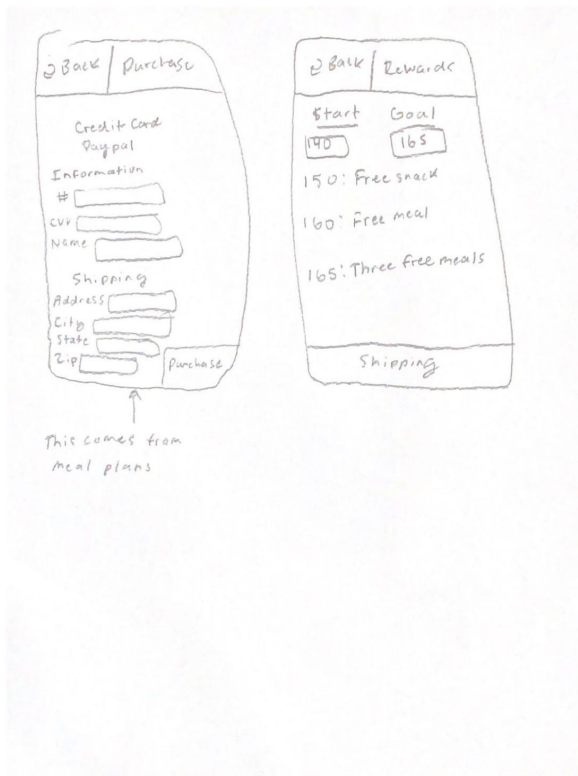
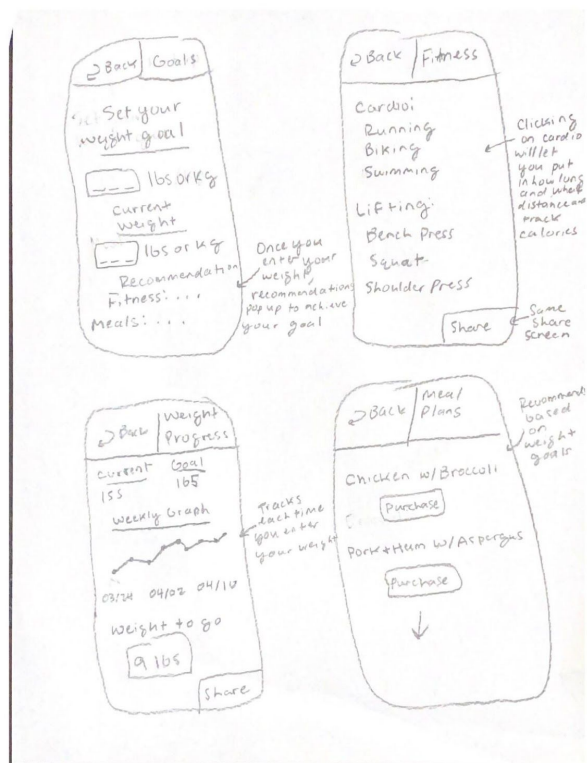
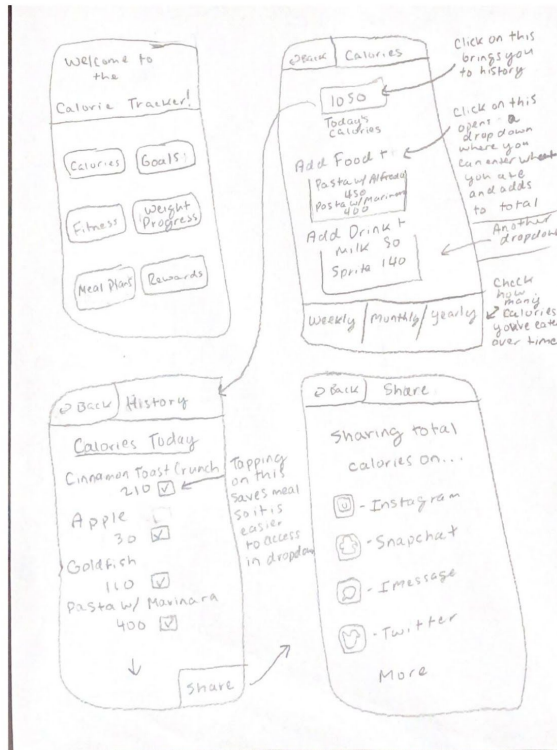
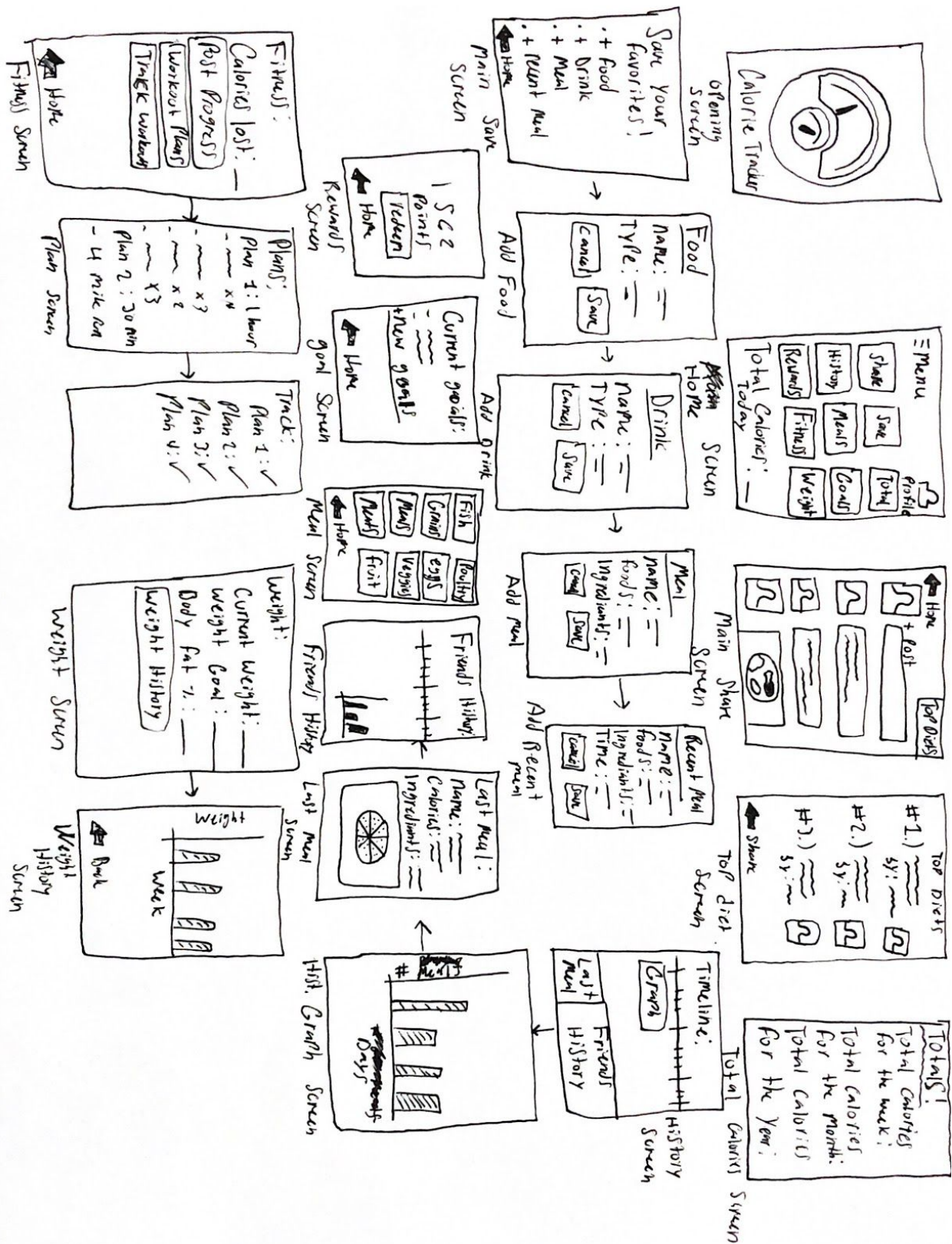


Logan West

# Grant Ward





calorie tracker

calories

goals

favorites

meal plan

share us

history

Calories

Add foods to calculate calorie intake

Add food +

Add food +

Calorie intake =

Goals

Write down your goals for the week

Add goal

Add goal

Add goal

Meal Plan

pick your meals for your meal plan

add foods

add snacks

add beverages

Favorites

favorite meal plan

favorite goals


History


view past meal plan

view past goals

view past calorie intake

share us

 instagram

 facebook



