

manifest doubt

explicit suspect

distinct question

definite sceptical / skeptical criticism









distrust

66. 恳求

pray

appeal for

call for

need

demand

require

67. 把…称作…

call

name

known as

term as

refer to as

denominate

68. 主张

state

assert

claim

affirm

allege

maintain

69. 证明

testify

certify

prove

demonstration

establish

verify

justify

warrant

70. 指派给

assign to

distribute to

divide into

allocate for/to

71. 联合

join

scombine

unite

bind

connect to/with

link to

tie









attach to

couple with

associate with

relate to

72. 试图做

attempt to

at seek to

try to

endeavor to

effort

strive to

73. 有益的

beneficial

advantageous

helpful

useful

74. 孩子等

infant

baby

fetus

kid

child/children

75. 后代

offspring

descendent

next generations

76. 拥护

support

uphold

back

sustain

advocate

subscribe

in favor of

77. 海边

beach

coast

shore

seaside

78. 基础

foundation

ground

base / basis







82. 部分



root

79. 重要的 section

important segment

indispensable fraction

piece necessary

requisite part

inevitable fragment

vital share

branch essential

significant limb

primary 83. 批评

elementary criticize

fundamental blame on

80. 位于下方 accuse

below condemn

under scold

beneath denounce

underneath reproach

81. 赌博 84. 阻碍

hinder bet

gamble obstruct

take chances block









prevent

preclude (from)

hamper

impede / impediment

hold back

deter (from)

restrain (from)

inhibit

discourage

85. 禁止

ban

prohibit

forbid

86. 船

vessel

ship

fleet

canoe

87. 容器

vessel

container

bottle

jar

88. 边界

border

boundary

frontier

limitation

89. 勇敢的

bold

courageous

heroic

fearless

undaunted

90. 限制的

limited

restricted

restrained

constrained

confined

finite

91. 停止

break







bright



pause compact

recess brief

cease concise

halt 95. 聪明的

stop

92. 衰退 wise

recession brilliant

depression intelligent

downfall ingenious

downhill shrewd

decay 96. 传递

93. 摧毁 convey

crash transmit

ruin send

wreck deliver

destroy bring to

perish communicate

spoil pass on fracture

97. 建造 shatter

smash construct

build 94. 简洁的 erect

CI









establish

found

98. 冲突

clash

collide

conflict

99. 交换

swap

exchange

interchange

100. 失业

unemployment

out of work

101. 描述

depict

describe

portray

paint

102. 难题

mystery

problem

puzzle

enigma

103. 家庭的

domestic

home

household

family

104. 记录

document

record

write down

105. 交通

transportation

traffic

freight

carriage

106. 谨慎的

attentive

prudent

cautious









107. 改变

change

vary

alter

shift

convert into

transform

turn to/into

modify

revise

adjust

it used to be...but now it has

become...

108. 不安的

nervous

restless

uneasy

discomfort

109. 创新的

new

fresh

original

not traditional / not old

novel / novelty

innovative

110. 声音

noise

sound

voice

auditory

111. 难以预料的

unexpected

unpredictable

surprising

startling

beyond expectation

unanticipated

without warning

112. 垃圾

rubbish

trash

waste

garbage

refuse









113. 普通的

normal

ordinary

standard

regular

common / commonplace

general

usual

universal

114. 流行的

popular

prevailing

prevalent

115. 共同的

collective

shared

common

mutual

joint

116. 哺育

nurture

bring up

raise

foster

cultivate

culture

nourish

feed

breed

rear

117. 故事

story

romance

novel

fiction

tale

118. 图像

image

picture

scene

sight

landscape

119. 打算做某事









intend to

be meant to do

attempt to

120. 倾向于

tend to

prone to

liable to

apt to

incline to

121. 服从

obey

comply to

submit to

yield to

surrender to

subject to

122. 确信

assure

conviction

certainty

little doubt

secure in knowledge

123. 丰收

yield

harvest

crop

production

output

124. 伤害

danger

harm

hazard

jeopardize

threat

risk

125. 祸害

plague

blight

126. 困境

dilemma

difficulty

plight

adversity









hardship

struggle

127. 晦涩的

elusive

difficult

128. 缺乏

lack

without

have not

devoid of

in the absence of

129. 缺乏

not enough

insufficient

inadequate

shortage

in short of

scarce / scarcity

130. 权威人士

authority

expert

scientist

scholar

researcher

professional

official

government

policy makers

131. 压抑

oppress

suppress

depress

132. 看法

opinion

view

attitude

belief

claim

statement

argument

perspective

outlook

133. 强调









stress

emphasize

underline

underscore

highlight

134. 紧张

pressure

tension

strain

stress

135. 组织

organize

arrange

136. 源头

origin

source

root

137. 权利

right

privilege rights and obligations/duties

138. 容易

ease

facility

effortless

convenience

139. 城市

city

town

urban

metropolitan

municipal

140. 逊于

inferior to

lower than

141. 优于

superior to better than

142. 杰出的

noticeable noteworthy

•

remarkable









striking

outstanding

distinguishing

phenomenal

143. 胜过

exceed

excel

excess

surpass

transcend

outweigh

overweigh

beyond

144. 展示

exhibit / exhibition

display

exposition

presentation

145. 先于

prior to

beforehand

previous

former

precedent

146. 祖先

predecessor

ancestor

past

early

147. 保持

rest

stay

leave

remain

keep

148. 挽救

save

rescue

salvation

149. 决议

determination

decision

resolve / resolution









150. 就…而言

in one respect

in this aspect

in terms of

in respect of

with regard to

in light of

as to...

151. 摇摆

sway

swing

fluctuate

152. 尊重

respect

honor

esteem

admiration

regard

153. 看作

regard as

think of

take it as

treat as

see as

154. 负责

responsible for

liable for

obligation

duty

155. 与钱有关

financial

economic

money

monetary

cash

revenue

income

salary

pay / payment

fund / funding

pension

budget

cost

tax







lake

stream

spin



earning / earner

coin marine / sea / ocean

tidal currency

wave 156. 富有的

rich

160. 石块 wealthy

pieces of rock affluent

fortune blocks of stone

157. 繁荣的 161. 衰退

prosperous (prosper) decay

thriving (thrive) decompose

flourishing (flourish) corrupt

booming 162. 转动

successful roll (roller)

158. 严格的

rigid turn

strict circle

rigorous rotate

revolve 159. 跟水有关的

163. 困难的 water resource

rough river









tough publish difficult declare

adverse issue

hard 167. 传播

demanding

challenging spread propagate

164. 悲惨的 disseminate

sad distribute unhappy circulate

miserable 168. 分散

wretched

depressed diffuse scatter

disperse

165. 讲话

169. 注意到 speak

speech find detect

tell discover

uncover 166. 宣传

advertise

advertise 170. 测试 broadcast

announce test







reveal



experiment area

trial field

quiz yard

exam / examination court

171. 考察 region

district

inspect block

examine domain

investigate province

172. 研究 territory

study

research

survey

inquiry setting

investigation 175. 排放

173. 位于 release

locate in / location emit / emission

situate / situation discharge

position 176. 庇护

site

lie shield

174. 地域相关词汇 shelter









defect 177. 欺骗

weakness falsehood disadvantage

sham shortage / shortcoming

fake drawbacks

fraud deficiency

lie

blunder

fault

180. 缩短 deceit

deceive shorten

simplify deception

reduce to untrue

cheat abbreviate

trick cut

178. 错误 181. 手艺

fault craft

flaw art

skill error

mistake 182. 特殊的

special

especial bug

specific

179. 短处 particular

exceptional flaw









unique position unusual bearing

distinctive direction

different (from)
187. 法规
alien (from)

other than law regulation

183. 极好的 constitution

gorgeous code

magnificent rule splendid act

glorious bill

superb 188. 标准

184. 纵容 standard indulge criterion

185. 忍受 189. 车站

stand station

bear stop

spoil

tolerate terminal

withstand 190. 考虑

186. 方位 consider







gauge



weigh

ponder on

reflect on

dwell on

take into account

make calculation on

191. 顶端

summit

climax

peak

top

192. 肤浅的

superficial

shallow

193. 合成的

artificial

synthetic

man-made

composite

194. 混合物

compound

mixture

195. 确定

certain

positive

little doubt

sure

196. 处境

circumstance

environment

conditions

situation

atmosphere

context

197. 周围

Surroundings

neighborhood

vicinity

adjacent to

198. 象征

symbol

signal









sign tactic

mark 200. 紧握

199. 战略 seize

strategy grab

DREAM BIG WORK HARD & MAKE IT HAPPEN









下半程继续加油

冲鸭!

201. 理解

grasp

understand

appreciate

comprehend

apprehend

202. 施加于

apply to

impose on

exert on

203. 指导

teach

instruct

educate

coach

train

tutor

204. 撕开

split

tear up

rip off

205. 个性

character

personality

individuality

disposition

temper

temperament

206. 暂时的

temporary









transient conscious of

momentary sense

short 210. 辨别

last for limited time recognize

207. 认为 identify

conceive make out

consider discern

think distinguish

imagine tell / spot the difference

discriminate 208. 想法 differentiate

thought 211 +4 +h

idea 211. 趋势

views trend

belief tendency

perception tide

impression

realize

concept / conception current inclination

notion inclination liability

212. 自愿的

209. 察觉到

perceive voluntary willing

be aware of autonomous









213. 扰乱

upset

disturb

perturb

disrupt

interfere

intervene

meddle with

214. 剧烈的

violent

fierce

stormy

wild

215. 但是

but

yet

however

nevertheless

216. 经受

undergo

experience

encounter

217. 不幸的

unlucky

unfortunate

disastrous

deserve sympathy

218. 使用

use

utilize

exploit

apply

employ

219. 用途

usage

utilization / utility

application

220. 惯例

conventional approach

traditional way

common practice

usual means









custom make ... possible

routine set the stage for

create favorable conditions for

vague 225. 软弱的

obscure weak

ambiguous feeble

222. 昏暗的 fragile vulnerable to

dark susceptible to black

dim 226. 疲惫

gloomy fatigue

grey tired

223. 宝贵的 weary exhausted

valuable

precious 227. 到期

priceless expire overdue

224. 为…做好准备

prepare for 228. 语言相关词汇

pave the way for word
make way for term

make way for term give birth to phrase









vocabulary

language

linguistic

grammar

monologue

speech

tongue

dialect

idiom

slang

229. 对话

conversation

communication

contact

dialogue

talk

chat

230. 员工

worker / workman

employee

staff

personnel

clerk

laborer

231. 伤口

wound

injure

harm

scar

232. 复制

copy

duplicate

replicate

233. 渴望

want

yearn for

long for

thirst for

eager for / to

234. 热情

zeal

enthusiasm

passion

235. 青少年









young pick

youthful alternative

juvenile prefer

adolescent 239. 电影

junior cinema

236. 图 film

chart movie

map 240. 引用

graph

illustration cite quote

237. 主要的 241. 衣服相关

main clothing

major clothing leading garment

costume

dominant

foremost suit fabrics

uniform 238. 选择

choose / choice

242. 组织

opt / option club

select / selection association

elect institute / institution









academy

league

union

society

commission

alliance (联盟)

243. 寒冷的

cold

cool

chilly

frosty

freezing

icy

244. 合作

collaborate

co-operate / cooperate

teamwork

join hands

245. 协作

coordinate

harmonise

246. 颜色相关

colour

tone

hue

dye

247. 缓解

ease

comfort

moderate

alleviate

248. 休闲

leisure

relaxation

resort

249. 命令

command

order

instruction

250. 控制

master

control









251. 支配

govern

manage

dominate

rule

administer

252. 监视

monitor

surveillance

supervise

253. 指导

direction

instruction

254. 公司

company

corporation

firm

255. 匹配

match

fit

suit

go with

256. 抱怨

complain

grumble

murmur

257. 完成

complete

finish

accomplish

achieve

fulfill

258. 结束

end

close

conclude

terminate

complete

finally

eventually

259. 组成

compose









put together concentrate on

assemble focus on

comprise immerse in

consist be centered on

constitute 264. 具体的

260. 成分 concrete

element specific

ingredient 265. 收缩

factor

component condense compress

constituent

261. 文章 shrink

article 266. 约束

essay confine to

thesis limit to restrict to

dissertation

262. 隐藏 267. 处境

conceal condition

hide circumstance

situation 263. 全神贯注于 state









status conquest

268. 会议 triumph (over)

success (in) meeting

conference 271. 成功做某事

congress succeed to do

convention manage to do

council pull off

gathering 272. 后果

269. 混乱 consequence

effect

1

confusion result

disorder

disturbance outcome

imbalance

mess 273. 认为

chaos

think

270. 克服 believe

conquer deem

overcome reckon

overthrow regard (as)

defeat 274. 考虑周全的

beat

victory considerate









thoughtful

attentive

275. 包括

contain

hold

include

involve

embrace

comprise

cover

276. 旗帜

flag

banner

277. 灵活的

flexible

elastic

plastic

278. 雾

fog

mist

smog

279. 展开

Unfold

open

280. 食物相关

food

diet

eatable

staple

provision

nourishment

grain

bread

meat

livestock

281. 笨蛋

fool

idiot

foolish

silly

stupid

dull







scent



shape

282. 形态 285. 气味相关

figure smell

outline odour

form fragrance

283. 森林相关 aromas

perfume forest

olfaction woods

jungle

plantation 286. 向前

bushes forwards

lumber forth

timber onwards

log 287. 泉水

284. 忽略 fountain

neglect spring

overlook 288. 汽油

forget gasoline

omit gasonne

ignore petrol

leave out oil

lose sight of grease









289. 温柔的

gentle

mild

soft

tender

moderate

290. 美德

goodness

integrity

morality

virtue

purity

291. 真实的

real

genuine

authentic

actual

true

factual

292. 微生物相关

germ

bacteria

virus

microbe

micro-organism

fungi

293. 给予

give

grant

offer

present

confer

award

endow

294. 商品

goods

commodity

merchandise

ware

freight

295. 宏伟壮丽的

grand magnificent

splendid









noble

296. 感激

grateful

appreciative

gratitude

297. 群体

group

crowd

mass

298. 各类群体

groups

countries

societies

economics

cultures

299. 悬挂

hang

suspend

300. 愉悦的

cheerful

joyful

merry

delightful

pleasant

agreeable

301. 港口

harbour

port

seaport

302. 几乎不

hardly

scarcely

barely

rarely

seldom

303. 一致

harmony

agreement

unity

304. 厌恶

hate

disgust









dislike

305. 无效

in vain

draw a blank

void

invalid

useless

fall into disuse

306. 拥有

have

hold

own

possess

keep

enjoy

307. 健壮

healthy

sound

robust

well

wholesome

keep fit

308. 虫子

bug

pest

insect

309. 帮助

help

aid

assist / assistance

support

310. 动摇

fluctuate

hesitate

waver

vacillate

turbulence

unrest

311. Ш

hill

mount

mountain

range









peak warm volcano burning

312. 线索 thermal

hint 316. 住所

cue house

imply / implication building

313. 期望 property

hope dwelling shelter

expect / expectation habitation

prospect residence

future 317. 特征

outlook 517. 有知 feature

314. 预期 characteristic

predict property

anticipate trait forecast

foretell 318. 大量的

foresee huge

foreshadow enormous

315. 热 immense

hot gigantic









colossal

vast

massive

tremendous

a great number of

a large quantity of

319. 使丢脸

humble

humiliate

degrade

disgrace

320. 饥饿

hunger

famine

starvation

321. 探寻

hunt

explore

track

seek for

search

322. 损坏

destroy

damage

break

impair

wreck

ruin

spoil

harm

undermine

323. 无知的

ignorant

illiterate

324. 疾病

ill / illness

sick / sickness

disease

complaint

ailment

325. 想象

imagination









fancy

fantasy

326. 立即

immediately

instantly

directly

shortly

as soon as

at once

right away

327. 瞄准

aim at

direct at

all the way up to

point to

target at/to

328. 沉浸于

immerse

submerge

indulge

sink

soak

overwhelm

329. 昂贵的

expensive

prohibitive

costly

dear

unaffordable

330. 推断

conclude

judge

deduce

infer

331. 数据

data

statistic evidence

measurements

mathematical outcome

332. 天生的

born with

innate

inherent









inherit alone

intrinsic desolate

built-in solitary

333. 内部的 337. 偏见

inner bias

inside discrimination

interior prejudice

internal 338. 结合

inward

combine with 334. 不正式的

connect to

casual link to

informal couple with

random associate with

irregular relate to

335. 隔离 339. 旅程

isolate journey

separate tour

segregate travel

insulate trip

336. 独自的 voyage

lonely expedition cruise







fix



340. 保持 344. 修正

keep correct

retain rectify

withhold remedy

maintain revise

sustain amend

341. 储存 repair

reserve

preserve 345. 花费

conserve cost

save expend / expenditure

store spend

342. 复制 input

copy 346. 勇气

reproduce courage

facsimile bravery

343. 而不是 347. 根本的

instead of be hardwired to

rather than be fundamental to

other than basic

not built-in









348. 创造 righteous

create 352. 罪

design crime

invent sin

devise guilt / guilty

349. 制作 offence

violation make

produce

manufacture 353. 残忍的

fabricate cruel

350. 不均衡的 brutal

inhuman lopsided

imbalanced 354. 急切的

unbalanced urgent uneven pressing

351. 公正的 instant

impartial 355. 决定

fair decide

just determine

neutral resolve objective settle









356. 解决

solve / solution

resolve

answer

357. 装饰

decorate

ornament

358. 下降

down

decrease

descend

drop

fall

sink

diminish

lessen

reduce

dwindle

decline

crash

minimize

lessen

359. 致力于

dedicate to

devote to

bend oneself to

absorb oneself in

360. 保护

protect

defend

safeguard

guard

shield

shelter from

harbour

361. 延迟

delay

postpone

defer

suspend

prolong

put off

362. 代表









delegate

on behalf of

deputy

representative

agent

substitute

363. 着手做

embark on

go about to

set out to

364. 部门

department

sector

section

branch

ministry

365. 依赖于

depend on

rely on

base on

lean on

366. 关键

key

turning point

tipping point

critical component

367. 期望

desire

wish

expect

want

long for

368. 寿命

life expectancy

lifetime

life span

369. 受欢迎的

welcome

popular

enjoy popularity acclaim

applause

370. 轻视









despise mortality rate death rate

scorn look down upon

375. 恶化

371. 尽管 aggravate deteriorate

although exacerbate

despite of worsen

in spite of 376. 强化

not with standing enhance

372. 命运 intensify

destiny strengthen

heighten fate reinforce doom

increase 373. 人类

377. 颜色 human / human being / humanity

color man

person / people mortal dye

mankind hue

homo sapiens pigment

tone 374. 死亡率







shade



378. 增多 381. 提供

increase supply for/with/to

augment provide with/for

ascend accommodate with

rise offer

up afford

ascend 382. 快速的

climb

mount fast

soar quick rapid

379. 扩大 swift

enlarge hasty

expand prompt

amplify at great speed in short time

magnify 383. 全部

multiply

380. 确保 whole

ensure total

insure complete

assure full

guarantee gross

all

entire







appraisal



treat

384. 逃跑 rate

escape

assess / assessment flee

get/run away 388. 高估

385. 治愈 overvalue overestimate

cure 389. 低估

heal undervalue

remedy underestimate

386. 注定要 fail to recognize the value

must 390. 平坦的

have to even

be bound to flat

be certain to level

be doomed to smooth

by all means 391. 夸张

387. 评估 exaggerate

judge overstate

estimate magnify

evaluate 392. 事例

value

example







ultra

familiar



case

select

extend

external instance exterior

illustration outer

outside 393. 样品

outward sample

398. 极端 specimen

example extreme

utmost 394. 优秀的

excellent 399. 熟悉的

splendid

intimate 395. 最好的

close prime

400. 出名的 first-rate

optimum famous

best well-known

renowned 396. 延长

雅思考满分 API noted

notable 扫描左侧二维 lengthen

notorious stretch

prominent 397. 外部的 eminent





