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## WILD SWIMMING RECORD BOOK



The History Press Ltd. Hardback. Book Condition: new. BRAND NEW, Wild Swimming Record Book, Adrian Tierney-Jones, The lakes, lochs and rivers of Britain provided exercise and relaxation to the people of these islands for hundreds, perhaps thousands of years - until the advent of the cacophonous council pool made us frightened of water when we couldn't see to the bottom. But what could be more natural than a dip in the cool, emerald waters of your local river as it...

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- Authored by Adrian Tierney-Jones
- · Released at -



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