

HLC307

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Building a Healthcare-Compliant Platform for Adopting a Cloud-First Strategy Using AWS

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This session provides an overview of how Change Healthcare invested in people, process, and an automation platform to adopt a cloud-first strategy. Starting from building a Cloud Center of Excellence team, they identified the compliance, security, and cost optimization requirements and process required to build a framework. They also embedded healthcare compliance, security, architecture best practices, and customer-specific rules and standards for a managed adoption of the cloud. Change Healthcare is leveraging their Cloud 2.0 framework to rapidly deploy their mission applications into AWS. Come learn how Change Healthcare built a serverless architecture using Amazon ECS, AWS Lambda, AWS CodeDeploy, AWS CodeCommit, AWS CloudFormation, AWS Service Catalog, AWS OpsWorks, AWS Elastic Beanstalk, and other managed services.

Building a secure healthcare-compliant framework to accelerate the adoption of our Cloud-First strategy on **AWS**

Agenda

- Introductions
- A brief history of our journey to the **Cloud**
- Establishing a **Cloud** Center of Excellence
- Heuristics: **Cloud-First** and Security by Design
- Automation in all things
- Building a Gold Base AMI
- Scanning for compliance
- Cost Management

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Introductions

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CHANGE HEALTHCARE

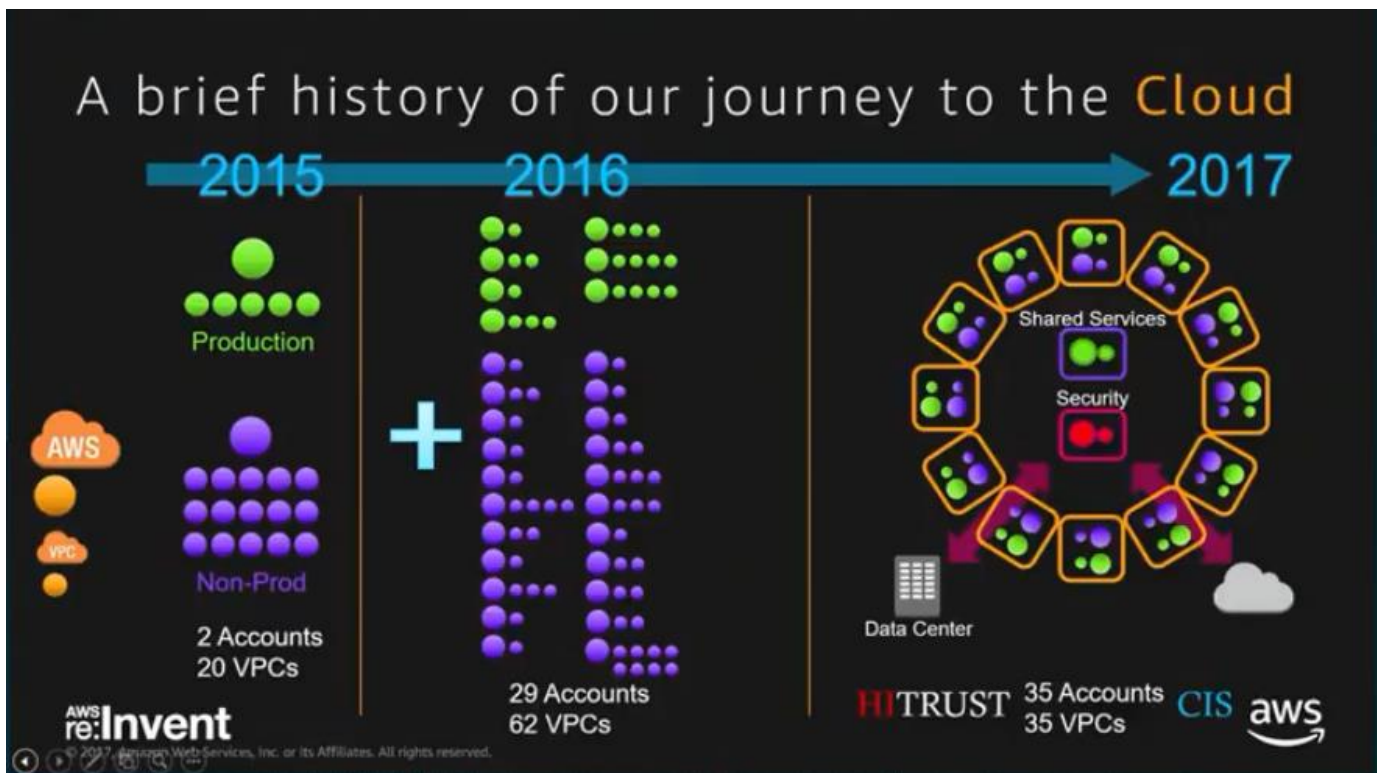
Championing improvement before, after, and in-between care episodes and helping provide a visible measure of **quality** and **value**

5,500 Hospitals
130,000 Dentists
800,000 Physicians
600 Laboratories

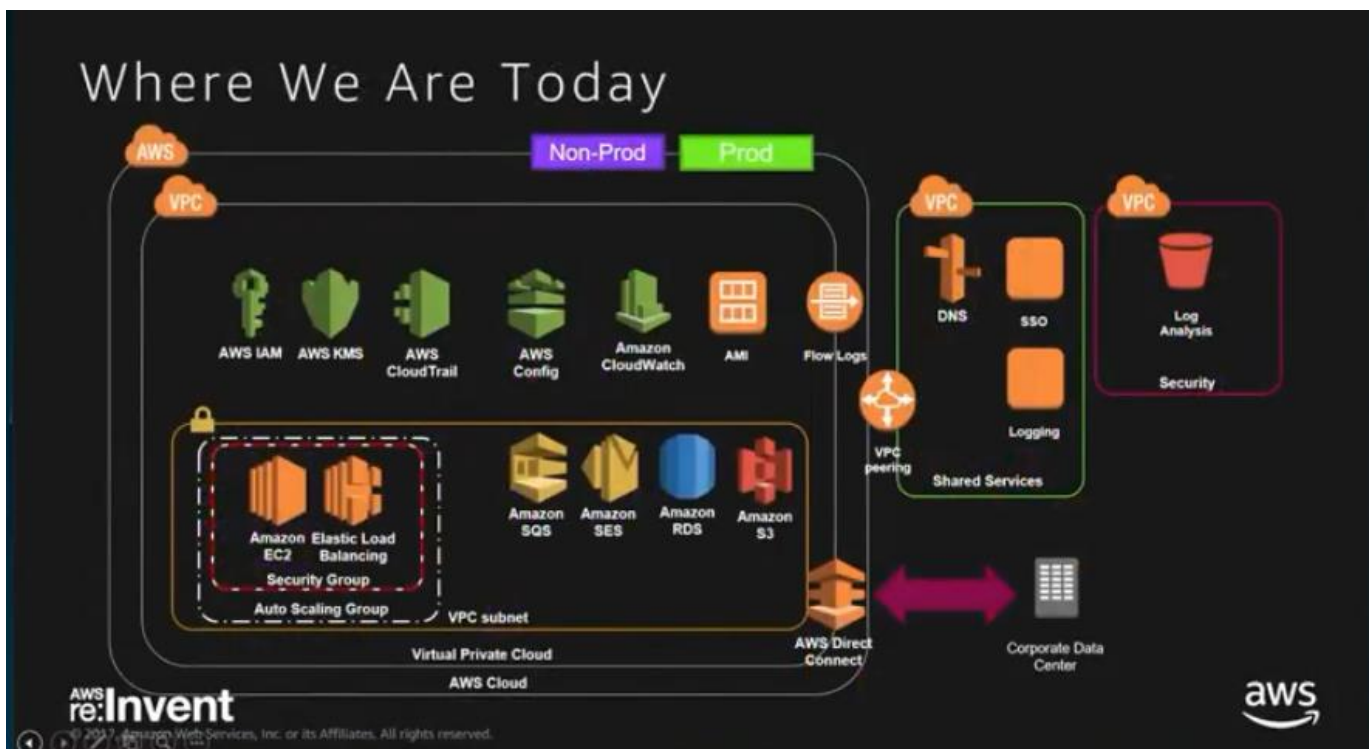


2,100 Payer Connections
1 in 5 US Patient Records
\$2.0 trillion Healthcare Claims
12 billion Healthcare Transactions

Change Healthcare is an Independent healthcare and IT services company

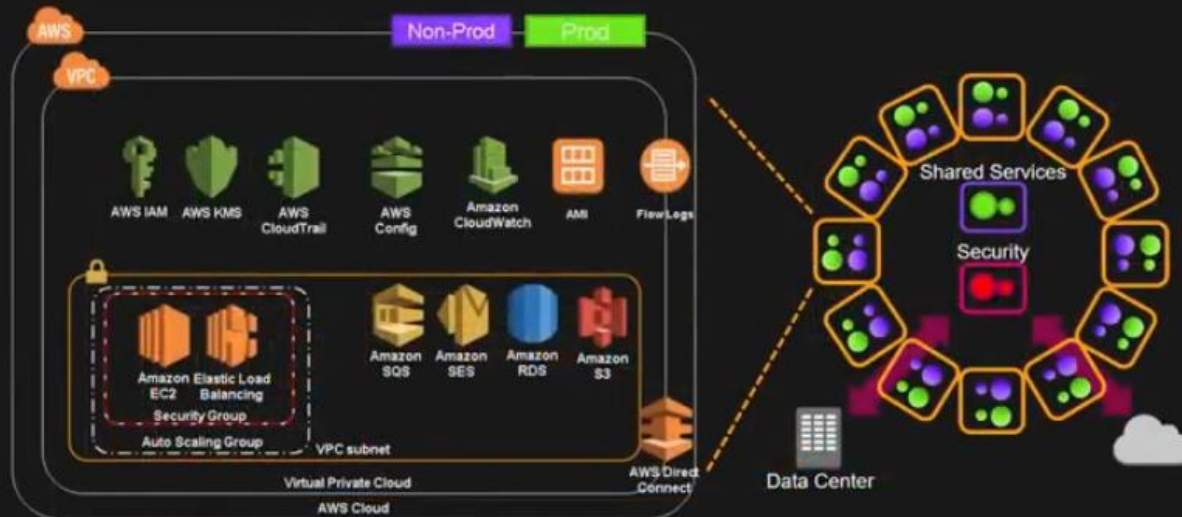


We finally went to an automated services approach where the teams own certain things and the cloud team own and managed some things through automation. Our major business units have accounts that they manage and deploy their applications into



The same code creates all these environments automatically and for reproducibility. We create a new VPC and then a subnet for any new business units or just a subnet for a new business application if a VPC already exists

Where We Are Today



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Establishing a Cloud Center of Excellence

- Cloud steering committee
 - Members: InfoSec, strategic programs, IT, finance, Office of the CTO, engineering
 - Sets the **North Star** for our cloud strategy
 - Created core cloud policies and standards
 - Reviews and approves (mostly denies) exceptions to cloud policies and standards
- Cloud infrastructure engineering—**tools**
 - Encodes Cloud policies into Cloud environment as code
 - Builds automation to manage our cloud environment
- Cloud infrastructure engineering—**Ops**
 - Uses the above tools to manage those components of the cloud that are centrally controlled
 - Interface between application teams and on-boarding to the cloud
- Strategic programs—**cloud**
 - Provides high level oversight and coordination for all applications going to the cloud



AWS Lambda



AMI



AWS Service Catalog



Amazon S3



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Heuristics: **Cloud-First** & Security by Design

Establishment of Engineering Heuristics—rules you won't break

- **Cloud First**—the cloud is not just another data center with virtual machines
 - Leverage managed services
 - For every problem ask, "How do we best solve this in the Cloud using current best practices?"
 - Let the modern tools solve the old, hard problems
- **Security by design**
 - Secure every part all the time
 - Apply the principle of **Least Privilege**
- **Automate everything**
 - Build everything as **infrastructure as code**
 - Do not log into the console and make changes
 - Never log into a server

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Heuristics: cloud-first & security by design



Secure



Managed



Standards



Documented



Infrastructure as Code

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Automate Everything!

Automate Everything: Example

For this presentation, I asked my **Cloud Operations** team for access to our environment so I could see code and create screenshots.

I logged into **Git** and saw this...

```
Commit 423a8693 authored 50 minutes ago by Dickinson, Alan

Merge branch 'addTorsten' into 'master'

Fixing account numbers and adding Torsten to ReadOnly

Showing 1 changed file with 3 additions and 1 deletions

common/team/nimbus/trust_relationships/readonly.j2

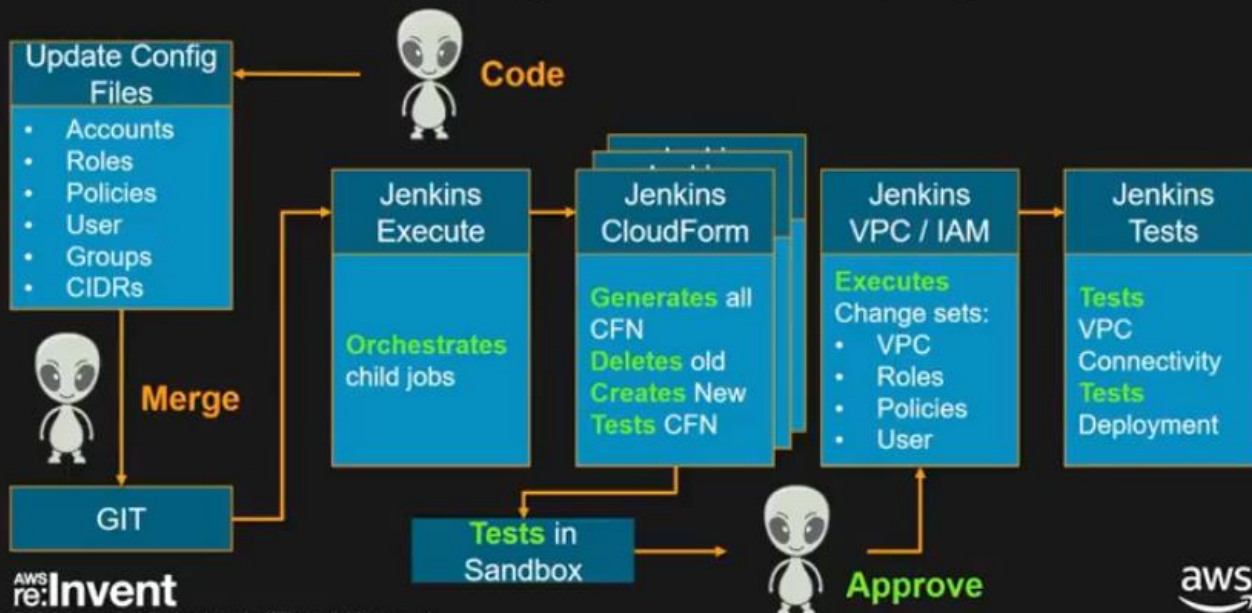
...      ...      @@ -6,5 +6,7 @@ Statement:
6         6         - arn:aws:iam::352562074601:role/Cie-EcsInstance
7         7         - arn:aws:iam::72345727555:role/Cie-EcsInstance
8         8         - arn:aws:sts::19562700312:assumed-role/ReadOnly/wsullivan
9         9         - arn:aws:sts::19562700312:assumed-role/ReadOnly/wsullivan
10        10        + arn:aws:sts::19562700312:assumed-role/Developers/tkablitz
11        11        + arn:aws:sts::19562700312:assumed-role/Developers/tkablitz
12        12        Action: sts:AssumeRole
```

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Automate Everything—Account Management

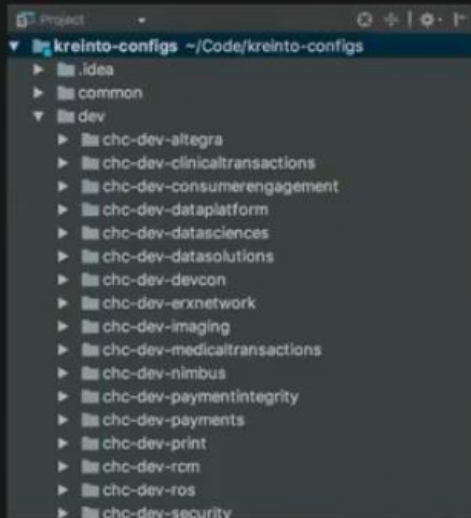


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Automate Everything—Account Management



All the configurations for all of the product teams are in one place.

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All of our environments are in code, with all our configurations

Automate Everything—Everything is in code

kreinto-configs → common → team → nimbus → **trust_relationships** **readonly.j2**

```
1 Version: "2012-10-17"
2 Statement:
3   - Effect: Allow
4     Principal:
5       AWS:
6         - arn:aws:iam::000000000000:role/Cie-EcsInstance
7         - arn:aws:iam::000000000000:role/Cie-EcsInstance
8         - arn:aws:sts::000000000000:assumed-role/ReadOnly/wsullivan
9         - arn:aws:sts::000000000000:assumed-role/ReadOnly/wsullivan
10        - arn:aws:sts::000000000000:assumed-role/Developers/tkablitz
11        - arn:aws:sts::000000000000:assumed-role/Developers/tkablitz
12      Action: sts:AssumeRole
13
```

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Automate Everything—Generate CFN

```
1
2 stage('Generate Team CFN templates and changesets') {
3   for (team in account.config.teams) {
4     println "Creating changeset for ${team.name} IAM"
5
6     def trustsList = []
7
8     for (role in team.roles) {
9       trustsList[role.trust_policy] = "configs/${account.info.environment}/${role.trust_policy}.j2"
10    }
11
12    team['trusts'] = trustsList
13
14    def policiesList = []
15  }
```

trust_relationships readonly.j2

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Automate Everything—Build & Deploy CFN

```
25 def stackName = "Infra-${team.name}-Iam"
26 def playbookVars = [
27   account: account.info,
28   config: team,
29   changeset_name: "${stackName}-${timestamp}",
30   timestamp: timestamp ]
31
32 [...]
33
34 wrap(ansiWrapper) {
35   sh """
36     set +x
37     unset AWS_ACCESS_KEY_ID AWS_SECRET_ACCESS_KEY AWS_SECURITY_TOKEN
38     echo ansible-playbook playbooks/combine-files.yml -f 5 -e '${playbookVarsString}' -${verbosity}
39     ansible-playbook playbooks/combine-files.yml -f 5 -e '${playbookVarsString}' -${verbosity}
40   """
41 }
```

Ansible—builds cloudformation templates and deploys the changesets

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Welcome to Cloud 2.0

At the end of the build process, the job generates a **welcome** page and drops it into the Amazon S3 bucket for that team.

All the application team's AWS resources are **tagged** with:

- Application ID
- Billing
- Name
- Description
- Environment

Welcome to Cloud 2.0 - [Team Name] Team

The following table provides essential account reference information.

Item Name	Details
Team Name Prefix	Team Name
AWS Account IDs	Production: 000000000000 Nonproduction: 000000000000
AWS Account (Alias) Names	Account_1 Account_2
Essential Tags	The following tags are required for resources in AWS: <ul style="list-style-type: none">• Billing• Name• Description Refer to the Tagging Standard for more information.
Application ID	0000000
VPC ID	Production: vpc-0a0a0a0a Nonproduction: vpc-0b0b0b0b
CDN Block	Production: 000.000.000.000/00 Nonproduction: 000.000.000.000/00
Proxy Information	Production Address: http://proxy.xxx.0000 (000.000.000.000) Non-production Address: http://proxy2.xxx.0000 (000.000.000.000)
S3 Bucket Names	Nonproduction: bucket_1 Production: bucket_2
Region	region_1 (All Availability Zones)
KMS Key Information	Not Applicable
Role Name to Assume	[Team_Roles]

Important Cloud 2.0 Links

- [AWS IAM User Guide](#)
- [AWS IAM Roles for Applications](#)
- [AWS IAM Policies for Applications](#)
- [AWS IAM Groups for Applications](#)

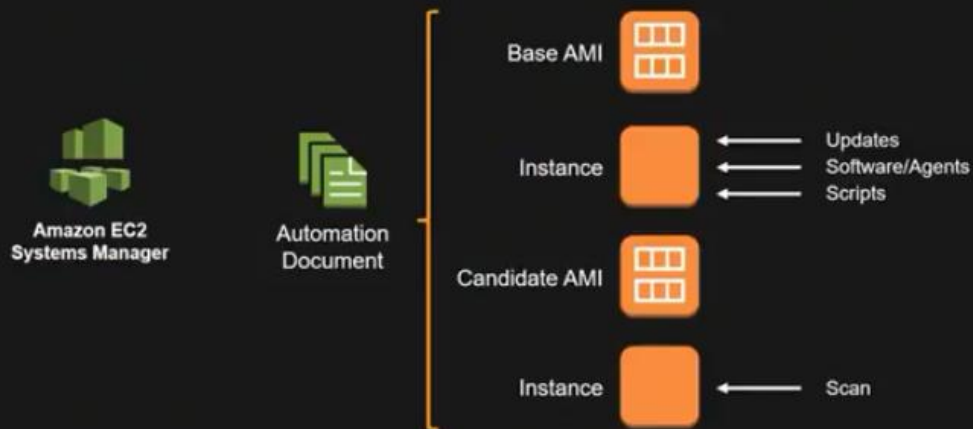


Automate Everything—AMI Gold Image

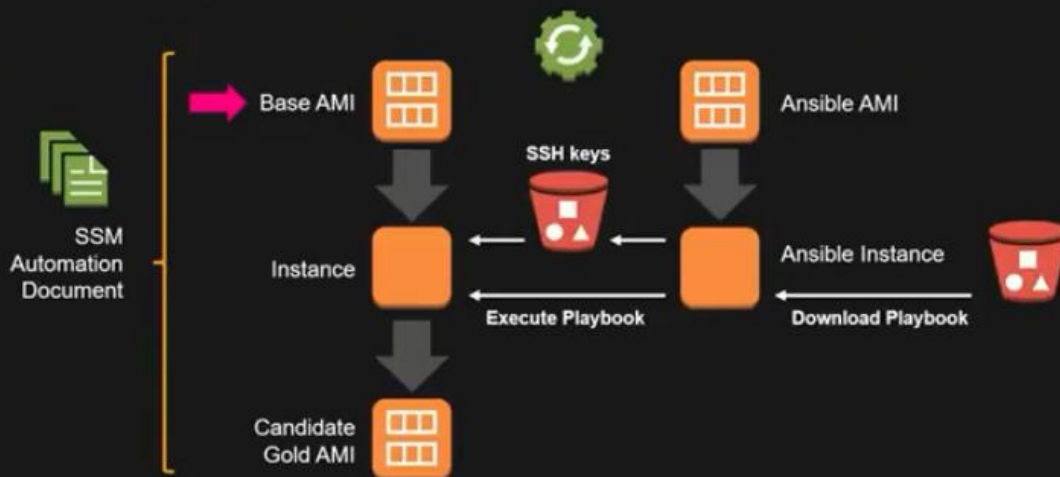
Gold Base AMI—Overall Process



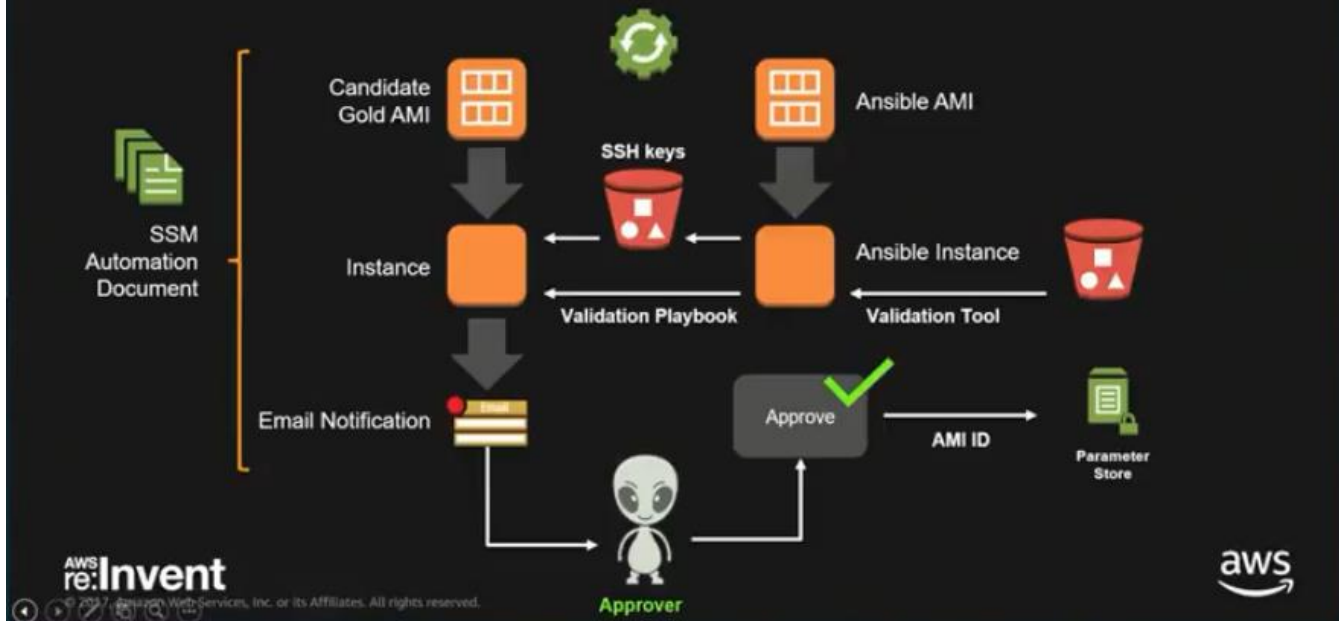
Building the Gold AMI



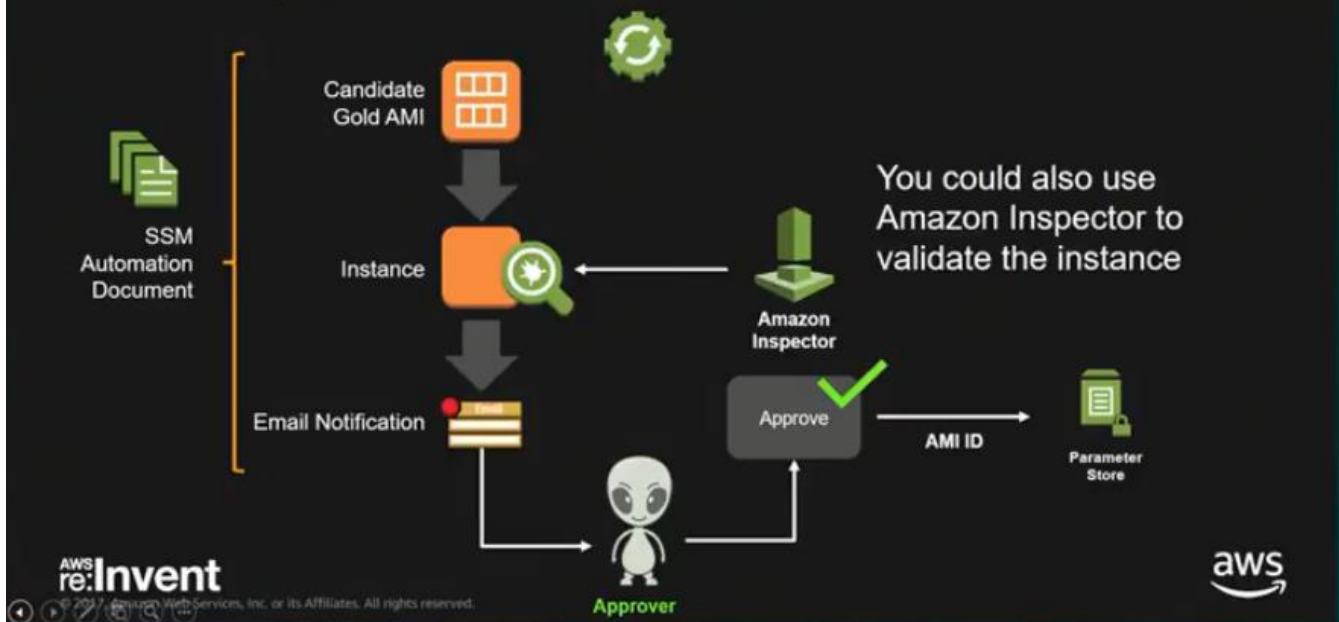
Building the Gold AMI



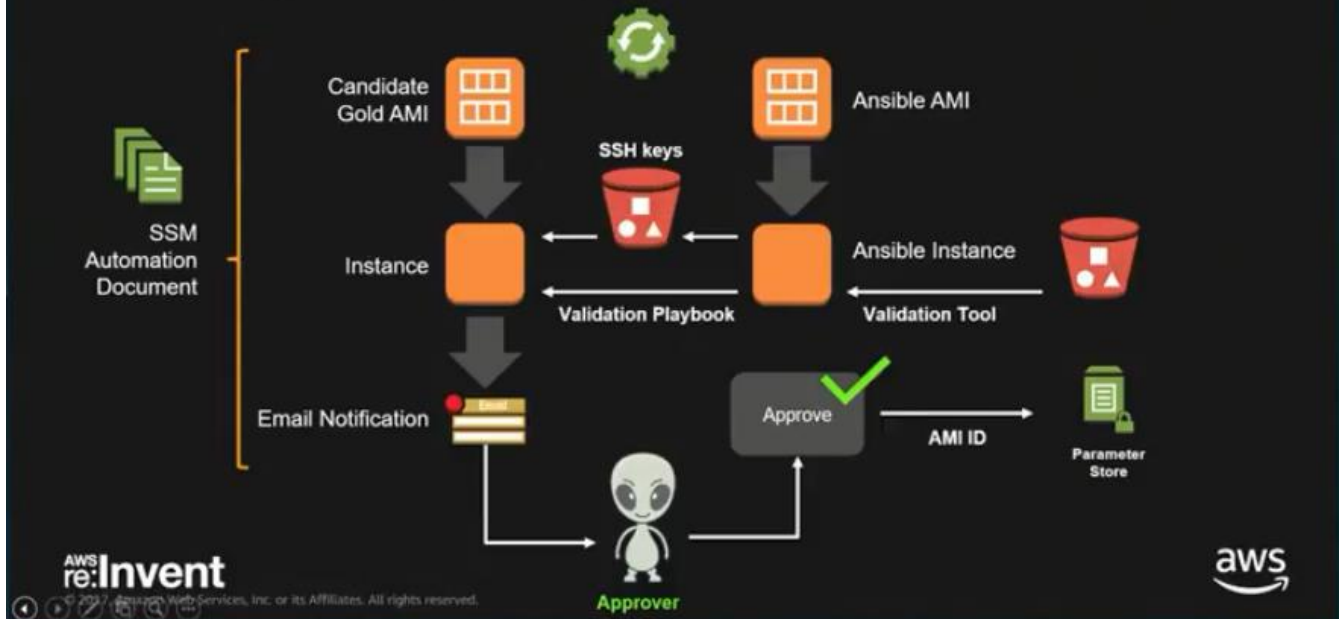
Building the Gold AMI



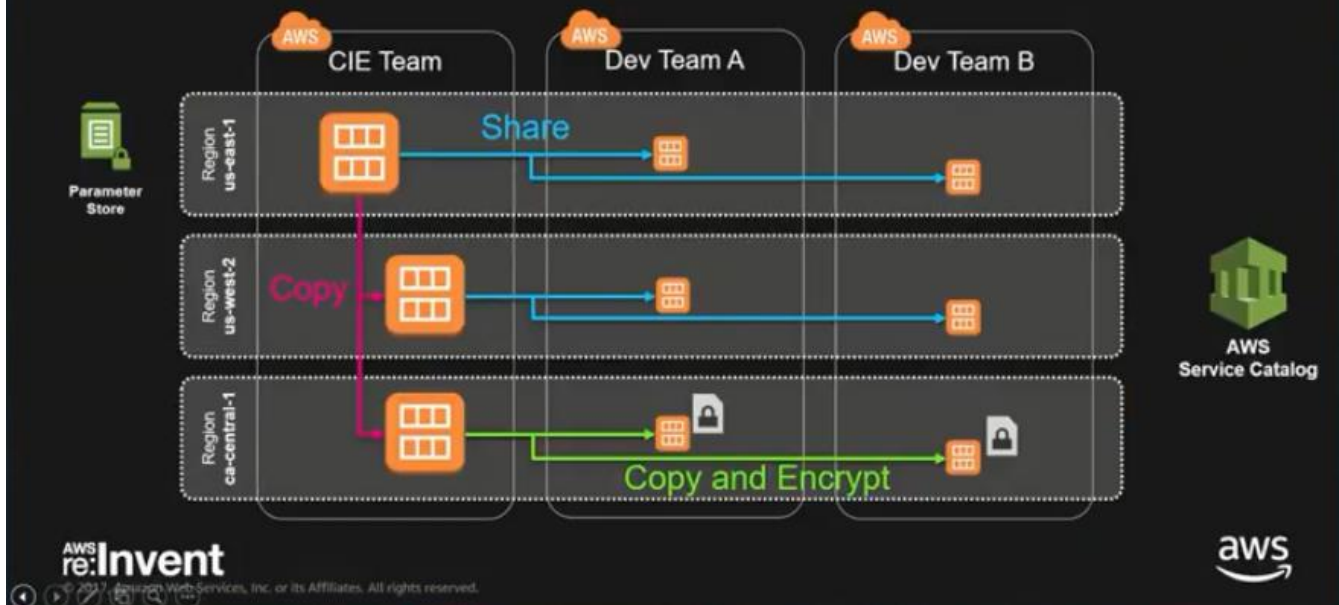
Building the Gold AMI



Building the Gold AMI



Distributing across regions and accounts



Scanning

Scanning for Compliance

We use **CloudHealth** to scan for **CIS** security benchmarks and **AWS** best practices compliance

Severity	Policy Book Name	Summary	Created At	Updated At	Last Evaluation
🟢	Root Account API Access	No violations at the present time	2017-07-19 06:39:52 UTC	2017-07-19 06:39:52 UTC	2017-10-12 06:13:37 UTC
Description The root account has full administrative privileges and should never be used for programmatic API access to AWS.					
Recommended Actions Delete any configured access keys on your root account and replace it with an IAM user or role configured with the minimum privileges required for its use.					
Additional Help • IAM Best Practices					
Nice job! There are no violations at the present time.					
🟢	Root Account MFA Access	No violations at the present time	2017-07-19 06:39:55 UTC	2017-07-19 06:39:55 UTC	2017-10-12 06:13:37 UTC
🟢	EC2 Security Group has large number of rules	No violations at the present time	2017-07-19 06:39:56 UTC	2017-07-19 06:39:56 UTC	2017-10-12 06:13:37 UTC
🟢	IAM User Inactive	No violations at the present time	2017-07-19 06:40:07 UTC	2017-09-22 06:56:43 UTC	2017-10-12 06:13:37 UTC
🟢	EC2 Security Group CIDR Rules	No violations at the present time	2017-07-19 06:40:10 UTC	2017-07-19 06:40:10 UTC	2017-10-12 06:13:37 UTC
🟢	EC2 Security Group Ingress 0.0.0.0/0	No violations at the present time	2017-07-19 06:40:11 UTC	2017-09-28 06:13:23 UTC	2017-10-12 06:13:37 UTC

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Cost Management

Cost management

AWS provides very detailed billing information, but this can be difficult to organize at times.

The **billing tag** allows us to filter on what team owns and are using what services on AWS.

TOP 20 PROJECTED COST BY SERVICE		\$3,521.56	N/A
Service	MTD		
EC2 - Load Balancer Usage	\$327.18		
DynamoDB - Provisioned Write Capacity	\$293.18		
EC2 - Compute	\$260.79		
EBS - Storage	\$184.65		
RDS - Multi-AZ GP2 Storage	\$97.31		
S3 - API	\$91.85		
RDS - Compute	\$82.06		
DynamoDB - Provisioned Read Capacity	\$81.09		
AWS Config	\$27.43		
RDS - GP2 Storage	\$24.28		
AWS CloudTrail	\$23.41		
DynamoDB - Storage	\$22.30		
S3 - Storage	\$7.35		
EC2 - Transfer	\$5.49		
EC2 - Load Balancer Transfer	\$0.92		
Amazon Route 53	\$0.30		
S3 - Transfer	\$0.00		

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Tools we like...



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