

# 12 - Interests, hobbies and Leisure time

## *Interests and Leisure*

Talk about – rozprávajte o:

- **Leisure activities in general** – *aktivity na voľný čas*
  - **My free time** – *môj voľný čas*
  - **After-school activities at our school** – *mimoškolské aktivity na našej škole*
  - **Men's and women's hobbies** – *mužské a ženské záľuby*
- 1. Leisure activities in general**

We can spend our leisure time:

- a) **Actively** – doing sport, working in the garden ...
- b) **Passively** – watching TV, reading a book, playing computer games...

### **IN SUMMER:**

In summer we can do these leisure activities:

- **gardening** /práca v záhrade/ - people grow fruit, vegetables, cut the grass ...
- **do summer sports** – cycling /bicyklovanie/, swimming, playing tennis, golf, football...
- **go out with friends** /ísť von s priateľmi/ - we can go to a musical concert, to the cinema, to the theatre, to the pub for a beer
- **go to the nature** /ísť do prírody/ - go hiking /ísť na turistiku/, go for a walk in the forest /ísť na prechádzku do lesa/, rock climbing /horolezectvo/, to pick mushrooms /zbierať huby/
- **go to the ZOO**

### **IN WINTER:**

In winter we can do these leisure activities:

- **do winter sports** – we can go skiing, snowboarding, skating /korčuľovať sa/, we can play ice-hockey at the pond
- **go to the fitness centre**
- **collect objects** /zbierať predmety/ - for example: collect stamps /zbierať známky/
- **play a musical instrument** – hrať na hudobnom nástroji /play guitar, a piano, a violin = husle/
- **men can do DIY projects** /muži môžu robiť práce pre domácich majstrov/ - they can do practical jobs around the house – for example decorating, repairing...
- **some people can have cooking and baking** /pečenie/ **as their hobby**

- **meet with friends in a pub, in a cafe**
- **go to the cinema, theatre, to an art exhibition**
- **education** – we can study languages, computers...
- **spend our leisure time passively** – we can:
  - watch TV, read books
  - play computer games
  - **do crosswords** – lúštiť krížovky

**Young people** like these hobbies:

- playing team sports
- going to the disco, pub, parties, cinema
- doing sport – roller-skating /korčuľovanie na kolieskových korčuliach/, skateboarding
- playing computer games

Some people join a group to practice their hobby – for example **folk dancing** /ľudové tance/, **choir singing** /spievanie v zbore/ and so on.

## **2. My free time**

I spend most of my free time actively. In summer I like ..... /playing football, dancing.../. In winter I like ..... /skiing, snowboarding.../.

Sometimes when I am tired I spend my free time passively – for example I ..... /do crosswords, read a book, watch TV.../. Moreover, in winter when I come home from school and I can't go skiing because it's too late or because there is no snow, I meet with my friends in a pub and we chat and have a good time, or we go to the cinema.

I prefer summer because we have a 2 months' holiday and therefore we have a lot of time. I can go ..... /swimming, sunbathing, meet with friends.../

## **3. After-school activities at our school**

Our school offers many after school activities:

- **We can join a computer group** – the Internet is available at our school
- **We can join a tourist group** – we can go hiking in summer or go skiing in winter
- **We can use the gym and the school's sports ground** - we can play football, volleyball and other ball games
- **There is also a fitness group available at our school** – we can train bodybuilding and we can be fit and have strong muscles.
- If we want to become better at languages, we can attend free **English and German lessons** as an after-school activity.

I like to take part in the after-school activities at our school sometimes – I like playing football and volleyball with my schoolmates after school. I never took part in the language lessons because I don't like languages. I also attended

...../computer group, fitness group.../.

#### **4. Men's and women's hobbies**

Usually women have less time for their hobbies than men because they have to look after children and do household work. They must do cleaning, ironing, cooking /because cooking is not always a hobby, but sometimes it is a duty = povinnosť/.

Most hobbies can be practiced by both men and also women – for example doing sport, gardening, reading books, watching TV and so on.

Some hobbies are considered typical for men and other hobbies are typical for women: **MEN'S HOBBIES:**

- **playing football, hockey**
- **DIY** /Do It Yourself/ - práce pre domácich majstrov /urob si sám/
- **bodybuilding** – kulturistika
- **driving cars** – šoférovanie aút
- **riding motorbikes** – jazdenie na motorkách
- **going to the pub** **WOMEN'S HOBBIES:**

- **knitting** – štrikovanie
- **cooking** – varenie
- **baking** – pečenie
- **going out for a coffee** – ísť von na kávu
- **gossiping** – klebetenie

**aerobics** **Vocabulary:** **leisure activities** – activity na voľný čas **in general** – vo všeobecnosti **spend leisure time** – tráviť voľný čas **grow fruit** – pestovať ovocie **cut the grass** – kosiť tráv **go to the pub for a beer** – ísť do krčmy na pivo **pond** – rybník **do practical jobs around the house** – robiť praktické práce okolo domu **decorating** – maľovanie **repairing** - opravovanie **as a hobby** – ako koníček, záľuba **a cafe** – kaviareň **theatre** – divadlo **an art exhibition** – umelecká výstava **education** – vzdelávanie **language** – jazyk **like** – mať rád **join a group** – pripojiť sa k nejakej skupine, navštevovať skupinu **to practice a hobby** – robiť, vykonávať záľubu **most of my free time** – väčšina môjho voľného času **tired** – unavený **moreover** – ďalej, ešte k tomu **too late** – príliš neskoro **chat** – diskutovať, kecať, neformálne sa rozprávať **prefer** – uprednostňovať **therefore** – preto **offer** – ponúkať **many** – veľa, mnoho **join a computer group** – pripojiť sa, navštevovať počítačovú skupinu /krúžok/ **group** – skupina, tu: krúžok **available** – k dispozícii **the gym** – telocvičňa **sports ground** – športové ihrisko **ball games** – loptové hry **have strong muscles** – mať silné svaly **if we want to become better at languages** – ak sa chceme stať lepšími v jazykoch **attend** – navštevovať **take part** – zúčastniť sa **less time** – menej času **they have to look after children** – musia sa starať o deti **do**

**household work** – robiť domáce práce  
**ironing** – žehlenie  
**both** – obidvaja  
**are considered** – sú považované