

► Where to go for medical treatment? (2012)

South East Asia has a wide range of medical facilities to choose from. These range from clinics/hospitals with the highest standard of international care and worldwide reputations for excellence, down to basic local medical service providers and clinics; all of which are accessible and affordable based on a person's preference, budget and insurance levels.

Singapore is considered the most progressive provider of medical treatment in South East Asia. They continue to implement a long term strategy and are known as a centre of medical excellence globally. Bangkok has many world class medical facilities and attracts clients from all over the world for their medical tourism. The Heart Institute in HCMC Vietnam has a worldwide reputation for excellence and their expertise is sought after by many international clients.

That being said, not all locations, clinics and doctors are equal and not all services are consistent. A client should be informed on the differing quality and costs options available. The quality and cost of medical care changes between doctors, between medical facilities and between countries and the best care is not always the most expensive.

► Cost by Country (\$USD)

(The illustrated costs are general and are for comparison only, the exact cost depends on many factors including reputation, facilities, location, complexity of the diagnosis, and the response to treatment.)

Items	Vietnam*	Singapore	UK
Visit a Doctor (during office hours, non-emergency)	\$15 - \$95	\$50 - \$125	\$200 - \$350
Private Room / Hospital	\$125 - \$250	\$320 - \$500	\$500 - \$1,000
Simple Surgery (e.g. Appendectomy)	\$2,500	\$5,000	\$8,000
Confinement for a Medical Condition (e.g. Dengue)	\$1,000	\$2,000	\$4, 000
Total daily cost while in hospital	\$500	\$1,000	\$2, 500

^{*} Please note: Prices are up to the clinic/hospital fee policy and different locations have different prices, though the medical care, facilities and experience of doctors may be the same. In Vietnam some clinics have a price structure higher than in Singapore. To see a Doctor is \$95, private room \$475/\$800. The other international clinics in Vietnam are much lower, seeing a doctor for \$15 and a private room for \$250.

► Treatment cost by Illness (Vietnam):

In Vietnam there are many first rate clinics and hospitals, both International and Local. As with most things in this world the highest price does not always equal the best care. Clinics/hospitals are in business to make profit and will charge what they believe people will pay. More expensive does not always mean better service/quality. The clinic/hospital a client seeks is a personal choice. A client needs to choose a place that matches their preference and budget.

Cost at Clinic

Consultation			
Doctor	\$15 - \$95		
Follow-up	\$15 - \$65		
After hours	\$30 - \$105		
Home visit	\$30 - \$145		
Cost of Diagnostic Tests			
Chest X-ray	\$10 - \$50		
Ultrasound	\$16 - \$65		
Full Blood count	\$10 - \$35		
MRI	\$125 - \$450		
CT scan	\$125 - \$350		

Emergency evacuation \ Bangkok / (Air Ambulanc	
Chronic Illness 1. Type 1 Diabetic 2. High blood pressure	approx. \$7,500 per year approx. \$1,200 per year
Acute Illness 1. Common cold 2. Gastroenteritis 3. Urinary Trac Infection 4. Food poisoning	\$125 \$110 \$233 \$250
Accident 1. Torn ligament 2. Broken leg Mortal Remains sent to home country	\$5,000 - \$12,000 \$2,500 \$7,500 - \$12,000