React Performance

Practical optimizations

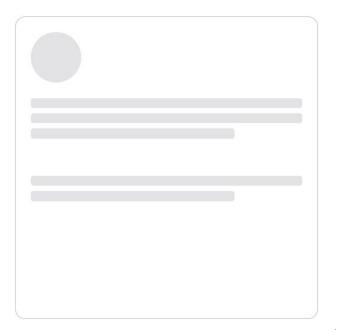
by Palo Otčenáš

Agenda

- Why React performance matters...
- Demo React app
- Live coding with React Profiler
- Optimizing perf
- We will be **saving lives** today! ... wait for it...

Who loves loading indicators?

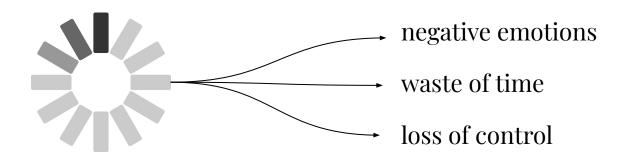




Let's ask ChatGPT

Me: Why do people **hate waiting?**

ChatGPT: People dislike waiting because it goes against their desire for efficiency, control, and immediate fulfillment of their needs and expectations.



YOU can save lives!

- Let's help save those frustrated people &
- Speed-up our sluggish React apps 🐌
- Make **users happy** again! 😊

Demo React app

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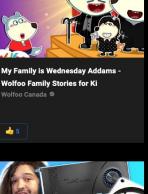


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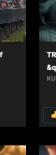
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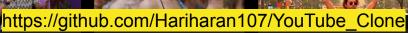




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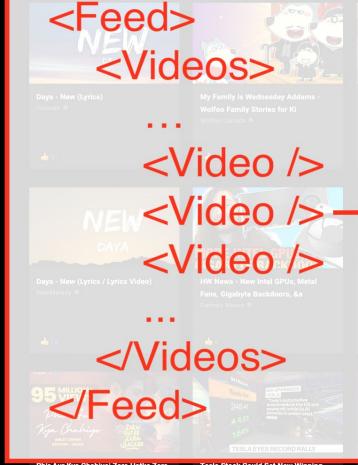
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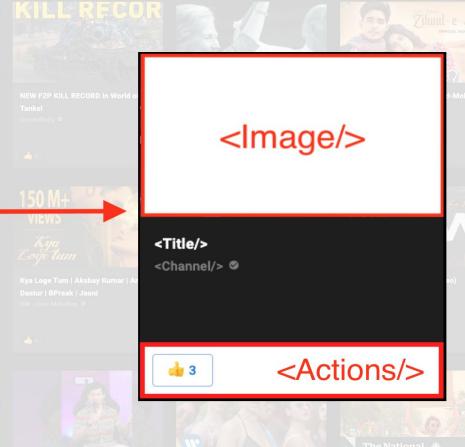
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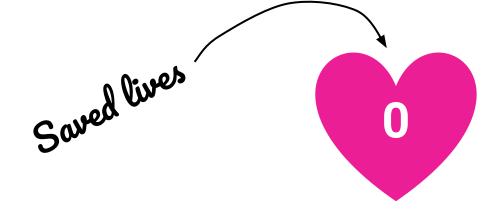




How to optimize React performance?

- ① Seek for unnecessary re-renders of React components
 - > Memoization allows us to cache heavily
- ② Render only what's visible
 - > Lazy-loading allows us to load less initially, thus load the content faster

The game starts now

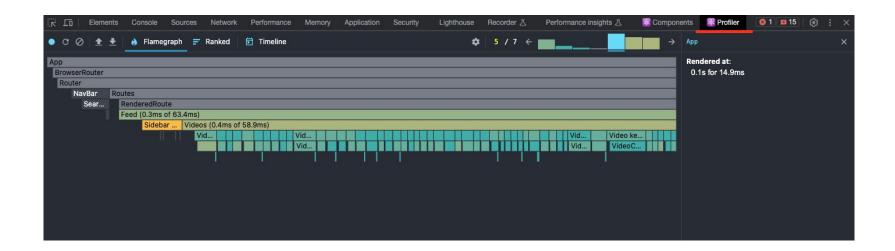


Seeking unnecessary re-renders



React Profiler

- Let's use React Profiler to identify the unnecessary re-renders



useCallback(fn, dependencies)

useCallback is a React hook that lets you

- **cache a function definition** between re-renders
- skip re-rendering of components
- optimizing useEffect runs



memo(Component, arePropsEqual?)

memo is a HOC that lets you

• render a component only once, **unless props change**

If the component usually renders with different props, most likely you don't need React.memo()

» Is the performance gain significant? **Measure it!**



useMemo(calculateValue, dependencies)

<u>useMemo</u> is a React hook that lets you

- **cache the result of a calculation** between re-renders
- skip expensive recalculations
- skip re-rendering of components



2

Render only what's visible



Intersection Observer web API

<u>IntersectionObserver</u> lets you

- detect visibility of an element, or the relative visibility of two elements in relation to each other
- ideal for lazy-loading of any content when a page is scrolled into view



lazy(loadFn)

<u>lazy</u> lets you

- defer loading of component's code until it is rendered for the first time
- code-splitting is necessary into smaller JS chunks
- less JS code in the browser » faster UI



Conclusion

You have learned today...

- how to find unnecessary re-renders in React Profiler
- how to use memo, useMemo, useCallback
- how to use lazy, IntersectionObserver

Maybe next time...

- how to use useTransition
- how to use requestIdleCallback
- "Windowing" in React



Thank You

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- Frontend Engineer @ Outreach
- Mentor @ Czechitas
- **!!!** Husband and dad
- 🧘 Yoga lover
- I like innovations and focus on usability
- Motto: "Keep it simple, stupid"

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