

# W. NMR SHIELDING AND COUPLING CONSTANTS – DERIVATION

This section is for those who do not fully believe the author, and want to check whether the final formulae for the shielding and coupling constants in nuclear magnetic resonance are indeed valid (Chapter 12).

## 1 SHIELDING CONSTANTS

Let us begin with eq. (12.87).

### Applying vector identities

We are going to apply some vector identities<sup>1</sup> in the operators  $\hat{B}_3, \hat{B}_4, \hat{B}_5$ . The first identity is  $\mathbf{u} \cdot (\mathbf{v} \times \mathbf{w}) = \mathbf{v} \cdot (\mathbf{w} \times \mathbf{u}) = \mathbf{w} \cdot (\mathbf{u} \times \mathbf{v})$ , which simply means three equivalent ways of calculating the volume of a parallelepiped (cf. p. 437). This identity applied to  $\hat{B}_3$  and  $\hat{B}_4$  gives

$$\hat{B}_3 = \frac{e}{mc} \sum_A \sum_j \gamma_A \frac{\mathbf{I}_A \cdot \hat{\mathbf{L}}_{Aj}}{r_{Aj}^3}, \quad (\text{W.1})$$

$$\hat{B}_4 = \frac{e}{2mc} \sum_j \mathbf{H} \cdot \hat{\mathbf{L}}_{0j}. \quad (\text{W.2})$$

Let us transform the term  $\hat{B}_5$  by using the following identity  $(\mathbf{u} \times \mathbf{v}) \cdot (\mathbf{w} \times \mathbf{s}) = (\mathbf{u} \cdot \mathbf{w})(\mathbf{v} \cdot \mathbf{s}) - (\mathbf{v} \cdot \mathbf{w})(\mathbf{u} \cdot \mathbf{s})$ :

$$\begin{aligned} \hat{B}_5 &= \frac{e^2}{2mc^2} \sum_A \sum_j \gamma_A (\mathbf{H} \times \mathbf{r}_{0j}) \cdot \frac{\mathbf{I}_A \times \mathbf{r}_{Aj}}{r_{Aj}^3} \\ &= \frac{e^2}{2mc^2} \sum_A \sum_j \gamma_A [(\mathbf{H} \cdot \mathbf{I}_A)(\mathbf{r}_{0j} \cdot \mathbf{r}_{Aj}) - (\mathbf{r}_{0j} \cdot \mathbf{I}_A)(\mathbf{H} \cdot \mathbf{r}_{Aj})] \cdot \frac{1}{r_{Aj}^3}. \end{aligned}$$

### Putting things together

Now we are all set to put all this baroque furniture into its place, i.e. into eq. (12.87) for  $\Delta E$

<sup>1</sup>The reader may easily check each of them.

$$\Delta E = \sum_A \Delta E_A, \quad (\text{W.3})$$

where  $\Delta E_A$  stands for the contribution of nucleus  $A$ :

$$\begin{aligned} \Delta E_A = & -\gamma_A \langle \psi_0^{(0)} | (\mathbf{I}_A \cdot \mathbf{H}) \psi_0^{(0)} \rangle \\ & + \frac{e^2}{2mc^2} \gamma_A \left\langle \psi_0^{(0)} \left| \sum_j [(\mathbf{H} \cdot \mathbf{I}_A)(\mathbf{r}_{0j} \cdot \mathbf{r}_{Aj}) - (\mathbf{r}_{0j} \cdot \mathbf{I}_A)(\mathbf{H} \cdot \mathbf{r}_{Aj})] \cdot \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right. \\ & + \frac{e^2}{2m^2c^2} \gamma_A \left[ \left\langle \psi_0^{(0)} \left| \left( \sum_j \frac{\mathbf{I}_A \cdot \hat{\mathbf{L}}_{Aj}}{r_{Aj}^3} \right) \hat{R}_0 \left( \sum_j \mathbf{H} \cdot \hat{\mathbf{L}}_{0j} \right) \psi_0^{(0)} \right\rangle \right. \right. \\ & \left. \left. + \left\langle \psi_0^{(0)} \left| \left( \sum_j \mathbf{H} \cdot \hat{\mathbf{L}}_{0j} \right) \hat{R}_0 \left( \sum_j \frac{\mathbf{I}_A \cdot \hat{\mathbf{L}}_{Aj}}{r_{Aj}^3} \right) \psi_0^{(0)} \right\rangle \right] \right]. \end{aligned}$$

### Averaging over rotations

The expression for  $\Delta E_A$  represents a bilinear form with respect to the components of vectors  $\mathbf{I}_A$  and  $\mathbf{H}$

$$\Delta E_A = \mathbf{I}_A^T \mathbf{C}_A \mathbf{H},$$

where  $\mathbf{C}_A$  stands for a square matrix<sup>2</sup> of dimension 3, and  $\mathbf{I}_A$  and  $\mathbf{H}$  are vertical three-component vectors.

A contribution to the energy such as  $\Delta E_A$  cannot depend on our choice of coordinate system axes  $x, y, z$ , i.e. on the components of  $\mathbf{I}_A$  and  $\mathbf{H}$ . We will obtain the same energy if we rotate the axes (orthogonal transformation) in such a way as to diagonalize  $\mathbf{C}_A$ . The resulting diagonalized matrix  $\mathbf{C}_{A,\text{diag}}$  has three eigenvalues (composing the diagonal) corresponding to the new axes  $x', y', z'$ . *The very essence of averaging is that none of these axes are to be privileged in any sense.* This is achieved by constructing the averaged matrix

$$\begin{aligned} & \frac{1}{3} [(C_{A,\text{diag}})_{x'x'} + (C_{A,\text{diag}})_{y'y'} + (C_{A,\text{diag}})_{z'z'}] \\ & = (\bar{C}_{A,\text{diag}})_{x'x'} = (\bar{C}_{A,\text{diag}})_{y'y'} = (\bar{C}_{A,\text{diag}})_{z'z'} \equiv C_A \end{aligned}$$

where  $(\bar{C}_{A,\text{diag}})_{qq'} = \delta_{qq'} C_A$  for  $q, q' = x', y', z'$ . Note that since the transformation was orthogonal (i.e. the trace of the matrix is preserved), the number  $C_A$  may also be obtained from the original matrix  $\mathbf{C}_A$

$$\begin{aligned} C_A &= \frac{1}{3} [(C_{A,\text{diag}})_{x'x'} + (C_{A,\text{diag}})_{y'y'} + (C_{A,\text{diag}})_{z'z'}] \\ &= \frac{1}{3} [C_{A,xx} + C_{A,yy} + C_{A,zz}]. \end{aligned} \quad (\text{W.4})$$

<sup>2</sup>We could write its elements from equation for  $\Delta E_A$ , but their general form will turn out to be not necessary.

Then the averaged energy  $\Delta E$  becomes (note the resulting dot product)

$$\Delta \bar{E} = \sum_A \mathbf{I}_A^T \bar{\mathbf{C}}_{A,\text{diag}} \mathbf{H} = \sum_A C_A (\mathbf{I}_A \cdot \mathbf{H}).$$

Thus we obtain the sum of energy contributions over the nuclei, each contribution with its own coefficient averaged over rotations<sup>3</sup>

$$\begin{aligned} \Delta \bar{E} = & - \sum_A \gamma_A \mathbf{I}_A \cdot \mathbf{H} \left\{ 1 - \frac{e^2}{2mc^2} \left\langle \psi_0^{(0)} \left| \sum_j \frac{2}{3} (\mathbf{r}_{0j} \cdot \mathbf{r}_{Aj}) \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right. \\ & \left. - \frac{e^2}{2m^2c^2} \frac{1}{3} \left\langle \psi_0^{(0)} \left| \left[ \left( \sum_j \frac{\hat{\mathbf{L}}_{Aj}}{r_{Aj}^3} \right) \hat{R}_0 \left( \sum_j \hat{\mathbf{L}}_{0j} \right) + \left( \sum_j \hat{\mathbf{L}}_{0j} \right) \hat{R}_0 \left( \sum_j \frac{\hat{\mathbf{L}}_{Aj}}{r_{Aj}^3} \right) \right] \psi_0^{(0)} \right\rangle \right\}, \end{aligned} \quad (\text{W.5})$$

with the matrix elements

$$(\hat{U})_{kl} = \langle \psi_k^{(0)} | \hat{U} \psi_l^{(0)} \rangle$$

of the corresponding operators  $\hat{U} = (\hat{U}_x, \hat{U}_y, \hat{U}_z)$ .

Finally, after comparing the formula with eq. (12.80), we obtain the shielding constant for nucleus  $A$  (the change of sign in the second part of the formula comes from the change in the denominator) given in eq. (12.88).

<sup>3</sup>Indeed, making  $C_A = \frac{1}{3}[C_{A,xx} + C_{A,yy} + C_{A,zz}]$  for the terms of eq. (W.3) we have the following contributions (term by term):

$$\begin{aligned} & \bullet -\gamma_A \frac{1}{3} [1 + 1 + 1] = -\gamma_A; \\ & \bullet \frac{e^2}{2mc^2} \gamma_A \frac{1}{3} \left[ \left\langle \psi_0^{(0)} \left| \sum_j \mathbf{r}_{0j} \cdot \mathbf{r}_{Aj} \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle + \left\langle \psi_0^{(0)} \left| \sum_j \mathbf{r}_{0j} \cdot \mathbf{r}_{Aj} \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right. \right. \\ & \quad \left. \left. + \left\langle \psi_0^{(0)} \left| \sum_j \mathbf{r}_{0j} \cdot \mathbf{r}_{Aj} \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right] = \frac{e^2}{2mc^2} \gamma_A \left\langle \psi_0^{(0)} \left| \sum_j \mathbf{r}_{0j} \cdot \mathbf{r}_{Aj} \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right]; \\ & \bullet -\frac{e^2}{2mc^2} \gamma_A \left\langle \psi_0^{(0)} \left| \sum_j \frac{1}{3} [x_{0j}x_{Aj} + y_{0j}y_{Aj} + z_{0j}z_{Aj}] \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle \right. \\ & \quad = -\frac{e^2}{2mc^2} \gamma_A \left\langle \psi_0^{(0)} \left| \sum_j \frac{1}{3} \mathbf{r}_{0j} \cdot \mathbf{r}_{Aj} \frac{1}{r_{Aj}^3} \psi_0^{(0)} \right\rangle + \frac{1}{3} \frac{e^2}{2m^2c^2} \gamma_A \sum_k' \frac{1}{E_0^{(0)} - E_k^{(0)}} \right. \\ & \quad \times \left[ \left\langle \psi_0^{(0)} \left| \left( \sum_j \frac{\hat{\mathbf{L}}_{Ajx}}{r_{Aj}^3} \right) \psi_k^{(0)} \right\rangle \left\langle \psi_k^{(0)} \left| \sum_j \hat{\mathbf{L}}_{0jx} \psi_0^{(0)} \right\rangle + \text{similarly } y, z + \text{cc} \right] \right. \\ & \quad \left. = \frac{1}{3} \frac{e^2}{2m^2c^2} \gamma_A \sum_k' \frac{1}{E_0^{(0)} - E_k^{(0)}} \times \frac{1}{3} \left[ \left\langle \psi_0^{(0)} \left| \left( \sum_j \frac{\hat{\mathbf{L}}_{Aj}}{r_{Aj}^3} \right) \psi_k^{(0)} \right\rangle \left\langle \psi_k^{(0)} \left| \sum_j \hat{\mathbf{L}}_{0j} \psi_0^{(0)} \right\rangle + \text{cc} \right], \end{aligned}$$

where cc means the “complex conjugate” counterpart. This reproduces eq. (W.5).

## 2 COUPLING CONSTANTS

### Averaging over rotations

In each contribution on p. 670 there is a double summation over the nuclear spins, which, after averaging over rotations (as for the shielding constant) gives rise to an energy dependence of the kind

$$\sum_{A < B} \gamma_A \gamma_B K_{AB} (\hat{\mathbf{I}}_A \cdot \hat{\mathbf{I}}_B),$$

which is required in the NMR Hamiltonian. Now, let us take the terms  $E_{\text{DSO}}$ ,  $E_{\text{PSO}}$ ,  $E_{\text{SD}}$ ,  $E_{\text{FC}}$  and average them over rotations producing  $\bar{E}_{\text{DSO}}$ ,  $\bar{E}_{\text{PSO}}$ ,  $\bar{E}_{\text{SD}}$ ,  $\bar{E}_{\text{FC}}$ :

$$\begin{aligned} \bullet \bar{E}_{\text{DSO}} &= \frac{e^2}{2mc^2} \sum_{A,B} \sum_j \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \left\langle \psi_0^{(0)} \left| \frac{\mathbf{r}_{Aj} \cdot \mathbf{r}_{Bj}}{r_{Aj}^3 r_{Bj}^3} \psi_0^{(0)} \right. \right\rangle \\ &\quad - \frac{e^2}{2mc^2} \sum_{A,B} \sum_j \gamma_A \gamma_B \frac{1}{3} \mathbf{I}_A \cdot \mathbf{I}_B \\ &\quad \times \left\{ \left\langle \psi_0^{(0)} \left| \frac{x_{Aj} x_{Bj}}{r_{Aj}^3 r_{Bj}^3} \psi_0^{(0)} \right. \right\rangle + \left\langle \psi_0^{(0)} \left| \frac{y_{Aj} y_{Bj}}{r_{Aj}^3 r_{Bj}^3} \psi_0^{(0)} \right. \right\rangle + \left\langle \psi_0^{(0)} \left| \frac{z_{Aj} z_{Bj}}{r_{Aj}^3 r_{Bj}^3} \psi_0^{(0)} \right. \right\rangle \right\}, \end{aligned}$$

because the first part of the formula does not need any averaging (it is already in the appropriate form), the second part is averaged according to (W.4). Therefore,

$$\bar{E}_{\text{DSO}} = \frac{e^2}{3mc^2} \sum_{A,B} \sum_j \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \left\langle \psi_0^{(0)} \left| \frac{\mathbf{r}_{Aj} \cdot \mathbf{r}_{Bj}}{r_{Aj}^3 r_{Bj}^3} \psi_0^{(0)} \right. \right\rangle.$$

$$\begin{aligned} \bullet \bar{E}_{\text{PSO}} &= \langle \psi_0^{(0)} | \hat{B}_3 \hat{R}_0 \hat{B}_3 \psi_0^{(0)} \rangle_{\text{aver}} \\ &= \left( \frac{i\hbar e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \left\langle \psi_0^{(0)} \left| \nabla_j \cdot \frac{\mathbf{I}_A \times \mathbf{r}_{Aj}}{r_{Aj}^3} \hat{R}_0 \nabla_l \cdot \frac{\mathbf{I}_B \times \mathbf{r}_{Bl}}{r_{Bl}^3} \psi_0^{(0)} \right. \right\rangle_{\text{aver}} \\ &= \left( \frac{i\hbar e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \left\langle \psi_0^{(0)} \left| \nabla_j \cdot \frac{\mathbf{r}_{Aj} \times \mathbf{I}_A}{r_{Aj}^3} \hat{R}_0 \nabla_l \cdot \frac{\mathbf{r}_{Bl} \times \mathbf{I}_B}{r_{Bl}^3} \psi_0^{(0)} \right. \right\rangle_{\text{aver}} \\ &= - \left( \frac{\hbar e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \\ &\quad \times \left\langle \psi_0^{(0)} \left| \mathbf{I}_A \cdot \left( \nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3} \right) \hat{R}_0 \mathbf{I}_B \cdot \left( \nabla_l \times \frac{\mathbf{r}_{Bl}}{r_{Bl}^3} \right) \psi_0^{(0)} \right. \right\rangle_{\text{aver}}, \end{aligned}$$

where the subscript “aver” means the averaging of eq. (W.4) and the identity  $\mathbf{A} \cdot (\mathbf{B} \times \mathbf{C}) = (\mathbf{A} \times \mathbf{B}) \cdot \mathbf{C}$  has been used. We have the following chain of equalities

(involving<sup>4</sup> the electronic momenta  $\hat{\mathbf{p}}_j$  and angular momenta  $\mathbf{L}_{Aj}$  with respect to the nucleus  $A$ , where  $j$  means electron number  $j$ )

$$\begin{aligned}
 & \left( \frac{i\hbar e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \left\langle \psi_0^{(0)} \left| \mathbf{I}_A \cdot \frac{1}{i\hbar} (\mathbf{r}_{Aj} \times \hat{\mathbf{p}}_j) \hat{\mathbf{R}}_0 \mathbf{I}_B \cdot \frac{1}{i\hbar} (\mathbf{r}_{Bl} \times \hat{\mathbf{p}}_l) \psi_0^{(0)} \right. \right\rangle_{\text{aver}} \\
 &= \left( \frac{e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \langle \psi_0^{(0)} | \mathbf{I}_A \cdot (\mathbf{r}_{Aj} \times \hat{\mathbf{p}}_j) \hat{\mathbf{R}}_0 \mathbf{I}_B \cdot (\mathbf{r}_{Bl} \times \hat{\mathbf{p}}_l) \psi_0^{(0)} \rangle_{\text{aver}} \\
 &= \left( \frac{e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \langle \psi_0^{(0)} | \mathbf{I}_A \cdot \hat{\mathbf{L}}_{Aj} \hat{\mathbf{R}}_0 \mathbf{I}_B \cdot \hat{\mathbf{L}}_{Bl} \psi_0^{(0)} \rangle_{\text{aver}} \\
 &= \left( \frac{e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \frac{1}{3} \{ \langle \psi_0^{(0)} | \hat{\mathbf{L}}_{Aj,x} \hat{\mathbf{R}}_0 \hat{\mathbf{L}}_{Bl,x} \psi_0^{(0)} \rangle \\
 &\quad + \langle \psi_0^{(0)} | \hat{\mathbf{L}}_{Aj,y} \hat{\mathbf{R}}_0 \hat{\mathbf{L}}_{Bl,y} \psi_0^{(0)} \rangle + \langle \psi_0^{(0)} | \hat{\mathbf{L}}_{Aj,z} \hat{\mathbf{R}}_0 \hat{\mathbf{L}}_{Bl,z} \psi_0^{(0)} \rangle \}.
 \end{aligned}$$

Thus, finally

$$\bar{E}_{\text{PSO}} = \frac{1}{3} \left( \frac{e}{mc} \right)^2 \sum_{A,B} \sum_{j,l} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \langle \psi_0^{(0)} | \hat{\mathbf{L}}_{Aj} \hat{\mathbf{R}}_0 \hat{\mathbf{L}}_{Bl} \psi_0^{(0)} \rangle.$$

$$\bullet \bar{E}_{\text{SD}} = \langle \psi_0^{(0)} | \hat{\mathbf{B}}_6 \hat{\mathbf{R}}_0 \hat{\mathbf{B}}_6 \psi_0^{(0)} \rangle_{\text{aver}}$$

<sup>4</sup>Let us have a closer look at the operator  $(\nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3})$  acting on a function (it is necessary to remember that  $\nabla_j$  in  $\nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3}$  is not just acting on the components of  $\frac{\mathbf{r}_{Aj}}{r_{Aj}^3}$  alone, but in fact on  $\frac{\mathbf{r}_{Aj}}{r_{Aj}^3}$  times a wave function)  $f$ : Let us see:

$$\begin{aligned}
 \left( \nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3} \right) f &= \mathbf{i} \left( \nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3} \right)_x f + \mathbf{j} \left( \nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3} \right)_y f + \mathbf{k} \left( \nabla_j \times \frac{\mathbf{r}_{Aj}}{r_{Aj}^3} \right)_z f \\
 &= \mathbf{i} \left( \frac{\partial}{\partial y_j} \frac{z_{Aj}}{r_{Aj}^3} - \frac{\partial}{\partial z_j} \frac{y_{Aj}}{r_{Aj}^3} \right)_x f + \text{similarly with } y \text{ and } z \\
 &= \mathbf{i} \left( -3 \frac{y_{Aj} z_{Aj}}{r_{Aj}^4} + \frac{z_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial y_j} + 3 \frac{y_{Aj} z_{Aj}}{r_{Aj}^4} - \frac{y_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial z_j} \right)_x f + \text{similarly with } y \text{ and } z \\
 &= \mathbf{i} \left( \frac{z_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial y_j} - \frac{y_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial z_j} \right)_x f + \text{similarly with } y \text{ and } z \\
 &= \mathbf{i} \left( \frac{z_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial y_j} - \frac{y_{Aj}}{r_{Aj}^3} \frac{\partial}{\partial z_j} \right)_x f + \text{similarly with } y \text{ and } z \\
 &= -\frac{1}{i\hbar} (-\mathbf{r}_{Aj} \times \hat{\mathbf{p}}_j) f = \frac{1}{i\hbar} (\mathbf{r}_{Aj} \times \hat{\mathbf{p}}_j) f.
 \end{aligned}$$

$$\begin{aligned}
&= \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \left\langle \psi_0^{(0)} \left[ \left[ \frac{\hat{\mathbf{s}}_j \cdot \mathbf{I}_A}{r_{Aj}^3} - 3 \frac{(\hat{\mathbf{s}}_j \cdot \mathbf{r}_{Aj})(\mathbf{I}_A \cdot \mathbf{r}_{Aj})}{r_{Aj}^5} \right] \right. \right. \\
&\quad \times \hat{R}_0 \left[ \frac{\hat{\mathbf{s}}_l \cdot \mathbf{I}_B}{r_{Bl}^3} - 3 \frac{(\hat{\mathbf{s}}_l \cdot \mathbf{r}_{Bl})(\mathbf{I}_B \cdot \mathbf{r}_{Bl})}{r_{Bl}^5} \right] \psi_0^{(0)} \Bigg\rangle_{\text{aver}} \\
&= \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \frac{1}{3} \left\{ \left\langle \psi_0^{(0)} \left[ \left[ \frac{\hat{\mathbf{s}}_{j,x}}{r_{Aj}^3} - 3 \frac{(\hat{\mathbf{s}}_j \cdot \mathbf{r}_{Aj})x_{Aj}}{r_{Aj}^5} \right] \right. \right. \right. \\
&\quad \times \hat{R}_0 \left[ \frac{\hat{\mathbf{s}}_{l,x}}{r_{Bl}^3} - 3 \frac{(\hat{\mathbf{s}}_l \cdot \mathbf{r}_{Bl})x_{Bl}}{r_{Bl}^5} \right] \psi_0^{(0)} \Bigg\rangle \\
&\quad + \left\langle \psi_0^{(0)} \left[ \left[ \frac{\hat{\mathbf{s}}_{j,y}}{r_{Aj}^3} - 3 \frac{(\hat{\mathbf{s}}_j \cdot \mathbf{r}_{Aj})y_{Aj}}{r_{Aj}^5} \right] \hat{R}_0 \left[ \frac{\hat{\mathbf{s}}_{l,y}}{r_{Bl}^3} - 3 \frac{(\hat{\mathbf{s}}_l \cdot \mathbf{r}_{Bl})y_{Bl}}{r_{Bl}^5} \right] \psi_0^{(0)} \right\rangle \\
&\quad + \left\langle \psi_0^{(0)} \left[ \left[ \frac{\hat{\mathbf{s}}_{j,z}}{r_{Aj}^3} - 3 \frac{(\hat{\mathbf{s}}_j \cdot \mathbf{r}_{Aj})z_{Aj}}{r_{Aj}^5} \right] \hat{R}_0 \left[ \frac{\hat{\mathbf{s}}_{l,z}}{r_{Bl}^3} - 3 \frac{(\hat{\mathbf{s}}_l \cdot \mathbf{r}_{Bl})z_{Bl}}{r_{Bl}^5} \right] \psi_0^{(0)} \right\rangle \Bigg\}.
\end{aligned}$$

Therefore,

$$\begin{aligned}
\bar{E}_{\text{SD}} &= \frac{1}{3} \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \\
&\quad \times \left\langle \psi_0^{(0)} \left[ \left[ \frac{\hat{\mathbf{s}}_j}{r_{Aj}^3} - 3 \frac{(\hat{\mathbf{s}}_j \cdot \mathbf{r}_{Aj})\mathbf{r}_{Aj}}{r_{Aj}^5} \right] \hat{R}_0 \left[ \frac{\hat{\mathbf{s}}_l}{r_{Bl}^3} - 3 \frac{(\hat{\mathbf{s}}_l \cdot \mathbf{r}_{Bl})\mathbf{r}_{Bl}}{r_{Bl}^5} \right] \psi_0^{(0)} \right\rangle.
\end{aligned}$$

- $\bar{E}_{\text{FC}} = \langle \psi_0^{(0)} | \hat{B}_7 \hat{R}_0 \hat{B}_7 \psi_0^{(0)} \rangle$ 

$$\begin{aligned}
&= \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \langle \psi_0^{(0)} | \delta(\mathbf{r}_{Aj}) \hat{\mathbf{s}}_j \cdot \mathbf{I}_A \hat{R}_0 \delta(\mathbf{r}_{Bl}) \hat{\mathbf{s}}_l \cdot \mathbf{I}_B \psi_0^{(0)} \rangle_{\text{aver}} \\
&= \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \frac{1}{3} \{ \langle \psi_0^{(0)} | \delta(\mathbf{r}_{Aj}) \hat{\mathbf{s}}_{j,x} \hat{R}_0 \delta(\mathbf{r}_{Bl}) \hat{\mathbf{s}}_{l,x} \psi_0^{(0)} \rangle \\
&\quad + \langle \psi_0^{(0)} | \delta(\mathbf{r}_{Aj}) \hat{\mathbf{s}}_{j,y} \hat{R}_0 \delta(\mathbf{r}_{Bl}) \hat{\mathbf{s}}_{l,y} \psi_0^{(0)} \rangle \\
&\quad + \langle \psi_0^{(0)} | \delta(\mathbf{r}_{Aj}) \hat{\mathbf{s}}_{j,z} \hat{R}_0 \delta(\mathbf{r}_{Bl}) \hat{\mathbf{s}}_{l,z} \psi_0^{(0)} \rangle \}.
\end{aligned}$$

Hence,

$$\bar{E}_{\text{FC}} = \frac{1}{3} \left( \frac{8\pi}{3} \right)^2 \gamma_{\text{el}}^2 \sum_{j,l=1}^N \sum_{A,B} \gamma_A \gamma_B \mathbf{I}_A \cdot \mathbf{I}_B \langle \psi_0^{(0)} | \delta(\mathbf{r}_{Aj}) \hat{\mathbf{s}}_j \hat{R}_0 \delta(\mathbf{r}_{Bl}) \hat{\mathbf{s}}_l \psi_0^{(0)} \rangle.$$

The results mean that the coupling constants  $J$  are just as reported on p. 671.