

### Lesson Plan, STEM Department

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|--|-----------------|--|---|
| Date & Time Created:   | Thu Apr 10 2024 |  |   |
| Date & Time Modified:  | Thu Apr 26 2024 |  |   |
| Subject  | biology         |  | carbohydrates   |
| Grade  | 9               |  | 9   |
| Teacher:   | any             | School   | Stem Assuit   |
| Learning Outcome   |                 |  |   |
| LO Code  | G.2.08          | LO text  | Defining what is carbohydrates.<br>learning to discriminate between mono and dia and Polysaccharides<br>. |
| Concepts   |                 | Skills   |   |
| <ul style="list-style-type: none"><li>• Monosaccharides</li><li>• Disaccharides</li><li>• Polysaccharides</li><li>• Carbohydrates</li><li>• Organic /inorganic molecules</li><li>• Starch</li><li>• Glycogen</li><li>• Cellulose</li></ul>   |                 | <ol style="list-style-type: none"><li>1. Determining carbohydrates from different food.</li><li>2. Determination of each type of sugar.</li><li>3. Knowing the role of carbs and sugar in our bodies .</li></ol> |   |
| Duration of Learning Outcome   |                 |  |   |
| CH.2.08 week 1   |                 |  |   |
| Evidence of Learning Outcome   |                 |  |   |
| Testing and extracting all prior knowledge by <b>padlet discussion board</b> link: <a href="https://padlet.com/arwasaid441/solar-system-discussion-bvu47p0dktxkxabl">https://padlet.com/arwasaid441/solar-system-discussion-bvu47p0dktxkxabl</a><br>entertainment and knowledge achieved by game show quiz link : <a href="https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/2/2">https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/2/2</a><br>quiz game : <a href="https://lms.ekb.eg/playlists/view/2bd58012-22ac-4861-a359-89d3c5d1cdd6/ar/4">https://lms.ekb.eg/playlists/view/2bd58012-22ac-4861-a359-89d3c5d1cdd6/ar/4</a><br>assessment and review:<br><a href="https://docs.google.com/forms/d/1L0Ri5Z9n26rSXn75iMXtcFeOLtNoZ7rk4knE0nMMvyY/edit">https://docs.google.com/forms/d/1L0Ri5Z9n26rSXn75iMXtcFeOLtNoZ7rk4knE0nMMvyY/edit</a><br><a href="https://docs.google.com/forms/d/e/1FAIpQLScM9QfJzOxhUUyf1CXiDlo8ukippRfEju9_v-FjP2p3AXCKNg/viewform?usp=sf_link">https://docs.google.com/forms/d/e/1FAIpQLScM9QfJzOxhUUyf1CXiDlo8ukippRfEju9_v-FjP2p3AXCKNg/viewform?usp=sf_link</a> |                 |  |   |
| Capstone Connection  |                 |  |   |
| Carbohydrates exist in all things students may use in their projects.  |                 |  |   |
| Textbook & Resource Material   |                 |  |   |
| Teacher guide – bio reference – students text book – SEP – model book .  |                 |  |   |
| Essential Question/s   |                 |  |   |
| What is sugar and why it is important ?  |                 |  |   |
| Lesson Number in LO Sequence   |                 |  |   |
| 1  |                 |  |   |
| Objective/s for Lesson   |                 |  |   |
| By the end of this session students should be able to:<br>1- Identify three different types of carbohydrates<br>2- Explore the chemical elements that make up carbohydrates<br>3- Learn the vocabulary of carbohydrate molecules   |                 |  |   |

#### 4- Discover what happens to carbs in the body

##### Evidence of Achievement of Lesson

<https://lms.ekb.eg/playlists/view/223c8853-d772-45d9-9df0-49816bfb9a62/ar/2?options=JXjsJHgQvWyCWi6yW6HBoko0hZb%252FZfuaXC53lpbm612kWF3LxVKjeUSF7A2RPDXVrUYtgsvglMXIOzUGFp%252Fy9pCTR%252FrNdeyy2NzwbMuYyqCGOd2KO0VxD073LFRNt0Y>  
<https://lms.ekb.eg/playlists/view/2bd58012-22ac-4861-a359-89d3c5d1cdd6/ar/4>  
<https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/2/2>

##### Instructional Activity #(1 )

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|--|---|
| Purpose of Activity                                      | Attracting attentions to the topic  |
| Estimated Time:  | 5 min   |
| Organization of Students - Student will work in:         | Group   |
| Teaching Strategy  | Debate – competition based leaning –brainstorming – discussion based learning   |
| Specific concept and/or skill addressed                  | Prior knowledge on glucose , carbohydrates .  |
| Description of Activity                                  | <ul style="list-style-type: none"> <li>- 1- divide class into 2 teams.</li> <li>- 2- one defend that sugar is beneficial and the other disagree and claims the bad effects.</li> <li>- 3- have them discuss and search for 2 min</li> <li>- 4- choose two representatives from each group for the debate.</li> <li>- 5- extract 5 students out of the two groups.</li> <li>- 6- they evaluate the debate and choose the winner.</li> <li>- 7- you as a teacher choose winner also by your vote and students votes.</li> <li>- 8- claim winner and start lesson .</li> </ul> |
| Connections to Capstone, Grand Challenge, other subjects | Carbohydrates exist in all things students may use in their projects.   |
| Formative Assessment During Learning:                    | Students debate their knowledge .   |

##### Instructional Activity #(2 )

|  |   |
|--|---|
| Purpose of Activity                                      | Guide students to:<br>1- Extract knowledge by themselves .  |
| Estimated Time:  | 8 min   |
| Organization of Students - Student will work in:         | group   |
| Teaching Strategy  | inquiry learning , role playing   |
| Specific concept and/or skill addressed                  | Monosaccharides<br>Disaccharides<br>Polysaccharides   |
| Description of Activity                                  | <ul style="list-style-type: none"> <li>1- play video anonymously</li> <li>2- what did you understand from it?</li> <li>3- each group write the things he noticed and understood from the video.</li> <li>4- the two groups setting next to each other exchange notes.</li> <li>5- each group chooses a representative from the other group and reads the notes .</li> </ul> |
| Connections to Capstone, Grand Challenge, other subjects | No relation   |

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| Formative Assessment During Learning:            | Students answers in notes and present .  |
| <b>Instructional Activity #(3 )</b>              |  |
| Purpose of Activity                              | Guide students to:<br>Define different types of carbohydrates .  |
| Estimated Time:                                  | 10 min   |
| Organization of Students - Student will work in: | individually   |
| Teaching Strategy                                | Discussion – brainstorming – game based leaning  |
| Specific concept and/or skill addressed          | <ul style="list-style-type: none"> <li>• Fibers</li> <li>• Carbohydrate</li> <li>• Glucose</li> <li>• Nutrition</li> </ul>   |
| Description of Activity                          | <p>1-Get two boxes of cereal and compare the breakdown of the total carbohydrate they contain.</p> <p>2- How many grams of dietary fiber, sugars and other carbohydrates do they provide? Which is lower in sugar?</p> <p>3-Now, look at the list of ingredients. When does a source of sugar appear in the list of ingredients? Is it listed first, second, third or later in the listing? Ingredients in largest amounts are listed first.</p> <p>4- For the highest nutritive value, select the cereal that is high in other carbohydrate, high in dietary fiber and lower in sugars.</p> <p>5- For more nutritive value, select a cereal that does not give a source of sugar as the first, second or perhaps even the third item listed in the list of ingredients.</p> <p>5- Use this information to help you make informed choices.</p> |

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| Connections to Capstone, Grand Challenge, other subjects | No relation .  |
| Formative Assessment During Learning:                    | Students answers through discussion.   |
| <b>Instructional Activity #(4 )</b>                      |  |
| Purpose of Activity                                      | Guide students to answer funny questions about the topic to 1- entertain students 2- lead to deeper knowledge.   |
| Estimated Time:  | 5 min  |
| Organization of Students - Student will work in:         | Individually   |
| Teaching Strategy  | game based learning , brain storming , round table – quiz based learning.  |
| Specific concept and/or skill addressed                  | Starch<br>Glucose  |
| Description of Activity                                  | 1- share with students the game link or QR code.<br><a href="https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/1/3">https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/1/3</a><br>2- Different foods contain different proportions of sugar and starch. Which food do you think contains more sugar?<br>3-Which food contains more starch?<br>4- Drag and drop each food to the right category.                                       |
| Connections to Capstone, Grand Challenge, other subjects | No relation  |
| Formative Assessment During Learning:                    | Students answers in game .   |
| <b>Instructional Activity #(5 )</b>                      |  |
| Purpose of Activity                                      | Guide students to:<br>Play the quiz show game.   |
| Estimated Time:  | 10 min   |
| Organization of Students - Student will work in:         | individually   |
| Teaching Strategy  | Game based learning –visualization- competition based leaning  |
| Specific concept and/or skill addressed                  | Carb in dairy.<br>Proteins<br>Vegetables   |
| Description of Activity                                  | 1- share with them the game link or QR code<br><a href="https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/1/1">https://www.tv411.org/science/tv411-whats-cooking/carbohydrates-science-lesson/activity/1/1</a><br>2- Nutritionists tend to sort foods into groups, “My Plate,” divide foods into five groups: fruits, vegetables, protein, dairy, and grains.<br>3-Drag and drop the food to the group you think it belongs in.<br>4- submit and view what you have done . |
| Connections to Capstone, Grand Challenge, other subjects | No relation  |
| Formative Assessment During Learning:                    | Competing and scores .   |
| <i>Do you have another instructional activity?</i>       | No   |

| Evaluation of Evidence:  |
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| <p>If the student misses any part in learning activity (2&amp;5) he/she is not proficient yet (pink)</p> <p>If the student answers all questions in learning activity (1&amp;3&amp;4) he/she is proficient (white) ,</p> <p>If the student answer all questions in learning activity (1)&amp;(5) he/she is high proficient (blue)</p>  |
| Homework:  |
| <p>Assessment on google form:<br/> <a href="https://docs.google.com/forms/d/1L0Ri5Z9n26rSXn75iMXtcFeOLtNoZ7rk4knE0nMMvyY/edit">https://docs.google.com/forms/d/1L0Ri5Z9n26rSXn75iMXtcFeOLtNoZ7rk4knE0nMMvyY/edit</a></p> <p>revision:<br/> <a href="https://lms.ekb.eg/playlists/view/223c8853-d772-45d9-9df0-49816bfb9a62/ar/2?options=JXjsJHgQvWyCW6yW6HBoko0hZb%252FZfuaXC53lpbm612kWF3LxVKjeUSF7A2RPDXVrUYtgsvqIMXIOzUGFp%252Fy9pCTR%252FrNdeyy2NzwbMuYyqCGOd2KO0VxD073LfrNt0Y">https://lms.ekb.eg/playlists/view/223c8853-d772-45d9-9df0-49816bfb9a62/ar/2?options=JXjsJHgQvWyCW6yW6HBoko0hZb%252FZfuaXC53lpbm612kWF3LxVKjeUSF7A2RPDXVrUYtgsvqIMXIOzUGFp%252Fy9pCTR%252FrNdeyy2NzwbMuYyqCGOd2KO0VxD073LfrNt0Y</a></p> |
| Teacher Notes and Reflections:   |
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| Samples of Student Work (Exceeds Expectations, Proficient, Needs Work):  |
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