



The Alchemy of Happiness

By Al-Ghazzali

Cosimo Classics. Paperback. Book Condition: New. Paperback. 104 pages. Dimensions: 8.0in. x 5.0in. x 0.2in. One of the great works of mystical religious literature, the *Kimiya-i-Saadaat* strove to bring man closer to understanding God by helping him understand himself. These excerpts from that work, by a strikingly original thinker on Islam who lived and wrote in the 11th century, were first published in 1910. They serve as a potent reminder of how powerful an influence Al-Ghazzali had upon religious philosophers of the Middle Ages, both Christian and Islamic. With its wise and warmly humanistic outlook, this little book may well foster a new measure of understanding in the current philosophical battle between the religious traditions of East and West. Also available from Cosimo Classics: *Fields Shadows Cast Before* and *Jewish Legends of the Middle Ages*. ABU HAMED MUHAMMAD IBN MUHAMMAD AL-GHAZZALI (1058-1111) was a Persian Islamic philosopher, theologian, psychologist, and mystic, known today as one of the most famous Sunni scholars in history, sometimes cited as next-in-importance only to Muhammad. Born in Tus, Al-Ghazzali was a pioneer of methodic doubt; his work *The Incoherence of Philosophers* shifted early Islamic philosophy from metaphysics to the theory of occasionalism, an Islamic doctrine that states...



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-- **Prof. Jerad Lesch**