### **Gulabi Kantha Trek**

The Gulabi Kantha Trek is a beautiful trek in the Indian Himalayas that takes you through lush forests, Rolling Meadows, and scenic high-altitude lakes. Here's a comprehensive itinerary for the trek:

**Duration: 4-5 days** 

Maximum Altitude: 4,000 meters (13,123 feet)

**Grade: Moderate** 

Best Season to go: May to June and September to October

Region: Uttarakhand, India

**Group Size: 1-12 trekkers** 

**Cost:** The cost of the Gulabi Kantha Trek varies, but typically ranges from INR 8,000 to INR 20,000 per person, depending on the level of comfort and services provided.

# **Short-Itinerary:**

Day 1: Arrival in Uttarakhand and drive to Sari Village

Day 2: Trek from Sari Village to Gulabi Kantha

Day 3: Explore Gulabi Kantha and surrounding areas

Day 4: Trek from Gulabi Kantha to Sari Village

Day 5: Drive from Sari Village to Uttarakhand

Day 6: Depart from Sari Village and drive back to Uttarakhand, ending the

**Gulabi Kantha Trek.** 

# **Detailed-Itinerary:**

Day 1: Arrival in Uttarakhand and drive to Sari Village

Arrive in Uttarakhand and drive to Sari Village, which is the starting point of the trek

Check into a guesthouse and spend the night in preparation for the journey ahead

# Day 2: Trek from Sari Village to Gulabi Kantha

Start the trek from Sari Village and head towards Gulabi Kantha, which is approximately 12 km away

The trail takes you through forests and along streams

Spend the night in a trekker's hut near Gulabi Kantha

### Day 3: Explore Gulabi Kantha and surrounding areas

Spend the day exploring Gulabi Kantha and the surrounding areas, taking in the stunning scenery and serene atmosphere

Spend the night near Gulabi Kantha

### Day 4: Trek from Gulabi Kantha to Sari Village

Depart from Gulabi Kantha and retrace your steps back to Sari Village, which is approximately 12 km away

Spend the night in a guesthouse in Sari Village

Day 5: Drive from Sari Village to Uttarakhand

**Day 6:** Depart from Sari Village and drive back to Uttarakhand, ending the Gulabi Kantha Trek.

### **Inclusions:**

Accommodation in trekkers' huts or tents.

Meals (breakfast, lunch, and dinner) during the trek

Trekking guide and support staff

Permits and fees

First-aid kit and medical assistance

Porter services (for carrying equipment and supplies)

Return transportation to the starting point of the trek

### **Exclusions:**

Personal expenses such as snacks, drinks, and souvenirs

Travel Insurance

Emergency evacuation expenses

Tips for guiding and supporting staff

Any other expenses not mentioned in the inclusions list

**Note:** This itinerary is a general guide and can be adjusted to suit the needs and preferences of your group. It is important to keep in mind that trekking in the mountains can be unpredictable and weather conditions, trail conditions, and other factors can affect the actual duration and route of the trek. It is essential to be prepared and flexible and to always follow the guidance of your trekking guide.