



BALI HEALING BEAUTY

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BALI HEALING BEAUTY

Bali Healing Natural Beauty

The newly established BHB is a sanctuary for Beauty And Harmony, where we offer unique top range medical beauty services combined with the latest Naturopathic treatments.

Every procedure is performed by Internationally trained Doctors and Aestheticians.

Enjoy the convenience of multiple experts working together on cutting-edge treatments tailored for you under one roof.

Find us on

balihealingbeauty.com/Trip advisor/facebook/Instagram





MEDICAL MENU

In order to procure optimum results from our medical-grade treatments, we highly recommend a consultation with our in house Specialist.

This is the best way to identify what you exactly need to reach your beauty and wellness goals.

DERMATOLOGY TREATMENTS

Filler

The range to lift with precision and create dynamic facial expression in all skin types and tones.

VOLYME for Temples & Cheeks

LYFT for Cheeks,Nose,Jawline and Chin

REFYNE for Nasolabial Lines,Marionettes Lines

KYSSE for Lips

Juvederm VOLIFT for Lips

Juvederm VOLBELLA w/Lidocaine

Price starts from 4,200,000 IDR/mL

Benefits:

Moulds and contours for a more natural effect as this treatment addresses age-related loss of face volume. Results last up to 8-12 months (may vary according to individuals).





Skinbooster

Improve/enhance skin quality, restores skin structures, elasticity, deep hydration and boosts radiance and glow. Best for skin improvement, neck & decolletage and Hands.

Packages available upon request for 2/mL or more.
Restylane Vital Light/Juvederm skinbooster/
Profhilo skinbooster.
Price starts from 3,500,000 IDR/mL

Nucleofill

Polymerised Polynucleotide Gel by PROMOITALIA LAB, Milan, Italy
It is not a filler nor a HA Skin Booster, but instead a Bio-simulator for
skin rejuvenation and protection with a natural effect. Formulated
to minimise allergic risks and safe for all types of skin.

Nucleofill 1.5 mL at 5,000,000 IDR
Packages available upon request.

Benefits :

Receptor on skin fibroblast/powerful antioxidants/polynucleotides bind to water improves isosmotic hydration for the skin texture.





Microneedling with MDerma

The MDerma is the newest micro-needling treatment available today. It uses sterile cartridges that have multiple needles which penetrate vertically, generating small micro skin channels of lesions that stimulate the skin and accelerate new skin cell growth.

MDerma price start from 1,800,000 IDR per/Treatment
MDerma with PRP/Growth Factor available upon request.

Benefits:

Reduction of fine lines/improves acne scarring/healed surgical scars. Best results achieved after 4 to 6 sessions,

PRP for Alopecia Areata.

New approach and promising therapy in patients suffering from Alopecia Areata or hair loss.

Administration of autologous PRP Therapy proves good results for new hair growth

Treatment starts from 1,800,000 IDR
Packages of 3+1 free at 5,400,000 IDR
Packages of 5+ 2 free at 9,000,000

Benefits:

Significant Hair Growth after 4-6 sessions/improve blood circulation/increased cell growth.





Acne Treatments

If you suffer from acne, unsure what is causing it, and would like to treat it naturally as well as prevent future breakouts and scarring, we can help!

Book an appointment with our Naturopathic Physician/Dermatologist for a consultation session. Our highly-trained Naturopathic physician may recommend various specialised tests provided at the clinic in order to diagnose the underlying root cause accurately.

**Consultation and Live Blood Analysis @ 2,000,000 IDR
Follow up Consultation @ 1,000,000 IDR**

Fat Reduction with PPC for Face/ Body Sculpting

PPC Fat Dissolving solution is a safe product made of high-quality purified PPC and sodium deoxycholate. The reliable fat melter is more affordable, easier and time efficient.

PPC Injectable starts from 1,000,000 IDR per 1/mL.

Benefits:

Reduce the layer of fat storage/ elasticity regeneration/boost metabolism.





Growth Factor Therapy

These procedures harness the Science of Live Cell Therapy. The natural non-surgical procedures to enhance the appearance of ageing skin.

Prices start from
3,000,000 IDR/2cc Ampoules
Packages of 6 Treatments @ 6,000,000 IDR

Benefits :

Reduction of fine lines & wrinkles/Accelerate repair of ageing and injured muscle/Immunesystem function/Endocrine system regulatory function.

DMAE Mesotherapy

DMAE strengthens the skin by increasing collagen type 1 & 2. It helps to firm the skin by increasing the skin elasticity. 'Mind Health Compound', because of its ability to reduce chemicals that impair cognitive function with age..

Prices starts from 1,500,000 IDR/mL

Benefits :

Improves sagging Neck lines or Jawlines/Face contouring/Revitalise the skin.





Gyneco-Aesthetic Treatment at Bali Healing Beauty

Intimate Hyperpigmentation

The aging process takes place in the genital-perineal and adjacent areas in the same way as in the rest of the body. Intimate Hyperpigmentation is a disorder caused by an access formation of melanin that involves skin darkening around the anal and external genital areas. In addition, the fact that melanocyte activity is greater in this area than in the rest of the body is also responsible for the high prevalence of color change affecting it.

Internal /External Factor

1. Age - aging of vaginal/penis tissue is caused by changes in the biological, biochemical and molecular mechanism that can result in pigmentation disorder.
2. Genetic predisposition.
3. Hormonal changes - The increase of oestrogens stimulates the activities of the enzyme tyrosinase that is responsible for the melanin overproduction. 90% of pregnant women show hyperpigmentation. The most affected areas beside the face, are external genitals, groins, nipples, areola of the nipple and underarms.
4. Beauty Habits - Body Hair depilation can cause abrasion and folliculitis. Especially, with brazilian waxing and laser hair removal leading to inflammation in these areas.





Dermamelan Intimate by Mesoestetic Barcelona (gyneco-aesthetics specific)

The depigmentation solution for the intimate area. It's a 2-stage protocol using intensive depigmentation with our in-house

Specialist in phase 1 and for home care use in phase 2. Mesoestetic shows a unique method to correct, in a single clinical session, pigmentation imperfections and improves the quality and appearance of the intimate areas.

Specially formulated to be effective and sensitive to the skin in these areas.

Results can be achieved using a corrective, regulating action for a short and long term to correct the hyperpigmentation of :

- Genital-perineal area
- Perianal area
- Mons pubis
- Inner thigh, groin and butt areas.

Price available upon consultation with our Specialist Doctor. Home care packages available for purchases for post-care.





ALPHA BETA HYDROXY ACIDS PEELING

A free consultation with our in-house Specialist is required before each treatment.

A Chemical Peel is a dermocosmetic procedure designed to act at various depths giving the practitioner the flexibility to design bespoke treatment. It causes accelerated, controlled skin regeneration.

Each unique formula allows the chemical exfoliants to peel on the skin tissue that enhances the removal of external layers to stimulate collagen, elastin and glycosaminoglycan production.

Factors influencing exfoliation depth are :

- Skin Type & Condition/Texture of the skin.
- Type of Chemical substance or combination used/ Different Concentration & pH used.
- Skin preparation method/Application Technique used by the Specialist.

Mesoestetic (mesopeel solution)-The element for skin care experts

We apply the most advanced range of specific chemical peel, designed for our specialist requiring safe, effective, easy-to-use and controlled products formulated to treat hyperpigmentation, signs of each aging stages and aesthetic concern such as acne and its sequels, cuperose, rosacea, stretch marks and other outer skin problem without undergoing invasive treatment. Mesopeel is the ideal solution to optimise other medical procedures (anti aging/ depigmentation/mesotherapy/facial implant/electroporation/ radiofrequency/laser).

Performing a peel several times a year helps maintain a healthy appearance and improves skin textures. To achieve the best results, adequate skin preparation and full post-treatment follow-up are essential. We provide home-range products designed to prepare, improve and extend the results obtained at our clinic.





Each Mesopeel has a registry number granted by the Spanish Agency for Medicinal Products accrediting them as aesthetic products. As well as from the Indonesian government for PT Herca Cipta Dermal Perdana. All Mesoestetic Pharma Group facilities follow the European Good Manufacturing Practice (GMP) guidelines and obtain ISO certification for quality management.

Maximum versatility and effectiveness with clinically proven results

Price List available upon Consultation





Most of us know that Acetyl Hexapeptide-8 prevents the formation of expression wrinkles by somehow inhibiting muscle movement. Also known as Botox alternatives.

Acetyl Hexapeptide-8 by C.prof 213 Mesotox solution

Ingredient : Acetyl Hexapeptide-8/Pentapeptides/Niacinamide

- Also known as Agireline and Acetyl Hexapeptide-3
- Synthetically driven from a natural source.
- Has water binding and skin restoring properties.
- Is consider an alternative to Botox for neurotransmitter-inhibiting peptide.

Description

Acetyl Hexapeptide-8 is a synthetic peptide that is primarily used in skin care products. Formerly known by its original trade name Argireline and generically as acetyl Hexapeptide-3. It has water binding properties and skin restoring abilities that plays a role in helping skin look and feel younger. It's a neurotransmitter-inhibiting peptide, meaning it works within skin's surface layers to interrupt the look of expression lines and also helps support skin's collagen to preserve a firmer appearance.

Acetyl Hexapeptide-8 is made by Lipotec (Based in Barcelona, Spain). Lipotec discovered that this peptide mimics one of the proteins in the SNARE complex and as a result can destabilize it equals to lessen wrinkles. A super lipid (called a vesicle) releases a neurotransmitter to the synapses, sending a signal for the muscle movement. Three proteins, called the SNARE complex, are essential for the final stages of this process (called exocytosis) where Acetyl Hexapeptide-8 works its magic.

Spanish University studies and published in the International Journal of Cosmetic Science claimed that the concentration of Acetyl Hexapeptide-8 reduced wrinkles by 30% over 30 days.

Cost of Meso Injectable for facial expression starts at 1,000,000/1mL Packages available that Include Skin peeling & Vitamin Infusion for optimal results.



Meet our Experts:

Naturopaths are masters of Natural Medicines. As licensed physicians, our experts are trained for many years to utilise and harness a vast array of modalities, knowledge and technical experiences to best support wellness and prevent diseases.

Docere is a tenet of Naturopathic Medicine and is at the heart of each treatment present on NaturalPath. Translated from Latin, the term is defined as Doctor or Teacher. This philosophy has given birth to Bali Healing Natural Health Center.

Peggy Marienfeld, Founder:

The founder of Bali Healing Natural Health Center in Bali, Indonesia. A licensed Naturopathic physician who successfully operated a clinic in Frankfurt for 11 years, her commitment and passion is to motivate individuals and communities globally to be conscious of their health through personalised, compassionate and integrative care.

Dr. Peggy has extensive experience in public health and clinical research, and combines modern science and naturopathic modalities. Every person is a unique individual and she strives to understand the underlying causes of ailments. She incorporates independent consulting sessions in treating and preventing chronic diseases through a personalised lifestyle approach including nutrition, blood analysis and testing, nutraceutical and homoeopathy. Her fascination with Bali comes with an impeccable balance of nature and her curiosity about the human condition as a whole.





Michelle Hansen

B.Acupuncture (1991), PostGraduate Chinese Herbal Medicine
B. Asian Studies, Dip. Physical Therapies.
Assisted by her TCM trained Nurse Sylvia from Indonesia.

Michelle has vast clinical experience in Australia, and her last post saw her working in an Integrative Medical Centre specializing in Traditional Chinese Medicine. Now located in Bali, she is as passionate today about helping people achieve their wellness goals as ever before.

Ariadna Bajiga

Based in Bali, Ariadna was trained as an Osteopath in Barcelona from 2007-2011. Her experience has allowed her to work with a diverse patient population including individuals suffering from chronic pain and persons with complex rheumatological presentations. Being an avid surfer in Bali and through experiencing various injuries herself, Ariadna believes that an important part of what she does now is educating people about how their own bodies work and what tweaks can be made to their normal routines to prevent recurrence of injury. With her local Indonesian trained therapist, together they aim to provide patients with suitable and personalised tools to reach their goals - be that to reduce pain, improve performance, or prevent injury.





Our Team of Specialist Doctors:

Dr. Marrietta Sugiarti Sadeli, Sp.DV, Indonesia.

"Skincare never stops changing. Your skin needs and conditions don't define you. Your main concern may be managing the signs of premature ageing, or you could be conscious of irregular pigmentation or rosacea - maybe you're fighting a battle against breakouts and acne. I can help you get to the root of the problem and create a skin health plan that addresses each individual issue. Your skin identity is part of who you are, not the whole."

Dr. Marrietta is an experienced Skin Specialist, working in the field of Aesthetic Medicine. She has undergone extensive training in both anti-wrinkle and dermal filler treatments as well as additional training in products such as Profhilo and Nucleofill, a revolutionary new skincare remodelling treatment. An active member of Indonesian College of Dermatology and Venereology, she participated in many Scientific conferences for aesthetics such as IMCAS and The Eastern Asia Dermatology Congress. Through her impressive skill set, Dr. Marietta particularly aims to achieve stunning natural looking results whilst practising safe working practices that is followed by a bespoke treatment plan.

Dr. Ana Rahmawati. Sp.DV, Indonesia.

"As the Senior Skin Specialist at Bali Healing Natural Beauty, I provide our clients with the most recent and effective aesthetic treatments. I have had a long career in the beauty industry working along some of the most prestigious clinics in Indonesia. My goal is to use passion, to guide my clients on their journey to better skin health and wellbeing. I will help you create a bespoke plan that targets existing conditions, and show you how to manage the way your skin matures."





Dr. Ana has 10 years of experience working in Indonesia in various aesthetics clinics and has worked with many prestigious brands. She is a graduate from the College of Dermatology and Venereology of Indonesia and also runs her own practice in Bali.

Dr. Luh Gede Wiwin Witsari Dewi, M.Biomed(AAM), Indonesia.

A graduate from University Trisakti, Jakarta and trained in Bio-med Anti-Aging Medicine at Bali Udayana Universitas.

Born in The Island Bali, she follows the traditional Balinese philosophy of life in the island, 'Tri Hita Karana'. The literal translation is "Three causes of wellbeing" or "Three reasons of prosperity".

These three causes referred to in the principle are; "Harmony in God amongst people and Harmony with Nature and Environment".

She is currently pursuing her education in Biomed, learning the latest technology that embraces Natural medicine with Modern medicine for aesthetic treatments.

