YouTube video tutorials:

<https://youtu.be/3NjQ9b3pgIg> <https://youtu.be/ZB8iLS929vA> <https://youtu.be/69yBo4nLHM0> <https://youtu.be/xvN3IZww91I> <https://youtu.be/C43KVxMCYfA> <https://youtu.be/aRbKFCY4tjE> <https://youtu.be/JO55V34EnK8>

<https://youtu.be/ey4dXseAODE> <https://youtu.be/XnrlMVjyRIE> [https://youtu.be/x9w8rTGttro](https://youtu.be/x9w8rTGttro%20)

Articles:

<https://www.cisa.gov/news-events/news/4-things-you-can-do-keep-yourself-cyber-safe>

<https://www.cisa.gov/topics/cybersecurity-best-practices>

<https://security.berkeley.edu/resources/best-practices-how-to-articles/top-10-secure-computing-tips>

<https://cybersecurity.yale.edu/monthly-tip>

<https://www.fordham.edu/information-technology/it-security--assurance/it-security-guides-and-tips/cybersecurity-tips/>

<https://its.unc.edu/2024/10/29/protect-yourself-at-home-with-5-tips-from-cybersecurity-experts/>

Podcasts:

<https://www.cybersecurityinterviews.com/>

<https://www.smashingsecurity.com/>

<https://www.hackedpodcast.com/>

TED talks:

<https://www.ted.com/talks/keren_elazari_hackers_the_internet_s_immune_system>

<https://www.ted.com/talks/marc_goodman_a_vision_of_crimes_in_the_future>

<https://www.ted.com/talks/james_lyne_everyday_cybercrime_and_what_you_can_do_about_it>

<https://www.ted.com/talks/nick_espinosa_the_five_laws_of_cybersecurity>

<https://www.ted.com/talks/ryan_pullen_how_clicking_a_single_link_can_cost_millions>

15 Recommended Cybersecurity Apps

1. LastPass (or Bitwarden)

* Password manager to securely store and generate strong passwords.

2. NordVPN (or ExpressVPN)

* Virtual Private Network (VPN) to encrypt your internet traffic and protect privacy.

3. Malwarebytes

* Malware and virus scanner that finds and removes threats.

4. Signal

* Encrypted messaging app for private conversations.

5. Authy (or Google Authenticator)

* Two-factor authentication (2FA) app to add an extra security layer to accounts.

6. Avast Mobile Security

* Mobile antivirus and anti-theft features.

7. Firefox Focus

* Privacy-focused web browser that blocks trackers and erases browsing history automatically.

8. ProtonMail

* Encrypted email service for secure email communication.

9. DuckDuckGo Privacy Browser

* Browser with strong privacy protections and tracker blocking



