



## Vedic Health Care System: Clinical Practice of Sushrutokta Marm Chikitsa and Siravedhan (Second Edition)

By Ram Lal Sah, Binod Kumar Joshi & Geeta Joshi

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2002. Softcover. Book Condition: New. Second Edition. Sushrut Samhita is the epic of Shalya Chikitsa. Shalya is the study of imbalance of four humors Vat, Pitta, Kaph and Rakta or disease produced by them, identification of disease or the method of curing the disease. According to Sushrut an uninterrupted circulation of the living factor Rasa (Chinese call it Qi) is responsible for a good health and any obstacle in the circulation results in disease. The disease appears in its true form in that channel where there is an obstruction. The disease is cured if the path or speed of circulation of Rasa is revived. This Rasa is circulated in the Dhamanis. The four types of siras responsible for the circulation of Vat, Pitta, Kaph and Rakta are almost situated at the Marmas. Stimulation of these Marmas revives the circulation of Rasa in the Dhamanis. The book is an attempt to present the Sushrut Samhita in its right perspective. It presents the correct meaning of Sira, Dhamani and Marmas so far have been misunderstood as vein, Artery and tissues to be saved during surgery. Sira and Dhamani are not vein or artery instead...



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