

#### DRUGS CONTRAINDICATED IN PREGNANCY

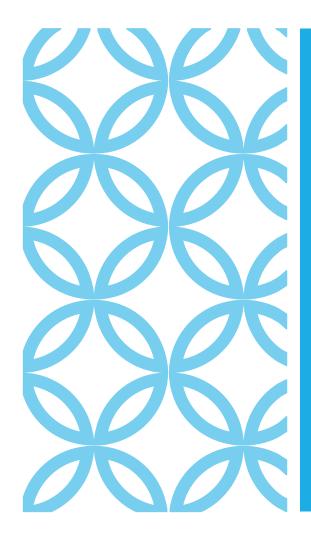
### LEARNING OUTCOMES

#### By the end of this lecture, students should be able to:

Enumerate toxic effects of drugs during pregnancy

Discuss Food and Drug Administration Pregnancy Risk Categories

Discuss possible effects of drugs on the infant, if taken during lactation.



Structural or functional defects in the developing embryo or fetus characterise teratogenesis. It also includes intrauterine growth retardation, death of the embryo or fetus, and transplacental carcinogenesis.

Stages of intrauterine human development: Preimplantation and post-implantation stages  $(0 \rightarrow 8)$  weeks), teratogens may produce abortion, no effect at all, an anatomic defect (Teratogenesis), or a metabolic or functional defect that may not be detected until later in life.

**Fetal development** (9 weeks → birth), influence neurologic development, growth, physiologic and biochemical functioning, mental development, and reproduction or death of the fetus.

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Anencephalic newborn



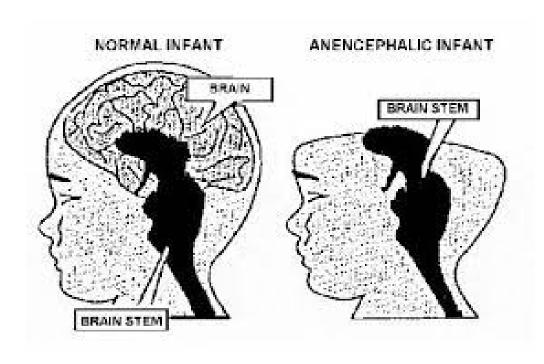
**Cleft lip and palate** 



Microtia



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Congenital abnormalities (birth defects) comprise 1/5 of all <u>fatalities</u> among newborns/infants.

Of these, the largest portion consists of cardiac abnormalities followed by lung abnormalities and chromosomal aberrations.

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### FDA CLASSIFICATIONS OF DRUG RISK

- A.No fetal risk shown in controlled human studies in all trimesters.
- B.<u>Animal</u> studies show a risk that is not confirmed in human studies during all trimesters.
- C.Fetal risk shown in controlled <u>animal</u> studies but no controlled human studies are available or studies in humans and animals are not available.
- D.Studies show fetal risk in <u>humans</u> (use of drug may be acceptable even with risks).
- X. Risk to fetus clearly outweighs any benefits from these drugs.

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### EXAMPLES OF TERATOGENIC AGENTS

Thalidomide (X). Limb defects and other congenital anomalies

Warfarin (D). Skeletal abnormalities (curvature of the spine) and Limb abnormalities.

Aminoglycosides (C) at high dose. VIII cranial nerve damage.

ACE inhibitors (D).
Renal tubular
dysplasia, skull and
pulmonary
hypoplasia.

Antineoplastics (D).
Growth retardation,
cleft palate, eyes,
kidney, cardiac, limbs,
skull defects.

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### DENTAL PATIENTS

Preventive, diagnostic and restorative dental treatment is safe throughout pregnancy.

Local anesthetics with epinephrine (e.g., bupivacaine, lidocaine, mepivacaine) may be used during pregnancy.

Special considerations should be given to pregnant dental personnel whose job duties can involve direct exposure to nitrous oxide and radiation.

Root canals or restorations can be safely performed during pregnancy and that delaying treatment may result in more complex problems.

## COMMON DRUGS USED IN DENTISTRY ANTIBIOTICS

Drugs	Use in Pregnancy	Use in Lactation	Remarks
Amoxicillin Metronidazole Erythromycin Penicillin Cephalosporins	YES	YES	<ul><li>Fetal ototoxicity with gentamycin.</li><li>Discoloration of</li></ul>
Gentamycin Clindamycin	YES	YES	teeth with tetracycline.
Tetracycline Chloramphenicol	NO	NO	<ul> <li>Maternal toxicity/fetal death with chloramphenicol</li> </ul>

## COMMON DRUGS USED IN DENTISTRY ANALGESICS

Drugs	Use in Pregnancy	Use in Lactation	Remarks
Acetaminophen Morphine Meperidine	YES	YES	<ul> <li>Postpartum hemorrhage associated with aspirin.</li> </ul>
Oxycodone Hydrocodone Propoxyphene Pentazocine	WITH CAUTION	WITH CAUTION	<ul> <li>Respiratory depression with morphine.</li> </ul>
Aspirin Ibuprofen Naproxen	NOT IN 3RD TRIMESTER	NO	

## COMMON DRUGS USED IN DENTISTRY ANTIFUNGALS

Drugs	Use in Pregnancy	Use in Lactation	Remarks
Clotrimazole Nystatin	YES	YES	Fetal toxicity with
Fluconazole Ketoconazole	WITH CAUTION	WITH CAUTION	ketoconazole.

# COMMON DRUGS USED IN DENTISTRY LOCAL ANESTHETICS

Drugs	Use in Pregnancy	Use in Lactation	Remarks
Lidocaine Prilocaine Etidocaine	YES	YES	Fetal bradycardia with Mepivacaine & Bupivacaine
Mepivacaine Bupivacaine	WITH CAUTION	YES	

## COMMON DRUGS USED IN DENTISTRY CORTICOSTEROIDS

Drugs	Use in Pregnancy	Use in Lactation
Prednisolone	YES	YES

#### COMMON DRUGS USED IN DENTISTRY SEDATIVE/HYPNOTIC

Drugs	Use in Pregnancy	Use in Lactation	Remarks
Nitrous oxide	NOT IN 1ST TRIMESTER	YES	Spontaneous abortions with Nitrous oxide. Cleft lip/palate with
Barbiturate Benzodiazepines	NO	NO	Benzodiazepines

#### REFERENCES

Bart – Jhonson, Frank J. Dowd. **Pharmacology and Therapeutic for Dentistry**, 6th edition, 2011.

Elsevier Publishers, USA

Karen Whalen, Richard Finkel, Thomas A Panavelil. Lippincott Illustrated Reviews Pharmacology. 6<sup>th</sup> ed. 2015. Philadelphia Wolter Kluwer Puplisher.