#### NAIA Cross Country National Championships

Women's 5K Seminole Valley Park - Cedar Rapids, IA 11/16/2018 Overcast, Wind WNW 10-15mph & 32°

	Women 5 or	Common vancy	uiik	Ocaai	rtupiu	, i, t	,	0/2010	0 1010	ast, willa wit	vi io iompii	<u> </u>
Place	School	1	. 2	3	4	5	6	7	Total	TTl Time	Ave Time	Spread
1	Oregon Tech	4	. 5	12	48	56	74	109	= 125	1:29:57	17:59	0:53
2	Madonna	13	14	23	39	43	57	172	= 132	1:30:24	18:05	0:33
3	Taylor	10	24	26	33	41	55	66	= 134	1:30:28	18:06	0:35
4	Southern Oregon	22	25	30	47	68	106	116	= 192	1:31:15	18:15	0:37
5	SCAD Atlanta	2	15	21	81	122	132	183	= 241	1:31:10	18:14	1:53
6	Aquinas	6	45	50	70	72	85	130	= 243	1:31:47	18:21	1:03
7	Embry-Riddle Ariz	zona 16	35	38	59	110	121	191	= 258	1:32:03	18:25	1:14
8	St. Francis (Ill.	.) 36	40	46	64	75	155	177	= 261	1:32:18	18:28	0:25
9	Wayland Baptist	17	31	32	94	115	210	214	= 289	1:32:30	18:30	1:12
10	Lewis-Clark	20	28	79	118	126	161	219	= 371	1:33:15	18:39	1:14
11	College of Idaho	61	. 65	73	78	97	99	131	= 374	1:33:31	18:42	0:29
12	Milligan	9	67	77	96	125	128	170	= 374	1:33:19	18:40	1:29
13	Oklahoma City	3	71	83	101	124	135	145	= 382	1:33:12	18:38	1:44
14	Indiana Wesleyan	60	63	95	107	108	112	117	= 433	1:34:13	18:51	0:35
15	Cornerstone	18	37	58	166	174	190	228	= 453	1:34:21	18:52	1:54
16	Dordt	11	. 51	138	143	150	159	163	= 493	1:34:37	18:55	1:42
17	Northwest Christi	ian 19	53	69	178	181	200	215	= 500	1:34:59	19:00	1:59
18	Point Park	1	. 84	105	129	184	218	221	= 503	1:34:25	18:53	2:47
19	MidAmerica Nazare	ene 76	82	98	104	148	187	213	= 508	1:35:04	19:01	0:47
20	SCAD Savannah	7	27	123	175	186	198	205	= 518	1:34:56	18:59	2:27
21	St. Thomas (Fla.)	) 52	92	102	134	151	197	220	= 531	1:35:18	19:04	1:05
22	St. Ambrose	54	90	136	142	153	158	160	= 575	1:35:42	19:08	1:06
23	Vanguard	34	89	103	133	223	226	250	= 582	1:36:17	19:15	2:34
24	Mount Mercy	62			147	157	199	217	= 597	1:35:55	19:11	1:08
25	St. Mary (Kan.)	8			169	182	216	232	= 611	1:36:01	19:12	2:18
26	Rocky Mountain	86			146	206	209	222	= 619	1:36:32	19:18	1:37
27	Hastings	42			167	179	202	229	= 620	1:36:23	19:17	1:35
28	Shawnee State	44			171	185	211	244	= 632	1:36:31	19:18	1:40
29	Southeastern U.	29			180	203	208	231	= 676	1:37:00	19:24	2:12
30	Dickinson St.	100			164	176	188	195	= 694	1:37:10	19:26	0:51
31	Columbia (Mo.)	49			173	196	225	236	= 702	1:37:28	19:30	1:50
32	Indiana Tech	149			168	189	201	204	= 822	1:38:44	19:45	0:39
33	William Carey	111			207	227	240	241	= 858	1:39:59	20:00	1:53
34	College of the Oz				224	233	237	238	= 1017	1:43:03	20:37	2:12
35	Southwest (N.M.)	194			239	245	246	247	= 1143	1:48:33	21:43	2:39
36	Xavier-Louisiana	234	242	243	248	249			= 1216	1:57:22	23:28	3:56

Incomplete Teams: Ave Maria, Avila, Baker, Benedictine (Kan.), Bethel (Ind.), Blue Mountain, Campbellsville, Carroll, Central Methodist, Cleary, Columbia (S.C.), Concordia (Neb.), Corban, Cumberland (Tenn.), Dillard, Eastern Oregon, Friends, Hannibal-LaGrange, Haskell Indian Nations, Huntington, Indiana East, Indiana Kokomo, Indiana University Northwest, John Brown, Loyola-New Orleans, Menlo College, Middle Georgia State, Missouri Baptist, Missouri Valley, Montana Western, Montreat, Morningside, Mount Vernon Nazarene, Northwestern (Iowa), Ohio Christian, Olivet Nazarene, Our Lady of the Lake, Park U., Philander Smith, Reinhardt, Rio Grande, Roosevelt, Science & Arts, Siena Heights, Silver Lake, Soka, Southwestern (Kan.), St. Thomas (Tex.), St. Xavier, Tabor, Tennessee Wesleyan, Texas Wesleyan, The Masters, Trinity Christian, Truett-McConnell, UC Merced, Valley City State, Waldorf, William Jessup, William Woods

_		an, fruett-McConnell, UC Me			= -		
Place	Score	Name	Year	School	Time	Pace mpm	
1	1	Anna Shields	SR	Point Park	17:16	5:33	
2	2	Emily Kearney	JR	SCAD Atlanta	17:19	5:35	
3	3	Lydia Mato	SR	Oklahoma City	17:30	5:38	
4	4	Susie Garza	SR	Oregon Tech	17:36	5:40	
5	5	Cindy Reed	SR	Oregon Tech	17:37	5:40	
6	6	Alexis Miller	SR	Aquinas	17:38	5:40	
7	7	Lemi Wutz	so	SCAD Savannah	17:39	5:41	
8	8	Kailtyn Shoemaker	SR	St. Mary (Kan.)	17:42	5:42	
9	9	Jacquelyn Crow	SR	Milligan	17:45	5:43	
10	10	Sarah Harden	so	Taylor	17:46	5:43	
11	11	Annechiena Knevelbaard	JR	Dordt	17:49	5:44	
12	12	Danielle De Castro	SR	Oregon Tech	17:49	5:44	
13	13	Alison Shapic	JR	Madonna	17:50	5:45	
14	14	Christina Murphy	so	Madonna	17:51	5:45	
15	15	Sandra Pflughoft	FR	SCAD Atlanta	17:53	5:45	
16	16	Keili Dorn	SR	Embry-Riddle Arizona	17:53	5:45	
17		Lydia Wilson	so	Montreat	17:54	5:46	
18		Madison Paquette	SR	Cleary	17:54	5:46	
19		Aspen Dirr	SR	Huntington	17:56	5:46	
20	17	Jackline Jemeli	SR	Wayland Baptist	17:57	5:47	
21	18	Kelli Smith	JR	Cornerstone	17:57	5:47	
22	19	Cassandra Brownell	JR	Northwest Christian	18:00	5:48	
23	20	Emily Adams	so	Lewis-Clark	18:00	5:48	
24	21	Natalie Stepanian	FR	SCAD Atlanta	18:00	5:48	
25		Mindy Kaufman	SR	Montana Western	18:01	5:48	
26	22	Kayle Blackmore	SR	Southern Oregon	18:01	5:48	
27		Marissa Kuik	JR	Waldorf	18:01	5:48	
28	23	MacKenzie Gurne	JR	Madonna	18:01	5:48	
29	24	Alex Berends	SR	Taylor	18:01	5:48	
30	25	Jenna Storms	SR	Southern Oregon	18:02	5:48	

	Wome	n's 5K	Seminole Valley Park -	Cedar	Rapids, IA	11/16/2018	Overcast, Wind WNW	/ 10-15mpn & 32	
Place	Score	Name		Year	School		Time	Pace mpm	
31	26	Taylor	Bluemel	JR	Taylor		18:05	5:49	
32	27	_	Scarpone	SR	SCAD Sava	nnah	18:06	5:49	
33	28	-	a Saxton	SO	Lewis-Cla		18:06	5:50	
34	20		n Higgins	SR	Mornings:		18:08	5:50	
35	29	Julia		FR	Southeast		18:08	5:50	
36	30		Toland	SO	Southern		18:10	5:51	
37	31		a Jacobs	JR		-	18:13	5:52	
38					Wayland I	_			
	32		ne Cherono	SO	Wayland I	Saptist	18:14	5:52	
39	33		Blagg	SR	Taylor		18:14	5:52	
40	34	Savann		so	Vanguard		18:15	5:52	
41	35		Chrisman	SR	_	dle Arizona		5:53	
42			Slattner	JR		ern (Kan.)	18:16	5:53	
43	36		Knott	SR		cis (Ill.)	18:18	5:53	
44	37		Albus	so	Cornersto		18:18	5:53	
45	38		Anderson	FR	_	ddle Arizona		5:53	
46			ankowski	so	Bethel (	[nd.)	18:18	5:53	
47	39		Mills	so	Madonna	_	18:19	5:54	
48	40		a Baftiri	so		cis (Ill.)	18:19	5:54	
49			e Cozzi	so		ine (Kan.)	18:21	5:54	
50		Ariel	_	SR	Ohio Chr	istian	18:21	5:54	
51	41		Schroder	so	Taylor		18:22	5:55	
52	42	Heidi	Hennings	SR	Hastings		18:22	5:55	
53	43	Kathle	en George	SO	Madonna		18:23	5:55	
54	44	Mariss	a Smith	so	Shawnee S	State	18:23	5:55	
55	45	Tannah	Adgate	so	Aquinas		18:24	5:55	
56	46	Laisha	Corona	so	St. Franc	cis (Ill.)	18:25	5:56	
57	47	Braana	Weber	SR	Southern	Oregon	18:25	5:56	
58	48	Annika	Andersen	SR	Oregon Te	ech	18:26	5:56	
59	49	Briann	a Haller	FR	Columbia	(Mo.)	18:26	5:56	
60	50	Gabby	Brandonisio	so	Aquinas		18:26	5:56	
61	51	_	Couch	JR	Dordt		18:27	5:56	
62			Deweerd	SR		Christian	18:28	5:57	
63		_	ha Mundel	SR	Carroll		18:28	5:57	
64	52		Gutierrez	JR	St. Thoma	es (Fla.)	18:29	5:57	
65	53		a Rios	SR		Christian	18:29	5 <b>:</b> 57	
66	54		Plumb	JR	St. Ambro		18:29	5 <b>:</b> 57	
67	55	_	izabeth Gimre	SR	Taylor	250	18:29	5:57	
68	56		Widman	FR	Oregon Te	ach	18:29	5:57	
69	57		ne George	SO	Madonna	5011	18:29	5:57 5:57	
70	58		ne George .e Richter	SR	Cornersto		18:30		
70 71	59					dle Arizona		5:57	
			a Embro	SR	-		18:30	5:57	
72	60		a Groh	SR	Indiana V	_	18:31	5:57	
73	61		a Mauer	FR	College		18:31	5:58	
74	62		a Cortes	JR	Mount Mer	_	18:31	5:58	
75			nn Brock	SR	Olivet Na		18:32	5:58	
76	63		Rojas	JR	Indiana V	_	18:32	5:58	
77		Mary G		FR	Ave Maria		18:33	5:58	
78	64		Conroy	JR		cis (Ill.)	18:34	5:59	
79	65		n Schut	SR	College o	of Idaho	18:35	5:59	
80	66		e O'Leary	FR	Taylor		18:35	5:59	
81	67	Erica		JR	Milligan		18:36	5:59	
82	68		Fillipow	SO	Southern		18:37	6:00	
83	69		Rasubala	JR	Northwest	Christian	18:38	6:00	
84			le Murrietta	JR	Menlo Col	llege	18:38	6:00	
85	70		Adler	FR	Aquinas		18:39	6:00	
86			a Ghiorso	FR	The Maste		18:39	6:00	
87		-	illiams	SR	Rio Grand	ie	18:39	6:00	
88		Hannah	Clarizio	SR	Corban		18:39	6:00	
89	71		e Dryden	FR	Oklahoma	City	18:39	6:00	
90	72	Whitne	y Taylor	so	Aquinas		18:40	6:01	
91		Alyssa	Turrentine	JR	Ohio Chr	istian	18:41	6:01	
92	73	Tamika	Russell	SR	College o	of Idaho	18:42	6:01	
93	74	Hannah	Mason	FR	Oregon Te	ech	18:42	6:01	
94		Sydney	Nichol	so	Corban		18:42	6:01	
95	75		.ca Navarrete	so		cis (Ill.)	18:43	6:01	
96	76		White	SR		a Nazarene	18:43	6:02	
97	77		elle Mardis	FR	Milligan		18:44	6:02	
98	78	Erin M		so	College of	of Idaho	18:44	6:02	
99	. •		Davis	so	Reinhard		18:44	6:02	
100		_	ny Sloan	SR	Indiana I		18:44	6:02	
101	79		Borrego	FR	Lewis-Cla		18:45	6:02	
101	80		Keech	JR	Hastings	15	18:45	6:02	
102	50		Furumoto	SO	Missouri	Valley	18:45	6:02	
103	81		Mullen	SR	SCAD Atla	_	18:46	6:02	
104	01		a George	FR		nnca non Nazarene		6:02	
105	82	Lila D	_	JR		non wazarene ca Nazarene	18:48	6:03	
106	82 83		reves ly Williams	SR	Oklahoma		18:48	6:03	
107	8 <i>3</i>		y williams Campbell	FR	Point Par	_	18:48	6:03	
	04	vilasg	Campbell	FK	roint Pal	. n.	10:49	0:03	

	wome	n's 5K	Seminole Valley Park -	Cedar	Rapids, IA	11/16/2018	Overcast, Wind WNW	10-15mpn & 32°	
Place	Score	Name		Year	School		Time	Pace mpm	
109		Sonhy	Tsabadze	JR	Baker		18:49	6:03	
110	85		sa Winchester	SR	Aquinas		18:49	6:04	
111	86		ne Hamilton	JR	Rocky Mou	ntain	18:49	6:04	
112	87		Zamora	SR	Mount Mer		18:49	6:04	
113	07		Zamora A Fairchild	SR	The Maste	-	18:50	6:04	
114		_	Cossentine	SR	William J	_	18:50	6:04	
115			Varcisi	SR	Roosevelt		18:51	6:04	
116	88		Little Light	FR	Rocky Mou	ıntaın	18:51	6:04	
117	89		sa Thompson	so	Vanguard		18:52	6:04	
118	90	Abby S		JR	St. Ambro		18:52	6:04	
119			Trejo	JR	_	of the Lake	18:53	6:05	
120	91		ca Cook	FR	Shawnee S		18:53	6:05	
121			Miller	SR	Valley Ci	=	18:53	6:05	
122		Eirear	nn O'Connor	so	Montana W	<i>l</i> estern	18:54	6:05	
123		Shelby	/ Kallem	so	Hannibal-	·LaGrange	18:54	6:05	
124	92	Sarah	Bomkamp	SR	St. Thoma	ıs (Fla.)	18:55	6:05	
125		Taylor	Grove	JR	Concordia	(Neb.)	18:57	6:06	
126	93	Courtr	ney Hallock	so	Rocky Mou	ıntain	18:57	6:06	
127	94	Pruder	nce Kiyeng	FR	Wayland E	Baptist	18:58	6:06	
128	95	Christ	ina Magers	FR	Indiana W	Mesleyan	18:59	6:06	
129	96	Avery	Dewolf	FR	Milligan		19:00	6:07	
130	97	Kathry	n Craig	JR	College c	of Idaho	19:00	6:07	
131	98	Kendra	a Alsup	so	MidAmeric	a Nazarene	19:00	6:07	
132	99	Cheyla	ah Volkers	FR	College c	of Idaho	19:01	6:07	
133	100	Jacey	Wilson	JR	Dickinson	st.	19:01	6:07	
134	101	_	S Vargas	JR	Oklahoma		19:02	6:07	
135	102		Peterson	JR	St. Thoma	=	19:02	6:08	
136			Gomez-Wint	SR	Montana W		19:02	6:08	
137	103	Avery		FR	Vanguard		19:02	6:08	
138	104	_	Shanley	SR	_	a Nazarene	19:03	6:08	
139	-01	_	Maletich	JR	St. Xavie		19:03	6:08	
140	105		Guarnaccia	SR	Point Par		19:03	6:08	
141	105		e Kizziar	FR	Southern		19:05	6:09	
142		_							
	107		Schelberry	SO	Indiana W	<del>-</del>	19:06	6:09	
143	108		McBeath	so	Indiana W	<del>-</del>	19:06	6:09	
144	100		Gionet-Gonzalez	JR	UC Merced		19:06	6:09	
145	109		ry Ward	JR	Oregon Te		19:06	6:09	
146	110		ine Sloan	FR		ldle Arizona	19:07	6:09	
147			e Warner	SR	Morningsi		19:07	6:09	
148	111	Ariel		SR	William C	<del>-</del>	19:07	6:09	
149			y Staples	so		ern (Kan.)	19:07	6:09	
150	112		Couwenhoven	JR	Indiana W	<del>-</del>	19:07	6:09	
151	113	Britta	any White-Dold	JR	St. Mary	(Kan.)	19:07	6:09	
152	114	Emily	Kuehn	FR	Dickinson	st.	19:08	6:09	
153	115	Tiffar	ny Cano	SR	Wayland E	Baptist	19:08	6:10	
154		Allika	a Pearson	FR	John Brow	m	19:10	6:10	
155	116	Shayla	a Potratz	so	Southern	Oregon	19:10	6:10	
156	117	Erica	Stutsman	FR	Indiana W	esleyan	19:11	6:10	
157		Julie	Loewen	SR	Tabor		19:11	6:10	
158	118	Rylee	Brown	FR	Lewis-Cla	ırk	19:11	6:10	
159		Alyssa	a Waibel	JR	Columbia	(S.C.)	19:11	6:10	
160	119	Pia Vo	on Keutz	so	Columbia	(Mo.)	19:12	6:11	
161		Christ	a Titus	SR	Friends		19:12	6:11	
162	120		Russell	JR	William C	arey	19:12	6:11	
163	121	Meah W		FR		ldle Arizona	19:12	6:11	
164	122		Demerjian	SR	SCAD Atla		19:12	6:11	
165			lle Herbes	FR	Eastern C		19:13	6:11	
166		Emily		FR	Missouri	-	19:13	6:11	
167	123	_	Sharp	so	SCAD Sava		19:13	6:11	
168	124		lan Hoyer	JR	Oklahoma		19:13	6:11	
169	125	Bekah	_	FR	Milligan	CICY	19:14	6:11	
170	126		ny Howard	SO	Lewis-Cla	- le	19:14	6:11	
171	127		Ogilvie	SO	Southeast		19:14	6:11	
						ein o.			
172	128	Hannah		JR	Milligan	·1-	19:15	6:12 6:12	
173	129	Kara F		SR	Point Par	ĸ	19:15	6:12	
174	130	_	a Schwartz	JR	Aquinas	0	19:15	6:12	
175			Solano-McDaniel	so	_	w Orleans	19:16	6:12	
176			na Harthoorn	JR		ern (Iowa)	19:16	6:12	
177	131		Bailey	FR	College c		19:17	6:12	
178			zie McKirgan	SR		non Nazarene		6:12	
179	132		Clarke	so	SCAD Atla	inta	19:18	6:13	
180	133		on Parr	FR	Vanguard		19:18	6:13	
181	134		Young	so	St. Thoma		19:19	6:13	
182			Nadasky	FR	Siena Hei	_	19:20	6:13	
183		Lisa S	Sauter	so	Central M		19:20	6:13	
184	135	Tyler	Berge	SR	Oklahoma	City	19:20	6:13	
185		Lexi J	Jackson	FR	Indiana K	Cokomo	19:20	6:13	
186	136	Megan	Grady	so	St. Ambro	se	19:20	6:14	

	wome	n's 5K Seminole Valley Park	C - Cedar R	apids, IA 11/16/2018	Overcast, Wind WNW 10-15mph & 32°
Place	Score	Name	Year	School	Time Pace mpm
187	137	Raeanna Pabon	SO	Southeastern U.	19:21 6:14
188	138	Tiana Schroeder	FR	Dordt	19:24 6:15
189	130	Hope Fathman	SR	Trinity Christian	19:24 6:15
190		Emma Van Meeteren	JR	Northwestern (Iowa)	19:24 6:15
191	139	Divina Flores	SR	St. Mary (Kan.)	19:25 6:15
192	140	Brittney Grove	SR	Dickinson St.	19:25 6:15
192	141	Jessica Price	JR		
193	141			Shawnee State	
	140	Angela Budach	JR	Olivet Nazarene	19:25 6:15
195	142	Keeley Knobloch	SR	St. Ambrose	19:26 6:15
196		Janeane Hernandez	JR	Baker	19:26 6:15
197	143	Sarah Wensink	SR	Dordt	19:26 6:15
198	144	McKenna Johnson	so	Mount Mercy	19:26 6:15
199		Emily Kemling	JR	Tabor	19:27 6:16
200		Miranda Almeida	SR	Soka	19:27 6:16
201	145	Annaleiz Palacios-Garcia	SR	Oklahoma City	19:28 6:16
202	146	Mei-Li Stevens	so	Rocky Mountain	19:28 6:16
203		Amber Mays	JR	Cumberland (Tenn.)	19:28 6:16
204		Penny Fenn	JR	Avila	19:28 6:16
205	147	Andrea Ertz	JR	Mount Mercy	19:29 6:16
206		Whitneigh Drown	FR	William Woods	19:30 6:17
207	148	Breanna Barney	SR	MidAmerica Nazarene	19:30 6:17
208	149	Megan Theismann	SO	Indiana Tech	19:31 6:17
209		Aubrey Johnson	SO	Blue Mountain	19:31 6:17
210	150	Sienna De Jong	so	Dordt	19:31 6:17
211		Autumn Muilenburg	FR	Northwestern (Iowa)	19:32 6:17
212		Melissa Gonzalez	JR	Texas Wesleyan	19:33 6:18
213		Roshae Burrell	JR	Science & Arts	19:33 6:18
214		Michaela Elmer	SR	Ave Maria	19:33 6:18
215	151	Lesly Marcin	so	St. Thomas (Fla.)	19:33 6:18
216	152	Aleisha McDonald	FR	Hastings	19:35 6:18
217	153	Chloe Gunn	SR	St. Ambrose	19:35 6:18
218		Abigayle Gawthorp	JR	Cumberland (Tenn.)	19:35 6:18
219	154	Nikki Wilson	so	Indiana Tech	19:35 6:18
220		Ashley Toschlog	JR	Indiana East	19:35 6:18
221		Ivie Nobles	JR	Truett-McConnell	19:36 6:18
222		Taylor Blankenship	SR	Cumberland (Tenn.)	19:36 6:19
223	155	Charleen Mascote	SO	St. Francis (Ill.)	19:37 6:19
224	156	Bethany Marteeney	so	College of the Ozarks	
225	157	Emily Erickson	FR	Mount Mercy	19:39 6:20
225	137	Valentina Cvrk	FR	UC Merced	19:40 6:20
227	158	Emma Duncan	FR	St. Ambrose	19:41 6:20
228	159	Erin Bandstra	JR	Dordt	19:42 6:20
229	160	Claire Duncan	FR	St. Ambrose	19:42 6:20
230	1.61	Margaret Hamilton	JR	Blue Mountain	19:42 6:20
231	161	Callie Johnson	FR	Lewis-Clark	19:43 6:21
232	162	Hayley Newman	JR	Indiana Tech	19:43 6:21
233		Rosa Cisneros	JR	Tennessee Wesleyan	19:44 6:21
234	163	Danielle Van Zanten	so	Dordt	19:44 6:21
235	164	Lisa Townsend	JR	Dickinson St.	19:44 6:21
236	165	Mikayla Sehlmeyer	so	Columbia (Mo.)	19:44 6:21
237		Rachel Gallison	JR	Tennessee Wesleyan	19:44 6:21
238	166	Alexis McConnell	SO	Cornerstone	19:45 6:21
239	167	Nicole Mundy	SR	Hastings	19:45 6:22
240	168	Alexis Lombardo	JR	Indiana Tech	19:46 6:22
241	169	Mariah Stein	SR	St. Mary (Kan.)	19:46 6:22
242	170	Kelsey Mowrey	FR	Milligan	19:46 6:22
243	171	Shaniah Begley	SR	Shawnee State	19:47 6:22
244		Harley Nale	so	William Woods	19:49 6:23
245	172	Jana Hossein	FR	Madonna	19:50 6:23
246	173	Naomi Payne	so	Columbia (Mo.)	19:51 6:23
247	174	Amanda Sorokin	JR	Cornerstone	19:51 6:23
248	175	Sarah Foreman	FR	SCAD Savannah	19:52 6:24
249	176	Paitton Herbst	SR	Dickinson St.	19:52 6:24
250		Marissa Widener	JR	Waldorf	19:53 6:24
251		Alicia Engelbrecht	FR	William Woods	19:53 6:24
252	177	Bre Rodriguez	JR	St. Francis (Ill.)	19:54 6:24
253	178	Moriah Duenich	so	Northwest Christian	19:54 6:24
254		Naomy Lagat	FR	Park U.	19:55 6:25
255	179	Makayla Mudloff	JR	Hastings	19:56 6:25
256		Sarah White	JR	Benedictine (Kan.)	19:57 6:25
257	180	MacY Peterson	SO	Southeastern U.	19:57 6:25
258	181	Emily Moon	SR	Northwest Christian	19:59 6:26
259	182	Shelby Stouffer	JR	St. Mary (Kan.)	20:00 6:26
260	183	Gabbrielle Robinson	JR	SCAD Atlanta	20:00 6:20
261	100	Karina Martinez	SR	UC Merced	20:01 6:27
262	184	Reba Bartram	FR	Point Park	20:02 6:27
262	185	Mallory Spencer	SO	Shawnee State	20:03 6:27
263 264	100	Mia Rodriguez	FR	Campbellsville	20:03 6:27
		MIG ROULIGUEZ	rĸ	cambnerravirre	20.01 0:2/

	Wome	n's 5K	Seminole Valley Park -	Cedar R	Rapids, IA	11/16/2018	Overcast, Wind WNW	/ 10-15mph & 32°
Place	Score	Name		Year	School		Time	Pace mpm
265	186	Toda S	St John	FR	SCAD Sava	annah	20:06	6:28
266	187		Eisele	SO		ca Nazarene	20:06	6:28
267	107		MacAwili	FR		as (Tex.)	20:08	6:29
268	188		Falcon	so	Dickinson		20:08	6:29
269	189		nh Renninger	FR	Indiana '		20:10	6:29
270	190	_	on Secord	JR	Cornerst		20:10	6:29
271	191	Joy Fu		JR		ddle Arizona	20:12	6:30
272	192	_	ny Edgar	so	_	of the Ozarks		6:30
273	193		heeler	FR	William (		20:13	6:31
274	194		lerrera	FR	Southwest	-	20:14	6:31
275			sa Weitkum	JR		ity State	20:15	6:31
276	195	_	smith	so	Dickinson	-	20:15	6:31
277	196	-	ia Vegher	so	Columbia		20:16	6:31
278	197		oe Ortega	so		as (Fla.)	20:16	6:32
279	198		ney Pansza	SR	SCAD Sav		20:17	6:32
280	199	Kelsi	Huhndorf	FR	Mount Me:	rcy	20:18	6:32
281	200	Briann	na Jury	so	Northwest	t Christian	20:18	6:32
282		Sharon	n Kemboi	FR	Science	& Arts	20:18	6:32
283	201	Julian	na Colon	so	Indiana '	Tech	20:19	6:32
284	202	Cody S	Selvage	so	Hastings		20:19	6:32
285	203	Jenych	na Rivera	JR	Southeas	tern U.	20:20	6:33
286	204	Kara K	Cline	FR	Indiana '	Tech	20:24	6:34
287	205	Diana	Gorin	SR	SCAD Sava	annah	20:25	6:34
288	206	Lariss	sa Saarel	FR	Rocky Mo	untain	20:26	6:35
289	207	Ashlyr	n Holliday	FR	William (	Carey	20:27	6:35
290	208	Maddis	on Welch	FR	Southeas	tern U.	20:29	6:35
291	209	Carrie	Cota	JR	Rocky Mo	untain	20:29	6:36
292	210	Tanya	Pavez	JR	Wayland 1	Baptist	20:30	6 <b>:</b> 36
293	211	Jozi E	Brown	FR	Shawnee	State	20:30	6:36
294	212	Hannah	n Duncan	JR	College	of the Ozarks	20:32	6:36
295	213	Sienna	a Schmidt	so	_	ca Nazarene	20:32	6:37
296	214	Taylor	· Williams	so	Wayland 1	Baptist	20:34	6:37
297		_	Naegele	FR	_	eorgia State	20:36	6:38
298	215		ria Messer	FR		t Christian	20:37	6:38
299	216		Campbell	FR	St. Mary		20:37	6:38
300	217		ha Croghan	JR	Mount Me:		20:39	6:39
301	218	Alex E	Barr	so	Point Pa		20:42	6:40
302	219		1 Lopez	so	Lewis-Cla		20:42	6:40
303	220		ela Gutierrez	so		as (Fla.)	20:43	6:40
304	221	Alyssa		so	Point Pa:		20:44	6:40
305		_	Gandara	so		of the Lake	20:44	6:40
306	222	Guan-Y	in Stevens	so	Rocky Mo		20:45	6:41
307	223	Sarah		FR	Vanguard		20:49	6:42
308	224		ne Holder	so	_	of the Ozarks		6:42
309	225	Megan		so	Columbia		20:52	6:43
310	226		ny Hinson	JR	Vanguard		20:56	6:44
311	227	Denise	Ricaldi	JR	William (	Carey	21:00	6:45
312		Ariel	Galoff	so	Silver La	ake	21:01	6:46
313	228	Brenna	Stratton	FR	Cornerst	one	21:03	6:47
314	229	Janice	Garcia	JR	Hastings		21:09	6:48
315	230	Alisae	Gomez	so	Southwest	t (N.M.)	21:20	6:52
316	231	Ellie	Palm	SR	Southeas	tern U.	21:23	6:53
317		Alexan	ndria Gonzales	SR	St. Thoma	as (Tex.)	21:27	6:54
318	232	Kaelyr	n Smith	so	St. Mary	(Kan.)	21:30	6:55
319		Angela	a Klukken	SR	Indiana	University No	orthwest 21:34	6:56
320		Anika	Francis	so	Haskell :	Indian Nation	ıs 21:35	6:57
321	233		Murrell	SR	College (	of the Ozarks	21:51	7:02
322	234	Maliya	a Vaughan	JR	Xavier-L	ouisiana	21:51	7:02
323	235	April	Sandoval	so	Southwest	t (N.M.)	21:56	7:03
324	236	Madaly	n Ford	so	Columbia	(Mo.)	21:56	7:04
325	237	Aspyn	Britt	FR	College (	of the Ozarks	22:07	7:07
326	238	Mary 2	Zimmerman	FR	College (	of the Ozarks	22:08	7:07
327	239	Alexar	ndria Adams	JR	Southwest	t (N.M.)	22:11	7:08
328	240	Arnanc	y Arnold	so	William (	Carey	22:12	7:09
329	241	Kimber	rly Ramirez	JR	William (	Carey	22:14	7:09
330		Briann	na Alexander	so	Philande:	r Smith	22:17	7:10
331		Tavia	Hart	so	Haskell :	Indian Nation	s 22:19	7:11
332	242	Taylor	Price	JR	Xavier-L	ouisiana	22:30	7:15
333	243	Briann	na Pace	SR	Xavier-L	ouisiana	22:36	7:16
334	244	Kaylei	gh Blevins	FR	Shawnee	State	22:40	7:18
335	245	Mariss	sa Sandoval	so	Southwest	t (N.M.)	22:53	7:22
336	246	Karla	Prieto	SR	Southwest	t (N.M.)	22:56	7:23
337	247	Andrea	Grant	SR	Southwest	t (N.M.)	23:47	7:39
338	248	Ky'Rec	on McBride	FR	Xavier-L	ouisiana	24:38	7:56
339		Hydeia	Barney	SR	Dillard		24:47	7:59
340	249	Mariah	1 Cox	FR	Xavier-L	ouisiana	25:47	8:18
341	250	Brisa	Lonsdale	FR	Vanguard		26:52	8:39

	Women's 5K Seminole	Valley Park -	Ocuai itt	ipids, IA 11/16	/2018 Overcast, Wind WNW 10	-Tompn & 3	)
Place	Name	Time	mpm	Place	Name	Time :	mpm
1) Ore	gon Tech	Score	= 125	9) Way	yland Baptist	Score =	289
4	Susie Garza, SR	17:36	5:40	17	Jackline Jemeli, SR	17:57	5:47
5	Cindy Reed, SR	17:37	5:40	31	Teresha Jacobs, JR	18:13	5:52
12	Danielle De Castro, SR	17:49	5:44	32	Jackline Cherono, SO	18:14	5:52
48	Annika Andersen, SR	18:26	5:56	94	Prudence Kiyeng, FR	18:58	6:06
56	Faith Widman, FR		5:57	115	Tiffany Cano, SR	19:08	
74	Hannah Mason, FR		6:01	210	Tanya Pavez, JR	20:30	
109	Mallory Ward, JR		6:09	214	Taylor Williams, SO	20:34	
2) Made		Score			vis-Clark	Score =	
13	Alison Shapic, JR		5:45	20	Emily Adams, SO	18:00	5:48
14	Christina Murphy, SO		5:45	28	Rebecca Saxton, SO	18:06	
23	MacKenzie Gurne, JR		5:48	79	Dallas Borrego, FR	18:45	
39	Kateri Mills, SO	18:19	5:54	118	Rylee Brown, FR	19:11	6:10
43	Kathleen George, SO	18:23	5:55	126	Jessiny Howard, SO	19:14	6:11
57	Caroline George, SO	18:29	5:57	161	Callie Johnson, FR	19:43	6:21
172	Jana Hossein, FR	19:50	6:23	219	Evelin Lopez, SO	20:42	6:40
3) Tay	lor	Score	= 134	11) Co	llege of Idaho	Score =	374
10	Sarah Harden, SO		5:43	61	Larissa Mauer, FR	18:31	
24	Alex Berends, SR	18:01		65	Kaitlyn Schut, SR	18:35	5:59
26	_			73	= -		6:01
	Taylor Bluemel, JR		5:49		Tamika Russell, SR	18:42	
33	Rachel Blagg, SR		5:52	78	Erin Moyer, SO	18:44	
41	Olivia Schroder, SO	18:22		97	Kathryn Craig, JR	19:00	
55	Mae Elizabeth Gimre, SR		5:57	99	Cheylah Volkers, FR	19:01	6:07
66	Corinne O'Leary, FR	18:35	5:59	131	Ciera Bailey, FR	19:17	6:12
4) Sou	thern Oregon	Score	= 192	12) Mil	lligan	Score =	374
22	Kayle Blackmore, SR	18:01	5:48	9	Jacquelyn Crow, SR	17:45	5:43
25	Jenna Storms, SR	18:02	5:48	67	Erica Stone, JR	18:36	5:59
30	Ariana Toland, SO		5:51	77	Gabrielle Mardis, FR	18:44	
47	Braana Weber, SR		5:56	96		19:00	6:07
	-				Avery Dewolf, FR		
68	Lauren Fillipow, SO		6:00	125	Bekah Owen, FR	19:14	
106	Sydnee Kizziar, FR	19:05		128	Hannah Bell, JR	19:15	6:12
116	Shayla Potratz, SO	19:10	6:10	170	Kelsey Mowrey, FR	19:46	6:22
5) SCA	D Atlanta	Score	= 241	13) Ok	lahoma City	Score =	382
2	Emily Kearney, JR	17:19	5:35	3	Lydia Mato, SR	17:30	5:38
15	Sandra Pflughoft, FR	17:53	5:45	71	Natalie Dryden, FR	18:39	6:00
21	Natalie Stepanian, FR	18:00	5:48	83	Kassidy Williams, SR	18:48	6:03
81	Maddie Mullen, SR	18:46	6:02	101	Alexas Vargas, JR	19:02	6:07
122	Kalie Demerjian, SR		6:11	124	Sheridan Hoyer, JR	19:13	6:11
132	Katie Clarke, SO		6:13	135	Tyler Berge, SR	19:20	6:13
183	Gabbrielle Robinson, JR		6:27	145	Annaleiz Palacios-Garcia, S		
C) 3	i	9.5	- 242	14) To	liana Waglassa	d <del>a o</del> o o	422
6) Aqu	unas Alexis Miller, SR	Score 17:38		14) Ind	liana Wesleyan Rebecca Groh, SR	Score = 18:31	
45	Tannah Adgate, SO		5:55		Yvette Rojas, JR	18:32	
				63 95			
50 70	Gabby Brandonisio, SO	18:26		95 107	Christina Magers, FR	18:59	
70	Hannah Adler, FR	18:39		107	Lexi Echelberry, SO	19:06	
72				108	Annie McBeath, SO		6:09
	Whitney Taylor, SO	18:40				19:06	
85	Melissa Winchester, SR	18:49	6:04	112	Erin Couwenhoven, JR	19:07	
85 130		18:49		112 117			
130	Melissa Winchester, SR Alyssa Schwartz, JR	18:49 19:15	6:04 6:12	117	Erin Couwenhoven, JR Erica Stutsman, FR	19:07 19:11	6:10
130 7) Emb:	Melissa Winchester, SR Alyssa Schwartz, JR ry-Riddle Arizona	18:49 19:15 Score	6:04 6:12 = 258	117 15) Con	Erin Couwenhoven, JR Erica Stutsman, FR rnerstone	19:07 19:11 Score =	6:10 453
130 7) Emb: 16	Melissa Winchester, SR Alyssa Schwartz, JR ry-Riddle Arizona Keili Dorn, SR	18:49 19:15 Score 17:53	6:04 6:12 = 258 5:45	117 15) Con 18	Erin Couwenhoven, JR Erica Stutsman, FR  rnerstone Kelli Smith, JR	19:07 19:11 Score = 17:57	6:10 = 453 5:47
130  7) Emb: 16 35	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR	18:49 19:15 Score 17:53 18:16	6:04 6:12 = 258 5:45 5:53	117 15) Con 18 37	Erin Couwenhoven, JR Erica Stutsman, FR  rnerstone Kelli Smith, JR Sierra Albus, SO	19:07 19:11 Score = 17:57 18:18	6:10 = 453 5:47 5:53
7) Emb: 16 35 38	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR	18:49 19:15 Score 17:53 18:16 18:18	6:04 6:12 = 258 5:45 5:53 5:53	117 15) Con 18 37 58	Erin Couwenhoven, JR Erica Stutsman, FR  rnerstone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR	19:07 19:11 Score = 17:57 18:18 18:30	6:10 453 5:47 5:53 5:57
7) Emb: 16 35 38 59	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR	18:49 19:15 Score 17:53 18:16 18:18 18:30	6:04 6:12 = 258 5:45 5:53 5:53 5:57	117 15) Con 18 37 58 166	Erin Couwenhoven, JR Erica Stutsman, FR  rnerstone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO	19:07 19:11 Score = 17:57 18:18 18:30 19:45	6:10 453 5:47 5:53 5:57 6:21
7) Emb: 16 35 38 59 110	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07	6:04 6:12 = 258 5:45 5:53 5:53 5:57 6:09	117 15) Con 18 37 58 166 174	Erin Couwenhoven, JR Erica Stutsman, FR  THERSTONE  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51	6:10  453 5:47 5:53 5:57 6:21 6:23
7) Emb: 16 35 38 59 110 121	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07	6:04 6:12 = 258 5:45 5:53 5:53 5:57 6:09 6:11	117 15) Con 18 37 58 166 174 190	Erin Couwenhoven, JR Erica Stutsman, FR  THERSTONE  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10	6:10 453 5:47 5:53 5:57 6:21 6:23 6:29
7) Emb: 16 35 38 59 110	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07	6:04 6:12 = 258 5:45 5:53 5:53 5:57 6:09	117 15) Con 18 37 58 166 174	Erin Couwenhoven, JR Erica Stutsman, FR  THERSTONE  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10	6:10  453 5:47 5:53 5:57 6:21 6:23
7) Emb: 16 35 38 59 110 121 191	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30	117 15) Con 18 37 58 166 174 190	Erin Couwenhoven, JR Erica Stutsman, FR  Enerstone Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03	6:10 = 453 5:47 5:53 5:57 6:21 6:23 6:29 6:47
7) Emb: 16 35 38 59 110 121 191 8) St.	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.)	18:49 19:15 Score 17:53 18:16 18:18 19:07 19:12 20:12	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30	117  15) Cor 18 37 58 166 174 190 228	Erin Couwenhoven, JR Erica Stutsman, FR  CHESTONE  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03	6:10  = 453 5:47 5:53 5:57 6:21 6:23 6:29 6:47
7) Emb: 16 35 38 59 110 121 191 8) St.	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR	18:49 19:15 Score 17:53 18:16 18:30 19:07 19:12 20:12 Score 18:18	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53	117 15) Cor 18 37 58 166 174 190 228 16) Dor	Erin Couwenhoven, JR Erica Stutsman, FR  COUNTY OF THE PROOF OF THE PR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49	6:10  - 453 - 5:47 - 5:53 - 5:57 - 6:21 - 6:23 - 6:29 - 6:47  - 493 - 5:44
7) Emb: 16 35 38 59 110 121 191 8) St. 36 40	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR Sabrina Baftiri, SO	18:49 19:15 Score 17:53 18:16 18:18 19:07 19:12 20:12 Score 18:18 18:19	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53 5:54	117  15) Cor 18 37 58 166 174 190 228  16) Dor 11 51	Erin Couwenhoven, JR Erica Stutsman, FR  Concretone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR  Cott Annechiena Knevelbaard, JR Olivia Couch, JR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49 18:27	6:10  - 453 - 5:47 - 5:53 - 5:57 - 6:21 - 6:23 - 6:29 - 6:47  - 493 - 5:44 - 5:56
7) Emb: 16 35 38 59 110 121 191  8) St. 36 40 46	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR Sabrina Baftiri, SO Laisha Corona, SO	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07 19:12 20:12 Score 18:18 18:19 18:25	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53 5:54 5:56	117  15) Cor 18 37 58 166 174 190 228  16) Dor 11 51 138	Erin Couwenhoven, JR Erica Stutsman, FR  Friera Stutsman, FR  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR  Folt  Annechiena Knevelbaard, JR Olivia Couch, JR Tiana Schroeder, FR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49 18:27 19:24	6:10  453 5:47 5:53 5:57 6:21 6:23 6:29 6:47  493 5:44 5:56 6:15
7) Emb: 16 35 38 59 110 121 191 8) St. 36 40 46 64	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR Sabrina Baftiri, SO Laisha Corona, SO Taylor Conroy, JR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07 19:12 20:12 Score 18:18 18:19 18:25 18:34	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53 5:54 5:56 5:59	117  15) Cor 18 37 58 166 174 190 228  16) Dor 11 51 138 143	Erin Couwenhoven, JR Erica Stutsman, FR  Enerstone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR  Edt Annechiena Knevelbaard, JR Olivia Couch, JR Tiana Schroeder, FR Sarah Wensink, SR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49 18:27 19:24 19:26	6:10  453 5:47 5:53 5:57 6:21 6:23 6:29 6:47  493 5:44 5:56 6:15 6:15
7) Emb; 16 35 38 59 110 121 191  8) St. 36 40 46 64 75	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR Sabrina Baftiri, SO Laisha Corona, SO Taylor Conroy, JR Veronica Navarrete, SO	18:49 19:15  Score 17:53 18:16 18:18 18:30 19:07 19:12 20:12  Score 18:18 18:19 18:25 18:34 18:43	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53 5:54 5:55 5:59 6:01	117  15) Cor  18 37 58 166 174 190 228  16) Dor  111 51 138 143 150	Erin Couwenhoven, JR Erica Stutsman, FR  Enerstone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR  Edt  Annechiena Knevelbaard, JR Olivia Couch, JR Tiana Schroeder, FR Sarah Wensink, SR Sienna De Jong, SO	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49 18:27 19:24 19:26 19:31	6:10  453 5:47 5:53 6:21 6:23 6:29 6:47  493 5:44 5:56 6:15 6:15 6:17
7) Emb: 16 35 38 59 110 121 191  8) St. 36 40 46 64	Melissa Winchester, SR Alyssa Schwartz, JR  ry-Riddle Arizona Keili Dorn, SR Rachel Chrisman, SR Ariana Anderson, FR Jessica Embro, SR Caroline Sloan, FR Meah Wilson, FR Joy Fucella, JR  Francis (Ill.) Ashlee Knott, SR Sabrina Baftiri, SO Laisha Corona, SO Taylor Conroy, JR	18:49 19:15 Score 17:53 18:16 18:18 18:30 19:07 19:12 20:12 Score 18:18 18:19 18:25 18:34 18:43 19:37	6:04 6:12 = 258 5:45 5:53 5:57 6:09 6:11 6:30 = 261 5:53 5:54 5:56 5:59 6:01	117  15) Cor 18 37 58 166 174 190 228  16) Dor 11 51 138 143	Erin Couwenhoven, JR Erica Stutsman, FR  Enerstone  Kelli Smith, JR Sierra Albus, SO Valerie Richter, SR Alexis McConnell, SO Amanda Sorokin, JR Madison Secord, JR Brenna Stratton, FR  Edt Annechiena Knevelbaard, JR Olivia Couch, JR Tiana Schroeder, FR Sarah Wensink, SR	19:07 19:11 Score = 17:57 18:18 18:30 19:45 19:51 20:10 21:03 Score = 17:49 18:27 19:24 19:26	6:10  453 5:47 5:53 6:21 6:23 6:29 6:47  493 5:44 5:56 6:15 6:15 6:17 6:20

Place   Name		Women's 5K Seminole	Valley Park -	Cedar Rap	ids, IA 11/16	/2018 Overcast, Wind WNW 1	0-15mph & 3	32°
13   Cassandra Brownell, JR	Place	Name	Time	mpm	Place	Name	Time r	npm
13	17) Nor	thwest Christian	Score :	= 500	25) St.	Mary (Kan.)	Score =	611
99 Anika Rasubala, JR 18:38 6:00 139 Divina Flores, SR 19:25 6:15 118 Moriah Duenich, SO 19:54 6:24 169 Mariah Stein, SR 19:66 6:22 121 Emily Moon, SR 19:59 6:26 122 Shelmy Stoutfer, JR 20:00 6:26 215 Victoria Measur, FR 20:17 6:28 216 Shelmy Stoutfer, JR 20:00 6:26 215 Victoria Measur, FR 20:17 6:38 216 Shelmy Stoutfer, JR 20:00 6:26 215 Victoria Measur, FR 20:17 6:38 201	19	Cassandra Brownell, JR	18:00	5:48	8	Kailtyn Shoemaker, SR	17:42	5:42
178	53	Melissa Rios, SR	18:29	5:57	113	Brittany White-Dold, JR	19:07	6:09
181 Emily Moon, SR	69	Anika Rasubala, JR	18:38	6:00	139	Divina Flores, SR	19:25	6:15
200 Briamma Jury, SO 20137 6:38 215 Victoria Messer, FR 20137 6:38 216 Emaa Campbell, FR 20137 6:38 218 Lealyn Smith, SO 219 College Briad Residence FR 20137 6:38 218 Call Residence FR 20137 6:38 218 Alysea Campbell, FR 201416 5:10 129 Kara Rohlf, SR 1915 6:10 129 Kara Rohlf, SR 1915 6:12 140 Maintisture FR 2013 6:27 210 Courteny Hallock, SO 19128 6:16 129 Kara Rohlf, SR 1915 6:12 140 Maintisture FR 2013 6:27 210 Courteny Hallock, SO 19128 6:16 129 Kara Rohlf, SR 1915 6:12 120 Maintisture FR 2013 6:27 200 Carrie Cotta, JR 20128 6:16 129 Call State Free FR 2014 6:10 222 Call State FR 2014 6:10 222 Call State FR 2014 6:10 222 Call State FR 2015 6:12 140 Maintisture FR 2015 6:12 140 Maintisture FR 2016 6:16 150 Maintisture FR 2017 6:16 150 Maintisture FR 2018 6:17 150 Maintisture FR 2019 FR 20	178	Moriah Duenich, SO	19:54	6:24	169	Mariah Stein, SR	19:46	6:22
18  Point Park   20:37 6:38   232   Kaelyn Smith, SO   21:30 6:35	181	Emily Moon, SR	19:59	6:26	182	Shelby Stouffer, JR	20:00	6:26
10   Point Park	200	Brianna Jury, SO	20:18	6:32	216	Emma Campbell, FR	20:37	6:38
1 Anna Shields, SR	215	Victoria Messer, FR	20:37	6:38	232	Kaelyn Smith, SO	21:30	6:55
1 Anna Shields, SR	18) Poi	nt Park	Score :	= 503	26) Roc	ky Mountain	Score =	619
184   Alyssa Campbell, FR   18:19   6:03   88   Sydney Little Light, FR   18:15   6:104   105   Katie Guarnaccia, SR   19:03   6:08   93   Courtney Hallock, SO   18:75   6:06   129   Kara Rohlf, SR   19:15   6:12   146   Mei-Li Stevens, SO   19:28   6:115   6:12   146   Mei-Li Stevens, SO   19:28   6:135   6:135   12:18								
105 Katie Guarnaccia, SR 19:03 6:08 93 Courtney Hallock, SO 19:28 6:16 22 146 Mei-Li Stevens, SO 19:28 6:16 128 4 Reba Bartram, FR 20:03 6:27 206 Larissa Saarel, FR 20:26 6:15 218 Alex Bart, SO 20:42 6:40 209 Carrie Cota, JR 20:29 6:36 221 Alyssa Boyd, SO 20:44 6:40 222 Guan-Yin Stevens, SO 20:45 6:41 222 Guan-Yin Stevens, SO 20:45 6:42 222 Guan-Yin St		-						
129   Kara Rohlf, SR		= = = = = = = = = = = = = = = = = = = =						
184 Reba Bartran, FR						<del>-</del>		
212 Alyssa Boyd, SO  20:42 6:40  20:9 Carrie Cota, JR  20:21 Alyssa Boyd, SO  20:44 6:40  222 Quan-Tin Stevens, SO  20:45 6:41  250 MidAmerica Nazarene  Score = 500  76 Rachel White, SR  18:48 6:03  86 Karene Keech, JR  18:48 6:03  88 Kandra Alsup, SO  19:00 6:10  19:01 6:10  20:02 6:37  20:02 Janice Garcia, JR  20:02 6:38  20:02 Janice Garcia, JR  20:02 Janic								
221 Alyssa Boyd, SO						-		
18								
18						*		
82 Lila Dreves, JR 18:48 6:03 80 Karsen Keech, JR 18:45 6:02 80 Karsen Keech, JR 19:35 6:018 104 Kaylee Shanley, SO 19:00 6:07 152 Aleiaha McDonald, FR 19:35 6:018 104 Kaylee Shanley, SR 19:03 6:08 167 Nicole Mundy, SR 19:45 6:22 187 Faith Eisele, SO 20:06 6:28 202 Cody Selvage, SO 20:19 6:32 13 Stenna Schmidt, SO 20:32 6:37 229 Janice Garcia, JR 21:09 6:42 201 22 20 2 2 2 2 2 2 2 2 2 2 2 2 2 2								
194   Kandra Alsup, SO								
104		-						
148 Breanns Barney, SR 19:30 6:17 179 Makayla Nudloff, JR 19:56 6:25 187 Faith Eisele, SO 20:06 6:28 202 Cody selvage, SO 20:19 6:32 213 Sienna Schmidt, SO 20:03 6:37 229 Janice Garcia, JR 21:09 6:48 203 SCAD Savannah Score = 518 283 Shawnes State Score = 632 7 Lemi Wutz, SO 17:39 5:41 44 Marisas Smith, SO 18:23 5:55 27 Jessy Scarpone, SR 18:06 5:49 91 Jessica Price, JR 19:25 6:15 175 Sarah Foreman, FR 19:52 6:24 171 Shaniah Begley, SR 19:47 6:22 5:15 175 Sarah Foreman, FR 19:52 6:24 171 Shaniah Begley, SR 19:47 6:22 5:05 Diana Gorin, SR 20:12 6:32 211 Jozi Brown, FR 20:30 6:28 185 Mallory Spencer, SO 20:03 6:27 198 Courtney Pansza, SR 20:17 6:32 211 Jozi Brown, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 20:40 6:38 185 Mallory Spencer, SO 20:03 6:27 29 Julia Rohm, FR 18:08 5:57 29 Julia Rohm, FR 20:29 6:33 220 Gabriela Gutierrez, SO 20:16 6:32 208 Maddison Welch, FR 20:29 6:33 220 Gabriela Gutierrez, SO 20:16 6:32 208 Maddison Welch, FR 20:29 6:35 6:40 231 Ellie Palm, SR 20:29 6:35 6:40 231 Ellie Palm, SR 20:29 6:35 6:34 244 4 18:50 4		= -				-		
187		= = = = = = = = = = = = = = = = = = = =				= -		
20) SCAD Savannah Score = 518 7 Lemi Wutz, SO 17:39 5:41 7 Lemi Wutz, SO 17:39 5:41 8 44 Marissa Smith, SO 18:23 5:55 27 Jessy Scarpone, SR 18:06 5:49 91 Jessica Cook, FR 18:53 6:05 17:5 Sarah Foreman, FR 19:52 6:24 171 Shaniah Begley, SR 19:47 6:22 186 Tess St John, FR 20:06 6:28 185 Mallory Spencer, SR 20:27 6:32 20:17 6:32 20:17 6:32 20:17 6:32 20:18 Thomas Grian 20:18 Courtney Pansza, SR 20:17 6:32 20:19 Liana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 20:30 6:36 20:5 Diana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 20:30 6:36 20:5 Sarah Bomkamp, SR 18:55 6:05 127 Relai Ogilvie, SO 19:16 6:13 128 Andrea Peterson, JR 18:29 5:57 29 Julia Rohm, FR 18:08 5:50 129 Sarah Bomkamp, SR 18:55 6:05 127 Relai Ogilvie, SO 19:16 6:13 120 Andrea Peterson, JR 19:02 6:08 137 Resaman Pabon, SO 19:17 6:13 197 Callyope Ortega, SO 20:16 6:32 200 Maddison Welch, FR 20:29 6:35 220 Gabriela Gutlerrez, SO 20:36 6:40 231 Ellie Palm, SR 20:29 6:35 220 Gabriela Gutlerrez, SO 20:36 6:40 231 Ellie Palm, SR 20:29 6:35 220 Gabriela Gutlerrez, SO 20:43 6:40 231 Ellie Palm, SR 20:29 6:35 220 Gabriela Gutlerrez, SO 20:43 6:40 231 Ellie Palm, SR 20:29 6:35 220 Gabriela Gutlerrez, SO 20:43 6:40 231 Ellie Palm, SR 20:29 6:35 215 Ambroso 220 St. Ambroso 230 19:26 6:15 160 Megan Grady, SO 19:36 6:14 144 Moly Sears, JR 19:05 6:16 176 Paltone, SR 19:15 6:15 185 Emma Duncan, FR 19:16 6:13 186 Megan Grady, SO 19:17 6:12 187 Marcinn, SR 19:18 6:10 188 Emma Duncan, FR 19:18 6:13 189 Marissa Thompson, SO 18:15 5:52 49 Brianna Haller, FR 19:16 6:13 180 Megan Grady, SO 19:15 6:15 181 Marcin Palmon, SR 19:16 6:15 182 Marcin Palmon, SR 19:16 6:15 184 Marcin Palmon, SR 19:16 6:15 185 Emma Duncan, FR 19:18 6:13 187 Naomi Payne, SO 19:15 6:15 189 Marissa Thompson, SO 18:15 5:52 49 Brianna Haller, FR 19:16 6:13 173 Madison Parr, FR 19:18 6:13 174 Advent Palmon, SR 19:18 6:14 184 McKenna Johnson, SO 19:35 6:18 185 Marissa Thompson, SO 19:35 6:18 185 Marissa Thompson, SO 19:35 6:18 185 Marissa Thompson, SO 19:35 6:18 184 McKenna Johnson, SO 19:36 6:26 189 M		= ·						
28   Shawnes State   Score = 542   7   Leni Wutz, SO								
7 Lemi Wutz, SO 17:139 5:41 44 Martsea Smith, SO 18:23 5:55 27 Jessy Scarpone, SR 18:06 5:49 91 Jessica Cook, FR 18:53 6:05 123 Hannah Sharp, SO 19:13 6:11 141 Jessica Price, JR 19:25 6:15 175 Sarah Foreman, FR 19:55 6:24 171 Shaniah Beglay, SR 19:47 6:32 186 Tess St John, FR 20:06 6:28 185 Mallory Spencer, SO 20:03 6:27 198 Courtney Pansza, SR 20:17 6:32 211 Jozi Brown, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 22:40 7:18 21) St. Thomas (Fla.) Score = 531 22) Susana Gutierrez, JR 18:29 5:57 29 Julia Rohm, FR 18:08 5:50 22 Susana Gutierrez, JR 19:02 6:08 137 Reseana Pabon, SO 19:14 6:11 102 Andrea Peterson, JR 19:02 6:08 137 Reseana Pabon, SO 19:15 6:15 134 Sofia Young, SO 19:13 6:18 203 Jenycha Rivera, JR 20:20 6:33 197 Calyope Ortega, SO 20:16 6:32 208 Maddison Welch, FR 20:29 6:35 220 Gabriela Gutierrez, SO 20:43 6:40 231 Ellie Palm, SR 21:23 6:53 22) St. Ambrose Score = 575 54 Ashley Flumb, JR 18:29 5:57 100 Jacey Mison, JR 19:08 6:09 54 Ashley Flumb, JR 18:29 5:57 100 Jacey Mison, JR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 114 Emily Kuehn, FR 19:08 6:09 54 Ashley Flumb, JR 18:52 6:04 119 Faiton Reference Company Fr 19:44 6:20 195 Bailey Smith, SO 20:15 6:31 103 Claire Duncan, FR 19:46 6:15 164 Lisa Townsend, JR 19:46 6:22 34 Secondary, SO 19:26 6:15 164 Lisa Townsend, JR 19:44 6:21 153 Chloe Gunn, SR 19:35 6:18 176 Paitton Herbst, SR 19:55 6:56 89 Marissa Thompson, SO 18:55 6:94 119 Fia Von Keutz, SO 19:12 6:11 103 Avery Dorff, FR 19:02 6:08 16:15 164 Lisa Townsend, JR 19:44 6:21 150 Flumbia Marissa Thompson, SO 18:55 6:04 119 Fia Von Keutz, SO 19:15 6:31 123 Vanegard Score SSZ 19:16 6:14 19 Magan Theismann, SO 19:31 6:17 109 Flair Minson, JR 19:29 6:15 149 Magan Theismann	213	Sienna Schmidt, SO	20:32	6:37	229	Janice Garcia, JR	21:09	6:48
27 Jessy Scarpone, SR 18:06 5:49 91 Jessica Cook, FR 18:53 6:05 123 Hannah Sharp, SO 19:13 6:11 141 Jessica Price, JR 19:25 6:05 175 Sarah Foreman, FR 19:52 6:24 171 Shaniah Begley, SR 19:47 6:22 186 Tess St John, FR 20:06 6:28 185 Mallory Spencer, SO 20:03 6:36 205 Diana Gorin, SR 20:25 6:34 241 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 224 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 224 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 224 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 224 Kayleigh Blevins, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 229 Southeastern U. Score = 575 22 Susana Gutierrez, JR 18:29 5:57 29 Julia Rohm, FR 18:08 5:50 29 Sarah Bomkamp, SR 18:55 6:05 127 Kelsi Ogilvie, SO 19:14 6:11 102 Andrea Peterson, JR 19:02 6:08 137 Raeanan Pabon, SO 19:21 6:11 134 Sofia Young, SO 19:19 6:13 180 MacY Peterson, SO 19:25 6:25 151 Lesly Marcin, SO 19:13 6:18 203 Jenycha Rivera, JR 20:20 6:25 151 Lesly Marcin, SO 19:13 6:18 203 Jenycha Rivera, JR 20:20 6:35 200 Gabriela Gutierrez, SO 20:14 6:32 208 Maddison Welch, FR 20:29 6:35 220 Gabriela Gutierrez, SO 20:43 6:40 231 Ellie Fallm, SR 20:29 6:35 220 Gabriela Gutierrez, SO 19:20 6:14 140 Brittney Grove, SR 19:03 6:09 136 Megan Grady, SO 19:20 6:14 140 Brittney Grove, SR 19:25 6:15 142 Keeley Knobloch, SR 19:26 6:15 164 140 Brittney Grove, SR 19:25 6:15 142 Keeley Knobloch, SR 19:26 6:15 164 140 Brittney Grove, SR 19:25 6:15 142 Keeley Knobloch, SR 19:26 6:18 176 Painton Herbst, SR 19:25 6:15 160 Claire Duncan, FR 19:41 6:20 185 176 Painton Herbst, SR 19:52 6:24 183 Marisas Thompson, SO 18:15 5:52 49 Brianna Haller, FR 18:26 5:56 189 Marisas Thompson, SO 18:15 5:52 49 Brianna Haller, FR 18:26 5:56 19:15 19:10 6:13 19:10 6:13 19:13 6:13 173 Naomi Payne, SO 20:15 6:31 223 Sarah Gee, FR 20:49 6:42 19:6 Victoria Vegher, SO 20:15 6:31 222 Megan Korre, SO 20:15 6:31 6:31 19:33 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:18 19:35 6:1	20) SCA	AD Savannah	Score :	= 518	28) Sha	wnee State	Score =	632
123 Hannah Sharp, SO	7	Lemi Wutz, SO	17:39	5:41	44	Marissa Smith, SO	18:23	5:55
175 Sarah Foreman, FR 20:06 6:28 185 Mallory, SR 20:06 6:22 185 Mallory, SR 20:06 6:28 185 Mallory, SR 20:03 6:36 20:03 6:30 20:03 6:20 20:03 6	27	Jessy Scarpone, SR	18:06	5:49	91	Jessica Cook, FR	18:53	6:05
175 Sarah Foreman, FR 20:06 6:28 185 Mallory, SR 20:06 6:22 185 Mallory, SR 20:06 6:28 185 Mallory, SR 20:03 6:36 20:03 6:30 20:03 6:20 20:03 6	123	Hannah Sharp, SO	19:13	6:11	141	Jessica Price, JR	19:25	6:15
186 Tess St John, FR	175	= -			171			
198 Courtney Pansza, SR 20:17 6:32 211 Jozi Brown, FR 20:30 6:36 205 Diana Gorin, SR 20:25 6:34 244 Kayleigh Blevins, FR 22:40 7:18 21) St. Thomas (Fla.) Score = 531 29) Southeastern U. Score = 676 52 Susana Gutierrez, JR 18:29 5:57 29 Julia Rohm, FR 18:08 5:50 92 Sarah Bomkamp, SR 18:55 6:05 127 Kelsi Ogilvie, SO 19:14 6:11 102 Andrea Peterson, JR 19:02 6:08 137 Raeana Pabon, SO 19:21 6:14 134 Sofia Young, SO 19:19 6:13 180 MacY Peterson, SO 19:57 6:25 151 Lesly Marcin, SO 19:13 6:18 203 Jenycha Rivera, JR 20:20 6:33 197 Calyope Ortega, SO 20:16 6:32 208 Maddison Welch, FR 20:29 6:35 220 Gabriela Gutierrez, SO 20:43 6:40 231 Ellie Palm, SR 21:23 6:53 22) St. Ambrose Score = 575 30) Dickinson St. Score = 697 54 Ashley Plumb, JR 18:29 5:57 100 Jacey Wilson, JR 19:08 6:09 136 Megan Grady, SO 19:20 6:14 140 Britteny Grove, SR 19:25 6:15 142 Keeley Knobloch, SR 19:26 6:15 164 Lies Townsend, JR 19:94 6:21 153 Chloe Gunn, SR 19:46 6:21 188 Julia Falcon, SO 20:08 6:29 160 Claire Duncan, FR 19:41 6:20 188 Julia Falcon, SO 20:08 6:29 160 Claire Duncan, FR 19:14 6:20 188 Julia Falcon, SO 20:08 6:29 34 Savannah Yi, SO 18:55 6:04 19 Fai Volta Fall FR 19:08 6:09 Marissa Thompson, SO 18:55 6:04 19 Fai Volta Fall FR 19:08 6:09 16:07 6:07 6:07 6:07 6:07 6:07 6:07 6:07								
2015   Diana Gorin, SR   20:25 6:34   244   Kayleigh Blevins, FR   22:40 7:18	198				211			
52         Susana Gutierrez, JR         18:29 5:57         29         Julia Rohm, FR         18:08 5:50           92         Sarah Bomkamp, SR         18:55 6:05         127         Kelsi Ogilvie, SO         19:14 6:11           102         Andrea Peterson, JR         19:02 6:08         137         Raeanna Pabon, SO         19:21 6:14           134         Sofia Young, SO         19:19 6:13         180         MacY Peterson, SO         19:57 6:25           151         Lesly Marcin, SO         19:33 6:18         203         Jenycha Rivera, JR         20:20         20:20         20:20         6:35           220         Gabriela Gutierrez, SO         20:16 6:32         208         Maddison Welch, FR         20:29 6:35           22) St. Ambrose         Score = 575         30) Dickinson St.         Score = 694           54         Ashley Plumb, JR         18:29 5:57         100         Jacey Wilson, JR         19:01 6:07           90         Abby Sears, JR         18:52 6:04         114         Emily Kuehn, FR         19:08 6:09           136         Megan Grady, SO         19:26 6:15         164         Lisa Townsend, JR         19:125 6:15           142         Keeley Knobloch, SR         19:26 6:15         164         Lisa Townsend, JR         <		=						
52         Susana Gutierrez, JR         18:29 5:57         29         Julia Rohm, FR         18:08 5:50           92         Sarah Bomkamp, SR         18:55 6:05         127         Kelsi Ogilvie, SO         19:14 6:11           102         Andrea Peterson, JR         19:02 6:08         137         Raeanna Pabon, SO         19:21 6:14           134         Sofia Young, SO         19:19 6:13         180         MacY Peterson, SO         19:57 6:25           151         Lesly Marcin, SO         19:33 6:18         203         Jenycha Rivera, JR         20:20         20:20         20:20         6:35           220         Gabriela Gutierrez, SO         20:16 6:32         208         Maddison Welch, FR         20:29 6:35           22) St. Ambrose         Score = 575         30) Dickinson St.         Score = 694           54         Ashley Plumb, JR         18:29 5:57         100         Jacey Wilson, JR         19:01 6:07           90         Abby Sears, JR         18:52 6:04         114         Emily Kuehn, FR         19:08 6:09           136         Megan Grady, SO         19:26 6:15         164         Lisa Townsend, JR         19:125 6:15           142         Keeley Knobloch, SR         19:26 6:15         164         Lisa Townsend, JR         <	21) G+	Thomas (Fla )	Saore	- 531	29.) Sot	theastern II	Score -	676
92 Sarah Bomkamp, SR 18:55 6:05 127 Kelsi Ogilvie, SO 19:14 6:11 102 Andrea Peterson, JR 19:02 6:08 137 Raeanna Pabon, SO 19:21 6:14 134 Sofia Young, SO 19:19 6:13 180 MacY Peterson, SO 19:57 6:25 151 Lesly Marcin, SO 19:13 6:18 203 Jenycha Rivera, JR 20:20 6:33 197 Calcypee Ortega, SO 20:16 6:32 208 Maddison Welch, FR 20:29 6:35 220 Gabriela Gutierrez, SO 20:43 6:40 231 Ellie Palm, SR 21:23 6:53 220 St. Ambrose Score = 575 30) Dickinson St. Score = 694 14 Emily Kuehn, FR 19:01 6:07 90 Abby Sears, JR 18:52 6:04 114 Emily Kuehn, FR 19:06 6:09 136 Megan Grady, SO 19:20 6:14 140 Brittney Grove, SR 19:25 6:15 124 Keeley Knobloch, SR 19:35 6:18 176 Paitton Herbst, SR 19:25 6:15 164 Lisa Townsend, JR 19:44 6:21 153 Chloe Gunn, SR 19:35 6:18 176 Paitton Herbst, SR 19:52 6:24 158 Emma Duncan, FR 19:42 6:20 188 Julia Falcon, SO 20:18 6:29 16:31 23 Vanguard Score = 582 31) Columbia (Mo.) Score = 702 34 Savannah Yi, SO 18:15 5:52 49 Brianna Haller, FR 18:26 5:56 11 103 Avery Dorff, FR 19:02 6:08 165 165 165 165 165 165 165 165 165 165								
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226 Bethany Hinson, JR 20:56 6:44 225 Megan Korte, SO 20:52 6:43 250 Brisa Lonsdale, FR 26:52 8:39 236 Madalyn Ford, SO 21:56 7:04 24) Mount Mercy Score = 597 32) Indiana Tech Score = 822 62 Vanessa Cortes, JR 18:31 5:58 149 Megan Theismann, SO 19:31 6:17 87 Alexa Zamora, SR 18:49 6:04 154 Nikki Wilson, SO 19:35 6:18 144 McKenna Johnson, SO 19:26 6:15 162 Hayley Newman, JR 19:43 6:21 147 Andrea Ertz, JR 19:29 6:16 168 Alexis Lombardo, JR 19:46 6:22 157 Emily Erickson, FR 19:39 6:20 189 Kaleigh Renninger, FR 20:10 6:29 199 Kelsi Huhndorf, FR 20:18 6:32 201 Julianna Colon, SO 20:19 6:32	133	Madison Parr, FR	19:18	6:13	173	= -	19:51	6:23
24) Mount Mercy Score = 597 62 Vanessa Cortes, JR 18:31 5:58 149 Megan Theismann, SO 19:31 6:17 87 Alexa Zamora, SR 18:49 6:04 154 Nikki Wilson, SO 19:35 6:18 144 McKenna Johnson, SO 19:26 6:15 162 Hayley Newman, JR 19:43 6:21 147 Andrea Ertz, JR 19:29 6:16 168 Alexis Lombardo, JR 19:46 6:22 157 Emily Erickson, FR 19:39 6:20 189 Kaleigh Renninger, FR 20:10 6:29 199 Kelsi Huhndorf, FR 20:18 6:32 201 Julianna Colon, SO 20:19 6:32	223	Sarah Gee, FR	20:49	6:42	196	Victoria Vegher, SO	20:16	6:31
24) Mount Mercy Score = 597 62 Vanessa Cortes, JR 18:31 5:58 149 Megan Theismann, SO 19:31 6:17 87 Alexa Zamora, SR 18:49 6:04 154 Nikki Wilson, SO 19:35 6:18 144 McKenna Johnson, SO 19:26 6:15 162 Hayley Newman, JR 19:43 6:21 147 Andrea Ertz, JR 19:29 6:16 168 Alexis Lombardo, JR 19:46 6:22 157 Emily Erickson, FR 19:39 6:20 189 Kaleigh Renninger, FR 20:10 6:29 199 Kelsi Huhndorf, FR 20:18 6:32 201 Julianna Colon, SO 20:19 6:32	226	Bethany Hinson, JR	20:56	6:44	225	Megan Korte, SO	20:52	6:43
62       Vanessa Cortes, JR       18:31       5:58       149       Megan Theismann, SO       19:31       6:17         87       Alexa Zamora, SR       18:49       6:04       154       Nikki Wilson, SO       19:35       6:18         144       McKenna Johnson, SO       19:26       6:15       162       Hayley Newman, JR       19:43       6:21         147       Andrea Ertz, JR       19:29       6:16       168       Alexis Lombardo, JR       19:46       6:22         157       Emily Erickson, FR       19:39       6:20       189       Kaleigh Renninger, FR       20:10       6:29         199       Kelsi Huhndorf, FR       20:18       6:32       201       Julianna Colon, SO       20:19       6:32	250	Brisa Lonsdale, FR	26:52	8:39	236	Madalyn Ford, SO	21:56	7:04
62       Vanessa Cortes, JR       18:31       5:58       149       Megan Theismann, SO       19:31       6:17         87       Alexa Zamora, SR       18:49       6:04       154       Nikki Wilson, SO       19:35       6:18         144       McKenna Johnson, SO       19:26       6:15       162       Hayley Newman, JR       19:43       6:21         147       Andrea Ertz, JR       19:29       6:16       168       Alexis Lombardo, JR       19:46       6:22         157       Emily Erickson, FR       19:39       6:20       189       Kaleigh Renninger, FR       20:10       6:29         199       Kelsi Huhndorf, FR       20:18       6:32       201       Julianna Colon, SO       20:19       6:32	24) Mar	unt Mergy	- Caesa-	- 507	22\ Tm	liana Tech	Saara	922
87       Alexa Zamora, SR       18:49       6:04       154       Nikki Wilson, SO       19:35       6:18         144       McKenna Johnson, SO       19:26       6:15       162       Hayley Newman, JR       19:43       6:21         147       Andrea Ertz, JR       19:29       6:16       168       Alexis Lombardo, JR       19:46       6:22         157       Emily Erickson, FR       19:39       6:20       189       Kaleigh Renninger, FR       20:10       6:29         199       Kelsi Huhndorf, FR       20:18       6:32       201       Julianna Colon, SO       20:19       6:32								
144     McKenna Johnson, SO     19:26 6:15     162     Hayley Newman, JR     19:43 6:21       147     Andrea Ertz, JR     19:29 6:16     168 Alexis Lombardo, JR     19:46 6:22       157     Emily Erickson, FR     19:39 6:20     189 Kaleigh Renninger, FR     20:10 6:29       199     Kelsi Huhndorf, FR     20:18 6:32     201 Julianna Colon, SO     20:19 6:32								
147     Andrea Ertz, JR     19:29 6:16     168 Alexis Lombardo, JR     19:46 6:22       157     Emily Erickson, FR     19:39 6:20     189 Kaleigh Renninger, FR     20:10 6:29       199     Kelsi Huhndorf, FR     20:18 6:32     201 Julianna Colon, SO     20:19 6:32								
157       Emily Erickson, FR       19:39 6:20       189 Kaleigh Renninger, FR       20:10 6:29         199       Kelsi Huhndorf, FR       20:18 6:32       201 Julianna Colon, SO       20:19 6:32								
199 Kelsi Huhndorf, FR 20:18 6:32 201 Julianna Colon, SO 20:19 6:32								
		<del>-</del>						
217 Samantha Croghan, JR 20:39 6:39 204 Kara Kline, FR 20:24 6:34								
	217	Samantha Croghan, JR	20:39	6:39	204	Kara Kline, FR	20:24	6:34

	Women's 5K Seminole	Valley Park - (	Cedar Ra	pids, IA 11/16	/2018 Overcast, Wind WNW 1	0-15mph 8	<u> </u>
Place	Name	Time	mpm	Place	Name	Time	mpm
33) Wil	lliam Carey	Score =	858	94	Sydney Nichol, SO	18:42	6:01
111	Ariel Jones, SR	19:07		, <u>, , , , , , , , , , , , , , , , , , </u>	Diane, Wiener, Se	10.12	0.01
120	Jaden Russell, JR	19:12		Cumberl	land (Tenn.)		
193	Andi Wheeler, FR	20:13	6:31	203	Amber Mays, JR	19:28	6:16
207	Ashlyn Holliday, FR	20:27	6:35	218	Abigayle Gawthorp, JR	19:35	6:18
227	Denise Ricaldi, JR	21:00		222	Taylor Blankenship, SR	19:36	6:19
240	Arnancy Arnold, SO	22:12			<u>_</u>		
241	Kimberly Ramirez, JR	22:14	7:09	Dillard			
				339	Hydeia Barney, SR	24:47	7:59
	lege of the Ozarks	Score =					
156 192	Bethany Marteeney, SO Bethany Edgar, SO	19:39 20:13		165	n Oregon Michelle Herbes, FR	19:13	6:11
212	Hannah Duncan, JR	20:13		105	MICHEITE HEIDES, FR	19:13	0.11
224	Adeline Holder, SO	20:32		Friends			
233	Naomi Murrell, SR	21:51		161	Christa Titus, SR	19:12	6:11
237	Aspyn Britt, FR	22:07			3		**
238	Mary Zimmerman, FR	22:08		Hanniba	al-LaGrange		
	-			123	Shelby Kallem, SO	18:54	6:05
35) Sou	thwest (N.M.)	Score =	: 1143				
194	Edit Herrera, FR	20:14	6:31	Haskell	l Indian Nations		
230	Alisae Gomez, SO	21:20	6:52	320	Anika Francis, SO	21:35	6:57
235	April Sandoval, SO	21:56		331	Tavia Hart, SO	22:19	7:11
239	Alexandria Adams, JR	22:11					
245	Marissa Sandoval, SO	22:53		Hunting			
246	Karla Prieto, SR	22:56		19	Aspen Dirr, SR	17:56	5:46
247	Andrea Grant, SR	23:47	7:39	T. 11			
26) Var	vier-Louisiana	Score =	1216	Indiana 220	Ashley Toschlog, JR	19:35	6:18
234	Maliya Vaughan, JR	21:51		220	Ashley Toschlog, UK	19:33	0.10
242	Taylor Price, JR	22:30		Indiana	a Kokomo		
243	Brianna Pace, SR	22:36		100	Brittany Sloan, SR	18:44	6:02
248	Ky'Reon McBride, FR	24:38		185	Lexi Jackson, FR	19:20	6:13
249	Mariah Cox, FR	25:47					
				Indiana	a University Northwes		
Incompl	lete Teams:			319	Angela Klukken, SR	21:34	6:56
Ave Mar				John Br			
77	Mary Goetz, FR	18:33	5:58	154	Allika Pearson, FR	19:10	6:10
214	Michaela Elmer, SR	19:33	6:18				
					-New Orleans	10 16	c 10
Avila 204	Penny Fenn, JR	19:28	6:16	175	Sasha Solano-McDaniel, SO	19:16	6:12
204	Pellily Felli, JR	19:20	0:10	Menlo (	College		
Baker				84	Danielle Murrietta, JR	18:38	6:00
109	Sophy Tsabadze, JR	18:49	6:03	01	banierie narriecea, en	10.50	0.00
196	Janeane Hernandez, JR	19:26	6:15	Middle	Georgia State		
	·			297	Maike Naegele, FR	20:36	6:38
Benedic	ctine (Kan.)						
49	Melanie Cozzi, SO	18:21	5:54	Missour	ri Baptist		
256	Sarah White, JR	19:57	6:25	166	Emily Bayer, FR	19:13	6:11
Bethel		10.10			ri Valley	10 15	
46	Emma Jankowski, SO	18:18	5:53	103	Kirari Furumoto, SO	18:45	6:02
Blue Mo				Vantan	- Manhaun		
209	Aubrey Johnson, SO	19:31	6:17	MOITCAILE 25	a Western Mindy Kaufman, SR	18:01	5:48
230	Margaret Hamilton, JR	19:42	6:20	122	Eireann O'Connor, SO	18:54	6:05
250	Margaree Mamireon, on	17.12	0.20	136	Gabi Gomez-Wint, SR	19:02	6:08
Campbel	llsville				3401 COMO1		
264	Mia Rodriguez, FR	20:04	6:27	Montrea	at		
	- ,			17	Lydia Wilson, SO	17:54	5:46
Carroll							
63	Samantha Mundel, SR	18:28	5:57	Morning	gside		
				34	Allison Higgins, SR	18:08	5:50
	Methodist			147	Cassie Warner, SR	19:07	6:09
183	Lisa Sauter, SO	19:20	6:13				
a1					Vernon Nazarene	10 :-	<i>c</i>
Cleary		15.54	- 46	105	Rebecca George, FR	18:47	6:03
18	Madison Paquette, SR	17:54	5:46	178	Makenzie McKirgan, SR	19:17	6:12
Columbi	la (S.C.)			Northwe	agtorn (Town)		
159	Alyssa Waibel, JR	19:11	6:10	176	estern (Iowa) Breanna Harthoorn, JR	19:16	6:12
133			0.10	190	Emma Van Meeteren, JR	19:10	6:15
Concord	lia (Neb.)			211	Autumn Muilenburg, FR	19:32	6:17
125	Taylor Grove, JR	18:57	6:06				
	-			Ohio Ch	hristian		
Corban				50	Ariel Young, SR	18:21	5:54
88	Hannah Clarizio, SR	18:39	6:00	91	Alyssa Turrentine, JR	18:41	6:01

	Women's 5K Seminole Valley Park - Cedar Ra		- Cedar Rapids,	IA 11/16/	2018	18 Overcast, Wind WNW 10-15mph & 32°			
Place	Name	Time	mpm	Place	Name		Time	mpm	
					_				
Olivet	Nazarene			Waldorf					
75	Karalynn Brock,		5:58	27		sa Kuik, JR	18:01	5:48	
194	Angela Budach, d	JR 19:25	6:15	250	Maris	sa Widener, JR	19:53	6:24	
O T. a. d	le of the Toles			William	Jeggu	5			
	ly of the Lake	10.52	6:05	114		Y Cossentine, SR	18:50	6:04	
119 305	Annie Trejo, JR Andrea Gandara,		6:40			, 002201101110, 211		****	
303	Andrea Gandara,	20.11	0.10	William	Woods				
Park U.	1			206	Whitne	eigh Drown, FR	19:30	6:17	
254	Naomy Lagat, FR	19:55	6:25	244	Harle	y Nale, SO	19:49	6:23	
				251	Alicia	a Engelbrecht, FR	19:53	6:24	
Philand	ler Smith								
330	Brianna Alexande	er, SO 22:17	7:10						
Reinhar 99		18:44	6:02						
99	Sophie Davis, So	10:44	6:02						
Rio Gra	ande								
87	Lucy Williams, S	SR 18:39	6:00						
•									
Rooseve	elt								
115	Gina Narcisi, SI	R 18:51	6:04						
	e & Arts								
213	Roshae Burrell,		6:18						
282	Sharon Kemboi, B	FR 20:18	6:32						
Ciona I	Io i abta								
Siena H	Casie Nadasky, I	FR 19:20	6:13						
102	Casie Nadasky, i	19.20	0.13						
Silver	Lake								
312	Ariel Galoff, SC	21:01	6:46						
	,								
Soka									
200	Miranda Almeida,	, SR 19:27	6:16						
	estern (Kan.)								
42	Kari Blattner,		5:53						
149	Sydney Staples,	so 19:07	6:09						
at mb a	/ Шал. )								
267	omas (Tex.) Venice MacAwili,	, FR 20:08	6:29						
317	Alexandria Gonza		6:54						
317	Alexandria Gonze	21.27	0.51						
St. Xav	vier								
139	Grace Maletich,	JR 19:03	6:08						
Tabor									
157	Julie Loewen, SE		6:10						
199	Emily Kemling, 3	JR 19:27	6:16						
Ш о на на н									
	see Wesleyan	TD 10-44	6.21						
233 237	Rosa Cisneros, C Rachel Gallison,		6:21 6:21						
231	Addies Gallison,	, 17:77	V. ZI						
Texas W	Wesleyan								
212	Melissa Gonzale:	z, JR 19:33	6:18						
The Mas	sters								
86	Arianna Ghiorso	, FR 18:39	6:00						
113	Mikala Fairchild	i, SR 18:50	6:04						
	Christian	an 10.00	F - 55						
62 180	Megan Deweerd, S		5:57						
189	Hope Fathman, SI	R 19:24	6:15						
Truett-	-McConnell								
221	Ivie Nobles, JR	19:36	6:18						
	NODICO / UK	17.50							
UC Merc	ed								
144	Julia Gionet-Gor	nzalez, JR 19:06	6:09						
226	Valentina Cvrk,		6:20						
261	Karina Martinez		6:27						
	City State								
121	Grace Miller, SI		6:05						
275	Allyssa Weitkum,	, JR 20:15	6:31						