my first doc

sj

Top level header

Second level

Third level

Any text:

- issue 1
- issue 2

or a list

1. this
2. that
3. this again

I write italics like *this*

bold like **this**

bold and italics

Quotation like this:

> here is a quote; it should be indented

Running Code

When you click the **Render** button a document will be generated that includes both content and the output of embedded code. You can embed code like this:

```
1 + 1
```

```
[1] 2
```

You can add options to executable code like this

```
[1] 4
```

The `echo: false` option disables the printing of code (only output is displayed).