

Discussion

- ◆ Recently, Hanfu has gained popularity among many people, please comment on the renaissance.



Discussion

1. What is acupuncture?
2. Could you explain the microcosmos (微观世界) and macrocosmos (宏观世界) in between human body and the nature as an analogy in TCM?
3. In spite of extreme difficulties and heavy strikes since the beginning of the modern times, why has TCM never been replaced by western biomedicine, and even survived and developed to become an important practice for people's health care today?
4. Could you give a brief description of Traditional Chinese Medicine?

1. 《论语》是儒家学派的经典著作 (classic) 之一, 该书记录了孔子及其弟子的言行, 传授儒家的主要思想 (central theme): 仁、义 (righteousness)、礼、智, 其中仁是儒家的核心价值观 (kernel value)。仁是指爱父母和敬长兄, 如果这种对家庭成员的情感延伸 (extend to) 到社会上其他人身上, 人与人之间的和睦关系也就建立起来了。

The Analects is one of the Confucian classics. The book records the sayings and behaviors of Confucius and his disciples. It teaches the central themes of Confucianism: humaneness, righteousness, propriety, and wisdom, of which humaneness is the kernel value. Humaneness is taken as love for parents and respect for elder brothers. If the feelings for family members are extended to other people in the society, harmonious relationships among individuals will be built up.