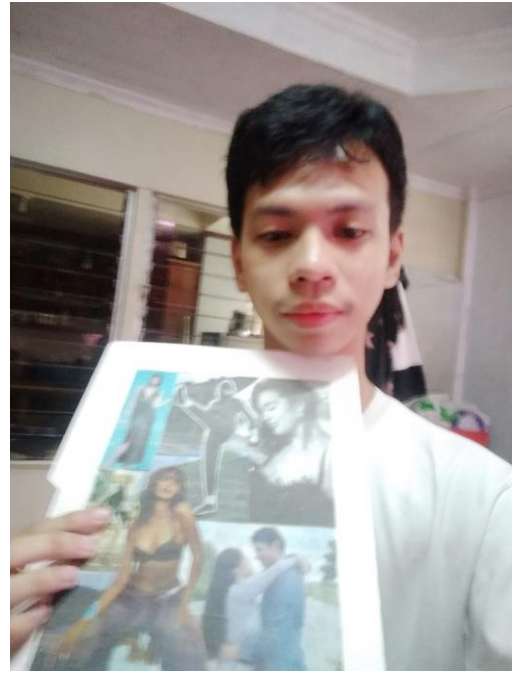


John Benedict Z. Damalerio

Activity 2.Collage making



Why is dance important?

The reason why dance is important for me is because it is a form of expression. Through dance we are able to show our true selves to other people and through it we can show who we are in such a beautiful way. It is also important because sometimes dance can be a way to celebrate cultural identities which can help regain the spirits of the people.