

Task 1: What measures have you taken to protect yourself from cyber-crimes?

Cybercrimes are on the rise and to protect myself I am using multiple methods.

- **Firstly, I started educating myself about the latest threats and cybercrime methods. I am increasing my knowledge about phishing, identity theft, and social engineering.**
- **Secondly, I have activated multi-factor authentication for all critical applications like emails, social media, and bank accounts.**
- **Thirdly, for my computer and laptop, I have installed the antivirus and anti-malware and I keep their signatures up to date.**
- **I have increased the complexity of my passwords and I keep changing them regularly. I don't save them in the browsers. I have put filters on my emails, and I keep an eye out for spam emails containing links and pictures.**
- **I am careful about connecting USB devices to my laptop and computer and I scan them thoroughly before connection.**
- **And as a last option, I also made backups of my most important data, and I keep them on a separate portable hard drive.**