

Chopta Tungnath Trek is a popular trek in the Indian Himalayas, located in the Rudrapur district of Uttarakhand. The trek offers stunning views of the Himalayas and takes you through beautiful meadows and forests. The trek starts from the town of Chopta and takes you to the Tungnath Temple, which is one of the highest Shiva temples in the world.

Duration: The duration of the trek is 4 to 5 days, with a total trekking distance of about 20 km.

Maximum Altitude: The maximum altitude of the trek is 3,680 meters at Tungnath Temple.

Trek Grade: Chopta Tungnath Trek is a moderate trek, suitable for people with basic fitness levels. The trail is well marked and easy to follow, with a few steep ascents and descents.

Best Season to go: The best time to go on the Chopta Tungnath Trek is from April to June and September to November, when the weather is clear and the skies are usually free of clouds.

Region: The Chopta Tungnath Trek is located in the Garhwal region of Uttarakhand, India.

Group Size: The recommended group size for the Chopta Tungnath Trek is 2 to 12 people.

Trek Cost: The cost of the Chopta Tungnath Trek ranges from INR 5,000 to INR 10,000 per person, depending on the number of people in the group and the services included. The cost typically includes accommodation, food, and transportation from Haridwar or Rishikesh to Chopta and back.

Itinerary:

Day 1: Drive from Haridwar/Rishikesh to Chopta (7-8 hours)

Day 2: Trek from Chopta to Tungnath (5 hours) and back to Chopta

Day 3: Trek from Chopta to Chandrashila Peak (3 hours) and back to Chopta

Day 4: Drive from Chopta to Haridwar/Rishikesh (7-8 hours)

On the first day, you will drive from Haridwar or Rishikesh to Chopta, which is about a 7 to 8-hour journey. On the second day, you will start your trek from Chopta to Tungnath, which takes about 5 hours. The trail takes you through dense forests and meadows, and offers stunning views of the Himalayas. After reaching Tungnath, you can visit the temple and spend some time admiring the views. On the third day, you will trek to Chandrashila Peak, which takes about 3 hours. From the peak, you will have breathtaking views of the Himalayas and the surrounding region. On the fourth day, you will drive back to Haridwar or Rishikesh.

The Chopta Tungnath Trek is a great way to experience the beauty of the Himalayas and spend some time in nature. It's a relatively easy trek that's suitable for people of all ages and fitness levels, and offers a unique opportunity to explore one of the highest Shiva temples in the world.

Inclusions:

Accommodation: During the trek, you will stay in basic guesthouses or tents. The cost usually includes 3 nights' accommodation.

Meals: Three meals per day (breakfast, lunch, and dinner) are typically included in the cost of the trek.

Transportation: The cost typically includes transportation from Haridwar or Rishikesh to Chopta and back.

Guide and Porter Services: A local guide and porter services are usually included to assist with the trek.

Permits: The necessary permits and entry fees are usually included in the cost of the trek.

Exclusions:

Personal Expenses: Personal expenses such as drinks, snacks, and souvenirs are not included in the cost of the trek.

Insurance: Travel insurance is not typically included in the cost of the trek and must be purchased separately.

Emergency Evacuation: Emergency evacuation services are not typically included in the cost of the trek and must be arranged and paid for separately if needed.

Tips: Tips for the guide, porter, and other staff are not included in the cost of the trek and are left to the discretion of the individual.

It's important to carefully review the inclusion and exclusion details before booking a Chopta Tungnath Trek to ensure you understand what is included in the cost and what you may need to pay for separately.