**Self-Reliance**

**Admitting:**

* Easier to externalize than to admit. Easier to work than to want. To want and not to have—to want and want, how that wrung the heart, and wrung it again and again.

**writes Virginia Woolf**

* Productivity is a tonic for loss—not a replacement for it—and the work of reconstruction is always brutal.

**On Seeing:**

* An invasive species can also be curative. *Our capacity to shift perspective and see anew.*
* Moderate your sharp sorrow, for the time will soon arrive when your happiness will return

**Generating:**

* The studio is a sanctuary for the imagination.
* Ralph Waldo Emerson’s true daring lay in his willingness to remain intellectually agnostic, drawing from multiple sources and working both across and between disciplines. He thought about cognition and perception, considered reason and intuition, and believed in history as a rich, vital form of biography. Most importantly, he resisted doing things the same way twice: he championed getting out of your own way, taking chances, making discoveries, and trusting your gut. All life is an experiment, he once observed. The more experiments you make the better.