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| **Emotional**  **Intelligence** | | **Teacher:** |
| **School:** |
| Standards/Objectives Met:  Emotional intelligence, or EQ, is now more important than IQ in achieving career success. This is because as technology disrupts the workforce and automation continues, young peoples’ employment will be focussed more and more on working with people. Students will need to be able to understand and regulate their own emotions, as well as the emotions of their peers and managers. If students can learn this skill then they will not only be successful in their careers, but in all aspects of their life including relationships with family and friends.  This lesson links strongly with the English learning outcomes stated in the Western Australian curriculum. Specifically, this lesson will develop students’ personal and social capability by helping them to understand themselves and others, manage their relationships and learning, recognise and regulate their emotions, and develop empathy for others.  **This lesson plan is based on a 60 minute class.** | | |
| Time | Procedures Followed | Materials Used |
| 5 minutes | * Start by introducing the topic of emotional intelligence, using the description above to help you * This will provide students with an understanding of why the topic is relevant for them * This will also give you time to log into your Futuristic account | Sign in to Futuristic Teacher account |
| 5 minutes | * Students log into their Futuristic accounts to complete the ‘Module Survey’ | Students log into their personal accounts and access the first link within the Emotional Intelligence module |
| 5 minutes | * Students complete the ‘Emotional Intelligence Quiz 1’ | Students access the second link within the Emotional Intelligence module |
| 5 minutes | * Before you start the video, encourage students to take notes on the content * Students will watch the full video together as a class | Go to ‘Emotional Intelligence’ module and click on the video on the page |
| 8 minutes | * Students break up into small groups of 2-4 people * Discussion questions in small groups * Choose three questions from the list of six questions about emotional intelligence | Access the ‘Discussion questions’ section of the module |
| 10 minutes | * One member of each group is given one minute to summarise their group’s discussion | No materials required |
| 10 minutes | * Class discussion about the action items, and time for students to start them | Access the three action items |
| 5 minutes | * Students complete ‘Emotional Intelligence Review Quiz’ to test their understanding of the video content | Students complete the second last link on their accounts |
| 5 minutes | * Students to complete the ‘Emotional Intelligence Module Feedback’ survey | Students complete the last link on their accounts |
| 2 minutes | * Summarise the skill of emotional intelligence, why it is important and the homework for the students (see below) * Students should be graded during the following lesson about the completion of their homework | See homework section below |
| Homework Given:  **Students are to complete the four action items relating to emotional intelligence on the platform. You can then make comments about the completion of these outcomes below.** | | |
| Teacher Notes: | | |