

# Contents

[7.4] Flight Response Avoidance . . . . .	1
---	---

## [7.4] Flight Response Avoidance

**1. Operational Definition:** A stress-induced response where an individual avoids or delays engaging with stressful security tasks (like complex alerts or incident response), manifesting as procrastination, task abandonment, or deflection of responsibility.

### 2. Main Metric & Algorithm:

- **Metric: Task Avoidance Rate (TAR).** Formula:  $TAR = \frac{N_{reassigned\_or\_unclaimed\_tasks}}{N_{total\_tasks\_assigned}}$ .

- **Pseudocode:**

python

```
def calculate_tar(employee_id, start_date, end_date):
    # Get all high-severity tasks assigned to the employee
    assigned_tasks = query_jira_api(f'assignee = {employee_id} AND created >= {start_date}')

    # Count tasks that were reassigned or left unclaimed until timeout
    avoided_tasks = 0
    for task in assigned_tasks:
        if task.status == "Reassigned" or (task.status == "Open" and task.time_since_assignment > timeout):
            avoided_tasks += 1

    total_tasks = len(assigned_tasks)

    if total_tasks > 0:
        tar = avoided_tasks / total_tasks
    else:
        tar = 0
    return tar
```

- **Alert Threshold:**  $TAR > 0.2$  (20% of high-severity tasks are avoided).

### 3. Digital Data Sources (Algorithm Input):

- **Ticketing System API (e.g., Jira, ServiceNow):** assignee, created, status, status\_history, priority.

**4. Human-To-Human Audit Protocol:** Structured interview with the employee and their manager: “When was the last time you felt overwhelmed by a task and didn’t know where to start?” “Can you walk me through your process when a critical alert is assigned to you?” Review workload and task complexity.

### 5. Recommended Mitigation Actions:

- **Technical/Digital Mitigation:** Improve task assignment logic to better match skill sets and current workload. Implement a “request help” button in the ticketing system that automatically pings a senior analyst.

- **Human/Organizational Mitigation:** Establish a mentorship program. Break down complex tasks into smaller, manageable sub-tasks with clear instructions.
- **Process Mitigation:** Introduce clearer escalation paths and define explicit criteria for when a task can be legitimately reassigned.