

## DIABETES QUESTIONNAIRE

(To be completed by the applicant)

Name, First name: \_\_\_\_\_

Date (day/month/year): \_\_\_\_\_

This questionnaire will form part of the application.

If any questions below are answered "Yes", please supply full details below including dates and names of doctors and institutions where applicable.

1. Please state when diabetes was first diagnosed: \_\_\_\_\_

Type of diabetes? ☐ Type 1 ☐ Type 2 ☐ Unsure

(a) Are you under regular medical supervision for diabetes?

☐ No ☐ Yes – please state name and address of doctor \_\_\_\_\_

(b) How often do you consult your doctor? \_\_\_\_\_

Date of last visit? \_\_\_\_\_

2. Treatment:

a) Are you following an appropriate diet?

☐ No ☐ Yes – please provide details \_\_\_\_\_

b) Do you take regular exercise?

☐ No ☐ Yes – how frequent? \_\_\_\_\_

c) Are you on tablets?

☐ No ☐ Yes – please provide details \_\_\_\_\_

d) Are you on insulin?

☐ No ☐ Yes – please provide details \_\_\_\_\_

3. Has your treatment changed during the last 5 years?

☐ No ☐ Yes – please provide supply reasons and details \_\_\_\_\_

4. Do you perform home blood sugar testing?

☐ No

☐ Yes – please state dates and results of the last three blood sugar readings \_\_\_\_\_

5. Have you ever had any of the following?

Diabetic coma	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Eye trouble	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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Insulin shock	<input type="checkbox"/> No	<input type="checkbox"/> Yes	High blood pressure	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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Heart disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Pain or burning of legs and feet	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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Kidney disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Restricted circulation in lower limbs	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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Infections, e.g. boils	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Amputations	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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and abscesses			Any other complications	<input type="checkbox"/> No	<input type="checkbox"/> Yes
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Protein in urine	<input type="checkbox"/> No	<input type="checkbox"/> Yes			
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If yes, please provide dates, names and addresses of doctors consulted \_\_\_\_\_

6. Have you ever been hospitalised?

☐ No ☐ Yes – please provide details \_\_\_\_\_

7. Have you ever undergone any of the following? Electrocardiogram; chest X-ray; lipid profile; glycosylated haemoglobin(HbA1c)

☐ No ☐ Yes – state date and result of test if know \_\_\_\_\_

**I declare that the answers I have given are, to the best of my knowledge, true and I have not withheld any material information that may influence the assessment of acceptance of this proposal. I agree that this form will constitute part of my proposal for health insurance and that failure to disclose any material fact known to me may invalidate the contract.**

Signed: \_\_\_\_\_ Date (day/month/year): \_\_\_\_\_