

What is Domestic Violence?

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

Domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples who are married, living together or who are dating. It may involve children, neighbors, and other people in the home. Domestic violence affects people of all socioeconomic backgrounds and education levels.

YOUR SAFETY FIRST

If you are a victim of Domestic Violence help is available from many agencies including Southwest Counseling Service.

CALL 9-1-1 IN AN EMERGENCY

You have the right to file a criminal complaint and the right to go to the county or district court and file/request the following:

- An order restraining your attacker from abusing you.
- An order directing your attacker to leave you household.
- An order preventing your attacker from entering your residence.
- An order restraining your attacker from interfering with minor children in your custody.



1124 College Drive
Rock Springs, WY 82901



*Community Mental Health &
Substance Abuse Treatment Center*



Domestic Violence & Anger Management Program

Administrative/Mental Health

1124 College Drive
Rock Springs, WY 82901
Phone: 307.352.6680
Fax: 307.352.6676

Recovery Services

2300 Foothill Boulevard
Rock Springs, WY 82901
Phone: 307.352.6677
Fax: 307.352.6614

Bridges Program

2706 Ankeny Way
Rock Springs, WY 82901
Phone: 307.352.6689
Fax: 307.352.6692

Green River

175 Riverview Drive
Rock Springs, WY 82901
Phone: 307.872.3205
Fax: 307.872.3207

Pinedale Office

PO Box 1588
120 S. Cole
Pinedale, WY 82941
Phone: 307.367.6445
Fax: 307.367.6447

www.swcounseling.org



Domestic violence occurs among people of all races, ages, socio-economic classes, religious affiliations, occupations and educational backgrounds.

Domestic Violence & Anger Management Program

Southwest Counseling Service provides mental health and substance abuse services for adults, children, adolescents and families.

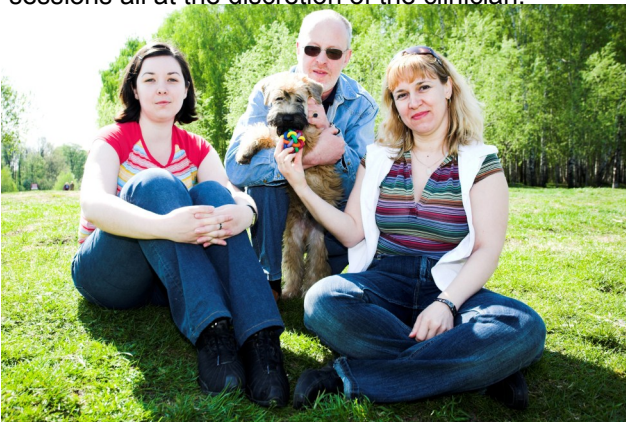
Southwest Counseling's Domestic Violence and Anger Management Programs provide group and/or individual treatment for individuals who have committed domestic battery. Individuals are generally court-ordered into the program and are required to complete treatment.

Domestic Violence Group:

This includes group and individual treatment for court-ordered adults convicted of a misdemeanor or felony which involved violence in the home. Members are required to attend a minimum of 36 group sessions and up to 6 individual sessions to complete the program.

Anger Management Group:

This includes group and individual treatment for court-ordered adults. Members are required to attend 12-24 group sessions may require individual sessions all at the discretion of the clinician.



Southwest Counseling Service complies with National and State Agency recommendations for the treatment of Domestic Violence and Anger Management.

The U.S. Department of Justice, The National Violence Against Women's Office, The National College of District Attorneys and the Wyoming Coalitions Against Domestic Violence all believe that mediations, treatment or counseling for couples together when only the perpetrator has been court ordered may compromise victim safety and is not recommended. Southwest Counseling Service follows this recommendation.

"75% of domestic violence offenders are male and 25% are female."

Source: Wyoming Survey & Analysis Center



Group Components

During treatment, clients are challenged on their beliefs concerning the use of violence and are taught many tools and components that include:

- Alternatives to violence
- Violence and abuse are responses chosen out of a range of potential behaviors
- Choices vs. Excuses
- Defining domestic violence
- Identifying the cycle of violence and how to end the cycle
- Healthy expressions of anger
- Healthy conflict resolution strategies
- Communication skills
- Identifying and expressing feelings other than anger



"More than 50% of domestic violence victims are between the age of 18 –33 years old."

Source: Wyoming Survey & Analysis Center

Program Philosophy

Southwest Counseling Service believes:

- The victim is not responsible for the violence and the abuse directed at them. The perpetrator is responsible for their behavior.
- Intervention with people who batter requires a value-laden and directive approach, meaning clinician's are not neutral observers with the clients.
- Behavioral changes is the first priority of the clinician with a violent client. The violence must stop first.
- Intervention designed to end violence and abusive behavior is a long-term process.



Important Telephone Numbers

CALL 9-1-1 IN AN EMERGENCY

Emergency	9-1-1
Rock Springs Police Dept.	352-1575
Green River Police Dept.	875-0555
GRPD (After Hours)	875-6350
Sheriff's Office	362-6720
County Attorney RS	352-6850
County Attorney GR	872-6450
Southwest Counseling RS	362-6680
Southwest Counseling GR	875-5515
Memorial Hospital	362-3711
YWCA Support & Safe House	352-6630
Dept. of Family Services RS	362-5630
Dept. of Family Services GR	875-2877
Natl. Domestic Violence Hotline	1-800-799-SAFE
Wyo. Domestic Violence Hotline	1-800-990-3877