

Name: _____

Sugary Snacks



You are babysitting today and you are tasked with feeding some snacks to the kid you're watching. His mother reminded you to only give him healthy snacks. Identify the artificial sugars and the natural sugars and prepare a healthy snack.



Natural Sugars

1. _____
2. _____
3. _____

Artificial Sugars

1. _____
2. _____
3. _____

What is the difference between artificial and natural sugars?

