

Parent guide : Types of nutrition

How to explain or differentiate between autotrophic organisms and non-autotrophic organisms

- Parents can explain the difference between autotrophs and non-autotrophs to the child by using different educational methods, such as:

1. Use pictures and illustrations: Parents can use pictures and illustrations to display autotrophs such as humans and animals and non-autotrophs such as plants and fungi.
2. Hands-on experiments: Parents can organize simple experiments that show how autotrophs obtain and process food versus how non-autotrophs absorb nutrients from their surroundings.
3. Simple dialogue and explanation: Parents can use simple, understandable language to explain the differences between autotrophs and non-autotrophs and focus on how food is obtained and processed.
4. Watch educational films: Parents can watch short educational films with the child that explain the concepts of autotrophs and non-autotrophs in a visual and fun way.
5. Interactive activities: Parents can organize interactive activities such as educational games or interactive questions to test the child's understanding of the concepts that are explained.