

CMH ROAD, INDIRANAGAR. BANGLORE - 560038

Phone:080-25026100. Email: cmh@cmhblr.com

## Discharge Summary

245420

Name

: Mr.RAMESHWAR MISHRA (MLC 30975/19)

28/07/2019

08:06 pm

IP No MR No:

245420 1262067 Admission Date & Time : Discharge Date & Time :

31/07/2019 03:03 pm

Name

Mr.RAMESHWAR MISHRA (MLC 30975/19)

Doctor Name :

DR.Gopinath (ORTHOPAEDICS)

Age/Sex:

27Yrs /Male

Patient Type :

Hospital

Bed No:

**Doctor Name** 

615-2

:Dr.JAYARAMA N

**GENERAL MEDICINE** 

**DIAGNOSIS:** 

RIGHT HUMERUS SHAFT FRACTURE

OPEN REDUCTION WITH INTERNAL FIXATION + PLATE FIXATION OF RIGHT HUMERUS WOUND DEBRIDEMENT OF RIGHT FOOT DONE ON 29/7/2019

PRESENTING COMPLAINTS:

History of RTA 2 wheeler V/s 2 wheeler injury to right arm and right foot at about 6:10pm at HAL road museum on 28/7/2019. No history of loss of consciousness and vomiting

#### PAST HISTORY / FAMILY HISTORY:

No history of Diabetes Mellitus / Hypertension / Bronchial Asthma/ Epilepsy

## **PHYSICAL FINDINGS:**

Moderately built & nourished

Afebrile, Temp - afebrile

Pulse - regular, 88/min

RR - regular 20/min

BP - 110/70 mmHg

SpO2 - 98% at room air

Tongue - pink

Pallor (-), Cyanosis (-), Icterus (-), Clubbing (-), Oedema (-)

Lymph nodes - not palpable

LE- Right arm tenderness (+), swelling (+), ROM (+), mild abrasion, right foot dorsal aspect cut injury 4x5 deep LLW, tenderness

#### SYSTEMIC EXAMINATION

CNS - Conscious, oriented, responds to commands, moves all limbs, no focal neurological deficits

CVS - S1 S2 heard, no murmurs

Normal vesicular breath sounds (+)

PA - Soft, BS (+) no tenderness, no organomegaly

INVESTIGATION:

Date: 28/7/2019: ECG: Sinus rhythm normal ECG

pate: 29/7/2019: ID No: 15906: X ray right humerus AP and lateral: Mild shaft humeral fracture.

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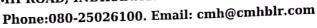
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# CHINMAYA MISSION HOSPITAL

CMH ROAD, INDIRANAGAR. BANGLORE - 560038



## **Discharge Summary**

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Fixator in situ. Fragments in alignment. Plaster cast seen. Surgical soft tissue changes seen.

**OPERATION:** 

Operation Date: 29/7/2019 Surgeon(s): Dr S. Gopinath Anesthetist: Dr Anamika

Operative Procedure: Open reduction with internal fixation + plate fixation of right humerus+wound debridement of right foot

Mr. Rameshwar Mishra, 27 years old male patient, came with the above complaints and was admitted in ward.

Physician opinion taken for fitness for surgery & Diabetes Mellitus and advised Inj. H Actrapid as per GRBS scale, Inj.

On 29/7/2019 underwent Open reduction with internal fixation + plate fixation of right humerus and wound debridement of Novorapid 10-10-10 units and Inj. Lantus Solostar 0-0-14 units left foot done under General Anaesthesia. Patient withstood the procedure well

Treated with IVF"s, IV Cetil 1.5gm BD, IV Gentamycin 80mg BD, Inj. Dynapar BD, IV Tramadol SOS, IV Pantop 40mg BD. Post operative period uneventful. Discharged in a satisfactory condition.

## **ADVICE ON DISCHARGE:**

1. Tab. Cetil 500mg

1-0-1 x 3 days (after food)

2. Tab. Enzictra DS

1-0-1 x 5 days (after food)

3. Tab. Mecocel OD

0-0-1 x 10 days (after food)

4. Tab. Ocid QRS 20mg

1-0-0 x 5 days (before food) 0-1-0 x 1 month (after food)

5. Tab. Cissact

6. Inj. Novorapid

12-14-12 units S/C (before food)

7. Inj. Lantus Solostar

0-0-18 units S/C at 10pm

- 8. Slab to be maintained for 3 weeks
- 9. Arm pouch to be maintained for 3 weeks
- 10. Active finger, wrist and shoulder movements
- 11. Regular wound dressing
- 12. Rest for 6 weeks
- 13. Review with Dr Gopinath in Ortho OPD SOS
- 14. Review with Dr Jayarama in Medicine OPD after 1 week
- 15. In case of pain/ swelling of the operated part, fever contact Casualty / Dr. Gopinath.

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**AUTHORISED SIGNATORY** Dr. Thanmayashree S

245420

Prepared by: Pushpa



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Req Date	Req No	Comp Name	Result Value

#### **Biochemistry**

Blood Sugar- Random

Diood oagai			
28/07/2019	1321407	Random Blood Glucose (PLASMA)	252

#### **Microbiology**

HDS AG			
00/07/0040	1321407	Hbs Ag(BLOOD)	Non Reactive
28/07/2019	1321407	11007(3(32007)	

## **Biochemistry**

HbA1c And eAg

28/07/2019	1321407	Estimated Average Glucose(eAG)	205.86	
28/07/2019	1321407	Glycosylated Haemoglobin(Hb A1C)	8.8	
Sr. Creatinine		ray and		
28/07/2019	1321407	SERUM CREATININE	0.8	
Sr. Potassium				
28/07/2019	1321407	POTASSIUM	4.0	

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20/07/2010	

Sr. Sodium			
28/07/2019	1321407	SODIUM	135

## Haematology

Blood Group & Rh Type

28/07/2019	1321407	BLOOD GROUPING & RH TYPING	B Positive
CBC			
28/07/2019	1321407	ABNORMAL	00
28/07/2019	1321407	Abs. BASOPHIL COUNT	
28/07/2019	1321407	Abs. EOSINOPHIL COUNT	4.4
28/07/2019	1321407	Abs. LYMPHOCYTE COUNT	
28/07/2019	1321407	Abs. MONOCYTE COUNT	
28/07/2019	1321407	Abs. NEUTROPHIL COUNT	
28/07/2019	1321407	BANDS	00
28/07/2019	1321407	BASOPHILS	0.1
28/07/2019	1321407	EOSINOPHILS	0.0

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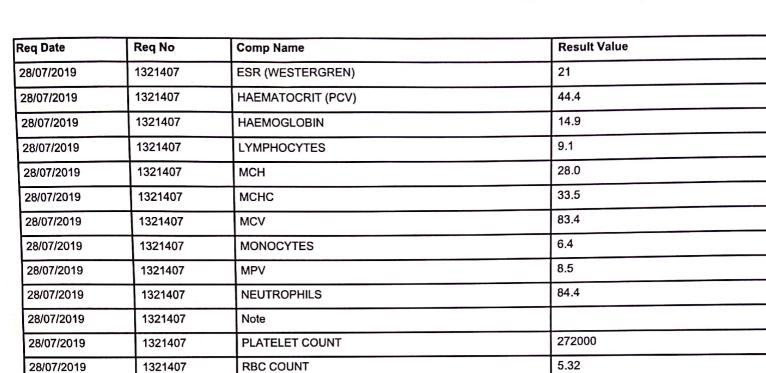
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18300



### **Microbiology**

1321407

1321407

**RDW** 

**TOTAL WBC COUNT** 

28/07/2019

28/07/2019

HCV

28/07/2019	1321407	HCV	Non Reactive
HIV			
28/07/2019	1321407	H.I.V(BLOOD)	Non Reactive

#### **Biochemistry**

**Blood Urea** 

28/07/2019	1321407	BLOOD UREA(serum)	25.1