PACIFIC CROSS VIETNAM

*The strength behind your insurance*

# PHYSICIAN EXAMINATION REPORT

FOR APPLICANTS OVER AGE 65 ONLY

**NOTE: Please complete in full and mail this form to Pacific Cross Vietnam. Non-Pacific Cross Vietnam Pre-Approved Doctors will need to submit Board certifications and license information along with this report.**

## PART I (TO BE FILLED OUT BY THE APPLICANT)

Name: (Last) _____ (First) _____ (Middle) _____
Address: _____

Tel: _____ Fax: _____ E-mail: _____
Date of Birth (day/month/year): _____ Age: _____ Sex: _____
Country of Citizenship: _____ Country of Residence: _____
Father's Name: _____ Mother's Name: _____
If Deceased, Caused of Death: _____ If Deceased, Caused of Death: _____

No. of Siblings: _____ If Any Sibling is Deceased, Caused of Death: _____
Medicare Coverage: YES ❑ NO ❑
This note gives the physician permission to report any medical information requested to **Pacific Cross Vietnam.**

Signature of Applicant: _____ Date (day/month/year): _____

## PART II (TO BE FILLED OUT BY PHYSICIAN)

### II-A: MEDICAL QUESTIONNAIRE: (Mark "Yes" or "No" and circle the specific item)

| | YES | NO |
|---|---|---|
| 1. Weight loss/weight gain for the past 6 months | ❑ | ❑ |
| 2. Unexplained headache/dizziness, seizure, localized weakness or numbness | ❑ | ❑ |
| 3. Blurring of vision, recurrent rhinitis, sorethroat, ear discharge or decreased hearing sensation | ❑ | ❑ |
| 4. Painful swallowing, recurrent abdominal pain, change in bowel habit and caliber of stool, hematemesis, hematochezia or melena | ❑ | ❑ |
| 5. Chest pain, choking sensation, shortness of breath, easy fatigability, orthopnea or paroxysmal nocturnal dyspnea | ❑ | ❑ |
| 6. Frequent/painful urination, change in caliber of urine/hematuria, passage of stone | ❑ | ❑ |
| 7. Abnormal vaginal discharge or bleeding, painful/abnormal menstruation, breast pain | ❑ | ❑ |
| 8. Joint pain, non healing wound, change in color of extremities, claudication, cramps, edema | ❑ | ❑ |
| 9. Ecchymoses, petechia, easy bruisability, gum or nose bleeding | ❑ | ❑ |
| 10. Allergies, history of angioneurotic edema or any anaphylactic reaction | ❑ | ❑ |

Details: _____

**ADDITIONAL INFORMATION:**

_____

_____

**SOCIAL HISTORY:**

| | YES | NO | |
|---|---|---|---|
| SMOKING | ❑ | ❑ | Details: _____ |
| ALCOHOL INTAKE | ❑ | ❑ | Details: _____ |
| ANY FORM OF EXERCISE | ❑ | ❑ | Details: _____ |

**FAMILY HISTORY:** _____

_____

_____

**PAST MEDICAL HISTORY (confinements, previous illness, etc.):**

_____

_____

_____

## II-B PHYSICAL EXAMINATION REPORT: (Please comment on each area)

1. VITAL SIGN: BP: (SITTING) _____ (STANDING) _____ HR: ____/ MIN TEMPERATURE: _____ $^{0}$C
   HEIGHT: _____ cm WEIGHT: _____ kg
2. HEENT: EYES: _____
   FUNDOSCOPY: _____
   NOSE: _____ NECK/THROAT: _____
   EARS: _____
3. LUNGS: _____
4. BREAST EXAMINATION (for female): _____
5. HEART: _____
6. ABDOMEN: _____
7. EXTREMITIES: _____

**DIAGNOSTIC TEST RESULTS (copies of relevant results are required):**

A. CHEST X-RAY: _____
B. 12 LEAD ECG: _____
C. ROUTINE URINALYSIS (Micro): _____
D. COMPLETE BLOOD COUNT (CBC): _____
E. LIPID PROFILE: _____
F. LIVER FUNCTION TEST (SGPT, SGOT, GGT, Alkaline phosphate, Bilirubins, Albumin): _____
_____
G. KIDNEY FUNCTION TEST (BUN, Creatinine, Uric Acid): _____
H. THYROID FUNCTION TEST (T3 & T4): _____
I. FASTING BLOOD SUGAR: _____ J. HbA1c: _____
K. HEP TESTS (B & C): _____ L. HIV: _____
M. PSA (MALE): _____ N. PAP SMEAR (FEMALE): _____

**ADDITIONAL TEST RESULTS (to be done if indicated): (copies of relevant results are required)**

A. 2-D ECHO CARDIOGRAM WITH DOPPLER: _____
B. TREADMILL STRESS TEST: _____
C. BILATERAL MAMMOGRAPHY ULTRASOUND (for female): _____
D. URINALYSIS (C&S): _____
E. ABDOMINAL ULTRASOUND: _____
F. ALPHA FETOPROTEIN: _____

**IMPRESSION:**

_____

_____

_____

| Signature of Attending Physician | Name of Physician | Date (day/month/year) |
|---|---|---|

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