```
~$ nc cs3 143
* OK Dovecot ready.
a001 login wx672 topsecrete
a001 OK Logged in.
a002 select inbox
* FLAGS (/Answered /Flagged /Deleted /Seen /Draft)
* OK [PERMANENTFLAGS (/Answered /Flagged /Deleted /Seen /Draft /*)
* 15 EXISTS
* O RECENT
* OK [UIDVALIDITY 1174505444] UIDs valid
* OK [UIDNEXT 184] Predicted next UID
a002 OK [READ-WRITE] Select completed.
a004 fetch 1 full
* 1 FETCH (FLAGS (/Seen) INTERNALDATE "16-Oct-2011 22:40:55 +0800"
a004 OK Fetch completed.
a006 fetch 1 body[text]
* 1 FETCH (BODY[TEXT] 55
hello ,there!
a006 OK Fetch completed.
a007 logout
* BYE Logging out
a007 OK Logout completed.
```