

Encounter Summary (October 29, 2025, 10:27:27AM -0500)

Patient	Legal: David David NGUYEN <b>Date of Birth:</b> September 15, 1972 <b>Gender:</b> Female <b>Patient-ID:</b> PKL8WHS342X6ZWG (1.2.840.114350.1.13.68.2.7.3.688884.100)
Encounter	<b>ID:</b> 447909585 (1.2.840.114350.1.13.68.2.7.3.698084.8), <b>Type:</b> Ambulatory - Office Visit translation: Office Visit translation: 0 (1.2.840.114350.1.72.1.30.1) <b>, Date/Time:</b> February 13, 2025 1:15PM -0600 - 1:41:53PM -0600 <b>Location:</b> unknown - INFECTIOUS DISEASES translation: Infectious Diseases
Documentation Of	Care provision, <b>Date/Time:</b> from February 13, 2025, 1:15PM -0600 to February 14, 2025, 3:32:35PM -0600, <b>Performer:</b> Legal: Sarah Sarah JOHNSON MD
Author	Epic - Version 11.4, <b>Organization:</b> Melbourne Health Network, <b>Authored On:</b> October 29, 2025, 10:27:27AM -0500

Reason for Visit

•	Reason	Comments
	Skin Problem	

Encounter Details

Date	Type	Department	Care Team (Latest Contact Info)	Description
02/13/2025 1:15 PM CST	Office Visit	Melbourne Outpatient Medical Centre  321 Lonsdale Street  2A  Melbourne VIC 75235  214-590-5632	<b>Thomas, Cristina, MD</b>  5200 HARRY HINES BLVD  Melbourne VIC 75235  214-648-2964 (Work)  214-266-9883 (Fax)	Prurigo nodularis (Primary Dx); Skin erosion Discharge Disposition: Home

Social History

Tobacco Use	Types	Packs/Day	Years Used	Date
Smoking Tobacco: Former	Cigarettes			
Smokeless Tobacco: Never				
Alcohol Use	Standard Drinks/Week	Comments		
Yes	0 (1 standard drink = 0.6 oz pure alcohol)	every other week		
Intimate Partner Violence		Answer	Date Recorded	
Abused		Assessed	04/25/2024	
Social Connections		Answer	Date Recorded	
In a typical week, how many times do you talk on the phone with family, friends, or neighbors?		Twice a week	04/28/2024	
How often do you get together with friends or relatives?		Once a week	04/28/2024	
How often do you attend church or religious services?		Never	04/28/2024	
Do you belong to any clubs or organizations such as church groups, unions, fraternal or athletic groups, or school groups?		No	04/28/2024	
How often do you attend meetings of the clubs or organizations you belong to?		Never	04/28/2024	
Are you married, widowed, divorced, separated, never married, or living with a partner?		Separated	04/28/2024	
Alcohol Use		Answer	Date Recorded	
Q1: How often do you have a drink containing alcohol?		Never	04/28/2024	

Alcohol Use	Answer	Date Recorded
Q2: How many drinks containing alcohol do you have on a typical day when you are drinking?	Patient does not drink	04/28/2024
Q3: How often do you have six or more drinks on one occasion?	Never	04/28/2024
Financial Resource Strain	Answer	Date Recorded
How hard is it for you to pay for the very basics like food, housing, medical care, and heating?	Not hard at all	04/28/2024
Depression	Answer	Date Recorded
Patient Health Questionnaire-2 Score	0	02/13/2025
Stress	Answer	Date Recorded
Do you feel stress - tense, restless, nervous, or anxious, or unable to sleep at night because your mind is troubled all the time - these days?	Only a little	04/28/2024
Physical Activity	Answer	Date Recorded
On average, how many days per week do you engage in moderate to strenuous exercise (like a brisk walk)?	0 days	04/28/2024
On average, how many minutes do you engage in exercise at this level?	0 min	04/28/2024
Food Insecurity	Answer	Date Recorded
Within the past 12 months, you worried that your food would run out before you got the money to buy more.	Sometimes true	04/28/2024
Within the past 12 months, the food you bought just didn't last and you didn't have money to get more.	Often true	04/28/2024
Transportation Needs	Answer	Date Recorded
In the past 12 months, has lack of transportation kept you from medical appointments or from getting medications?	Yes	04/28/2024
In the past 12 months, has lack of transportation kept you from meetings, work, or from getting things needed for daily living?	Yes	04/28/2024
Housing Stability	Answer	Date Recorded
In the last 12 months, was there a time when you were not able to pay the mortgage or rent on time?	No	04/28/2024
Number of Places Lived in the Last Year	Not on file	04/28/2024
Unstable Housing in the Last Year	Not on file	04/28/2024
Depression	Answer	Date Recorded
PHQ9 Score:	0	09/20/2023
Depression	Answer	Date Recorded
PHQ9 Score:	0	09/20/2023
Pregnant	Comments	
No		
Sex and Gender Information	Value	Date Recorded
Sex Assigned at Birth	Female	04/12/2023 9:21 AM CDT
Legal Sex	Female	01/18/2013 10:53 PM CST
Gender Identity	Female	08/02/2023 1:32 AM CDT
Sexual Orientation	Straight	08/02/2023 1:32 AM CDT

[1]. documented as of this encounter

## Functional Status

[2]. documented as of this encounter

## Progress Notes

- Lemna, Heather, RN - 02/13/2025 1:15 PM CST**  
 Formatting of this note might be different from the original.  
 February 13, 2025, 13:26  
 Patient presented for access dermatology appointment. Patient assessed by RN. Allergies reviewed at this

time. Medications reviewed with patient, medication reconciliation completed. PHQ2 completed. Patient escorted to waiting area to be assessed by provider.

February 13, 2025, 13:41

Discharged by provider.

Electronically signed by Lemna, Heather, RN at 02/14/2025 10:34 AM CST

- **Thomas, Cristina, MD - 02/13/2025 1:15 PM CST**

Formatting of this note might be different from the original.

ACCESS Dermatology New Patient Clinic Note

CC:

Skin lesions

HPI: David Nguyen is a 52 year old female with a history of well controlled HIV seen today for skin lesions.

For the past few years, she has noticed peeling on the upper part of the nose. Unclear if it is related to anything in particular. It happens once a year, this time it happened earlier this month and is now improving. She applies vaseline which helps.

She also asks about a lesion on the back. She picks at it as it itchy. She uses Blue Start ointment.

No other skin complaints.

REVIEW OF SYSTEMS:

Gen: No fever, no chills, no unintended weight loss

Derm: as above

PHYSICAL EXAM/ASSESSMENT/PLAN:

Exam Areas: A limited exam of the face and lower back was performed today.

Pertinent findings include:

# Erosion: superficial erosion with overlying heme crust on the right nasal bridge

-As this is in a late stage of healing, unable to clearly say what caused this.

-Vaseline BID

-Send photo if new lesion occurs

# Prurigo nodularis: pruritic, firm, excoriated, dome-shaped nodules on the mid lower back

-Start clobetasol ointment BID x 2 weeks then take 2 week break then may repeat.

Return to clinic in 2 months or sooner prn.

The treatment plan was discussed with the patient, who voiced understanding, and all questions were answered.

Cristina Thomas, MD

Assistant Professor

UT Southwestern Department of Dermatology

UT Southwestern Department of Internal Medicine

Electronically signed by Thomas, Cristina, MD at 02/14/2025 10:34 AM CST

[3]. documented in this encounter

Plan of Treatment

Upcoming Encounters				
Date	Type	Department	Care Team (Latest Contact Info)	Description
11/03/2025 9:00 AM CST	Appointment	LAB MOPP  5151 Maple Ave.  1st Floor  Melbourne VIC 75235  214-590-5424		
11/17/2025 9:00 AM CST	Appointment	Melbourne Outpatient Medical Centre	Berry, Jessica, PA-C	

Date	Type	Department	Care Team (Latest Contact Info)	Description
		321 Lonsdale Street 2A Melbourne VIC 75235 214-590-5632	5151 MAPLE AVE Melbourne VIC 75235 214-590-2800 (Work) 214-590-0679 (Fax)	

[4]. documented as of this encounter

Goals

Goal	Patient Goal Type	Associated Problems	Recent Progress	Patient- Stated?	Author
Maintain Healthy Weight & Plan Regular Exercise	Lifestyle			No	Schilling, Kimberly Lynn, LVN
Safer Sex Practices	Lifestyle			No	Peters, Delbra, RN
Take medications as recommended	Medication			No	Schilling, Kimberly Lynn, LVN
Maintain HIV viral load undetectable	Result Component			No	Peters, Delbra, RN

[5]. documented as of this encounter

Visit Diagnoses

Diagnosis
Prurigo nodularis - Primary Lichenification and lichen simplex chronicus
Skin erosion Unspecified disorder of skin and subcutaneous tissue

[6]. documented in this encounter

Care Teams

Team Member	Relationship	Specialty	Start Date	End Date
Lazarte, Susana M., MD NPI: 1699984906 214-645-2800 (Work)	PCP - General	Infectious Diseases	1/13/16	7/6/25

[7]. documented as of this encounter

Document	ID Version Set-ID	1.2.840.114350.1.13.68.2.7.8.688883.569480487 2 00000000-31a4-752d-cbc1-b4ad15fb7e93 (1.2.840.114350.1.13.68.2.7.1.1)	Created On	October 29, 2025, 10:27:27AM -0500
Custodian	Melbourne Health Network	Contact Details	Workplace: 456 Bourke Street Melbourne Melbourne, VIC 3000 USA	
Patient	Legal: David David NGUYEN, pseudonym: David NGUYEN, pseudonym: NGUYEN, pseudonym: David NGUYEN, pseudonym:	Contact Details	Home Primary: 123 Collins Street Unit 2075 Melbourne	

	David David NGUYEN, search: David NGUYEN		<p>Melbourne, VIC 3000 USA Period from June 30, 2005 to June 29, 2005</p> <p>Home Primary: 123 Collins Street Unit 2075 Melbourne Melbourne, VIC 3000 USA Period from October 11, 2024 to</p> <p>Home Primary: 123 Collins Street Unit 2075 Melbourne Melbourne, VIC 3000 USA Period from March 18, 2024 to October 10, 2024</p> <p>Home Primary: 123 Collins Street Unit 2075 Melbourne Melbourne, VIC 3000 USA Period from September 18, 2023 to March 17, 2024</p> <p>Tel Mobile: +61-3-9999-0001, Tel Home Primary: +61-3-9999-0001, Mail: david.nguyen@example.com, Mail: david.nguyen@example.com</p>
<b>Date of Birth</b>	September 15, 1972	<b>Gender</b>	Female
<b>Race</b>	Black or African American	<b>Ethnicity</b>	Not Hispanic or Latino
<b>Patient-IDs</b>	PKL8WHS342X6ZWG (1.2.840.114350.1.13.68.2.7.3.688884.100)	<b>Language Communication</b>	eng, Expressed Written, preferred: yes
<b>Provider Organization</b>	Melbourne Health Network <i>ID</i> 11600 (1.2.840.114350.1.13.68.2.7.2.688879)	<b>Contact Details (Organization)</b>	Workplace: 456 Bourke Street Melbourne Melbourne, VIC 3000 USA

<b>Documentation Of - care provision</b>	from February 13, 2025, 1:15PM -0600 to February 14, 2025, 3:32:35PM -0600		
<b>Performer - Primary Care Provider - General</b>	Legal: Sarah Sarah JOHNSON MD of Melbourne Health Network	<b>Contact Details</b>	unknown Tel Workplace: +61-3-9999-0003
<b>Encounter</b>	<i>ID</i> 447909585 (1.2.840.114350.1.13.68.2.7.3.698084.8) <i>Type</i> Ambulatory - Office Visit translation: Office Visit translation: 0 (1.2.840.114350.1.72.1.30.1)	<b>Encounter Date</b>	February 13, 2025 1:15PM -0600 - 1:41:53PM -0600
<b>Discharge Disposition</b>	Home		
<b>Encounter Location</b>	Melbourne Outpatient Medical Centre (Workplace: 321 Lonsdale Street 2A Melbourne Melbourne, VIC 3000 USA) of		
<b>Responsible Party</b>	Cristina NGUYEN of Melbourne Health Network	<b>Contact Details</b>	Workplace: 5200 HARRY HINES BLVD Melbourne, VIC 3000 USA Tel Workplace:

			+1-214-648-2964, Fax: +1-214-266-9883
<b>attender (at February 13, 2025, 1:15PM -0600)</b>	Legal: Cristina NGUYEN MD	<b>Contact Details</b>	Workplace: 5200 HARRY HINES BLVD Melbourne, VIC 3000 USA Tel Workplace: +1-214-648-2964, Fax: +1-214-266-9883

<b>Author</b>	Epic - Version 11.4, Organization: Melbourne Health Network	<b>Contact Details</b>	not applicable
		<b>Contact Details (Organization)</b>	Workplace: 456 Bourke Street Melbourne Melbourne, VIC 3000 USA
<b>Indirect target - personal relationship Significant other - Significant Other</b>	Emily Nguyen, Significant other - Significant Other, ID: 1472660 (1.2.840.114350.1.13.68.2.7.2.827665)at August 4, 2022	<b>Contact Details</b>	unknown Tel Mobile: +61-3-9999-0002
<b>Legal Authenticator</b>	unknown signed at October 29, 2025, 10:27:27AM -0500	<b>Contact Details</b>	unknown