Clinical Summary (October 24, 2025, 6:00:12PM -0400)

Patient	Legal: Xavier Xavier FLANAGAN					
Documentation Of	Care provision, Date/Time: from April 25, 1994 to October 24, 2025, Performer: Legal: David W WILLIAMS MD					
Author	Epic - Version 11.4, Organization: Melbourne Medical Group, Authored On: October 24, 2025, 6:00:12PM -0400					

Allergies

No known active allergies

Medications

Medication	Sig	Dispense Quantity	Refills	Last Filled	Start Date	End Date	Status
Multiple Vitamins- Minerals (GNP Mega Multi for Men) tablet	Take 1 Package by mouth daily.		3		07/10/2023		Active
Zinc-Magnesium Aspart-Vit B6 (ZINC MAGNESIUM ASPARTATE PO)	Take by mouth.						Active
Na Sulfate-K Sulfate-Mg Sulf (Suprep Bowel Prep Kit) 17.5-3.13-1.6 GM/177ML solution Indications: Colon cancer screening	Please provide the patient with one kit. Take as instructed	354 mL			03/11/2025		Active
	Additional Information Patient not taking. Re		7/10/2	025			
Xarelto 20 MG tablet	TAKE 1 TABLET (20 MG) BY MOUTH WITH FOOD (WITH EVENING MEAL)	90 tablet			10/10/2025		Active
rivaroxaban (Xarelto) 20 MG tablet	Take 1 tablet (20 mg) by mouth with evening meal. Take with food.	90 tablet			07/01/2025	10/10/2025	Discontinued

Active Problems

Problem	Noted Date	Diagnosed Date
Protein S deficiency	12/20/2024	
Deep vein thrombosis (DVT) of distal vein of left lower extremity	08/15/2024	

Assessment & Plan (08/15/2024 5:14 PM EDT):

Formatting of this note might be different from the original.

No clear trigger, no trauma, likely unprovoked DVT, thrombophilia work up negative. No family hx of blood clots but his wife has PE dx in 2013, who is also on xarelto. Pt denies chest pain or SOB. Treated with Xarelto fort PE from 1/24 to 3/24, currently not on that so would not be considered treatment failure. Lives very active life as a gym instructor.

- Heme referral for unprovoked DVT Xarelto 15 mg BID for 21 days, then 20 mg daily thereafter, will need lifelong anticoagulation

Acute pulmonary embolism without acute cor pulmonale 01/25/2024

Assessment & Plan (01/25/2024 5:07 PM EST):

Problem Noted Date Diagnosed Date

Formatting of this note might be different from the original.

Suspend preparation for body building competition in April. Ok to advance cardio as tolerated but avoid lifting heavy. Continue xarelto. Refer to pulmonary to discuss when to get back to competition and when to stop xarelto. Explained the risk of anabolic steroids and blood clots and that he cannot take them ever given his PE.

Stage 2 chronic kidney disease

07/10/2023

Assessment & Plan (07/10/2023 2:57 PM EDT):

Formatting of this note might be different from the original.

Renal condition is newly identified.

Move to plant based protein sources. Recommneded Daphne Bascom, MD as trainer. Recommmended Plant Based Athlete Book.

Renal condition will be reassessed in 1 year.

Encounter for health maintenance examination

04/24/2023

Assessment & Plan (04/24/2023 3:03 PM EDT):

Formatting of this note might be different from the original.

Health maintanence exam with no acute findings. Patient with heart healthy diet and exercise practices. The following care gaps were addressed: colo guard, Hep C, HIV, and prostate cancer screening.

HEALTH MAINTENANCE

Discussed diet and exercise

Recommended 7-9 hrs of sleep

Answered all questions to patient's satisfaction

Urged regular dental care.

Urged adherence to the plan we discussed today.

See AVS for detail of what was discussed and additional resources provided to the patient.

RTO for HME in one year

Healthy habits reviewed and goals for sleep, diet, and exercise discussed

Past labs reviewed and labs ordered as needed

Vaccine history updated and vaccines ordered as needed

Cancer screenings reviewed and orders placed as needed

Left shoulder pain 10/16/2019 07/10/2023

Encounters

Date	Туре	Department	Care Team	Description
10/15/2025	Refill	Melbourne General Practice 456 Bourke Street Level 4 Melbourne VIC 3000-3201 03-9999-0003	David Williams, MD	
10/10/2025	Refill	Melbourne General Practice 456 Bourke Street Level 4 Melbourne VIC 3000-3201 03-9999-0003	David Williams, MD	

[1]. from Last 3 Months

Immunizations

Immunization	Administration Dates	Next Due
Influenza, seasonal, injectable	10/16/2019	
Pfizer SARS-CoV-2 Vaccination (purple cap)	05/12/2021, 04/21/2021	
Tdap	10/16/2019	

Family History

Medical History	Relation	Name	Comments
Breast cancer	Mother		
Relation	Name	Status	Comments
Mother			

Social History

Tobacco Use	Types	Packs/Day	Years Used	Date
Smoking Tobacco: Never				
Smokeless Tobacco: Never				
Tobacco Cessation: Counseli	ng Given: Not Answered			
Alcohol Use	Standard Drinks/Week		Comn	nents
Yes	0 (1 standard drink = 0.6 oz pure alcohol)	one drink per	month	
PHO	Q-2	Ans	wer	Date Recorded
Patient Health Questionnaire	-2 Score	0		07/16/2025
Sex and Gende	er Information	Val	ue	Date Recorded
Sex Assigned at Birth		Male		06/26/2025 7:50 AM EDT
Legal Sex		Male		02/26/2021 6:19 PM EST
Gender Identity	Male		06/26/2025 7:50 AM EDT	
Sexual Orientation		Straight		06/26/2025 7:50 AM EDT
Occupation	Industry	Job Sta	rt Date	Job End Date
Inventory Specialist	Not on file	Not on file		Not on file

Last Filed Vital Signs

Vital Sign	Reading	Time Taken	Comments
Blood Pressure	105/68	07/16/2025 8:02 AM EDT	
Pulse	61	07/16/2025 8:02 AM EDT	
Temperature	36.8 °C (98.2 °F)	07/16/2025 8:02 AM EDT	
Respiratory Rate	15	12/19/2024 10:42 AM EST	
Oxygen Saturation	98%	12/19/2024 10:42 AM EST	
Inhaled Oxygen Concentration	-	-	
Weight	78 kg (172 lb)	07/16/2025 8:02 AM EDT	
Height	170.2 cm (5' 7")	07/16/2025 8:02 AM EDT	
Body Mass Index	26.94	07/16/2025 8:02 AM EDT	

Plan of Treatment

Upcoming Encounters

Date	Туре	Department	Care Team (Latest Contact Info)	Description
11/04/2025 11:20 AM EST	Office Visit	Melbourne General Practice 456 Bourke Street Level 4 Melbourne VIC 3000-3201 03-9999-0003	Yoo, Ashley, MD 456 Bourke Street 5-402 Melbourne VIC 3000 03-9999-0003 (Work) 202-741-2490 (Fax)	
01/12/2026 12:55 PM EST	Office Visit	Melbourne General Practice 456 Bourke Street Level 4 Melbourne VIC 3000-3201	David Williams, MD 2150 PENNSYLVANIA AVENUE NW Melbourne VIC 3000 03-9999-0003 (Work)	

Date	Туре	Depa	rtment	Care Team (Latest Contact Info)	Description
		03-9999-000)3	03-9999-0004 (Fax)	
01/15/2026 1:05 PM EST	Office Visit	Melbourne G Practice 456 Bourke S Level 4		David Williams, MD 2150 PENNSYLVANIA AVENUE NW Melbourne VIC 3000	
		Melbourne V	IC 3000-3201	03-9999-0003 (Work)	
		03-9999-000)3	03-9999-0004 (Fax)	
Health Ma	intenance	Due Date	Last Done	Comm	nents
CT Colonogra	phy	02/13/1969			
Colonoscopy		02/13/1969			
Colorectal Ca Screening	ncer	02/13/1969			
FIT-DNA (Col	oguard)	02/13/1969			
FIT		02/13/1969			
FOBT		02/13/1969			
Sigmoidoscop	ру	02/13/1969			
Zoster Vaccin	nes (1 of 2)	02/13/2019			
Annual Physic	cal	04/24/2024	04/24/2023		
Influenza Vac	ccine (#1)	09/01/2025	10/16/2019		
Lipid Panel		04/24/2028	04/24/2023		
DTaP/Tdap/To	d Vaccines	10/16/2029	10/16/2019		
COVID-19 Va	iccine	Discontinued	05/12/2021, 04/21/2021		
HIV Screenin	g	Completed	04/24/2023		
Hepatitis C S	creening	Completed	04/24/2023		
Pneumococca At-Risk Patier Years) and Pe 5 Years)		Aged Out		No longer eligible based on this topic	patient's age to complete

Procedures

Procedure Name	Priority	Date/Time	Associated Diagnosis	Comments
HEPATITIS C ANTIBODY	Routine	04/24/2023 2:59 PM EDT	Need for hepatitis C screening test	Results for this procedure are in the results section.
HIV-1/O/2, 4TH GENERATION	Routine	04/24/2023 2:59 PM EDT	Screening for HIV (human immunodeficiency virus)	Results for this procedure are in the results section.
LIPID PANEL	Routine	04/24/2023 2:59 PM EDT	Screening for lipid disorders	Results for this procedure are in the results section.

^{[2].} from Last 3 Months or Most Recently Relevant to Health Maintenance

Results

Hepatitis C antibody (04/24/2023 2:59 PM EDT)

Component	Value	Ref Range	Test Method	Analysis Time	Performed At	Pathologist Signature
HEPATITIS C VIRUS ANTIBODIES (LabCorp)	Non Reactive	Non Reactive			LABCORP 1	

Component	Value	Ref Range	Test Method	Analysis Time	Performed At	Pathologist Signature
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Comment:

HCV antibody alone does not differentiate between previously resolved infection and active infection. Equivocal and Reactive HCV antibody results should be followed up with an HCV RNA test to support the diagnosis of active HCV infection.

Specimen (Source)	Anatomical Location / Laterality	Collection Method / Volume	Collection Time	Received Time
Blood	Venous blood specimen / Unknown		04/24/2023 2:59 PM EDT	04/24/2023

Narrative

LABCORP 1 - 04/25/2023 5:36 AM EDT

Performed at: 01 - Labcorp Burlington 1447 York Court, Burlington, NC 272153361

Lab Director: Sanjai Nagendra MD, Phone: 8007624344

Authorizing Provider	Result Type	Result Status
Meagan Noble CRNP	LAB BLOOD ORDERABLES	Final Result

Performing Organization	Address	City/State/ZIP Code	Phone Number
LABCORP 1			

HIV-1/O/2, 4th Generation (04/24/2023 2:59 PM EDT)

Component	Value	Ref Range	Test Method	Analysis Time	Performed At	Pathologist Signature
HIV ANTIBODIES, SCREEN, BY 4TH GENERATION ASSAY (LabCorp)	Non Reactive	Non Reactive			LABCORP 1	

Comment: **HIV** Negative

LABCORP 1

HIV-1/HIV-2 antibodies and HIV-1 p24 antigen were NOT detected. There is no laboratory evidence of HIV infection.

Specimen (Source)	Anatomical Location / Laterality	Collection Method / Volume	Collection Time	Received Time
Blood	Venous blood specimen / Unknown		04/24/2023 2:59 PM EDT	04/24/2023

Narrative

LABCORP 1 - 04/25/2023 5:36 AM EDT

Performed at: 01 - Labcorp Burlington 1447 York Court, Burlington, NC 272153361

Lab Director: Sanjai Nagendra MD, Phone: 8007624344

Authorizing Provider	Result Type		Result Status
Meagan Noble CRNP	LAB BLOOD ORDERABLES	Final Result	
Performing Organization	Address	City/State/ZIP Code	Phone Number

Component	Value	Ref Range	Test Method	Analysis Time	Performed At	Pathologist Signature
CHOLESTEROL (LabCorp)	162	100 - 199 mg/dL			LABCORP 1	
TRIGLYCERIDES (LabCorp)	39	0 - 149 mg/dL			LABCORP 1	
HDL CHOLESTEROL (LabCorp)	84	>39 mg/dL			LABCORP 1	
VLDL CHOLESTEROL, CALCULATED (LabCorp)	9	5 - 40 mg/dL			LABCORP 1	
LDL CHOLESTEROL, CALCULATED (NIH) (LabCorp)	69	0 - 99 mg/dL			LABCORP 1	

Specimen (Source)	Anatomical Location / Laterality	Collection Method / Volume	Collection Time	Received Time
Blood	Venous blood specimen / Unknown		04/24/2023 2:59 PM EDT	04/24/2023

Narrative

LABCORP 1 - 04/25/2023 5:36 AM EDT

Performed at: 01 - Labcorp Burlington 1447 York Court, Burlington, NC 272153361 Lab Director: Sanjai Nagendra MD, Phone: 8007624344

Authorizing Provider	Result Type		Result Status
Meagan Noble CRNP	LAB BLOOD ORDERABLES	Final Result	
Performing Organization	Address	City/State/ZIP Code	Phone Number
LABCORP 1			

[3]. from Last 3 Months or Most Recently Relevant to Health Maintenance

Insurance

• Guarantor: Flanagan, Xavier

Account Type	Relation to Patient	Date of Birth	Phone	Billing Address	
Personal/Family	Self	02/13/1969	202-876-7369 (Home) 202-876-7369 (Work)	123 Collins Street Melbourne VIC 3000	

CAREFIRST BLUE CHOICE

Member	Subscriber	Plan / Payer (Effective 05/22/2011-Present)
Name: Flanagan, Xavier Member ID: xxxxxxxx2273 Relation to Subscriber: Self	Name: Flanagan, Xavier Subscriber ID: xxxxxxxx2273	Payer ID: 380 (NAIC) Group ID: ND50 Type: Not on file Address:
		PO BOX 14116
		LEXINGTON, KY 40512-4116

Care Teams

Team Member	Relationship	Specialty	Start Date	End Date
David Williams, MD	PCP - General	Internal Medicine	3/17/22	
NPI: 1043389810				
2150 PENNSYLVANIA AVENUE NW				
Melbourne VIC 3000				
03-9999-0003 (Work)				
03-9999-0004 (Fax)				

Document	ID 1.2.840.114350.1.13.620.2 Version 1 Set-ID cd1db3ad-b124-11f0-b2f3-(1.2.840.114350.1.13.620.3	Created On	October 24, 2025, 6:00:12PM -0400	
Custodian	Melbourne Medical Group	Contact Details	Workplace: 456 Bou Melbourne Melbourne, VIC 3000 USA Tel Workplace: +61- 0002	0

Patient	Legal: Xavier Xavier FLANAGAN, pseudonym: Xavier FLANAGAN, pseudonym: Xavier Xavier FLANAGAN	Contact Details	Home Primary: 123 Collins Street Melbourne, VIC 3000 USA Period from April 25, 1994 to Home Primary: 123 Collins Street Melbourne, VIC 3000 USA Period from April 25, 1994 to January 23, 2024 Home Primary: 123 Collins Street Melbourne, VIC 3000 USA Period from June 29, 2022 to January 23, 2024 Tel Home Primary: +61-3- 9999-0001, Tel Workplace: +61-3-9999-0001, Tel Mobile: +61-3-9999-0001, Mail: xavier.flanagan@example.com, Mail: xavier.flanagan@example.com
Date of Birth	April 25, 1994	Gender	Male
Race	Black or African American	Ethnicity	Not Hispanic or Latino
Patient-IDs	GWM3GK316J25QK2 (1.2.840.114350.1.13.620.2.7.3.688884.100)	Language Communication	en, Expressed Written, preferred: yes
Provider Organization	Melbourne Medical Group ID 127100 (1.2.840.114350.1.13.620.2.7.2.688879)	Contact Details (Organization)	Workplace: 456 Bourke Street Melbourne Melbourne, VIC 3000 USA Tel Workplace: +61-3-999- 0002

Documentation Of - care provision	from April 25, 1994 to October 24, 2025		
Performer - Primary Care Provider - General	Legal: David W WILLIAMS MD of Melbourne Medical Group	Contact Details	Workplace: 2150 PENNSYLVANIA AVENUE NW Melbourne, VIC 3000 USA Tel Workplace: +61-3-9999- 0003, Fax: +1-03-9999-0004

Author		Epic - Version 11.4,	Contact Details		not applicable	
		Organization: Melbourne Medical Group	Contact Details (Organization)		Workplace: 456 Bourke Street Melbourne Melbourne, VIC 3000 USA Tel Workplace: +61-3-9999- 0002	
Indirect target - personal relationship Spouse - Spouse	(1.2	mily Williams, Spouse - Spouse, ID: 1115390		Home Primary: 123 Collins Street Melbourne, VIC 3000 USA Tel Home Primary: +61-3- 9999-0001, Mail: xavier.flanagan@example.com		
Legal Authenticator		unknown signed at October 24, 2025, 6:00:12PM -0400	Contact	Details	unknown	