



## Discharge Summary

IP No : 245420

Name : Mr.RAMESHWAR MISHRA (MLC 30975/19)

IP No : 245420

Admission Date & Time : 28/07/2019 08:06 pm

MR No : 1262067

Discharge Date & Time : 31/07/2019 03:03 pm

Name : Mr.RAMESHWAR MISHRA (MLC 30975/19)

Doctor Name : DR.Gopinath (ORTHOPAEDICS)

Age/Sex : 27Yrs /Male

Patient Type : Hospital

Bed No : 615-2

Doctor Name : Dr.JAYARAMA N  
GENERAL MEDICINE

### DIAGNOSIS:

RIGHT HUMERUS SHAFT FRACTURE

OPEN REDUCTION WITH INTERNAL FIXATION + PLATE FIXATION OF RIGHT HUMERUS WOUND DEBRIDEMENT OF RIGHT FOOT DONE ON 29/7/2019

### PRESENTING COMPLAINTS:

History of RTA 2 wheeler V/s 2 wheeler injury to right arm and right foot at about 6:10pm at HAL road museum on 28/7/2019. No history of loss of consciousness and vomiting

### PAST HISTORY / FAMILY HISTORY:

No history of Diabetes Mellitus / Hypertension / Bronchial Asthma/ Epilepsy

### PHYSICAL FINDINGS:

Moderately built & nourished

Afebrile, Temp - afebrile

Pulse - regular, 88/min

RR - regular 20/min

BP - 110/70 mmHg

SpO2 - 98% at room air

Tongue - pink

Pallor (-), Cyanosis (-), Icterus (-), Clubbing (-), Oedema (-)

Lymph nodes - not palpable

LE- Right arm tenderness (+), swelling (+), ROM (+), mild abrasion, right foot dorsal aspect cut injury 4x5 deep LLW, tenderness

### SYSTEMIC EXAMINATION

CNS - Conscious, oriented, responds to commands, moves all limbs, no focal neurological deficits

CVS - S1 S2 heard, no murmurs

RS - Normal vesicular breath sounds (+)

PA - Soft, BS (+) no tenderness, no organomegaly

### INVESTIGATION:

Date: 28/7/2019: ECG: Sinus rhythm normal ECG

Date: 29/7/2019: ID No: 15906: X ray right humerus AP and lateral: Mild shaft humeral fracture.



**CHINMAYA MISSION HOSPITAL**  
CMH ROAD, INDIRANAGAR. BANGLORE - 560038  
Phone:080-25026100. Email: cmh@cmhbbl.com  
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Fixator in situ. Fragments in alignment. Plaster cast seen. Surgical soft tissue changes seen.

**OPERATION:**

Operation Date: 29/7/2019

Surgeon(s): Dr S. Gopinath

Anesthetist: Dr Anamika

Type of Anaesthesia: General Anaesthesia

Operative Procedure: Open reduction with internal fixation + plate fixation of right humerus+wound debridement of right foot

**COURSE OF STAY IN HOSPITAL:**

Mr. Rameshwar Mishra, 27 years old male patient, came with the above complaints and was admitted in ward.

Physician opinion taken for fitness for surgery & Diabetes Mellitus and advised Inj. H Actrapid as per GRBS scale, Inj. Novorapid 10-10-10 units and Inj. Lantus Solostar 0-0-14 units

On 29/7/2019 underwent Open reduction with internal fixation + plate fixation of right humerus and wound debridement of left foot done under General Anaesthesia. Patient withstood the procedure well

Treated with IVF"s, IV Cetil 1.5gm BD, IV Gentamycin 80mg BD, Inj. Dynapar BD, IV Tramadol SOS, IV Pantop 40mg BD. Post operative period uneventful. Discharged in a satisfactory condition.

**ADVICE ON DISCHARGE:**

1. Tab. Cetil 500mg 1-0-1 x 3 days (after food)
2. Tab. Enzictra DS 1-0-1 x 5 days (after food)
3. Tab. Mecocel OD 0-0-1 x 10 days (after food)
4. Tab. Ocid QRS 20mg 1-0-0 x 5 days (before food)
5. Tab. Cissact 0-1-0 x 1 month (after food)
6. Inj. Novorapid 12-14-12 units S/C (before food)
7. Inj. Lantus Solostar 0-0-18 units S/C at 10pm
8. Slab to be maintained for 3 weeks
9. Arm pouch to be maintained for 3 weeks
10. Active finger, wrist and shoulder movements
11. Regular wound dressing
12. Rest for 6 weeks
13. Review with Dr Gopinath in Ortho OPD SOS
14. Review with Dr Jayarama in Medicine OPD after 1 week
15. In case of pain/ swelling of the operated part, fever contact Casualty / Dr. Gopinath.





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**AUTHORISED SIGNATORY**  
Dr. Thanmayashree S

Prepared by: Pushpa

KMC: 125267

*[Handwritten Signature]*  
*[Circular Hospital Stamp]*

### Investigation Details:

Req Date	Req No	Comp Name	Result Value
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#### Biochemistry

Blood Sugar- Random

28/07/2019	1321407	Random Blood Glucose (PLASMA)	252
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#### Microbiology

Hbs Ag

28/07/2019	1321407	Hbs Ag(BLOOD)	Non Reactive
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#### Biochemistry

HbA1c And eAg

28/07/2019	1321407	Estimated Average Glucose(eAG)	205.86
28/07/2019	1321407	Glycosylated Haemoglobin(Hb A1C)	8.8

Sr. Creatinine

28/07/2019	1321407	SERUM CREATININE	0.8
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Sr. Potassium

28/07/2019	1321407	POTASSIUM	4.0
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Sr. Sodium

28/07/2019	1321407	SODIUM	135
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#### Haematology

Blood Group & Rh Type

28/07/2019	1321407	BLOOD GROUPING & RH TYPING	B Positive
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CBC

28/07/2019	1321407	ABNORMAL	00
28/07/2019	1321407	Abs. BASOPHIL COUNT	
28/07/2019	1321407	Abs. EOSINOPHIL COUNT	
28/07/2019	1321407	Abs. LYMPHOCYTE COUNT	
28/07/2019	1321407	Abs. MONOCYTE COUNT	
28/07/2019	1321407	Abs. NEUTROPHIL COUNT	
28/07/2019	1321407	BANDS	00
28/07/2019	1321407	BASOPHILS	0.1
28/07/2019	1321407	EOSINOPHILS	0.0



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28/07/2019	1321407	ESR (WESTERGREN)	21
28/07/2019	1321407	HAEMATOCRIT (PCV)	44.4
28/07/2019	1321407	HAEMOGLOBIN	14.9
28/07/2019	1321407	LYMPHOCYTES	9.1
28/07/2019	1321407	MCH	28.0
28/07/2019	1321407	MCHC	33.5
28/07/2019	1321407	MCV	83.4
28/07/2019	1321407	MONOCYTES	6.4
28/07/2019	1321407	MPV	8.5
28/07/2019	1321407	NEUTROPHILS	84.4
28/07/2019	1321407	Note	
28/07/2019	1321407	PLATELET COUNT	272000
28/07/2019	1321407	RBC COUNT	5.32
28/07/2019	1321407	RDW	13.1
28/07/2019	1321407	TOTAL WBC COUNT	18300

**Microbiology**

**H C V**

28/07/2019	1321407	H C V	Non Reactive
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**HIV**

28/07/2019	1321407	H.I.V(BLOOD)	Non Reactive
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**Biochemistry**

**Blood Urea**

28/07/2019	1321407	BLOOD UREA(serum)	25.1
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