写作

1. Sports

- 1) 你喜欢什么运动
- 2) 你如何喜欢上这项运动
- 3) 运动对你有什么好处(工作、学习和生活)

Sports

Just as lots of teenagers take to pop music, I love basketball. It's part of my life.

I began to play basketball in my childhood. I still remember the good old days when I played with my classmates after school. Later on, as I grew up, almost everything changed, but this sport—playing basketball remained and my love of it grew even stronger.

I love this sport because it brings joys and health to my life. When I got tired from office work, I went to the sports ground and felt refreshed. If there were worries and cares from daily life, I went to the sports ground. There everything went away except basketball. It is basketball that keeps me in good shape and mood.

运动、体育

就像很多年轻人喜欢流行音乐一样,我喜欢篮球。这是我生活的一部分。

我从孩提时代开始就打篮球了。我至今仍记得那些放学后和同学一起打球的 旧日好时光。后来,当我慢慢长大,几乎所有的事情都改变了,除了篮球这项运动,它仍然是我的所爱,而且我对它的爱与日俱增。

我喜欢这项运动是因为它给我的生活带来欢乐和健康。当我厌倦了办公室工作,我来到运动场并感到精力很快恢复了。如果日常生活给我带来了烦恼和顾虑,我来到运动场。在那里,除了篮球,所有的一切都离我远去。是篮球让我保持了好心情和好体型

2 Water and Life

- 1. 随着工业化(industrialization)的推进,地球上的淡水(fresh water)越来越少。
- 2. 生命没水就要消亡(disappear), 因此要珍惜(treasure)淡水。
- 3. 我们如何节约用水。

Water and Life

While we are enjoying the rich fruits of modern industrialization, we are losing something precious on this planet. Fresh water, among others, is dwindling down day by day, owing to the large-scale industrialization everywhere in the world.

Just as sunshine is a necessity to life, so is fresh water. Without fresh water, our human society would come to a stop.

As fresh water is such an important resource to the human society, we need to treasure it as we treasure our life, but how?

First, our government should have a good plan for the use of fresh water and develop industries that consume less water. Second, waste water must be recycled. Finally everyone of us should do his bit to save water.

水和生活

享受现代工业化丰富成果的同时,我们也在失去这个星球上一些宝贵的东西。 其中淡水,由于全世界各地大规模的工业化,其面积正在一天天缩小。

如阳光是生活的必需品一样, 淡水也如此。没有淡水, 我们人类社会就会 终结。

因为淡水是我们社会的重要资源,我们需要像珍视生命一样珍视它,但是该 怎么做?

首先,政府应该对淡水的使用有个好计划,发展那些消耗水量少的工业。其次,废水必须得到循环利用。最后我们每个人都应该尽全力节省水。

3. A Get-together on May Day Holiday

- 1. 了解对方近况。
- 2. 告诉你的近况并通知他(她): 五一长假有一个同学聚会。
- 3. 邀请对方参加。

A Get-together on May Day Holiday

April 15,2009

Dear Wang Hong:

How is everything getting along with you? It is almost one year since we graduated from university. I miss you very much. What have you been doing all these days?

I became a middle school teacher in my hometown since graduation. Teaching always keeps me busy, but I like my students and I love teaching, you know. So everything is fine here. There will be a former classmates' getting together during this May Day holiday at my school.

You are my best friend. I never forget those happy days we spent together. I hope you can come to my school when the time is due and you are free.

I am looking forward to your reply.

Y

ours truly,

L

i Hua

五一聚会

亲爱的王洪,

近况如何? 我们大学毕业快一年了。十分想念你。近些日子,你在忙什么呢?

毕业后我在家乡做了一名中学老师,教书一直让我很忙碌,但你知道,我喜欢学生,热爱教育事业。所以我这一切都好。今年五一节,在我学校要召开一个老同学聚会。

你是我最好的朋友。我永远都忘不了曾经共度的美好时光。我希望届时如果你 有空,能来我校参加聚会。

盼回复

真挚的, 李华

4. Help Me to Buy a Spoken English Book

- 1. 介绍你的近况。
- 2. 请他帮你买本英语口语书。
- 3. 欢迎他方便时来访。

Help Me to Buy a Spoken English Book

Oct.16, 2007

Dear Li Hua:

It's long time since we haven't seen each other. I miss you very much. How's everything going on with you? I am busy preparing for PETS 4.

I was wondering if you could help me buy PETS 4 English oral textbook published by the Beijing Press, because the books were sold out here.

Drop in when you are free. I often think of those happy days we spent together when we were at University.

Please let me know as soon as possible once you get the book.

My best wishes.

Y

ours

Wang Lei

李华,

好久没见了,十分想念你。你怎么样了?我自己在忙着准备 PETS 四级。 我想知道是否你能帮我买到北京出版社出版的 PETS 四级的英语口语教材, 因为我这该书已经售完了。

有空时来我这看看,我经常会想起我们大学时在一起的美好时光。

一旦买到书请尽快告知

最好的祝福

5. Bad Manners in Public

- 1. 列举人们在公共场所的不良现象.
- 2. 对其中某一种现象陈述你的看法, 并简单说明理由.

Bad Manners in Public

公共场所的不良举止行为

Although we consider ourselves as highly advanced beings living in a civilized society, bad manners can still be found here and there. For example, some cyclists run the red traffic lights, many passengers litter waste papers and plastic bags in the public places, and some tourists scrabble in tourist attractions, let alone spit on the street. In the cinema, some audience talk loudly on cell phones in front of others.

虽然我们认为自己是生活在这个文明社会中的高级生物,但是不良举止行为仍到处可见。比如,骑自行车的人闯红灯,很多人在公共场所乱仍废纸和塑料袋,一些游客在旅游景点乱涂乱画,更不用说在大街上随地吐痰了。在电影院里,一

些观众在他人面前用手机大声讲话。

I'm strongly against talking loudly in the cinema, for this behavior shows no respect at all to others; what's more, it upsets the audience who are in the mood of having fun.

我强烈反对在电影院大声聊天,因为这一行为对他人一点也不尊重,此外, 还严重影响了其它观众看电影的心情。

6. My Opinion on Cell Phones

- 1. 使用手机的好处
- 2. 使用手机的弊端
- 3. 我的看法

My Opinion on Cell Phones

Cell phones do play an important role in people's daily life, but every coin has its two sides.

手机确实在生活中扮演了重要的角色,但是硬币都有它的两面。

To start with, as a wireless mobile phone, it's convenient for the user at any time to contact others. Secondly, it's a helpful companion. With a multifunctional cell phone in hand, one can easily surf the net, downloading what he needs.

首先,作为无线的手机,对使用者来说无论何时都可以与别人联系很方便。 第二,它是一个有用的伴侣。一款多功能的手机在手,人们可以方便得上网,下 载需要的东西。

However, the cell phone has many disadvantages. For one thing, the machine itself is very expensive and its local service is very costly, not to mention its global service. For another, the radiation from the mobile phones might do harm to the user's health.

然而, 手机也有很多缺点。其一, 这部机器本身很贵, 而且本地服务费也很贵, 就更不用说全球服务了。其二, 手机的辐射对人体有害。

In my opinion, with its expenses being reduced sharply after China's entry into the WTO, its development will have a brighter future. Therefore its advantages will far outweigh it disadvantages.

我认为,在中国加入 WTO 以后手机的费用会急剧下调,它的发展也会面临 更加光明的未来。所以它的优点多于缺点。

7. My Favorite TV Program

- 1. 你最喜欢什么电视节目?
- 2. 你为何喜欢这种电视节目?

My Favorite TV Program

The News Broadcast is my favorite TV program. This has become a part of my life because almost everyday I turn on the TV at7:00 pm, watching CCTV 9 news program.

Watching the daily news brings me the following benefits. Firstly, it develops my good language skills, proper pronunciation and greater knowledge and understanding of news around the world. Secondly, watching TV news as a family opens a stage for discussion between family members on a wide variety of topics. What's more, sharing the news helps kids better understand the world they live in, helps them learn more on different views and on how to act or respond to tough situations if they face it. All in all, watching the news program is informative, communicative and instructive.

8. Can Money Buy Happiness?

- 1. 不同的人对金钱能买来幸福观持有不同的观点。
- 2. 我的观点。

Can Money Buy Happiness?

Can Money Buy Happiness? The answer varies among people. Some believe that money is the source of happiness, because money provides food for the hungry, medicine for the sick, and clothes for the needy. While others hold that money is the root of evils, because it is the devil of money that drives a person to die, cheat, steal, and, worst of all, to murder.

In my opinion, money is essential to being well-off, but not necessarily to well-being. Happiness is a state of mind, not something that can be bought. All in all, happiness is less a matter of buying what we want than a wanting what we have.

9. The Digital Products

1. 如今数字化产品得到广泛的使用,例如......

2. 数字化产品的使用对人们的生活所带来的影响。

The Digital Products

Nowadays, digital products are enjoying growing popularity among people. Take me for example, the first thing I do after waking up is switch on my cell phone to check my text messages and read the latest news. Then listen to music on my iPod on my way to school. At the end of the day, I enjoy watching TV programs, or surfing the net.

Why are we so fond of those digital products? The answer is simple. They are doing us good --- making our lives comfortable and convenient. These two key factors represent the trend of new inventions of modern age that brings in the wide use of digital products.