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Seeing, Knowing, Being: A Guide to Sacred Awakenings (Paperback)

By John Greer

True Compass Press, United States, 2012. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. Taoist sages and Sufi mystics to Christian contemplatives and contemporary Zen masters know that the real work of self-discovery-and the answer to our suffering, emptiness, and loss of meaning-is learning to see in a different way. Explores the profound truth behind all the world's mystic traditions: Living a spiritual life has nothing to do with fixing ourselves. It is simply a matter of awakening to what we already are. This artful book traces the steps and stages of the delicate process of awakening in a unique and inspiring way. He also highlights over 100 evocative images and metaphors -- as varied and colorful as the sages themselves -- to kindle imagination and spark intuition-to shift perspective and into an awareness that no amount of explanation can achieve. When we put aside society's hand-me-down map of the mind, we can go to work, raise a family, take out the garbage and still experience the wonders and oneness of life with deep reverence, gratitude, and joy.



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