

# 000 001 002 003 004 005 006 007 008 009 010 011 012 MITIGATING REWARD OVER-OPTIMIZAATION IN DI- RECT ALIGNMENT ALGORITHMS WITH ADAPTIVE IM- PORTANCE SAMPLING

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## ABSTRACT

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034 Recently, Direct Alignment Algorithms (DAAs) such as Direct Preference Opti-  
035 mization (DPO) have emerged as alternatives to the standard Reinforcement learn-  
036 ing from human feedback (RLHF) for aligning large language models (LLMs)  
037 with human values. Surprisingly, while DAAs do not use a separate proxy reward  
038 model as in RLHF, their performance can still deteriorate due to over-optimization  
039 – a phenomenon found in RLHF where the policy can exploit failures of the re-  
040 ward model to achieve high rewards but the actual quality of the model begins  
041 to degrade. Recent studies find that DAAs tend to increase probability mass on  
042 out-of-distribution responses and the training objective in DAAs is heavily under-  
043 constrained on these out-of-distribution (OOD) responses due to a mismatch be-  
044 tween offline distribution and the LM policy. In this paper, we propose a method  
045 to mitigate the distribution shift between the offline distribution and the LM pol-  
046 icy by multiplying with an importance weight to reflect the policy distribution.  
047 The resulting method, called Adaptive Importance Sampling (AIS), relies on im-  
048 portance sampling techniques and resolves the high variance issue in importance  
049 sampling without extra hyper-parameters. Our experiment results showed Adap-  
050 tive IS can improve win rates by 15% while maintaining lower KL ~~budgeted~~budget  
051 compared to DAAs.  
052

## 1 INTRODUCTION

053  
054 Preference learning has emerged as an important part of the fine-tuning process to align large lan-  
055 guage models with human preference. There are two predominant flavors of preference learning for  
056 LLMs. The first approach includes online reinforcement learning from human feedback (RLHF)  
057 methods (Ouyang et al., 2022; Christiano et al., 2017). It typically involves a multi-stage proce-  
058 dure: fine-tuning a reward model to capture human preference and fine-tuning the LM policy to  
059 maximize the expected reward using online RL algorithms such as Proximal Policy Optimization  
060 (Schulman et al., 2017). While empirically performant, this multi-stage procedure is complex and  
061 computationally intensive: it requires repeated querying of the reward model as well as sampling  
062 from the current policy. A set of alternative methods called direct alignment algorithms (DAAs),  
063 avoid fitting separate reward models, instead opting to simply train the policy directly on the offline  
064 preference dataset via a ranking loss. The most known examples are Direct Preference Optimiza-  
065 tion (DPO) (Rafailov et al., 2023), and Identity Preference Optimization (IPO) (Tang et al., 2024c).  
066 Since DAAs typically do not sample new responses from the LLM’s policy during training, they are  
067 characterized as offline preference learning methods.

068  
069 In RLHF, LMs are trained to optimize a surrogate, imperfect reward function instead of the actual  
070 “ground-truth” human reward, resulting in situations where the policy learns to produce responses  
071 that achieve high reward scores, but their quality is poor. This phenomenon is often known as the  
072 reward over-optimization or reward hacking problem in RLHF (Stiennon et al., 2020b; Ouyang et al.,  
073 2022; Chen et al., 2024b; Gao et al., 2022). In the context of direct alignment algorithms (DAAs),  
074 reward-hacking-like behaviors still exist even when there is no explicit reward model (Rafailov et al.,  
075 2024; Guo et al., 2024). For instance, LLMs fine-tuned with DPO generate responses with increasing  
076 length but do not improve the ground-truth win rate (Park et al., 2024a). In another study, Rafailov

et al. (2024) found that DAAs exhibit degradation patterns at various KL-divergence budgets, similar to those in RLHF.

There are several explanations for why the reward over-optimization phenomenon occurs in the classical RLHF pipeline: (1) the reward functions are evaluated on unseen responses and (2) learned reward functions prefer unintended behaviors. Moreover, the LLMs can learn to generate OOD examples to exploit these failure modes of RMs (Hendrycks et al., 2021; Rame et al., 2024). Similarly, Rafailov et al. (2024) explains the over-optimization in DAAs by appealing to the under-constrained nature of the optimization problem used in DAAs when extrapolating to OOD samples. As a result, a large amount of extrapolation can potentially be detrimental to the performance of the learned policy.

In this work, we first identify one source of over-optimization in DAAs: the ineffective regularization of DAAs due to the shift between the distribution used for data collection and the trained policy, leading to ineffective use of the KL divergence budget. Our results show that reward over-optimization happens earlier and the performance gain from DAAs diminishes as the offline data shifts away from the LM policy. One approach to mitigate this problem is to add a KL divergence penalty to encourage the model to stay close to reference policy ([Song et al., 2024](#); [Fisch et al., 2024](#)) ([Song et al., 2024](#); [Fisch et al., 2024](#); [Ding et al., 2024](#)). This additional regularization explicitly prevents the LM policy from pushing a large probability mass to OOD responses. However, these methods are costly since they require repeated sampling from the current policy and are sensitive to hyper-parameters. We propose a novel method based on importance sampling techniques, called Adaptive Importance Sampling (Adaptive IS). Adaptive IS reduces the effects of the distribution shift problem while also balancing the trade-off between bias and variance of the importance ratio to stabilize training. Furthermore, the implementation of Adaptive IS incurs minimal computational overhead, making it highly scalable.

Our main contributions are as follows:

- We study the effect of distribution shift and how it relates to reward over-optimization in DAAs.
- We propose Adaptive Importance Sampling (Adaptive IS), to minimize the distribution gap between offline distribution and the LM policy
- Our results indicate that Adaptive IS outperforms DAAs, with up to a 15% win rate as measured by a golden reward model, while maintaining a lower KL budget.

## 2 PRELIMINARIES

We provide the formulation and background of RLHF and DAAs in sections 2.1 and 2.2, respectively. The over-optimization phenomenon and regularization in DAAs are presented in Section 2.3 and 2.4.

### 2.1 REINFORCEMENT LEARNING FROM HUMAN FEEDBACK (RLHF)

To align LMs with human preferences, the overall RLHF pipelines consist of three stages:

**Supervised Fine-Tuning (SFT):** Given a pre-trained model and a dataset of prompts  $\mathbf{x}$  and response  $\mathbf{y}$ . Language models are trained for instruction following via maximum-likelihood estimation over next-tokens. The resultant model is then called  $\pi_{\text{ref}}(\mathbf{y}|\mathbf{x})$ .

**Reward Modeling:** In the second phase, the reference model is prompted with prompts  $\mathbf{x}$  to produce pairs of responses  $(\mathbf{y}_1, \mathbf{y}_2) \sim \pi_{\text{ref}}(\cdot|\mathbf{x})$ . The pair of responses then being labeled by the human to express preferences, which are denoted as  $\mathbf{y}^w \succ \mathbf{y}^l | \mathbf{x}$ . Typically, user rankings are assumed to follow the Bradley-Terry model:

$$p(\mathbf{y}_1 \succ \mathbf{y}_2 | \mathbf{x}) = \frac{\exp(r(\mathbf{x}, \mathbf{y}_1))}{\exp(r(\mathbf{x}, \mathbf{y}_1)) + \exp(r(\mathbf{x}, \mathbf{y}_2))} = \sigma(r(\mathbf{x}, \mathbf{y}_1) - r(\mathbf{x}, \mathbf{y}_2))$$

This results on preference dataset  $\mathcal{D} = \{\mathbf{x}^{(i)}, \mathbf{y}^{w(i)}, \mathbf{y}^{l(i)}\}_{i=1}^N$ . We can then use this dataset to train a parametrized reward model  $r_\phi(x, y)$  to maximize the differences between  $\mathbf{y}^w$  and  $\mathbf{y}^l$  using

maximum likelihood estimation with the following objective:

$$\mathcal{L}_R(r_\phi) = -\mathbb{E}_{(\mathbf{x}, \mathbf{y}^w, \mathbf{y}^l) \sim \mathcal{D}} [\log \sigma(r_\phi(\mathbf{x}, \mathbf{y}^w) - r_\phi(\mathbf{x}, \mathbf{y}^l))]$$

**RL Fine-tuning:** After obtaining the learned reward function at the second stage, it can be used to provide feedback to the language model with an on-policy algorithm such as PPO with the following objective:

$$\max_{\pi_\theta} \mathbb{E}_{\mathbf{x} \sim \mathcal{D}, \mathbf{y} \sim \pi_\theta(\cdot | \mathbf{x})} [r_\phi(\mathbf{x}, \mathbf{y}) - \beta \mathbb{KL}(\pi_\theta || \pi_{\text{ref}})]$$

Where  $\beta$  controlling the deviation from the reference policy  $\pi_{\text{ref}}$ . This constraint prevents the model from deviating too far away from the region that the reward model is well-trained on and prevents mode-collapse to single high-rewards responses.

## 2.2 DIRECT ALIGNMENT ALGORITHMS (DAAs).

While RLHF achieves superior performance in aligning LMs with human preferences, this process is complex and computationally expensive. DAAs address these problems by directly optimizing policy  $\pi_\theta$  over preference data. Amongst these algorithms, Direct Preference Optimization is the most popular approach, DPO derived the closed-form solution of Eq 2,

$$\pi^*(\mathbf{y} | \mathbf{x}) = \frac{1}{Z(\mathbf{x})} \pi_{\text{ref}}(\mathbf{y} | \mathbf{x}) \exp\left(\frac{1}{\beta} r(\mathbf{x}, \mathbf{y})\right)$$

With  $Z(\mathbf{x})$  as the normalization function, According to the above equation, we can parameterize the reward function by the log-likelihood ratio between  $\pi_\theta$  and  $\pi_{\text{ref}}$ :

$$r_\theta(\mathbf{x}, \mathbf{y}) = \beta \log \frac{\pi_\theta(\mathbf{y} | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y} | \mathbf{x})} + \beta \log Z(\mathbf{x})$$

This enables us to optimize the LM policy  $\pi_\theta$  directly with human feedback data:

$$\mathcal{L}_{\text{DAA}}(\pi_\theta, \pi_{\text{ref}}) = \mathbb{E}_{\mathbf{x} \sim \mathcal{D}, (\mathbf{y}^w, \mathbf{y}^l) \sim \pi_{\text{ref}}(\cdot | \mathbf{x})} \left[ f\left(\beta \log \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} - \beta \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})}\right) \right]$$

Where  $f$  is a convex loss function. When  $f(x) = -\log \sigma(x)$ , we recover standard DPO objective (Rafailov et al., 2023), other popular objectives include: IPO (Azar et al., 2024) with  $f(x) = (x - 1)^2$ . Other objectives can be found in (Tang et al., 2024c). In this paper, we will focus on these 2 standard objectives due to limited computational resources.

## 2.3 OVER-OPTIMIZATION IN DAAs

Gao et al. (2022) refer to the *over-optimization* phenomenon as the situation where algorithms consume a large *optimization budget* without improving or even reducing performance. In this study, the KL divergence  $\mathbb{KL}(\pi_\theta, \pi_{\text{ref}})$  is used as an optimization budget since it measures how far the optimized policy  $\pi_\theta$  drifts away from the reference policy  $\pi_{\text{ref}}$  during training. Rafailov et al. (2024) study the trade-off between KL divergence and policy performance under three direct alignment objectives DPO, IPO, and SLiC. They observe clear over-optimization after a certain time during training when an additional increase in the KL budget leads to decreasing model performance. This pattern persists across model sizes, and smaller models often exhibit clearer signs of over-optimization. Moreover, regularization methods such as length regularization can not mitigate this problem. Tang et al. (2024a) observe that both online and offline variants of DAAs suffer from over-optimization, however, online achieve better budget and performance trade-offs than offline. It's not clear why since both of them are bottlenecked by an offline pairwise preference dataset.

## 2.4 REGULARIZATION IN DAAs

In this section, we borrow analysis from GPO Tang et al. (2024d) to investigate the regularization effect of DAAs' loss functions. We first denote the log ratio difference as  $\rho_\theta := \log \frac{\pi_\theta(\mathbf{y}^w)}{\pi_{\text{ref}}(\mathbf{y}^w)} - \log \frac{\pi_\theta(\mathbf{y}^l)}{\pi_{\text{ref}}(\mathbf{y}^l)}$ , then the DAA loss can be written as the following:

$$\mathcal{L}_{\text{DAA}}(\rho_\theta) = \mathbb{E}_{\mathbf{x}} \mathbb{E}_{(\mathbf{y}^w, \mathbf{y}^l) \sim \pi_{\text{ref}}} [f(\beta \rho_\theta)].$$

162 We consider the Taylor expansion around  $\rho_\theta = 0$ ,  
 163

$$\underbrace{\mathbb{E}_{\mathbf{x}} \mathbb{E}_{(\mathbf{y}^w, \mathbf{y}^l) \sim \pi_{\text{ref}}} [f(\beta \rho_\theta)]}_{\text{offline loss}} \approx f(0) + \underbrace{f'(0)\beta \cdot \mathbb{E}_{\mathbf{x}} \mathbb{E}_{(\mathbf{y}^w, \mathbf{y}^l) \sim \pi_{\text{ref}}} [\rho_\theta]}_{\text{preference optimization}} + \underbrace{\frac{f''(0)\beta^2}{2} \cdot \mathbb{E}_{\mathbf{x}} \mathbb{E}_{(\mathbf{y}^w, \mathbf{y}^l) \sim \pi_{\text{ref}}} [\rho_\theta^2]}_{\mu\text{-weighted squared loss}}, \quad (1)$$

167 Consider the expectation of gradient of the  $\mu$ -weighted squared loss term,  
 168

$$\mathbb{E}_{\mathbf{x}} \mathbb{E}_{\mathbf{y} \sim \pi_{\text{ref}}} \left[ \nabla_\theta \frac{1}{2} \rho_\theta^2 \right].$$

172 Tang et al. (2024d) show that if  $\mu = \pi_\theta$  then this expectation will recover the update of reverse KL  
 173 regularization, i.e.

$$\mathbb{E}_{\mathbf{x}} \mathbb{E}_{\mathbf{y} \sim \pi_\theta} \left[ \nabla_\theta \frac{1}{2} \rho_\theta^2 \right] = C \mathbb{E}_{\mathbf{x}} \nabla_\theta \mathbb{KL}(\pi_\theta, \pi_{\text{ref}}) \quad (2)$$

176 where  $C$  is constant depended on  $\beta$ ,  $f'(0)$  and  $f''(0)$ . This equality suggests that DAAs enforce  
 177 regularization via optimizing a  $\mu$ -weigthed objective.

178 Note that the approximation in Eq. 1 is only valid when  $\rho_\theta$  is small and Eq. 2 is only valid when the  
 179 expected gradient under current policy  $\pi_\theta$  can be estimated using training data. These conditions  
 180 are generally not held when the training progresses. As a result, the algorithms can not guarantee  
 181 bounded reverse KL if the training data does not cover the response space well (Song et al., 2024).  
 182 In section 3.2, we provide an analysis of the regularization effect in DAAs using a didactic setting.  
 183

### 184 3 METHODOLOGY

#### 186 3.1 ADAPTIVE IMPORTANCE SAMPLING (ADAPTIVE-IS)

188 In the DAAs algorithm, human preference data does not need to be collected from the starting policy  
 189  $\pi_{\text{ref}}$ . Moreover, even if  $\mu = \pi_{\text{ref}}$ , during training DAAs tend to assign a high probability mass on  
 190 OOD responses that are not presented in offline data (Tajwar et al., 2024; Rafailov et al., 2024).  
 191 Once the policy  $\pi_\theta$  moves far away from  $\pi_{\text{ref}}$ , this can potentially be detrimental to performance and  
 192 offline data may not have sufficient coverage to rectify.

193 To mitigate this problem, a simple approach is to apply online sampling training to collect responses  
 194 from the current policy  $\pi_\theta$  and use an external reward to correct these biases from the LM policy  
 195 ([Guo et al., 2024](#))[\(Calandriello et al., 2024; Guo et al., 2024\)](#).

$$\mathcal{L}_{\text{Online-DPO}}(\pi_\theta, \pi_{\text{ref}}) = -\mathbb{E}_{\mathbf{x} \sim \mathcal{D}, (\mathbf{y}^w, \mathbf{y}^l) \sim \pi_\theta(\cdot | \mathbf{x})} \left[ \log \sigma \left( \beta \log \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} - \beta \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})} \right) \right]$$

200 However, online training is considerably more complex than off-policy methods, involving multi-  
 201 stage training (requiring training an external reward) and sampling from the LM policy during train-  
 202 ing, incurring significant computational costs.

203 Our method aims to minimize the distribution gap between offline distribution and the policy dis-  
 204 tribution while does not need online sampling using importance sampling, a technique to estimate  
 205 expectations under one distribution given samples from a reference distribution  $\pi_{\text{ref}}$ , which leads to  
 206 an unbiased estimation of online-DPO objective :

$$\begin{aligned} \mathcal{L}_{\text{IS-DPO}}(\pi_\theta, \pi_{\text{ref}}) \\ = -\mathbb{E}_{\mathbf{x} \sim \mathcal{D}, \mathbf{y}^w, \mathbf{y}^l \sim \pi_{\text{ref}}(\cdot | \mathbf{x})} \left[ \left( w(\mathbf{x}, \mathbf{y}^w, \mathbf{y}^l) \log \sigma \left( \beta \log \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} - \beta \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})} \right) \right) \right] \end{aligned}$$

212 where the importance weights  $w(\mathbf{x}, \mathbf{y}^w, \mathbf{y}^l) = \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})}$ . Here, the importance weight is  
 213 the ratio of sequence-level probability between  $\pi_\theta$  and  $\pi_{\text{ref}}$ , e.g.  $\frac{\pi_\theta(\mathbf{y} | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y} | \mathbf{x})} = \prod_{t=1}^T \frac{\pi_\theta(y_t | \mathbf{x}, \mathbf{y}_{<t})}{\pi_{\text{ref}}(y_t | \mathbf{x}, \mathbf{y}_{<t})}$ .  
 214 The update is multiplied by this importance weight to adjust the action probabilities so that the  
 215 expectation is as if the actions were sampled according to the LM policy  $\pi_\theta$ .

216 **Adaptive Importance Sampling** Direct computing the importance weights in training can suffer  
 217 from extremely high variance when  $\pi_\theta$  deviate far away from  $\pi_{\text{ref}}$ . To mitigate this problem, we  
 218 consider another estimator, called *Exponential Smoothing Importance Sampling* (Aouali et al., 2023;  
 219 Korba & Portier, 2022), which is defined as:

$$\begin{aligned} \mathcal{L}_{\text{DPO}}(\pi_\theta, \pi_{\text{ref}}) \\ = -\mathbb{E}_{(\mathbf{x}, \mathbf{y}^w, \mathbf{y}^l) \sim \mathcal{D}} \left[ \left( \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})} \right)^\alpha \log \sigma \left( \beta \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} - \beta \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})} \right) \right] \end{aligned}$$

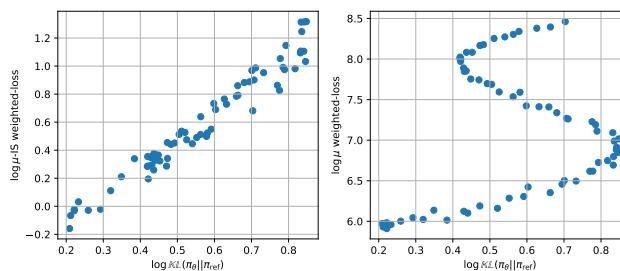
225 where  $\alpha$  serve as a regularization to trade-offs between bias and variance of the Importance weight  
 226 estimator. It is easy to see that when  $\alpha = 0$ , we recover DPO loss and when  $\alpha = 1$ , we obtain DPO  
 227 with importance sampling. We give further details on how  $\alpha$  trade-off between bias and variance in  
 228 Appendix A

229 **How to choose  $\alpha$ ?** Given the LMs  $\pi_\theta$  is an auto-regressive model. Where for each prompt  $\mathbf{x}$ , The  
 230 LM  $\pi_\theta$  generate  $\mathbf{y}$  in an auto-regressive manner:

$$\pi_\theta(\mathbf{y} | \mathbf{x}) = \prod_{t=1}^T \pi_\theta(y_t, (\mathbf{x}, \mathbf{y}_{<t}))$$

234 As the number of the tokens  $T$  increases, the variance of the importance weight can grow exponentially  
 235 with respect to the number of tokens. Thus, we should decrease  $\alpha$  value when the number of  
 236 tokens is large and vice versa. by setting  $\alpha = \frac{1}{|y|}$ , we can adaptively trade-offs between bias and  
 237 variance of importance weight. [A detailed analysis of the variance and the effect of  \$\alpha\$  are given in  
 238 Section E, Appendix.](#)

### 240 3.2 AN ANALYSIS OF REGULARIZATION EFFECT IN DAAS AND ADAPTIVE-IS DAAS



252 Figure 1: Correlation between KL divergence and  $\mu$ -weighted loss and  $\mu$ -IS weighted loss. We can  
 253 see that  $\mu$ -IS weighted loss achieve high correlation with the KL divergence.

255 As the section 2.4 has shown the square loss term in DAAs only serves as a local approximation  
 256 of KL divergence when  $\pi_\theta$  is near  $\pi_{\text{ref}}$ , as the LM policy  $\pi_\theta$  deviates far away from the reference  
 257 model, the correlation between 2 objectives becomes more difficult to grasp. To see how importance  
 258 sampling can enforce a more effective regularization in DAAs, we experiment with a synthetic setup  
 259 using a Mixture of Gaussian and measure the correlation between  $\mu$ -weighted loss and  $\mu$ -weighted  
 260 loss with importance sampling ( $\mu$ -IS weighted loss).

$$\mathbb{E}_{\mathbf{x} \sim \mathcal{D}, (\mathbf{y}^w, \mathbf{y}^l) \sim \mu(\cdot | \mathbf{x})} \left[ \frac{w(\mathbf{x}, \mathbf{y}^w, \mathbf{y}^l)}{2} \left( \log \frac{\pi_\theta(\mathbf{y}^w | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^w | \mathbf{x})} - \log \frac{\pi_\theta(\mathbf{y}^l | \mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}^l | \mathbf{x})} \right)^2 \right]$$

264 The offline distribution  $\mu$  is parameterized as  $\mu = \frac{3}{10}\mathcal{N}(-0.8, 0.2^2) + \frac{4}{10}\mathcal{N}(0, 0.2^2) +$   
 265  $\frac{3}{10}\mathcal{N}(0.8, 0.2^2)$ . We assume  $\pi_{\text{ref}} = \mu$  and the policy distribution  $\pi_\theta = \mathcal{N}(\theta, 0.1^2)$ , where  $\theta$  is a pa-  
 266 rameter, we vary  $\theta$  from  $[-1, 1]$  and estimate KL divergence,  $\mu$ -weighted loss and  $\mu$ -IS weighted  
 267 loss, we generate 2000 samples to estimate these objectives.

268 In figure 1, we show the correlation between the KL divergence and  $\mu$ -weighted loss and  $\mu$ -IS  
 269 weighted loss under log scale with  $\theta$  varying from  $[-1, 1]$ . When  $\pi_\theta$  is close to  $\pi_{\text{ref}}$ , both 2 losses

exhibit a high correlation with KL divergence. But for  $\mu$ -weighted loss, the correlation starts to break down when  $\pi_\theta$  moves far away from  $\pi_{\text{ref}}$ , while  $\mu$ -IS still exhibits a high correlation with KL divergence.

## 4 EXPERIMENTS

In this section, we will first examine how distribution shift affects the performance of DAAs. We find that under distribution shift, the performance gain from DAAs is margin and decreases when the offline data shifts away from the LM policy. Moreover, reward-overoptimization happen faster under distribution shift.

Then, we will evaluate our methods in standard RLHF datasets: TL;DR summarization.

### 4.1 EXPERIMENT SETTINGS

We adopt a synthetic setup from Gao et al. (2022) to study the trade-off between KL divergence and policy performance. We first train a *golden* reward model with a Pythia-6.9b from the initial human preference dataset and then use it to label preference data for training offline algorithms. The gold reward model will be much larger than the optimized policy to simulate the complexity of human preferences for the LM policy to be captured given a finite dataset.

**Dataset:** For all experiments, we will use Reddit TL;DR summarization dataset [Stiennon et al. \(2020a\)](#)[\(Stiennon et al., 2020a\)](#). It is a summarization dataset with SFT split, consisting of 116,722 human-written summaries and preference split, comprising 92,858 human-annotated preference pairs.

**Pretrained Model:** All of our experiments will be carried out using the Pythia family of Large Language Models [Biderman et al. \(2023\)](#)[\(Biderman et al., 2023\)](#) with 1B model sizes due to limited computational resources. All models have gone through supervised fine-tuning on the SFT split of the TL;DR dataset, resulting  $\pi_{\text{ref}}$  policy. The model is then trained on preference learning data for 1 epoch using AdamW optimizer, with a cosine decay schedule and a learning rate of  $1e - 6$ .

**Model Evaluation:** We evaluate the performance of any policy by the win rate against 512 reference summaries available in the SFT split. The golden reward model determines the win rate. We evaluate with 2 standard objectives in DAAs: DPO and IPO. Following previous works, we use the KL divergence between the current policy  $\pi_\theta$  and the reference policy  $\pi_{\text{ref}}$  as a measure of optimization budget (Rafailov et al., 2024; Tang et al., 2024a; Gao et al., 2022).

### 4.2 MAIN RESULTS

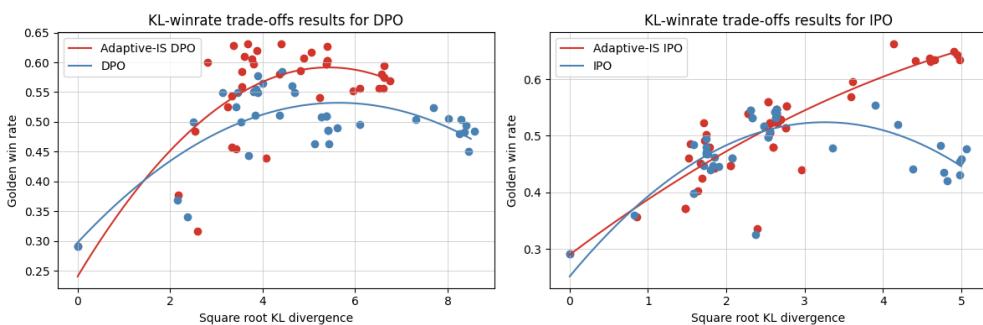


Figure 2: Trade-off between performance and KL divergence for DPO and Adaptive IS with varying regularization strength. We see that Adaptive IS achieves superior performance and KL efficiency.

In this section, we evaluate the over-optimization phenomenon when using Adaptive IS and compare it against two baselines: DPO and IPO. Our key findings are illustrated in Figure 2, which displays the model win rates using an evaluation set of prompts judged by the golden reward model. It's important to note that over-optimization for DAAs occurs when the performance shows a hump-shaped

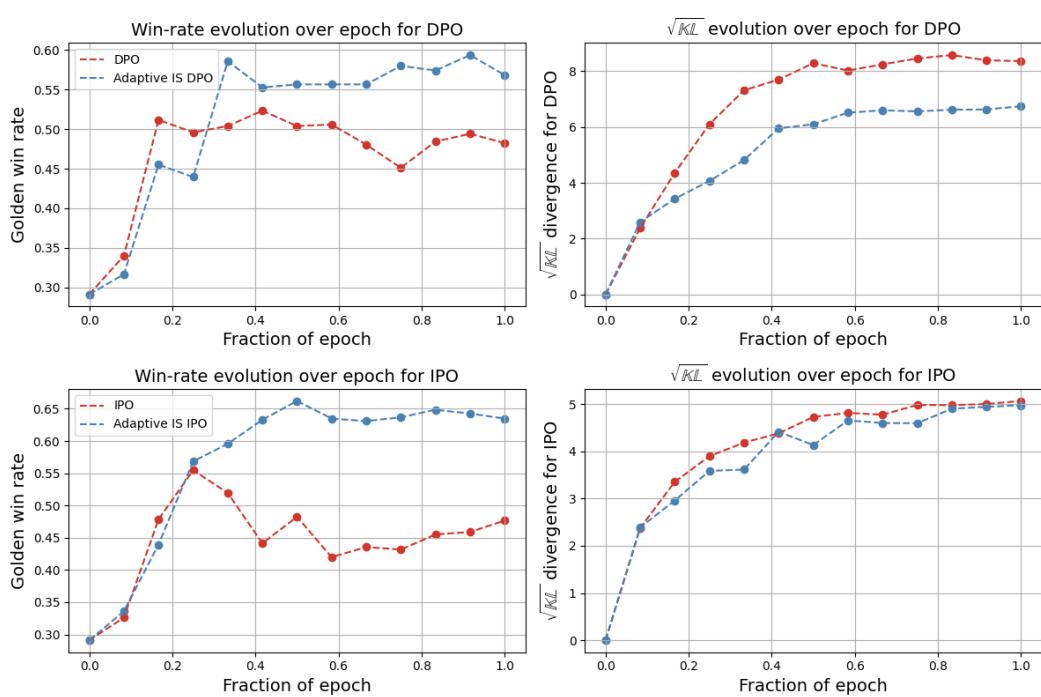


Figure 3: Evolution of win-rates, and KL divergence. Adaptive IS model achieves higher final win rate over standard DPO model with less than 35% of the KL budget Moreover, Adaptive IS maintains consistent performance throughout training, while standard DPO performance peaks early at 20% of the first epoch and start to decreasing performance.

pattern, where increasing the KL budget leads to a decrease in model performance (Rafailov et al., 2024). These patterns can be clearly observed from the DPO and IPO tradeoff curves. On the other hand, Adaptive IS-DPO (resp IPO) outperforms standard DPO (resp IPO) by a large margin given a smaller KL budget, increasing performance by over 10% under the same KL budget. The results demonstrate that Adaptive IS can address the over-optimization issue and uses the KL divergence budget more efficiently than offline.

In previous studies, it has been shown that DAAs tend to show early convergence behavior during training. They achieve their highest performance after being trained on only a small portion of the data. Subsequently, their performance starts decreasing in conjunction with a rise in KL divergence metrics (Park et al., 2024a; Rafailov et al., 2023). In figure 3, we analyze the intra-epoch training dynamics patterns of standard DPO, IPO, and the AIS variants as configurations with  $\beta = 0.01$ . After 20% of the epoch, DPO has reach its highest win-rate and start to descend while increasing KL steadily with further training. In contrast, Adaptive IS-DPO shows no degradation as the training progresses and achieves higher final win rates. This can be explained that at the initial steps, DAAs objective always initialized as the reference model, the offline data distribution is similar to the LM policy distribution and can make a solid improvement, as the LM policy deviates far away from the reference model. Offline algorithms become less effective as they no longer represent the distribution encountered during on-policy. This growing discrepancy between the training and test time may lead to sub-optimal performance. In contrast, AIS can leverage pre-collected data and select training instances that benefit the learning process.

#### 4.3 HOW DOES DISTRIBUTION SHIFT AFFECT OFFLINE PREFERENCE OPTIMIZATION?

Previous works often attribute the sub-optimal performance of DAAs to a distribution gap between the current policy and the policy used to sample training data. In this experiment, we create a setting where we can control the gap between the training data and the training policy and try to observe the effect of these gaps on the final performance. Specifically, we first perform DPO fine-tuning on the

SFT model  $\pi_{\text{ref}}$  and collect two checkpoints  $\pi_{\theta_1}$  and  $\pi_{\theta_2}$ , ordered by number of training iterations. Then we generate pairs of responses using  $\pi_{\text{ref}}, \pi_{\theta_1}$  and  $\pi_{\theta_2}$ , resulting to three synthetic datasets  $D_1, D_2$  and  $D_3$ , respectively. These datasets are labeled using the golden preference model. By following this procedure,  $D_1, D_2$  and  $D_3$  are gradually shifted away from  $\pi_{\text{ref}}$ . We then finetune 3 LM policies initialized from  $\pi_{\text{ref}}$  on these 3 datasets using DPO objective with varying regularization strength.

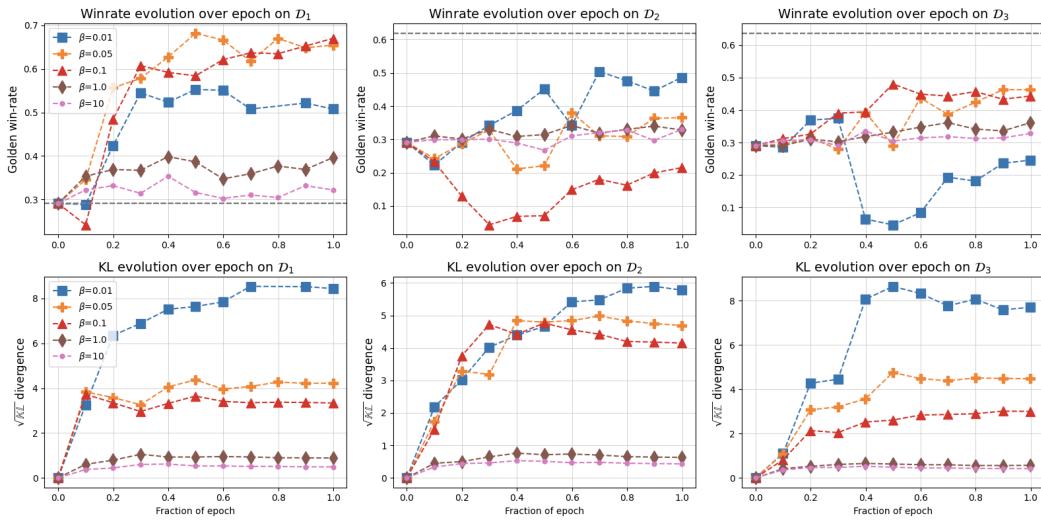


Figure 4: Win-rate and KL divergence against the fraction of epoch results for datasets  $\mathcal{D}_1, \mathcal{D}_2, \mathcal{D}_3$  gradually shift away from  $\pi_{\text{ref}}$

In figure 4, we observed the same phenomenon as in (Tang et al., 2024a) where the SFT data achieves the best performance compared to the other 2 datasets. For the other 2 datasets, the performance gain is margin and cannot achieve the same level of performance of the data generated policy. Moreover, as the data gradually shifts away from the initial policy, the performance gain from offline preference learning becomes less significant. In figure 5 (left), we report the win-rate KL trade-off between the

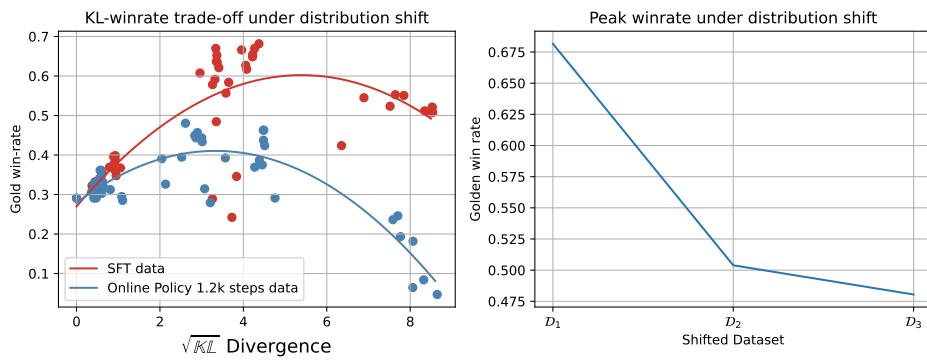


Figure 5: Left: KL-win rate tradeoff results under distribution shift. Reward-over-optimization happens earlier under distribution shift and cannot achieve satisfying performance even though the online policy data performs much better than the SFT model. Right: Peak win rate across different datasets. As the data gradually shifts, the performance of DAAs starts to degrade.

policy learned from SFT data and data  $\mathcal{D}_3$  that generated from the policy with the highest win rate. We can see that reward-over-optimization happens earlier under distribution shift than the SFT data and cannot achieve satisfying performance even though the offline is generated from a higher win-rate policy, showing the importance of how different the offline distribution is to the LM policy can have large effect to the performance of DAAs. In figure 5 (right), we show the peak win rate of

432 various regularization strengths across different shifted datasets. As the offline shift aways from the  
 433 initial LM policy  $\pi_\theta$ , the performance gain from DAAs methods starts to decrease.  
 434

## 435 5 RELATED WORKS

436 **Preference fine-tuning.** There are two main approaches for fine-tuning language models based  
 437 on user preferences. The first approach involves online reinforcement learning methods such as  
 438 RLHF (Ouyang et al., 2022). This method includes multiple steps: fine-tuning a reward model to  
 439 capture preferences and optimizing language models to maximize the reward scores. The second  
 440 approach, known as direct alignment algorithms (DAAs), aims to simplify the multi-step process  
 441 of RLHF. DAAs directly update the language model’s policy using human feedback. Examples of  
 442 DAAs include Direct Preference Optimization (DPO) (Rafailov et al., 2023), and Identity Preference  
 443 Optimization (IPO) (Tang et al., 2024c). Since DAAs don’t typically generate new responses from  
 444 the language model’s policy during training, they are considered offline preference learning methods.  
 445

446 **Reward-Overoptimization in RLHF.** Gao et al. (2022) refer to the *over-optimization* phe-  
 447 nomenon as optimizing too much against a surrogate objective eventually hinders the true objective.  
 448 They introduce a synthetic setup to study the trade-off between the KL divergence  $\text{KL}(\pi_\theta, \pi_{\text{ref}})$  and  
 449 the policy performance. In the context of RLHF, prior works have observed that while the LLM’s  
 450 expected reward increases the actual quality of the model’s output decreases. This phenomenon is  
 451 termed reward exploitation or reward “over-optimization” in RLHF and relates to problems such as  
 452 verbosity bias. Many works try to address this problem by improve robustness of the reward model:  
 453 (Shen et al., 2023) proposed to use a smaller reward model to capture length bias and use a larger  
 454 reward model to learn true reward. (Coste et al., 2024) using an ensemble of rewards improves OOD  
 455 robustness, (Rame et al., 2024) use weighted-averaged reward models. While these methods have  
 456 been shown to effectively mitigate reward-overoptimization. Reward-overoptimization in DAAs  
 457 does not train a reward model, so previous approaches cannot be directly applied to this setting.  
 458

459 **Over-optimization in DAAs.** Recent works have shown that DAAs also exhibit reward “over-  
 460 optimization” behavior such as length bias (Park et al., 2024a). Unlike standard RLHF, these offline  
 461 algorithms do not train an explicit reward function but directly finetune the LMs. However, research  
 462 addressing over-optimization in offline learning is still limited compared to standard RLHF. Rafailov  
 463 et al. (2024) explains why over-optimization occurs by pointing to the under-constrained nature of  
 464 the optimization problem used in DAAs. Park et al. (2024a) try to tackle this problem using reward  
 465 shaping to eliminate verbosity bias.  
 466

467 **Performance gap between online and offline alignment.** In this work, we draw the relationship  
 468 between reward-overoptimization problems in offline alignment algorithms and distribution issues  
 469 of shift in offline reinforcement learning context (Levine et al., 2020; Kumar et al., 2020). That is,  
 470 during training, LMs  $\pi_\theta$  is trained on data that is generated from reference model  $\pi_{\text{ref}}$ . However,  
 471 during deployment, it will be queried on its own distribution. which may lead to performance  
 472 degradation if the LMs are very unlikely to visit states that are present in the offline data Chen et al.  
 473 (2024a). The most closely related to our works is that of (Zhou et al., 2024), where they try to  
 474 minimize the distribution gap between offline and the LM policy simulating on-policy learning with  
 475 off-policy preference data where they approximate the importance weight by a constant instead of  
 476 using reference probability. However, they do not provide an explanation for how using length-  
 477 normalization helps in balancing the trade-offs between bias and variance in the importance weight.  
 478

## 6 CONLUSION

480 We study the problem of reward-overoptimization in Direct Alignment Algorithms (DAAs). We  
 481 showed that one of the main sources in reward-overoptimization in DAAs is due to the mismatch  
 482 between offline distribution and the LM policy. To reduce this distribution gap problem, we intro-  
 483 duce Adaptive Importance Sampling (Adaptive IS), a technique to estimate samples under the LM  
 484 policy distribution given samples from the offline distribution while resolving the high variance is-  
 485 sue of the importance ratio estimation. Our results showed that Adaptive IS improves performance  
 486 and is highly effective at combating reward over-optimization in DAAs.  
 487

486     **Limitation.** In this paper, we adopt the synthetic setup used by (Gao et al., 2022), where we  
 487     assume the golden reward model as the ground truth reward. However, this golden reward model  
 488     may not accurately represent real-world human preferences. Moreover, we did not experiment with  
 489     larger models and other datasets due to limited computational resources.

490     Another limitation is that we assume that the preference data is generated by the reference model.  
 491     Which is not always hold in practice. In most cases, the preference dataset is sampled from an  
 492     unknown policy  $\mu$ , we can only estimate this policy using maximum likelihood estimation, which  
 493     results in the reference model  $\pi_{\text{ref}}$ .

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## 702 A BIAS-VARIANCE TRADE-OFF OF EXPONENTIAL IMPORTANCE SAMPLING 703

704 Given a prompt  $\mathbf{x}$ , we have that  $\mathbb{E}_{y \sim \pi_{\text{ref}}(\cdot|\mathbf{x})} \left[ \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right] = 1$ . For a given  $\alpha \in [0, 1]$ . The bias of  
705 Adaptive Importance Sampling is  
706

$$\begin{aligned} 707 \mathbb{E}_{y \sim \pi_{\text{ref}}(\cdot|\mathbf{x})} \left[ \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha \right] &= \sum_y \pi_{\text{ref}}(y|\mathbf{x}) \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha \\ 708 &\leq \left( \sum_y \pi_{\text{ref}}(y|\mathbf{x}) \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right) \right)^\alpha \text{ ( Jensen Inequality ) } \\ 709 &\leq 1 \\ 710 & \\ 711 & \\ 712 & \\ 713 & \\ 714 \end{aligned}$$

715 For the variance of Adaptive Importance Sampling, we have  
716

$$\begin{aligned} 717 \mathbb{V}\text{ar} \left[ \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha \right] &\leq \mathbb{V}\text{ar} \left[ \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha \right] + \left( \mathbb{E} \left[ \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha \right] - 1 \right)^2 \\ 718 &= \mathbb{E} \left[ \left( \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \right)^\alpha - 1 \right)^2 \right] \\ 719 &\leq \mathbb{E} \left[ \left( \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} - 1 \right)^2 \right] \leq \mathbb{E} \frac{\pi_\theta(y|\mathbf{x})}{\pi_{\text{ref}}(y|\mathbf{x})} - 1^2 \\ 720 & \\ 721 & \\ 722 & \\ 723 & \\ 724 & \\ 725 & \\ 726 & \\ 727 \end{aligned}$$

## 728 B KL DIVERGENCE AND GOLDEN WIN-RATE CALCULATION 729

730 We calculate KL divergence on the full distribution over next token under The calculation of KL  
731 divergence in our experiments is based on (Tang et al., 2024b) where the KL is estimated by taking  
732 on-policy samples under the current LM  $\pi_\theta$  and  $\pi_{\text{ref}}$ . Therefore, we calculate KL divergence  
733 according to (Tang et al., 2024a). Specifically, given a response consists of  $T$  tokens. For each partial  
734 completion, we can calculate the distribution over the next tokens of both. Specifically, we first  
735 sample  $N$  input prompts  $\{\mathbf{x}_i\}_{i=1}^N$  from the evaluation set. For each input prompt  $\mathbf{x}_i$ , we generate a  
736 response  $\mathbf{y}_i$  using the current policy  $\pi_\theta$ . Let  $T_i$  be the length of the response  $\mathbf{y}_i$ , we compute the KL  
737 divergence between  $\pi_\theta$  and  $\pi_{\text{ref}}$  as follows:

738 The KL divergence will be calculated for each time step  $i$ , this results an unbiased estimate of KL  
739 divergence:

$$740 \quad \frac{1}{N} \sum_{n=1}^N \sum_{t=1}^T \mathbb{K}\mathbb{L}(\pi_\theta(\cdot|\mathbf{x}, \mathbf{y}_{<t}), \pi_{\text{ref}}(\cdot|\mathbf{x}, \mathbf{y}_{<t}))$$

741 Where  $N$  is number of samples in the evaluation set.  
742

743 We set  $N = 512$  in our experiments.

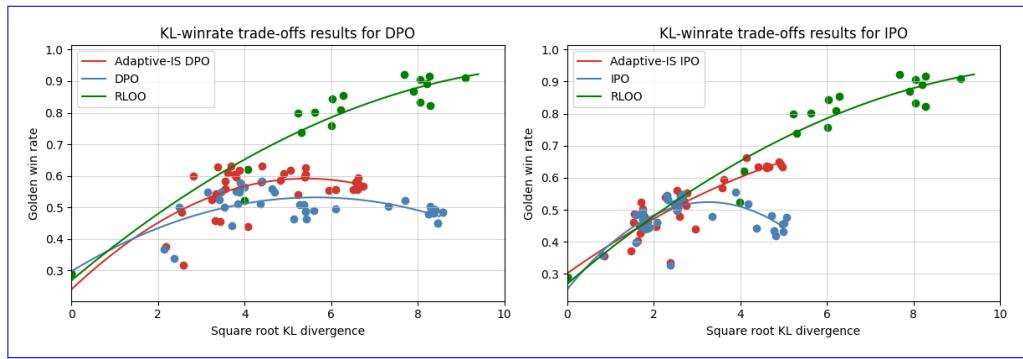
744 For Gold win-rate calculation, we first use a well fine-tuned pythia 6.9b in (Huang et al., 2024). The  
745 model achieve  $\approx 70\%$  accuracy in evaluation set and achieving 76.7

746 For a given prompt  $x$ , we first sample a response  $y \sim \pi_\theta(\cdot|x)$  and then use the golden reward model  
747  $r^{\text{gold}}$  to compare against reference summaries  $y_{\text{ref}}$  in evaluation set to determine the win-rate with  
748 the following calculation:

$$749 \quad \frac{1}{N} \sum_{i=1}^N \mathbb{1}\{r^{\text{gold}}(x, y) > r^{\text{gold}}(x, y_{\text{ref}})\}$$

756 **C COMPARISON WITH ONLINE ALIGNMENT METHODS**

757  
 758 We conducted further experiments where we compared DAAs with online alignment methods. We  
 759 consider REINFORCE Leave-One-Out (RLOO) (Ahmadian et al., 2024). For RM training, we use  
 760 a learning rate of  $3 \times 10^{-6}$  with a batch size of 64 and a cosine learning scheduler. The reward  
 761 model is trained on the preference dataset that is labeled from the golden reward model. We RL fine  
 762 tuning, use a batch size of 512 and the number of generated samples per prompt  $k$  is set to 2, we  
 763 train it for 1200 steps, resulting in approximately 3.3 epochs with a learning rate of  $3 \times 10^{-6}$ , and a  
 764 constant linear scheduler with a warm-up ratio of 3%. We present the result in Figure 6.  
 765



766  
 767  
 768 Figure 6: Trade-off between performance and KL divergence for alignment methods with varying  
 769 regularization strength.  
 770

771 As expected, RLOO achieves a better win rate compared to DPO and AIS-DPO and utilizes a better  
 772 KL budget. The result also shows that AIS-DPO helps close the gap between offline and online  
 773 algorithms

774 **D EXPERIMENTAL DETAILS**

775 We follow the codebase from the N+ implementation of RLHF (Huang et al., 2024) with default  
 776 hyperparameters as shown in the tables below : **SFT hyperparameters** . **Parameter** . We use  
 777 transformers (Wolf et al., 2020) library implementation of Pythia models in conjunction with  
 778 deepspeed ZERO Stage 2 Rasley et al. (2020). All models are quantized to bfloat16 dtype.  
 779 We provide additional details on our training and data preprocessing below

780 **Data-preprocessing:** We follow data-preprocessing process from (Huang et al., 2024). We truncate  
 781 the prompt to a maximum of 512 tokens, where the truncation is only applied at the paragraph level.  
 782 All input strings will be formatted with the following template:

783 `SUBREDDIT: r/{ subreddit }\nTITLE: { title }\nPOST: { post }\n\nTL;DR:`

784 **ValueSFT Training** **Learning rate**  $3e-6$  **Epochs** 1 **Batch size** We use the SFT split, which contains  
 785 an input query and a reference summary written by humans. We use a learning rate of  $3 \times 10^{-6}$   
 786 and a batch size of 64 with gradient accumulation steps of 8. We do not apply warm-up steps 0 **DPO**  
 787 **hyperparameters**. **Parameter Value** **Learning rate**  $1e-6$  **Epochs** 1 **Batch size** and train for one epoch.

788 **Preference Training:** We train preference algorithms using the initialized SFT Pythia models.  
 789 We train for 1450 steps with a learning rate of  $1 \times 10^{-6}$  with a batch size of 64 **Warm-up steps**  
 790 with gradient accumulation steps of 8, we use a cosine learning rate scheduler with 150 **warm-up**  
 791 steps. **Generation hyperparameters:** **Parameter Value** **Max prompt length** 512 **Max new tokens** 128  
 792 **Temperature** 0.01

800 **E THE NECESSITY OF THE ADAPTIVE HEURISTIC**

801 Since we are working with an auto-regressive language model, the importance weights are computed  
 802 as the product of the importance ratio of many timesteps. Let  $T$  be the length of the response  $y$  to

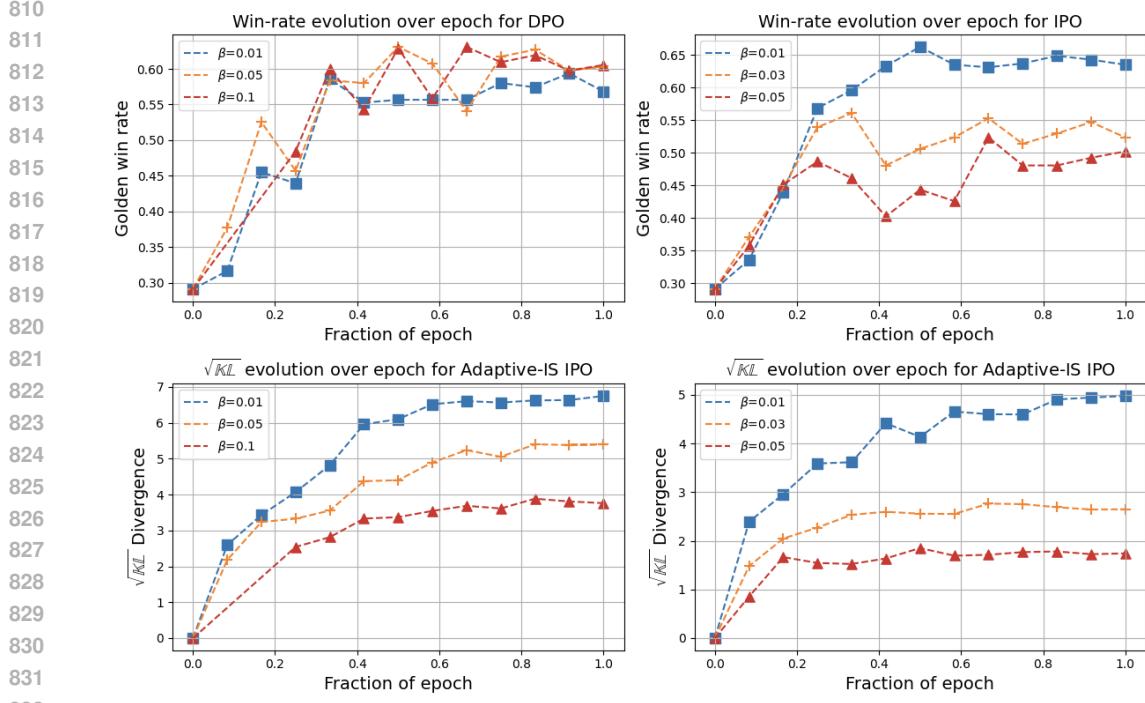


Figure 7: Result on intra-epoch training dynamics of Adaptive IS. The top row shows win-rate against fraction on an epoch and the bottom row shows the Square root of KL evolution. Adaptive IS maintains consistent performance throughout the training process.

an input prompt  $\mathbf{x}$ , the importance weight is calculated based on the following equation

$$w(\mathbf{x}, \mathbf{y}) = \frac{\pi_\theta(\mathbf{y}|\mathbf{x})}{\pi_{\text{ref}}(\mathbf{y}|\mathbf{x})} = \prod_{t=1}^T \frac{\pi_\theta(\mathbf{y}_t|\mathbf{x}, \mathbf{y}_{<t})}{\pi_{\text{ref}}(\mathbf{y}_t|\mathbf{x}, \mathbf{y}_{<t})}$$

Thus, the variance of the IS estimator accumulates multiplicative. For instance, we analyze a setting where the reference mode  $\pi_{\text{ref}}$  is a uniform distribution over the vocabulary space  $V$ . The importance weight in this setting is given by the following equation.

$$w(\mathbf{x}, \mathbf{y}) = |V|^T \prod_{t=1}^T \pi_\theta(\mathbf{y}_t|\mathbf{x}, \mathbf{y}_{<t})$$

The variance of the importance weights can grow exponentially large with respect to the number of tokens in the response  $\mathbf{y}$ .

$$\text{Var}_{\mathbf{y} \sim \pi_{\text{ref}}(\cdot|\mathbf{x})} [w(\mathbf{x}, \mathbf{y})] = |V|^{2T} \text{Var}_{\mathbf{y} \sim \pi_{\text{ref}}(\cdot|\mathbf{x})} \left[ \prod_{t=1}^T \pi_\theta(\mathbf{y}_t|\mathbf{x}, \mathbf{y}_{<t}) \right].$$

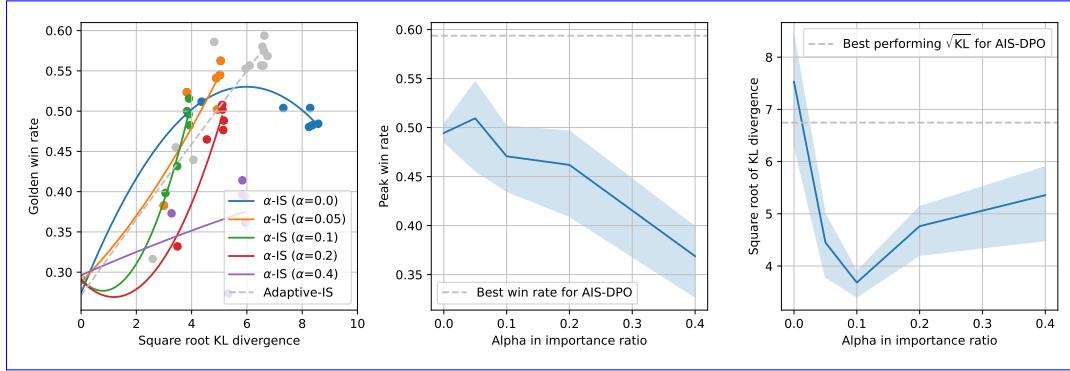
By using exponential smoothing importance weights

$$w(\mathbf{x}, \mathbf{y}) = |V| \prod_{t=1}^T \pi_\theta(\mathbf{y}_t|\mathbf{x}, \mathbf{y}_{<t})^\alpha$$

and choosing the value of  $\alpha = \frac{1}{T}$ , the variance of the importance weights is reduced significantly and does not grow exponentially with respect to the number of tokens in the response  $\mathbf{y}$ .

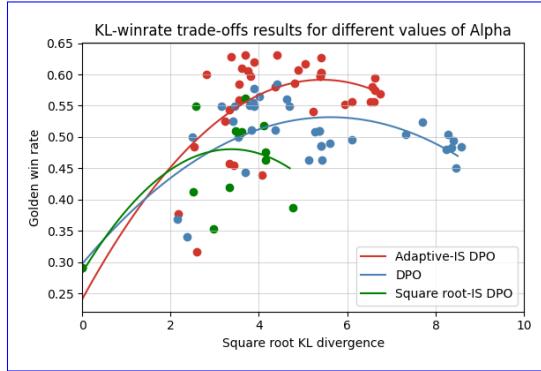
$$\text{Var}(w(x, y)) = |V|^2 \text{Var}(\pi_\theta(y|x)^\alpha)$$

864 **F ABALATION STUDY OF  $\alpha$  VALUES**  
 865  
 866



879  
 880 Figure 8: (Left) Win rate-KL tradeoff of different  $\alpha$  values, we observed no over-optimization  
 881 phenomenon and can even outperform DPO with the right  $\alpha$ . (Middle) the best win-rate of different  
 882  $\alpha$  values, where  $\alpha$  around 0.05 achieve the best performance. (Right) Best performing square root  
 883 KL divergence of different  $\alpha$  values. Increasing  $\alpha$  helps regularization up to a specific point, the  
 884 regularization effect will diminish when increasing  $\alpha$  due to high variance issues.  
 885

886 **Fixed  $\alpha$ .** We have provided an ablation over alpha in alignment experiments, we first fix  $\beta = 0.01$   
 887 and vary  $\alpha = (0.0, 0.05, 0.1, 0.2, 0.4)$  and compare with the adaptive-IS DPO and DPO objective on  
 888 the Reddit TL;DR dataset. Figure 8 shows that a small value of  $\alpha$  can achieve the best performance



902 Figure 9: Win rate-KL tradeoff of DPO, AIS-DPO and different functional forms of  $\alpha = \frac{1}{\sqrt{|y|}}$   
 903 (Square root-IDS DPO). Although Square-root IDS achieves a lower win rate than the other 2  
 904 methods, it still maintains a better regularization effect with the lowest KL budget.  
 905

906 with a lower KL budget than DPO. While increasing  $\alpha$  helps increase the regularization effect and  
 907 win rate. Up to a specific point (around 0.1), the regularization effect starts to diminish due to high  
 908 variance in the importance ratio, causing unstable training.  
 909

910 **Adaptive  $\alpha$ .** As mentioned in Section E, setting  $\alpha = \frac{1}{\sqrt{|y|}}$  can reduce variance of importance  
 911 weighted estimators. We present the effect of this choice of  $\alpha$  compared to fixed  $\alpha$  values in Figure  
 912 8. Adaptive-IS achieves the best result in this setting while avoiding manually tuning the smoothing  
 913 factor  $\alpha$ . We also provide experiment results for different functional forms of  $\alpha$  that depend on the  
 914 response length:  $\alpha = \frac{1}{\sqrt{|y|}}$ . Figure 9 shows that  $\alpha = \frac{1}{\sqrt{|y|}}$  achieves a lower win rate than DPO  
 915 and AIS-DPO. We speculate that setting  $\alpha = \frac{1}{\sqrt{|y|}}$  can still have a high variance in the importance  
 916 ratio, leading to a small number of samples having enormous weights that can potentially dominate  
 917 learning signals of other valuable samples (Park et al., 2024b).

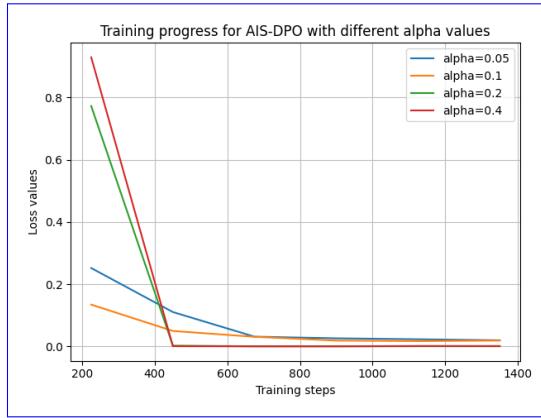


Figure 10: DPO loss over the course of training.

**Training convergence.** We plot the training loss of AIS-DPO with different  $\alpha$  values during training in Figure 10 and observed that the training is stable in all settings. Another observation is that larger values of  $\alpha$  lead to faster convergence than smaller values.

## G HOW DOES ADAPTIVE IS PERFORM UNDER DISTRIBUTION SHIFT?

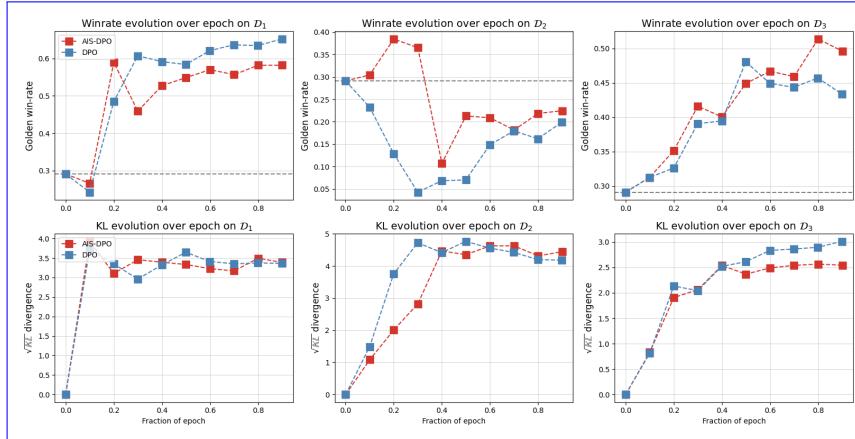


Figure 11: Win-rate and KL divergence against the fraction of epochs results for different shifted datasets  $D_1, D_2, D_3$  of Adaptive-DPO and standard DPO.

In this section, we provide an analysis of applying IS on the distribution shift experiment (presented in section 4.3). The results are plotted in Figure 11. When the data distribution is close to  $\pi_{\text{ref}}$ , Adaptive IS and DPO show similar performance in terms of win rate and KL divergence, but both still suffer from the distribution shift effect. Interestingly, we observed that as the data distribution shifts away from  $\pi_{\text{ref}}$ , AIS-DPO is shown to achieve better regularization and win rate compared to standard DPO even when the data is no longer from  $\pi_{\text{ref}}$ . This phenomenon is helpful in practice, where the preference data is usually generated from an unknown policy  $\mu$ , not from  $\pi_{\text{ref}}$ . AIS-DPO can still improve performance and regularization when  $\pi_{\text{ref}}$  is not far from  $\mu$ .

## H A POLICY GRADIENT DERIVATION OF DAAs

Our motivation to derive the original equation comes from the fact that DAAs method can be derived from vanilla policy gradient (VPG) ([4], [5]), an on-policy algorithm aims to maximize the following formula:

$$\begin{aligned}\nabla \mathcal{L}^{\text{PG}}(\pi_\theta) &= \mathbb{E}_{y \sim \pi_\theta(\cdot|x)} [r(x, y) \nabla \log \pi_\theta(y|x)] \\ &= \sum_y \nabla \pi_\theta(y|x) r(x, y)\end{aligned}$$

The estimator above can have high variance, a popular approach is to subtract a baseline  $b(x)$  to reduce variance while keeping the estimator unbiased. A popular choice of the baseline is  $b(x) = \sum_y r(x, y) \pi_\theta(y|x)$ . Plugging into the above equation, we get

$$\begin{aligned}\nabla \mathcal{L}^{\text{PG}}(\pi_\theta) &= \left( \sum_{y_1} r(x, y_1) \nabla \pi_\theta(y_1|x) - \sum_{y_1, y_2} r(x, y_2) \pi_\theta(y_2|x) \nabla \pi_\theta(y_1|x) \right) \\ &= \sum_{y_1, y_2} r(x, y_1) \pi_\theta(y_2|x) \nabla \pi_\theta(y_1|x) - \sum_{y_1, y_2} r(x, y_2) \pi_\theta(y_2|x) \nabla \pi_\theta(y_1|x) \\ &= \sum_{y_1, y_2} (r(x, y_1) - r(x, y_2)) \pi_\theta(y_2|x) \nabla \pi_\theta(y_1|x) \\ &= \mathbb{E}_{(y_1, y_2) \sim \pi_\theta(\cdot|x)} [(r(x, y_1) - r(x, y_2)) \nabla \log \pi_\theta(y_1|x)]\end{aligned}$$

We then swapped actions  $y_1, y_2$  and averaged them together to get the desired form.

$$\nabla \mathcal{L}^{\text{PG}}(\pi_\theta) = \mathbb{E}_{(y_1, y_2) \sim \pi_\theta} \left[ \frac{(r(x, y_1) - r(x, y_2))}{2} (\nabla \log \pi_\theta(y_1|x) - \nabla \log \pi_\theta(y_2|x)) \right]$$

Where  $r(x, y) = R(x, y) - \beta \log \frac{\pi_\theta(y|x)}{\pi_{\text{ref}}(y|x)}$  is the reward-KL regularization in RLHF. The above equation is called *Pairwise Policy Gradient* and has been recently proposed by (Wu et al., 2024; Flet-Berliac et al., 2024).

Here we will show how Policy Gradient can be related to DAs methods (e.g. IPO).

**Property** (IPO as Policy Gradient with binarized reward): Given a prompt  $x$  and a pair of generations  $(y_1, y_2)$ , assuming that  $y_1 \succ y_2$  and defining reward  $R(x, y_1) = -R(x, y_2) = \frac{1}{4}$ . Then we have\*\*

$$\nabla \mathcal{L}^{\text{VPG}}(\pi_\theta) = -\frac{1}{2\beta} \nabla \mathcal{L}_{\text{IPO}}(\pi_\theta, \pi_{\text{ref}})$$

*Proof.* The gradient of Policy Gradient can now be written:

$$\nabla \mathcal{L}^{\text{PG}}(\pi_\theta) = \mathbb{E}_{(y_1, y_2) \sim \pi_\theta(\cdot|x)} \left[ \left( \frac{1}{2} - \beta \log \frac{\pi_\theta(y_1|x)}{\pi_{\text{ref}}(y_1|x)} + \beta \log \frac{\pi_\theta(y_2|x)}{\pi_{\text{ref}}(y_2|x)} \right) (\nabla \log \pi_\theta(y_1|x) - \nabla \log \pi_\theta(y_2|x)) \right]$$

Let's consider the gradient of IPO, a popular loss in DAs family:

$$\begin{aligned}
& \nabla \mathbb{E}_{(y_1, y_2) \sim \pi_\theta(\cdot|x)} \left[ \left( \frac{1}{2} - \beta \left( \log \frac{\pi_\theta(y_1|x)}{\pi_{\text{ref}}(y_1|x)} - \log \frac{\pi_\theta(y_2|x)}{\pi_{\text{ref}}(y_2|x)} \right) \right)^2 \right] \\
&= \mathbb{E}_{(y_1, y_2) \sim \pi_\theta(\cdot|x)} \left[ \nabla \left( \frac{1}{2} - \beta \left( \log \frac{\pi_\theta(y_1|x)}{\pi_{\text{ref}}(y_1|x)} - \log \frac{\pi_\theta(y_2|x)}{\pi_{\text{ref}}(y_2|x)} \right) \right) (\nabla \log \pi_\theta(y_1|x) - \nabla \log \pi_\theta(y_2|x)) \right] \\
&= -2\beta \mathcal{L}^{\text{PG}}(\pi_\theta)
\end{aligned}$$

As shown above, DAAs can be seen as maximizing binarized rewards with policy gradient. However, this equivalence only holds when we consider the online version of DPO or IPO. In off-policy setups, DAAs can suffer from the distribution shift problem, which has been well-studied in Offline RL literature Levine et al. (2020). This also explains the ineffectiveness of regularization in DAAs when using offline data due to the sampling bias in the regularization objective (Levine et al., 2020; Tang et al., 2024d).

Thus, Offline DAAs methods should be seen as on-policy maximizing expected reward  $r(x, y)$  under the current LLM policy with the additional constraint that we only have access to some static dataset  $\mathcal{D}$ . Therefore, our ideal objective is:

$$\max_{\theta} J(\theta) = \mathbb{E}_{x \sim \mathcal{D}, (y_w, y_l) \sim \pi_\theta(\cdot|x)} \left[ \log \sigma \left( \beta \log \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} - \beta \log \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \right) \right]$$

As we only have access to a static dataset generated from  $\pi_{\text{ref}}$ , we propose to use importance sampling to estimate expectations under  $\pi_\theta$  distribution given samples from a reference distribution  $\pi_{\text{ref}}$ :

$$\begin{aligned}
J(\theta) &= \sum_{x, y_w, y_l} \pi_\theta(y_w|x) \pi_\theta(y_l|x) \left( \log \sigma \left( \beta \log \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} - \beta \log \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \right) \right) \\
&= \sum_{x, y_w, y_l} \pi_{\text{ref}}(y_w|x) \pi_{\text{ref}}(y_l|x) \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \left( \log \sigma \left( \beta \log \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} - \beta \log \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \right) \right) \\
&= \mathbb{E}_{(x, y_w, y_l) \sim \pi_{\text{ref}}} \left[ \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \log \sigma \left( \beta \log \frac{\pi_\theta(y_w|x)}{\pi_{\text{ref}}(y_w|x)} - \beta \log \frac{\pi_\theta(y_l|x)}{\pi_{\text{ref}}(y_l|x)} \right) \right]
\end{aligned}$$

Asuming that  $\pi_\theta$  and  $\pi_{\text{ref}}$  have the same support.

## I RESULTS WITH REGULARIZED PREFERENCE OPTIMIZATION

Regularized Preference Optimization (RPO) (Liu et al., 2024) also shows that reward over-optimization happens due to distribution shift problem, similar to ours. They propose a theoretical algorithm that minimizes the DPO loss and an additional SFT term to mitigate reward over-optimization. The additional SFT loss ensures alignment with the reference policy to stabilize training and reduce uncertain labels in preference data.

On the other hand, we propose to mitigate distribution shift problem by adding an importance ratio to estimate samples under the current LM policy  $\pi_\theta$ . The importance ratio will upweight samples that have high likelihood under  $\pi_\theta$  and downweight low likelihood samples. RPO also requires additional hyper-parameters  $\eta$  to balance the tradeoff between alignment with the reference policy and learning from preference while our approach does not introduce any new hyper-parameters where the  $\alpha$  terms adaptively trading off between bias

To compare Adaptive-IS with RPO, we use a similar experimental setup as described in section D. We train RPO with 3 different values of  $\beta = (0.01, 0.05, 0.1)$  and tune  $\eta = (0.001, 0.005, 0.01)$ .

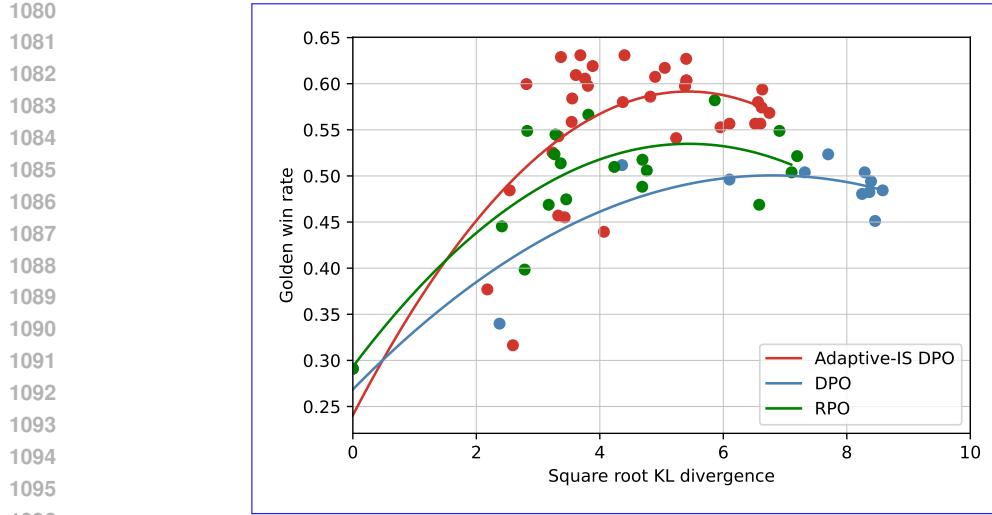


Figure 12: Win rate-KL tradeoff of Adaptive-IS, DPO, and RPO. Adaptive-IS achieves the best performance compared to other methods while maintaining a lower KL budget.

Based on the results, we select  $\eta = 0.005$  as it yields the best performance and is consistent with the choice in the original study.

Figure 12 shows the win rate-KL tradeoff of Adaptive-IS, RPO, and DPO. As expected, DPO achieved the lowest performance with a higher KL divergence. Adaptive-IS DPO was able to show superior performance than RPO under a similar KL budget without requiring any additional hyper-parameters.

## J DAAS REGULARIZATION SUFFERS FROM DISTRIBUTION SHIFT

In this section, we will follow Tang et al. (2024d) derivation to show how does DAAs methods suffer from distribution shift. As an example, given a prompt  $x$ . Let's consider the Taylor expansion of  $\rho_\theta$  around zero in IPO loss:

$$\min_{\pi_\theta} \mathbb{E}_{(y_w, y_l) \sim \pi_{\text{ref}}(\cdot|x)} \left[ \left( \rho_\theta(y_w, y_l) - \frac{1}{2\beta} \right)^2 \right] = \frac{1}{4\beta^2} - \underbrace{\frac{1}{\beta} \mathbb{E}_{(y_w, y_l) \sim \pi_{\text{ref}}} [\rho_\theta(y_w, y_l)]}_{\text{Preference Optimization}} + \underbrace{\mathbb{E}_{(y_w, y_l) \sim \pi_{\text{ref}}} [\rho_\theta(y_w, y_l)^2]}_{\mu-\text{weighted loss}}$$

The second term serves as regularization, which is called the  $\mu$ -weighted loss Tang et al. (2024d) this loss encourages  $\pi_\theta$  to stay close to  $\pi_{\text{ref}}$ . Although both KL divergence and  $\mu$ -weighted loss achieve the same global minimizer (when  $\pi_\theta = \pi_{\text{ref}}$ ), their main difference lies in the their gradient.

For KL divergence,  $\nabla_\theta \text{KL}(\pi_\theta, \pi_{\text{ref}}) = \mathbb{E}_{y \sim \pi_\theta} \left[ \log \frac{\pi_\theta(y|x)}{\pi_{\text{ref}}(y|x)} \nabla \log \pi_\theta(y|x) \right]$ , While the gradient of the  $\mu$ -squared loss:

$$\mathbb{E}_{(y_1, y_2) \sim \pi_{\text{ref}}(y|x)} \left[ \log \frac{\pi_\theta(y|x)}{\pi_{\text{ref}}(y|x)} \nabla \log \pi_\theta(y|x) \right]$$

There is a mismatch between data distribution, where KL divergence is calculated based on the current LM samples, while Offline regularization in DAAs directly use offline samples for regularization. This leads to cases minimize offline regularization objective might not necessarily minimize KL divergence. This is because the offline samples may not accurately represent the samples generated under the current policy, potentially causing performance degradation (Tang et al., 2024d; Chen et al., 2024a).