

# IE510 Applied Nonlinear Programming

## Lecture 5: Optimal First Order Method

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## Side: Recent Q&A

**Reddit:** The Future (and Present) of Artificial Intelligence AMA  
(2018/02/18)

**Question:** What are some crucial skills/ knowledge I should possess in order to succeed in this field (AI)? (from a physics PhD)

Yann LeCun: **Crucial skills:**

- good skills/intuition in continuous mathematics (**linear algebra**, multivariate **calculus**, probability and statistics, **optimization**...).
- Good programming skills.
- Good scientific methodology.
- Above all: creativity and intuition

# Review of Momentum

Last algorithm we learned (last last week): GD with momentum, a.k.a. heavy ball method.

**Main result:** achieve faster rate of  $1 - 1/\sqrt{\kappa}$  for **quadratic** problems

How about **non-quadratic** problems, like logistic regression?

- For many problems, momentum seems to help
- But **in theory, NO!**  
e.g. [Lessard et al. 2016] 1-dim counter-example

# Today

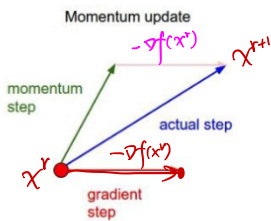
- **Today:** Optimal first order method, Nesterov's accelerated method
- After today's course, you will be able to
  - Draw figures to illustrate the difference of Nesterov's method and HB
  - Tell the difference of Nesterov's method and HB in theory
  - Describe in what sense Nesterov's accelerated method is "optimal"
- Advanced goals (optional):
  - Appreciate the beauty of analyzing "optimal" optimization method
    - Analogy: Shannon information theory 1948; NP-hardness 1960's, 1970's
  - Identify possible ways to go beyond "optimal method"

# Outline

- 1 Nesterov momentum: Intuitive Understanding
- 2 Formal Definition and Main Results
- 3 Optimal First Order Method

# Nesterov's accelerated gradient method (Nesterov momentum)

Previous view: slip and shift together (update velocity)



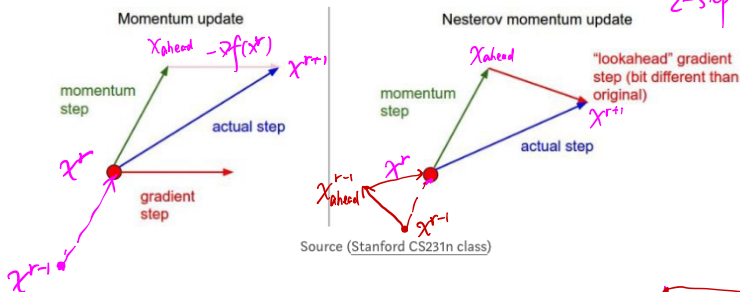
Source (Stanford CS231n class)

# Another View: Slip then Shift

New view: let the car slip for a while, then stop and move

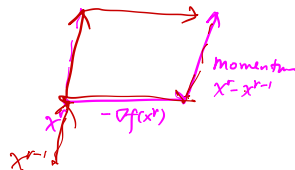
$$x_{\text{ahead}} - x^r = \beta (x^r - x^{r-1}).$$

2-step update



Question. Why not gradient step first then momentum?

- (i) If  $-\nabla f(x^r)$  first, then  $(x^r - x^{r-1})$ , it is the same as first  $(x^r - x^{r-1}) + \text{second } -\nabla f(x^r)$ ;
- (ii) If go along  $-\nabla f(x^r)$  first, the "true momentum" is no longer  $x^r - x^{r-1}$ .

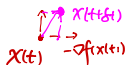


# Discretization View

Best way: **continuously** changing direction (gradient step) + moving along momentum **along the path**.

$$x(t + \delta t) = x(t) - \alpha \nabla f(x(t)) + \beta(x(t) - x(t - \delta t))$$

Graph:



At time  $t$ , you're at  $x(t)$ .

After the  $\delta t$ , you are at  $x(t + \delta t)$ .

After time  $2\delta t$ , you are at  $x(t + 2\delta t)$ .

$$\delta t = 0.1s,$$

$$\delta t = 0.01s, \dots$$

Equivalently: stepsize  $\alpha \rightarrow 0$ .

$$\begin{aligned} &= x(t + \delta t) - \alpha \nabla f(x(t + \delta t)) \\ &\quad + \beta(x(t + \delta t) - x(t)) \end{aligned}$$

new grad  
new momentum

A better discretization?

Question: Why  $\alpha \rightarrow 0$  is slower?

It seems changing direction continuously is "faster" when driving?

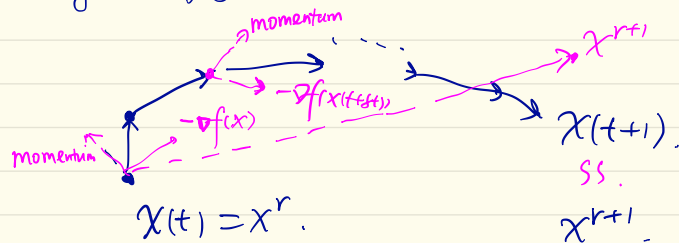
Answer: Take more computation time:  
either in brain or computer.

Remark: Discretization is nontrivial; see course SE420, and Su et al.-2014, A differential equation for modeling Nesterov's accelerated gradient method: Theory and insights.

Wilson et al.-2016: A Lyapunov Analysis of Momentum Methods in Optimization



Continuously changing direction:



Assume  $\delta t = 1/1000$ .

Use information.

$x(t), x(t+\delta t), x(t+2\delta t), \dots, x(t+999\delta t), x(t+1)$ ,

gradient:  $\nabla f(x(t)), \nabla f(x(t+\delta t)), \nabla f(x(t+2\delta t)), \dots, \nabla f(x(t+999\delta t)), \nabla f(x(t+1))$ .

momentum  $x(t) - x(t-\delta t), x(t+\delta t) - x(t), \dots, x(t+1) - x(t+999\delta t)$

Goal: Approximate the final point  $x(t+1)$  of the path  $(x(t), x(t+\delta t), \dots, x(t+1))$  by  $x^{r+1}$ , from few pieces of information from above.

HB: Just pick  $x(t) - x(t-1)$  and  $\nabla f(x(t))$ .

Nesterov: Pick  $x(t) - x(t-1)$  and  ~~$\nabla f(x(t))$~~   $\nabla f(x(t) + \text{momentum})$

# Two Discretization Views

## View 1: simultaneous discretization

- HB: Pick the gradient at the starting point  $x$  to approximate gradients along the way
- Nesterov: Pick the gradient at the look-ahead position (a “middle” point) to approximate the gradients along the way

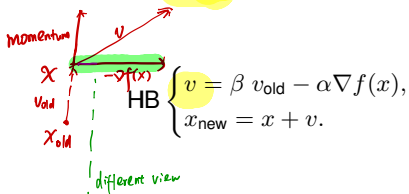
## View 2: <sup>2-step</sup> decomposed discretization

- HB: move along momentum first, then move along  $-\nabla f(x)$
- Nesterov: move along momentum first to  $x_{\text{ahead}}$ , then move along  $-\nabla f(x_{\text{ahead}})$

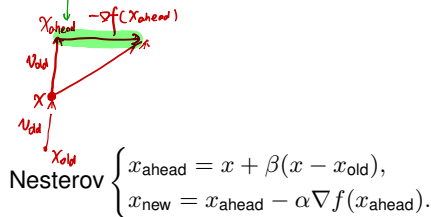
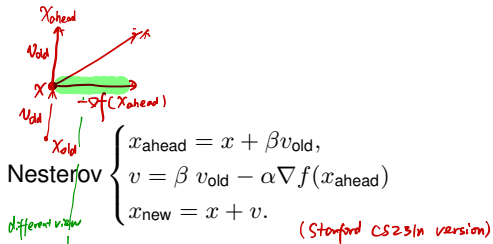
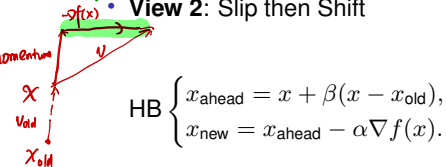
Can you write down the four update equations, 2 for HB and 2 for Nesterov's method?

# Summary of Two Views

- View 1: Slip and Shift together



- View 2: Slip then Shift



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# Nesterov's Momentum

Now we define a simple version of Nesterov's accelerated gradient method (1983).

$$\begin{cases} \overset{\text{look ahead}}{y^r} = x^r + \beta_r(x^r - x^{r-1}), & \text{slip due to momentum} \\ x^{r+1} = y^r - \alpha \nabla f(y^r). & \text{move along gradient} \end{cases} \quad (1)$$

- Simplest stepsize (for **strongly convex** case):  $\beta = (1 - \frac{1}{\sqrt{\kappa}})^2 \approx 1 - \frac{2}{\sqrt{\kappa}}$

$$\alpha = 1/L, \quad \beta_r = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \quad \text{constant parameters} \quad (2)$$

$$= 1 - \frac{2}{\sqrt{\kappa} + 1}$$

- Simplest stepsize (for **convex** case):

$$\alpha = 1/L, \quad \beta_r = \frac{r - 1}{r + 3} \quad \text{time-dependent parameters} \quad (3)$$

$$= 1 - \frac{4}{r + 3} \approx 1 - O\left(\frac{1}{r}\right),$$

# Nesterov's Momentum: Results

**Theorem 5.1** For **strongly convex** problems, Nesterov's method (4) with the stepsize choice in (2) satisfies

Assumption:  $\mu I \leq \nabla^2 f(x) \leq LI$

$$f(x^r) - f^* \leq L \left(1 - \frac{1}{\sqrt{\kappa}}\right)^{2r} \|x^0 - x^*\|^2.$$

Let  $(1 - \frac{1}{\sqrt{\kappa}})^r = \epsilon$   
 $\Rightarrow r \approx \sqrt{\kappa} \log \frac{1}{\epsilon}$

For **convex** problems, Nesterov's method (4) with the stepsize choice in (3) satisfies

Assumption:  $\nabla^2 f(x) \leq LI$

$$f(x^r) - f^* \leq \frac{2L}{(r+1)^2} \|x^0 - x^*\|^2.$$

$O(\frac{1}{r^2}) = \epsilon$   
 $\Rightarrow \# \text{ of ite } r = \frac{1}{\sqrt{\epsilon}}$

- For **strongly convex** case, iteration complexity  $O(\sqrt{\kappa} \log 1/\epsilon)$ , faster than  $O(\kappa \log 1/\epsilon)$  of GD.
- For **convex** case, iteration complexity  $O(1/\sqrt{\epsilon})$ , faster than  $1/\epsilon$  of GD.

See Nesterov "Introductory lectures on convex optimization" for details. A shorter introduction in Donoghue, Candes "Adaptive Restart for Accelerated Gradient Schemes".

# General Stepsize Rule

The original stepsize rule by Nesterov is rather general:

$$\begin{cases} y^r = x^r + \beta_r(x^r - x^{r-1}), \\ x^{r+1} = y^r - \alpha_r \nabla f(y^r). \end{cases} \quad (4)$$

$\alpha_r \leq 1/L$ , and one general choice of  $\beta_r$  is:

*quadratic equation on  $\theta_{r+1}$*

**General Rule 1:**  $q \in [0, 1], \theta_{r+1}^2 = (1 - \theta_{r+1})\theta_r^2 + q.$

$$\beta_{r+1} = \frac{\theta_r(1 - \theta_r)}{\theta_r^2 + \theta_{r+1}}.$$

*Freedom:  $q$  &  $\theta_0$ .*

Consider  $\theta_0 = 1$  in this page.

*→ plug into above,  $1^2 = (1-1) \cdot 1 + 1$  holds.*

Let  $q = 1$ : then  $\theta_r = 1, \beta_r = 0$ . Recover GD.

When convex, let  $q = 0$ : then  $\theta_{r+1} = \frac{\theta_r(\sqrt{\theta_r^2 + 4} - \theta_r)}{2}$ , then

$$f(x^r) - f^* \leq \frac{4L}{(r+2)^2} \|x^0 - x^*\|^2.$$

When strongly convex, let  $q = 1/\kappa = \mu/L$ , linear convergence:

$$f(x^r) - f^* \leq L \left(1 - \frac{1}{\sqrt{\kappa}}\right)^r \|x^0 - x^*\|^2.$$

## Derive Two Simplest Stepsize Rules

Let the initial point of the auxiliary sequence and the parameter be

$$\theta_0 = 1/\sqrt{\kappa}, q = 1/\kappa.$$

Then we obtain

$$\text{constant } \beta_r = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1},$$

which recovers (2).

Another general stepsize rule different from Rule 2 (for convex case):

$$\text{General Rule 2: } a_0 \in [0, 1], a_{r+1} = (1 + \sqrt{4a_{r-1}^2 + 1})/2.$$

$$\beta_r = \frac{a_r - 1}{a_{r+1}}.$$

Let  $a_0 = 0$ , then  $a_r = \frac{r+1}{2}$ , and

$$\beta_r = 1 - \frac{4}{r+3},$$

which recovers (3).



# Lots of Interpretations

People found Nesterov's original proof **HARD** to understand.

Lots of interpretations: *(many are obtained in the past 5 years)*

- **Chebyshev polynomial (related); approximation theory**

$$\cos(kx) \\ = f(\cos(x)).$$

- Hardt blog: "Zen of Gradient Descent", but does not recover Nesterov's method
- HB method equivalent to Chebyshev iteration method
- **ODE interpretation** (2nd order ODE, Hamiltonian system; not simple)
- geometric idea (related to ellipsoid method; different method)
- game in primal-dual method
- upper/lower bound estimate (still magical)
- .....

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# Further Improvement of Momentum?

- : Question: can we do better than momentum methods?
  - “Better” can mean many things...
  - What Nesterov’s method does: extend  $\sqrt{\kappa}$  result from quadratic to convex/strongly convex
- **Question:** Can we improve the bound  $\tilde{O}(\sqrt{\kappa})$ , even just for quadratic case?
- **More history info:** can we use three or four terms in history, to get  $\tilde{O}(\kappa^{1/3})$  or even better bound? *[Polyak’1974] mentioned: this is unclear.*
- **Better momentum:** can we “discretize” better, to obtain a faster algorithm than Nesterov’s method?



# Optimal Methods

- Surprisingly, the answer is **NO**, in a **certain sense**.
- We will see:
  - Nesterov's method is (order) **optimal** for **convex/strongly convex** problems, in a certain sense. (**not just quadratic!**)
  - For strongly convex **quadratic** problems, both **HB** and Nesterov's method are (order) **optimal** in that sense.
- In what sense? We will discuss later.
- Why should you care?

# Why Should You Care About Optimal Methods

- **Engineers** should care since:
  - If your boss pushes you to find faster algorithms, you tell him/her: no way! My algorithm is “optimal”.
  - Save your time. In an ideal world, for any problem, just find the “optimal” algorithm, then no need to worry.
- “Why momentum really matters” says: this result should be taken “spiritually”, not literally.
- **Theoreticians** should care since:
  - Don’t waste your time to look for a faster algorithm (in theory) unless...
  - unless you really understand the lower bound, and avoid those algorithms that will definitely fail to improve

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# Oracle Model

- **Oracle model**  $\Omega$  for the first order algorithms:

- given any  $x^r$ , the oracle returns  $\nabla f(x)$ .
- at iteration  $r$ , the algorithm generates  $x^{r+1}$  in  $\text{span}(x^0, x^1, \dots, x^r, \nabla f(x^0), \dots, \nabla f(x^r))$ .

In short, the only allowable information is  $\{x^i\}$  and  $\{\nabla f(x^i)\}$

- **Definition:** The (iteration) complexity of algorithm  $\mathcal{A} \in \Omega$ , for a function  $f$ , is

$$C_\epsilon(\mathcal{A}; f) = \min\{r \mid f(x^r) - f(x^*) \leq \epsilon\}.$$

number of iterations to achieve error  $\epsilon$   $O(\frac{1}{\epsilon})$  for GD.

- **Definition:** The complexity of algorithm  $\mathcal{A} \in \Omega$ , for a function class  $F$ , is

$$C_\epsilon(\mathcal{A}; F) = \sup_{f \in F} \min\{r \mid f(x^r) - f(x^*) \leq \epsilon\}.$$

number of iterations to achieve error  $\epsilon$

# What Algorithm is Covered?

What is covered by  $\Omega$ ?

- GD with constant stepsize;
- GD with diminishing stepsize, or any line search rule.
- HB method;
- Nesterov's method

What is NOT covered by  $\Omega$ ?

- Newton method
- Using  $-D\nabla f(x^r)$  as direction, where  $D$  is positive definite
- Many others, e.g., AdaGrad, BFGS, etc.



## Lower Bound

- Let  $P(D, L)$  be the class of smooth unconstrained convex optimization problems with

$$\|x^0 - x^*\| \leq D,$$

$$\nabla^2 f(x) \preceq LI, \quad \forall x.$$

- Let  $S(D, L, \mu)$  be the class of smooth unconstrained convex optimization problems, which satisfies the conditions of  $P(D, L)$  and additionally

$$\text{for some } \mu > 0, \mu I \preceq \nabla^2 f(x), \quad \forall x$$

Remark: For simplicity, we use  $\nabla^2 f(x) \preceq LI, \forall x$ .

It also works for  $\|\nabla^2 f(x) - \nabla^2 f(x^*)\| \leq LI, \forall x$ .

- Result:** For convex class  $P(D, L)$

dimension of  $x$

No matter what algorithm in  $\Omega$  you pick, there always exists a problem such that the iteration complexity is at least xxx.

$$\inf_{\mathcal{A} \in \Omega} C_\epsilon(\mathcal{A}) \geq O(1) \min\left\{n, \frac{D\sqrt{L}}{\sqrt{\epsilon}}\right\}$$

it means  $C_\epsilon(\mathcal{A}, P(D, L))$

For strongly convex class  $S(D, L, \mu)$

$$\inf_{\mathcal{A} \in \Omega} C_\epsilon(\mathcal{A}) \geq O(1) \min\left\{n, \sqrt{\kappa} \log(1/2\epsilon)\right\}$$

# Limitation of Lower Bound

Is that the end?

Two big issues:

- Only about  $\#$  of iterations; per-iteration time ignored
- Bound of  $n$  on number of iterations

Active area of research!

# Conclusion of Today

Can you summarize yourself?

- Nesterov's method is “optimal” for convex/strongly convex problems, under certain assumptions
  - only among 1st order methods
  - number of iterations upper bounded
- Save your time on trying different momentum!! More history does not help (too much).

# Conclusion of Today

Can you summarize yourself?

- Nesterov's method is “optimal” for convex/strongly convex problems, under certain assumptions
  - only among 1st order methods
  - number of iterations upper bounded by  $n$ .

*For engineers:*

- Save your time on trying different momentum!! More history does not help (too much).