

## Women's Addiction Program

Southwest Counseling Service provides mental health and substance services for adults, children, adolescents, and families.

SCS' Women's Addiction Program allows pregnant women and mothers with substance abuse addiction to receive intensive residential treatment while maintaining their responsibilities to their children. The children are in the program with their mothers, allowing the women to opportunity to enhance parenting and life skills.

The Women's Addiction Program is an individualized treatment that addresses addiction while helping women create a new lifestyle.

Focus areas for women and children can include:

- Parenting issues
- Mental Health
- Resources for mental and physical health care
- Work skills
- Support systems
- Trauma from physical or sexual abuse
- Additional community resources



Enriching lives through wellness, recovery, and hope

Community Mental Health &  
Substance Abuse Treatment Center

### Southwest Counseling Service

2300 Foothill Blvd.  
Phone: (307) 352-6677  
Fax: (307) 352-6615

[www.swcounseling.org](http://www.swcounseling.org)

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## Need for Treatment

Children whose families do not receive appropriate treatment for alcohol and other drug abuse are more likely to end up in foster care, remain in foster care longer, and reenter foster care once they have returned home, than are children whose families receive treatment.

7 out of 10 cases of child abuse and neglect are exacerbated by a parent's abuse of alcohol or drugs.

## Benefits of Treatment

The benefit of substance abuse treatment exceeded the cost by 2 to 1 for women with children who were on welfare.

The rate of premature delivery among clients in treatment was 70% less than premature deliveries among untreated alcohol or drug abusers.

Of those individuals who have completed long-term residential treatment at Southwest Counseling Service, 70% are drug free, employed and have had no additional legal problems at their one year follow-up.

## Admission Criteria

- The individual must be diagnosed with substance abuse or dependency.
- The individual must be detoxified and have major medical or psychiatric conditions stabilized.
- The individual must have a completed Drug & Alcohol Assessment prior to acceptance into the program.
- The individual must be at risk of a more restrictive, confined setting such as incarceration or hospitalization.
- The individual must be 18 years of age or older or a legally emancipated minor.
- The individual must be unable to be treated effectively and efficiently in standard outpatient care based on the client's Drug & Alcohol Assessment and ASAM Criteria.
- The individual must have the physical and mental abilities necessary to participate and benefit from the Therapeutic Community (TC).
- The individual must agree to the principles, rules and regulations of living in the Therapeutic Community.
- The individual must demonstrate the ability to control anger and behaviors.
- Individuals will demonstrate a commitment to make a change in their lives.

## Day-to-Day Activities

The Women's Addiction Program gives mothers and children a safe environment to live while helping to create a new healthy lifestyle.

Women and children in the program participate in daily activities including:

- Intensive group therapy while children are in daycare or school.
- Daily household duties.
- Applying new lifestyle changes to day-to-day demands.

The home-life is supervised 24 hours a day to ensure a continuity of treatment goals.