rjaf: Regularized Joint Assignment Forest with Treatment Arm Clustering

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Summary

Learning optimal assignment of treatments is an important problem in economics and public health, specifically when there are many treatment strategies to choose from. It arises, for example, in settings where a variety of behavioral science informed interventions are tested in a randomized controlled trial (RCT) to identify ones that are most effective at behavior change (Milkman, Gromet, et al. 2021). This has been studied in domains as diverse as encouraging gym visits to vaccine uptake against the coronavirus disease 2019 (COVID-19) or influenza (Milkman, Gromet, et al. 2021; Milkman, Patel, et al. 2021; Dai et al. 2021; Milkman et al. 2022). Most studies focus on identifying interventions which have (on average) the best performance, but ignoring effect heterogeneity can be a missed opportunity or, worse, perpetuate disparities (Bryan, Tipton, and Yeager 2021). Subject-specific covariates/features containing information regarding sociodemographics, past behavior, clinical characteristics, and comorbidities, if available, can be harnessed to identify which interventions works best for different sub-groups in the data. The riaf package provides a user-friendly implementation of the regularized joint assignment forest (RJAF) (Ladhania et al. 2023), a regularized forest-type assignment algorithm based on greedy recursive partitioning (Athey, Tibshirani, and Wager 2019) that shrinks effect estimates across treatment arms. The algorithm is augmented by outcome residualization (to reduce baseline variation) and a clustering scheme (Hartigan and Wong 1979) that combines treatment arms with consistently similar outcomes. Personalized treatment learning is achieved through optimizing a regularized empirical analogue of the expected outcome. The integration of R (R Core Team 2024) and C++ (Stroustrup 2013) substantially boosts the computational efficiency in tree partitioning and aggregating. This package is especially suitable in RCT settings where a large number of treatment arms are present, with potential overlap among the arms, and constrained sample sizes.

Statement of Need

There is an ever-growing literature at the intersection of machine learning and causal inference attempting to address the problem of optimal treatment assignment through heterogeneous treatment effect estimation (Athey and Imbens 2016; Wager and Athey 2018; Hitsch and Misra 2018; Athey, Tibshirani, and Wager 2019; Sverdrup et al. 2020; Athey and Wager 2021). Other methods focus on maximizing the benefit (empirical welfare) from treatment assignment (e.g., Kitagawa and Tetenov 2018), or the chance of assigning an individual to an optimal treatment arm (e.g., Murphy 2005; Zhou, Wang, and Zeng 2018). Most of these methods perform well with a limited number of treatment and control groups. A large number of arms renders the identification of best arm increasingly difficult, and assignments based on separate arm-wise estimation are inefficient. Commonly used implementations such as the multi-arm causal forest (Tibshirani et al. 2022) and random forest (Wright and Ziegler 2017) might lead to suboptimal assignment, particularly in settings with high noise. By contrast, the RJAF yields elevated empirical outcome estimates closer to the optimal level from the oracle assignment than the multi-arm causal forest approach in high noise settings, and performs at the same level in low-noise ones. Despite the methodological advantage over existing approaches, the incorporation of machine learning and causal inference techniques such as recursive tree partitioning, bootstrap aggregating, and treatment arm clustering makes it challenging to implement the RJAF from scratch even for well-trained data scientists. The rjaf is an open-source software package in R and C++ that efficiently implements the RJAF, offering data scientists a user-friendly analytic toolbox for learning personalized treatment rules in real-world settings.

Workflow

Figure 1 outlines the workflow for using the rjaf package to perform personalized treatment assignment and honest outcome estimation. The process begins with partitioning the input data—consisting of outcomes, treatment arms, covariates, individual identifiers, and optional probabilities of treatment assignment—into two parts, one for model training and estimation, and the other for validation. The rjaf function first checks whether outcome residualization for reducing baseline variation should be performed via the residualize function, using the resid argument. If resid is set to TRUE (the default), a new column of residualized outcomes is added to the input data and used for tree growing on the training subset. Next, the rjaf function evaluates whether treatment clustering should be performed on the training and estimation set during tree growing using the clus.tree.growing argument. If clus.tree.growing is TRUE, the rjaf_cpp function is employed to estimate cross-validated counterfactual outcomes, after which k-means clustering is used to learn treatment arm clusters. The optimal number of treatment clusters is determined using the elbow method. Lastly, the rjaf_cpp function is applied to the pre-processed data to obtain optimal treatment arms or clusters (if clus.tree.growing is TRUE) and to output predicted counterfactual outcomes under all treatment arms for individuals in the validation set.

Figure 2 provides a detailed description of the rjaf_cpp function, which grows a large number of trees through the growTree function. growTree begins by taking the training and estimation set as input, splitting it into two separate training and estimation subsets proportionally by treatment arms or clusters. Initially, utility is set at the root node, where optional inverse probability weighting (IPW) can be applied. A tree is then grown via recursive partitioning of the training subset based on covariate splits. Each potential split is generated by the splitting function, where regularization tuned by the lambda1 parameter can be performed along with IPW to calculate average outcomes across treatment arms or clusters. A potential split is retained if it meets three criteria: (1) each child node contains at least the minimum number of units specified by the nodesize argument, (2) the utility gain is at least eps times the empirical standard deviation of outcomes in the entire input data, and (3) the child nodes have different optimal treatment arm or cluster assignments. Recursive partitioning ends when no potential split meets these criteria. Once terminal nodes are determined on the training subset, the same splitting rules applied to the estimation subset to obtain its terminal nodes. Outcomes from the estimation subset are then used to calculate treatment-specific average outcomes in each terminal node, with optional regularization tuned by lambda2 and imputation controlled by impute. The validation set undergoes the same splitting, with treatment-specific outcomes from the estimation subset assigned to corresponding terminal nodes to achieve honest outcome estimates, thus concluding the growTree function. The final step in rjaf_cpp is bootstrap aggregation of a large number of trees grown via growTree, where the total number of trees is set by the ntree parameter of the rjaf_cpp function.

As in the implementations of other forest-based methods, built-in hyper-parameter tuning (e.g., eps, lambda1, and lambda2) is not provided in the rjaf package. Interested users are referred to the caret package (Kuhn 2008) for details.

Availability

The rjaf package is publicly available on GitHub, where the use of the rjaf package, including installation instructions and an example, has been documented in the README.md file. The package is also available on the Comprehensive R Archive Network.

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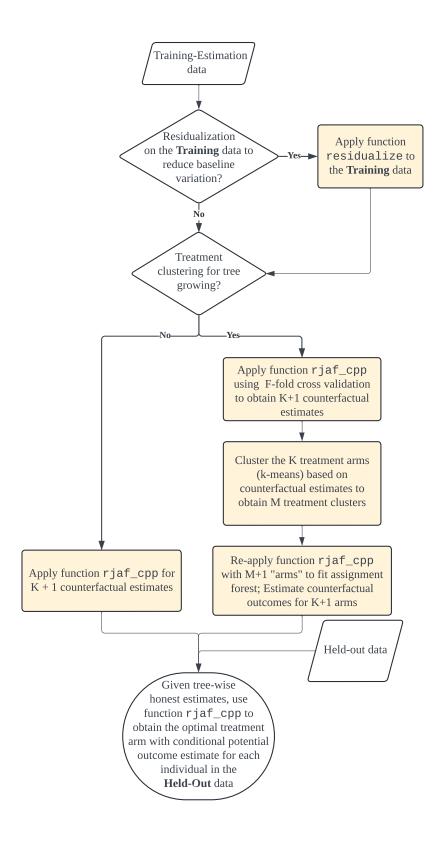


Figure 1: A sketch of the rjaf package.

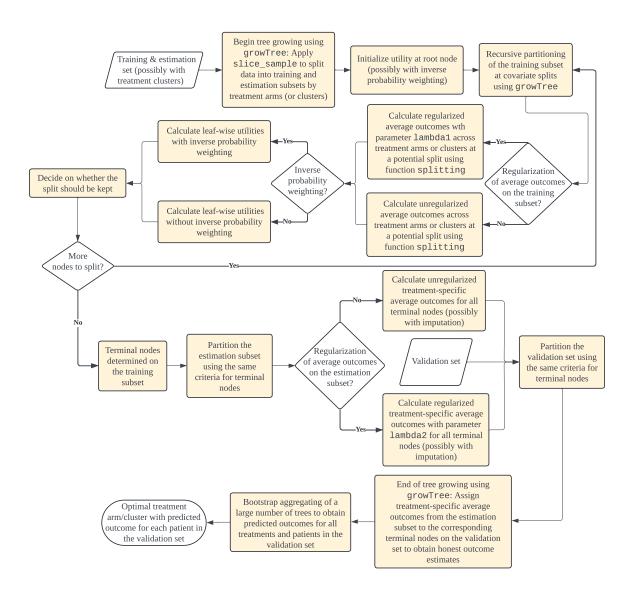


Figure 2: A description of the rjaf_cpp function.

Increase Use of COVID-19 and Flu Vaccines by Different Racial and Ethnic Groups to Improve Health Equity during Health Crises (award number 78416).

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