

$e^-$   $\gamma$   $\alpha$

$E = 0.10 \pm 0.01 \text{ MeV}$   
 $t = 1.87 \pm 0.63 \text{ ns}$

$E = 0.25 \pm 0.02 \text{ MeV}$   
 $t = 2.01 \pm 0.41 \text{ ns}$