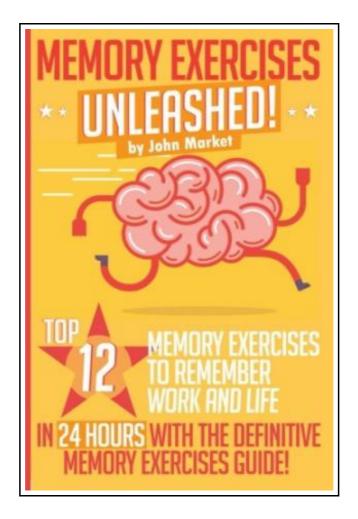
Memory Exercises Unleashed: Top 12 Memory Exercises to Remember Work and Life in 24 Hours with the Definitive Memory Exercises Guide (Paperback)



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Reviews

A really great publication with perfect and lucid explanations. Of course, it is play, continue to an amazing and interesting literature. I discovered this book from my i and dad suggested this publication to find out.

(Dr. Augustine Borer)

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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.#9733 #9734LIMITED TIME BONUS INCLUDED: FREE EBOOK Reveals The Fun, Painless, And Fast Ways To OBLITERATE Tedius Work TODAY!#9733 #9734 RIGHT NOW Discover The Memory Exercises That Make Your Life Unforgettable! Today only, get this #1 Best Seller Amazon Kindle eBook for just \$12.98! Regularly priced at \$29.98. **We ve included tried and true brain training methods for guaranteed improvement of memory retention!** Hi Friend! I?m happy you?re taking the time to look at this book? it shows that you?re really committed to improving memory retention. It also shows that you value optimal brain health, deterring memory loss conditions, and remembering the little things in life. And that last piece is the stimulus for writing this book. You see, I forget the simple things like when appointments are, what the script to my presentation is, phone numbers, and what my special someone said to me. And, wow, does that person get upset! I say to them, ?Yes, I was listening. Yes, I do care about you.? But far too often I remember what they said, go on to another task, and then simply forget it! This happened too often so I decided to use memory exercises to make life better. And the benefits are vast. For example, one can avoid being overwhelmed by too much information, feel less stressed, and be less distracted. Excel in test prep without sleepless nights. Avoid embarrassing reminders about important events. What you have coming in the following chapters are tried and true, field tested, real world solutions for memory retention. If you apply even a fraction of the material covered here, your memory will be improved by tomorrow...

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