### The Thinking Style of Chinese Medicine: Accomplishes or Hinders Its Development?

**Accomplishes Its Development**

| Arguments | Supporting Illustrations |
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| 1. It provides theoretical and practical solutions for people to cultivate health. | The idea of cultivating health in the four seasons: sprouting in spring, growing in summer, ripening in autumn, and storing up in winter. This holistic approach to health aligns with natural cycles, promoting balance and well-being. |
| 2. It emphasizes a holistic and personalized approach to health. | Chinese medicine considers the whole person, including physical, emotional, and spiritual aspects, which leads to tailored treatments that can be more effective than one-size-fits-all approaches. |
| 3. It has a long history of successful clinical practice. | Thousands of years of empirical evidence support the effectiveness of Chinese medicine in treating various ailments, demonstrating its practical value. |
| 4. It integrates well with modern healthcare systems. | Many modern hospitals incorporate TCM practices, showing its compatibility and potential to enhance overall healthcare outcomes. |

**Hinders Its Development**

| Arguments | Supporting Illustrations |
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| 1. It is difficult to achieve standardization. | English translation of terms in Chinese medicine often lacks precision, making it challenging to standardize practices and communicate effectively across different languages and cultures. |
| 2. It relies heavily on subjective interpretation. | Diagnoses in TCM often depend on the practitioner's subjective interpretation of symptoms and signs, which can lead to inconsistencies in treatment. |
| 3. It lacks rigorous scientific validation. | Many TCM practices have not been subjected to rigorous scientific testing, which can limit their acceptance in mainstream medicine. |
| 4. It can be resistant to innovation and change. | The traditional nature of TCM sometimes resists integration with newer medical technologies and methodologies, potentially limiting its evolution and relevance. |

### Commentary on Liang Qichao’s View

Liang Qichao's perspective highlights a common critique of traditional Chinese medicine (TCM) and broader Chinese studies, which is the inherent ambiguity and inexpressibility of certain concepts. This characteristic can indeed pose challenges in terms of standardization, scientific validation, and international communication. However, it is also important to recognize the value of TCM's holistic and personalized approach to health, which has been integral to its longevity and continued relevance.

The challenge for TCM, as with any traditional system, is to balance the preservation of its unique cultural and philosophical underpinnings with the need for modernization and integration into global healthcare systems. This involves finding ways to articulate and standardize its practices without losing the essence of its holistic approach.