# What is the Early Childhood Intervention Program?

The Southwest Counseling Service Early
Childhood Intervention Program is designed to
provide mental health services to children in
their natural school environment.

This program provides support for children ages 3 to 6 who are struggling emotionally or socially.

Children will be seen by a licensed therapist and a trained case manager. They will conduct classroom interventions to measure the progress and skills learned.

Children will be part of play therapy and selfesteem play groups to measure skills in a natural environment.

Parents and/or caregivers are supported throughout the process and given ideas for how to help their child succeed.

The Early Childhood Intervention Program also provides training for school teachers, aids, and administrators on how to deal with certain emotional, social or behavioral concerns.

# Southwest Counseling Service

Enriching lives through wellness, recovery, and hope

#### Community Mental Health & Substance Abuse Treatment Center



Early Childhood
Intervention

#### Southwest Counseling Service

1124 College Drive Phone: (307) 352-6680 Fax: (307) 352-6676

www.swcounseling.org



## How can my child receive these services?

Each child attending Head Start is screened for social and emotional concerns using a brief questionnaire.

Children may be referred to the Early Childhood Intervention Program from:

- Social & Emotional questionnaire results
- In-class observations
- Teacher concerns
- Parental/Caregiver concerns

These services are covered under Title 19 or private insurance. All services provided at Southwest Counseling Service are based on a sliding fee scale.

Contact Southwest Counseling Service Early Intervention Professionals at (307) 352-6680 or (307) 875-5515 to refer a child or for more information about the program.

## How will this program benefit my child?

The Early Childhood Intervention Program can help your child:

- Adjust to a new environment, such as the school setting.
- Adjusting to meeting new peers and growing more confident in a social setting.
- Handle the emotional stress of being away from a parent or caregiver for the first time.

Changes happen all the time. Parents change jobs, children move to a different neighborhood or a new baby arrives in the family. This program can help children deal with their feelings about these changes.

Children can receive one-on-one attention from a therapist or case manager at school in order to help them through the tougher times.

Early Childhood (birth to Age 5) is the single most important developmental period in a child's life. 80% of brain development occurs at this time.

### How will this program benefit me as a parent or caregiver?

Parents have very busy schedules. This program provides all services at the school site during the academic year.

It's normal for parents to feel frustrated at times.

This program can give additional insight on how to help your child both emotionally and socially.



"A child learns about half of everything they'll learn in a lifetime by Age 5."