

Gaumukh Tapovan Trek

The Gaumukh Tapovan Trek is a magnificent trek that takes you through the heart of the Indian Himalayas in Uttarakhand. This trek is known for its scenic beauty, challenging terrain, and cultural richness, making it an ideal choice for trekkers looking for an adventure in the mountains. Whether you're a seasoned trekker or a beginner, the Gaumukh Tapovan Trek is an experience you won't miss.

Duration: 6 Days

Maximum Altitude: 4400 meters

Grade: Moderate to challenging

Best Season to go: June to September

Region: Uttarakhand, India

Group Size: 10 to 12 people

Cost: The cost of the trek varies depending on the season and the size of the group, but a typical cost for a 6-day trek ranges from INR 10,000 to INR 15,000 per person.

Short-Itinerary:

Day 1: Arrival in Haridwar (Altitude: 315 meters)

Day 2: Drive from Haridwar to Gangotri (Altitude: 3100 meters)

Day 3: Trek from Gangotri to Bhojbasa (Altitude: 3660 meters)

Day 4: Trek from Bhojbasa to Gaumukh (Altitude: 4100 meters)

Day 5: Trek from Gaumukh to Tapovan (Altitude: 4400 meters)

Day 6: Trek from Tapovan to Gangotri (Altitude: 3100 meters)

Detailed-Itinerary:

Day 1: Arrival in Haridwar (Altitude: 315 meters)

Arrival in Haridwar, transfer to the hotel, and check-in. You can explore the city and visit local temples and ashrams.

Day 2: Drive from Haridwar to Gangotri (Altitude: 3100 meters)

After breakfast, drive from Haridwar to Gangotri, the starting point of the trek. The journey takes about 8 hours and offers stunning views of the Himalayas.

Day 3: Trek from Gangotri to Bhojbasa (Altitude: 3660 meters) The trek starts from Gangotri, and the trail leads to the Bhojbasa camp. The trek is relatively easy, with a gentle ascent through rolling meadows and deodar forests.

Day 4: Trek from Bhojbasa to Gaumukh (Altitude: 4100 meters)

The trail from Bhojbasa to Gaumukh is challenging, with steep ascents and descents through rocky terrain. The highlight of this day is reaching Gaumukh, which is the source of the Ganges River and one of the most sacred locations in Hinduism.

Day 5: Trek from Gaumukh to Tapovan (Altitude: 4400 meters)

The trail from Gaumukh to Tapovan is one of the most scenic sections of the trek, offering stunning views of the surrounding glaciers and towering peaks. The trek involves a steep ascent and requires a certain level of physical fitness.

Day 6: Trek from Tapovan to Gangotri (Altitude: 3100 meters)

The final day of the trek involves a descent from Tapovan to Gangotri, passing through the same route.

Inclusions:

Accommodation during the trek (camping)

All meals during the trek (breakfast, lunch, dinner)

Transfer from Haridwar to Gangotri and back

Permits and fees

Trekking guide and support staff

Exclusions:

Personal expenses such as snacks and drinks
Travel Insurance
Tips for the guide and support staff
Any other expenses not mentioned in the inclusions

In conclusion, The **Gaumukh Tapovan** Trek is an unforgettable experience that offers a unique blend of adventure, natural beauty, and cultural richness. With its challenging terrain, stunning scenery, and spiritual significance, this trek is a must-do for any trekker visiting the Indian Himalayas. So, pack your bags, lace up your boots, and get ready for the adventure of a lifetime!